



She is the river of art, knowledge and culture, flowing from the air of divine consciousness into human consciousness.

Who is Saraswati?

Saraswati is the Hindu Goddess of Creation. She holds first place in the Hindu trinity of Goddesses formed by Saraswati (Creation), Lakshmi (Preservation) and Kali (Dissolution). She is like a seed, a prime mover, the vibration at the root of all sound and form.

The Goddess was originally connected with the Saraswati river. Her name means ‘a flowing woman’ and describes how knowledge is like a river that flows out from its source with the allure of a beautiful woman. She is the patroness of the arts, especially music, poetry, culture and all intellectual pursuits. She is considered the ‘mother of the Vedas’, the principle Hindu spiritual texts.

Location/Sphere of Influence

Places of music, learning and culture. India, Himalayas.

Allies

Swan.

Nature & Description of Dakini

Saraswati is dressed in white silk and seated serenely on a white lotus as she represents the sattvic (pure/spiritual) essence. She has four arms, the front two play the vina (an Indian stringed instrument), showing that she is the source of all vibration. Seven rays of creation flow through her vina as rainbow emanations that become all manifest form, create the world. In her other two hands she holds a mala (rosary/prayer necklace) indicating that she inspires contemplation and sacred speech, and offers a book, indicating that she is a wisdom holder and grants fluency of expression to writers.

The Sanskrit alphabet, representing the original vibrations of creation, emanates from her, with the vowels on the left, lunar side, and the consonants on the right, solar side.

She is associated with the moon.

Her vehicle is the hamsa (swan). The swan represents discerning wisdom as it is said to be able to separate milk from water when it drinks.

The white lotus, her symbol, also suggests transcendence as it floats upon the muddy waters and remains unsullied, pristine, pure.

She sits in the center of her realm which is envisioned radiating from her as a cosmic egg.

The Saraswati river is seen in the background as the source of the river of life.

She presents herself against the golden clouds of a new dawning, bringing the cosmic creative imprint into the earthly dimension.

Divinatory Meaning

Saraswati appears before you bringing gifts of creativity and new knowing.

She is the pure essence of the creative spirit, bringing a new dawn of this energy into your life.

The birth of a project, the manifestation of a vision.

She brings boons, particularly in the area of music, learning and the dissemination of culture.

Her energy is pure, Sattvic. In any creative endeavor you may be involved with, look to the pure essence of the idea. Hold that as sacred and let all radiate and unfold from that point of purity.

Create a pure place in your consciousness into which to invite Saraswati.

Look for inner clarity.

Taking joy in solitude and solitary pursuits.

The answer to something you have been thinking about for a long time suddenly becomes self revealing.

Knowledge becomes wisdom.

Insight leading to realization.

Seeing something in a fresh, new way.

You are able to articulate something in a new way.

Your words carry weight, use them discerningly.

Eloquence of speech.

A good time for public speaking.

Refinement of sensibilities.

Improved memory.

The power of contemplation.

The power of mantra (repetition of sacred syllables). One of Saraswati's gifts to you is to help connect you with source through the use of divine sound and prayer.

She wants to help you create a standing wave of connection.

A need to absorb knowledge. Saraswati indicates that the most efficient way to absorb and hold knowledge is when that quest is motivated by something you feel deeply about, something that really moves you.

Knowledge is not just something that happens in the brain. The Sanskrit alphabet is said to emanate from the Goddess Saraswati. It is called the 'pure language' because it is built on vibration, which is said to precede all form. Saraswati recommends that you approach learning as a full body, not just mental experience. The transference of information happens in subtle as well as obvious ways.

For example, when Tibetan spiritual chants are passed on, for some time the novice mimics the sounds, rocking the body as he/she sings the words, without knowing their meaning. At a certain point in the process, there is apparently a sudden dawning of understanding of the meaning, without the words being actually translated.

How often do we surprise ourselves by remembering the words to a jingle we heard as a child? The pattern of the music and the words bind together in way which sticks in the memory forever. Listen for the music, the vibration, the quality of the tone of everything.

Listen to the music in peoples' voices, in your own voice. Do you like your music? If not, time for a tune up. Saraswati is here to help.

Music is an important part of your life. Allow yourself to appreciate it and how it affects your mood, your sentiment.

Bring the appropriate music into any situation to create the right tone.

Be aware of resonance when making decisions. Choose people and things to associate with that have the most resonance with you. Learn how to gauge this by clear self-reflection on how things affect you.

Look for the music in any situation. Allow the frequencies of the moment in which you find yourself to be received by you as if you are listening to a piece of music. Feel how it affects your body and mind.. Is it harmonious? Does it have form? Repetition? Is it staccato or smooth? You know how you respond more favorably to some kinds of music over others. Observe how you respond to the music of situations in which you find yourself in life. Cultivate those that feel most resonant, most in tune. Listen for what is off key in those conditions that do not sound like sweet music to your ears. If you can run some master melodies that pull that particular symphony together, do so. If not, perhaps it is time to find another band, or let some member or members go if you can identify the discordant notes.

Bear in mind that there is all kinds of music in creation. The music of the Goddess is not limited to pentatonic scales and musical keys.

Indications

A special dawn blessing from Saraswati. Look for creative insights at this time of day.

Practices

1. What is your own song? First listen to the song of your own breath, Find a quiet place, without and within, where you can listen to your breath, your song of life flowing in and out of your body. It is your first song. Slow your breath so that you are breathing slowly and deeply in an open and relaxed way. Breathe in through your nose and out through your mouth. Breathe deep into your belly, the pit of your being, not shallowly into your

chest. Just pay attention and listen. Feel the vibration in your body of your life force, experience it as an inner vibration of 'Om', the unstruck sound that precedes all audible sound. As you release it, let sound naturally form and evolve out of the sound of your breath, the 'ahh' of your exhalation. Let this be the seed of your song.

Let the melody, words, rhythms, set of frequencies that seem to echo something of the song of your soul develop. Just let them come, it can be ever so simple, a refrain...

Once you find it, you can always sing your song to yourself to soothe you, as a lullaby soothes a baby.

2. Compose a piece of music, a song, a chant in your head for Saraswati. Imagine what sounds could emanate from her and hear that song within. Sing it for her, silently or out loud.
3. Saraswati asks you to write down, in the most elegant way you can, what you feel to be your deepest wisdom. Create a shrine for Saraswati. (This could be just some white flowers you place in honor of her in your room,) and put your paper on the shrine as your offering to her.
At a later date (you will know when) return to the wisdom you have written and see if there is anything you would like to add to it or change since the meeting you have had with Saraswati has had time to percolate within your consciousness.
4. Wear white to honor Saraswati's appearance in your life.
5. Envision a place of purity in the foothills of the Himalaya Mountains, where a source of clear water arises. Feel the sacredness of the land. Hold this in your consciousness as a place filled with pure devotional energy and where land and people are all tuned to the service of the Divine. See this as an eternal, unsullied place, a cosmic signature.
6. Send a blessing to all musicians, scholars and mystics who dedicate their lives to the quest for truth, and to expressing and sharing exquisite aesthetic vibrations.

Mantra

Her sacred 'seed syllable' or bija, the vibration containing her essence, is *AIM* or *HRING*.

A short mantra for Saraswati is:

OM AIM SARASWATYE NAMAH

Or:

OM SARASIDDHI HRING HRING

Dakini Transmission

I am

The original
Vibration
The song
Of life
That plays through
All creation
All knowing flows through me
As the universal melody
And I the unstruck sound

Affirmations

With Saraswati at my side
I tune in
To the source of creation
I see life as art
And practice the art of discernment
My intention is pure
And being purified