



**She is the heart of the earth, holding water, becoming solid and transparent.**

### Who is Crystal Gaia?

She is the crystalline energy at the heart of the earth. She represents the deep knowing of the crystal beings, the ancient crystal ones, their consciousness, clarity and insight. She resides in the crystal cave, and emerges from a pool of liquid crystal light. Her chakras are glowing with the lights of seven crystals, in the seven colors of the rainbow. She is here to re-initiate you into the intuitive wisdom of the crystal energy, which is your birthright. Her body transforms in and out of the crystalline state, liquid crystal energy runs through her crystalline form. She connects to the chakras of the planet, where the crystals within the earth are glowing brightly and vibrating at high frequencies.

She seeks to fire up her planetary crystal grid.

Her energy seeks to be reborn at this time, for hers is the language of resonance and attunement. Crystal Gaia carries the vibration of the heart crystal of the earth. This is the star energy of the planet, its inner light that is galactivating.

### Location/Sphere of Influence

In the crystal beings of the earth.

### Allies

All crystals and gems.

## Nature & Description of Dakini

Crystal Gaia lives in her chamber in the crystal Cave of Creation. She is nested in rose quartz, resonating with the frequency of the heart. The rocks, minerals, gems and crystals that adorn her body reflect the colors related to the different energy centers, chakras, of her subtle body – from red at the base to violet in the crown.

She wears a crown of crystals which connects their energy to centers on her temples, transmitting their encoded information through her cranium.

This is the secret of the crowns of rulers. They are not to flaunt wealth but to connect the one who rules, the guardian, the one who makes decisions, to the energies of their domain, transmitted through the crystals.

Crystal dragons form part of her abode, representing the dragon lay lines of the planet's energy system, laid out in a crystal matrix.

She holds a winged crystal wand, a radionic devise of crystals, cooper and gold, and a luminous crystal ball. These reflect respectively: her ability to focus celestial energy for magical manifestation, how she works in conjunction with the ores of the earth, and her ability to store information of past, present and future.

Her gaze is inward as she is in deep meditation. It is her natural state.

The golden radiating hairs are her filigree of memory filaments.

The predominance of amethyst in her portal indicates her function of bringing celestial energies (the violet ray) into the terrestrial domain.

Her portal resembles the 'Tomb of the Astronaut' in Palenque, in that it is a subterranean chamber that reaches for and connects with the stars.

## Divinatory Meaning

Crystal Gaia offers the gift of her crystal self. She is the treasure.

A need for clarity, crystalline clarity.

Transparency is indicated, in intention and in action.

Make decisions that are resonant with the deepest clarity of your heart.

Promote projects and take action around those things that are most inclined to bring those involved into harmony, into resonance.

Connect with your natural gifts of intuition.

Use the energy of crystals to help you re-connect, and/or to heal.

The movements of crystals in our inner ear establish our sense of balance.

Use crystal energy to balance yourself, to come into equilibrium, internally and with the energies of the earth and the heavenly bodies.

Crystals encapsulate the subtle frequencies of the earth. They are the light in the heart of matter, they are transparency in density.

Time to attune to your subtle, psychic abilities – the transparency in your density.

Time to tune in to your crystalline nature, that which knows the nature of things by its emanations.

Liquid crystal technology. We are liquid crystal technology.

The human body has thousands of different crystals working within it and they absorb, store and transmit information just as the crystals used in radio and television.

Crystal workers are not taken seriously by modern science. However scientists currently believe that tiny crystals could hold the key to creating new super computers with massive memories.

How do crystals store information?

Crystals preserve whatever is embedded within them.

Develop your sense of attunement. By so doing you can always stay 'in tune' with any situation, thereby optimizing the harmonic potential.

If you are not the one to strike the 'off note' you will not muddy the crystal pool and you will be able to see the nature of the situation with more clarity.

Allow things, events, people, to be self-revealing. Keep still within to make space for the revelation. Do not bring any density in the form of any kind of projection, expectation or held thought form around the situation or person. This is how you hold space in a crystalline way.

Attunement facilitates appropriate action.

See through the density of matter to the space within. All atoms are interconnected with space.

Crystals are captured space.

Look for the underlying crystalline structure

Crystals are electromagnetic conductors. They work with the body's electromagnetic systems, the subtle body of vibrational fields.

Crystals can suck in electromagnetic energy and act as antennae that receive, process and transmit various kinds of frequencies.

Crystal energy activates laylines. Look for ways to 'connect the dots' of the laylines of your consciousness.

See how focal nodes in your map of your existence, places where major decisions were made, are like seeds planted which can bear fruits, sometimes many years later.

Crystals communicate with each other, with us, even if we don't understand their language.

### Indications

Connect with crystals and their energy.

Find out which crystals and gems have affinity for you and which encourage evolutionary paths for you. This can be done through Astrogemology and related fields.

We come into contact with the world of crystals through the jewelry we wear.

Crystal Gaia suggests its time to bring more consciousness to this arena and choose gems that can be allies for you rather than picking them just for their visual appeal, glamour, statements of status or sentimental value.

### Practices

1. Purchase, find or have a crystal gifted to you. It should fit in the palm of your hand. Quartz crystal or rose quartz is good.
2. Bathe it in a bowl of water mixed with sea salt to clear any energies it may have collected. Leave overnight and wash and dry.
3. Introduce yourself to your crystal, letting it know you recognize and honor its being.
4. Charge/energize your crystal with moonlight or sunlight.

5. In a bowl, more than large enough to hold the crystal, pour water or milk.
6. Seat yourself comfortably, holding the crystal and with the bowl in front of you. Close your eyes and meditate visualizing yourself seated in the crystal Cave of Creation. It is lined with crystals which glint and sparkle in the light emitted from a pool of opalescent liquid crystal in the center of the cave floor.  
As you see yourself immersing your crystal in this pool of liquid light, place the crystal gently into the bowl of liquid in front of you, blessing your liquid and seeing it as one with the luminous pool.  
Experience the liquid purifying and clarifying your crystal, imbuing it with energy straight from the pool of liquid crystal that is the heart of Crystal Gaia.  
Remove the crystal from the bowl and place it on your heart center.  
Receive the crystal light.  
Find your voice, your vibration, and open it up and send it with the original seed syllable of creation – OM. Still holding the crystal to your heart, let the Oms flow through you, resonating through your whole being and projecting out through the crystal at your heart to the heart of Crystal Gaia, as you send her your love.  
She will receive your heart vibration and transmit it through her crystal gridwork to nourish the hearts of the Crystal Ones.  
This practice is for the healing of our planet.  
Now take the charged crystal and move it slowly over your body to any places that need clearing or healing.  
Let the vibration of Om keep working with you and the crystal to clear all blockages, restoring inner resonance and balance.

If you are in need of some deep cleansing, clearing or healing, or have had a really rough day, try this visualization after you have poured a bath. Immerse your whole body in the bath as you visualize yourself submerging in the luminous pool.  
You can place your crystal on your centers - navel, heart, throat or third eye - as you lie back.  
\*NB You can have your crystal in the bath with you too, as long as you take care.  
Crystals don't like being dropped on hard surfaces and your skin won't like the feel of broken crystals...

7. As your relationship with the crystal beings develops, you may want to expand your crystal therapy, your crystal healing.  
As a 'witness', one crystal can send the frequencies to the whole crystal family.  
Crystals, precious and semi precious stones that correspond to the colors that resonate with the light body at its different centers, can be placed on those centers for a crystal attunement.  
Red corresponds to the base center, orange to the spleen, yellow to the solar plexus, green to the heart, blue to the throat, indigo the third eye and violet to the crown.  
These practices not only help you release blockages and clear and refine energies, they also provide a healing matrix through which the Crystal Ones, the consciousness of the crystalline world, feel a sense of connection which is very healing for them also.

As you deepen your relationship with your crystals or crystals, you will find more connection arising to the planet's crystalline grid. Places may start 'calling' you. Pay attention.

### Dakini Transmission

As Crystal Gaia  
I am captured light  
The clear portal  
In the solid earth  
The womb of rebirth  
And of second sight

### Affirmations

I have clarity  
I have clear insight  
I can see  
To the heart of things  
With no obscurity

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CONSULTING THE ORACLE

64 DAKINI ORACLE DIVINATION

0. *Etherica*
1. *Inspira*
2. *Sophia*
3. *Angel*
4. *Cosmicini*
5. *Queen of Heaven*
6. *Queen of the Night*
7. *Fractali*
8. *Faery Queen*
9. *Media*
10. *Owl Dakini*
11. *Spider Woman*
12. *Metamorpha*
13. *Maha Maya*
14. *Isis*
15. *Creatrix*
16. *Aspara Cultura*
17. *Vajra Yogini*
18. *Saraswati*
19. *Tantric Kitty*
20. *Kuan Yin*
21. *Ecstatica*
22. *Tara*
23. *Quetza Kundalini*
24. *Chi*
25. *Mistress X*

26. *Secret Geisha*
27. *Electra-Li*
28. *Dreamer*
29. *Kali*
30. *Aphroditia*
31. *Phoenix*
32. *Liquida*
33. *Enflami*
34. *Octopusi*
35. *Pele*
36. *Mermaid*
37. *Protectress*
38. *Avalonia*
39. *Funtasia*
40. *Kumari Maria*
41. *Erotica*
42. *Mercura Reflectiva*
43. *Durga*
44. *Lady Rainbow*
45. *Yogini*
46. *Oshun*
47. *Mystere*
48. *Algaea*
49. *Aghori*
50. *Lakshmi*
51. *Alchemica*
52. *Copper Woman*
53. *Shamani*
54. *Vegetiva*
55. *White Buffalo Calf Woman*
56. *Flora*
57. *Bionica*
58. *Medicina*
59. *Pythia*
60. *Nurtura*
61. *Crone Lhamo*
62. *Crystal Gaia*
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64. *Mother Yin*

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## OVERVIEW

### What is the 64 Dakini Oracle?

The **64 Dakini Oracle** is a divinatory system designed to provide a map of Goddess energy and consciousness for our times. The Goddess is emerging in our culture and the **64 Dakini Oracle** is her 21<sup>st</sup> century temple. It presents an integrated vehicle through which to directly access the aspects of the energy of the Goddess.

While inspired by the 64 Yogini Temples of India and related to the I Ching, the **64 Dakini Oracle** is its own unique system of divination. Based on an elemental codex, it draws upon archetypes of the Divine Feminine from across the spiritual history of the planet, including those specific to our current era.

The number 64 is a powerful interface between macrocosm and microcosm. The human embryonic cell divides 64 times before it specializes and becomes a specific tissue type and body part, and the DNA has 64 codons. As such, this oracle represents a map of potential.

The term Dakini is found in Hindu and Buddhist spiritual teachings. It refers to beings whose mission statement is to awaken and enlighten all sentient beings. To this end they are able to shapeshift and appear, in visions or in reality, in whatever form they choose to help instigate and promote this awakening process.

The **64 Dakini Oracle** presents 64 portals into the energies of these Dakinis in the form of a circular temple or 'mothership'. As the Dakinis wished to take the shapes most suited to the transformation of our times, I have used a global rather than a regional template, drawing on archetypes from all over the world. The Dakinis are multi-cultural and multi-dimensional.

Each Dakini is presented as a highly detailed visual montage, which depicts her in her realm, her sphere of influence. For each of the 64 photographic shoots that form the basis of the artwork, a specific woman was chosen to represent the Dakini. All the components of the costume, make up and props were collected or created. The model would then go through a process of transformation, to become a suitable vehicle for the Goddess energy of the specific Dakini. In the studio the Dakini was invoked and evoked and the ritual of Goddess embodiment was recorded in the photos .

The dynamics of the creation process combined with the quality and beauty of what is being offered give this work an integrity, validity and unique value at a time when such models are vital. The **64 Dakini Oracle** offers those who consult it direct access to the Goddess energy appropriate for them in the moment and gives guidance on how to apply the Goddess energy effectively in their lives. Although the Dakinis are esoteric initiates, it has been my role to make what they bring to humanity as accessible as possible because there is a great need for accelerated evolution right now.

The writing that accompanies the images is divided into simple sections which provide a brief background on each archetype, a description of her visual depiction and a divinatory meaning to help reveal how the essence of her being can be practically applied to issues in the questioner's

life. Practices are then recommended, from visualizations and meditations to intentional acts. The Dakini sends a transmission in the form of poetic verse and provides an affirmation. All these act as tools to provide an ongoing relationship with the Dakini and the potential for transformation that she carries.

## APPRECIATION

My thanks go out to all those who have helped bring this work into manifestation.

To the embodied and spiritual beings who have co-created this work, I bow down and give thanks.

To the Dakinis, and the Great Goddess they represent, I make this offering and lay it at their feet, at her feet.

I give thanks to Karmapa Llama, the 16<sup>th</sup> Karmapa, from whom I received direct transmission when he performed the Black Hat Ceremony in New York in 1976. All glory be to the great teacher.

I give thanks to Christopher Hills who recognized the importance of the Goddess for the planet and created a retreat to serve her. He recognized and confirmed the Goddess energy in me and, although no longer in the flesh, has been a facilitator and constant supporter of this project.

I thank all the wisdom holders of the ages.

I thank Nik Douglas for first introducing me to the 64 Yogini Temples of India in the 1970s.

I thank Wendy Grace for her timely support which has greatly assisted in bringing this project to completion.

I want to thank the many people have offered their support during the evolution of this project. I especially want to thank Patrick Flanagan and Stephanie Sutton, Sylvia Brailer, Wendy Doyle and ShuLei Tong.

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Thank you to Dalana Cleopas Castrell for prompting me to write a book that would 'help people in their everyday lives'.

I give thanks to my parents, Edward and Molly Audrey Slinger, who gave me life and whose love and support was always there for me, however challenging the circumstances. Thank you for allowing me to be who I am.

# INTRODUCTION

## *Description and History*

Welcome to the Temple of the 64 Dakinis.

The 64 Dakinis represent a map of potential. Their aim and mission is to activate and stimulate the potential of all sentient beings, so that they may awaken and reach self realization. The mandala of their temple is a full spectrum palette of these potentials. We all contain the potential of all these aspects of Self, but there is more affinity with particular archetypes and certain energies at specific times. The beauty of an oracle system is that it allows the Goddess/Dakini to choose which of her forms is most suitable to initiate you into the aspect of your potential that you need to access to evolve. By using divinatory methods, we step outside of our logical brain and allow the Universe to deliver just the message you need when you need it.

**The 64 Dakini Oracle** presents a 21<sup>st</sup> Century divination system that allows a person to consult the oracle and receive access to one of 64 portals, each portal being the realm of a Dakini.

I have been working with this system now for 30 years. In 1977 I co-wrote and designed *The Secret Dakini Oracle*, which was published by US Games and Systems. The accompanying book to the set of cards was published by Destiny Books/Inner Traditions. It was re-published as a boxed set of book and cards in 2003 as *The Tantric Dakini Oracle* by Destiny Books, Vermont. In this work, based on the cycle of 64 Yoginis, we made correspondences with the Tarot. **The 64 Dakini Oracle** fully personifies each energy as a Dakini and is a system in its own right.

Why is divination relevant? Because we seek insights into ourselves and our situations in order to make optimal choices. It is true that especially in times of uncertainty about the future, such as is humanity's current situation, people turn to oracles, seers and diviners to lift the obscuring veils. To fill this definite human need, why not have a system of divination that is beyond trite prophecies? A system that is a map of potential and gives real possibilities for transformation.

True learning is intimately connected with what one passionately desires to know. And what is there that one passionately desires to know more about than oneself – especially the unknown or unseen parts. Divinatory systems are designed as a series of self-reflectors.

This is not a game as such, but a way of interacting with our game of life and giving us the opportunity to stand in the center of our own mandala of being.

The oracle is the perfect way for the evolutionary principle of the Divine Feminine to communicate directly with each individual. It is the Goddess who gets to choose you through her laws of chance.

64 is a key number in the interface between macrocosm and microcosm. It figures centrally in computer systems, in the DNA and the human cell divides 64 times before it specializes and starts to become a specific aspect of the body. The I-Ching, the most renowned system of divination on the planet, has 64 hexagrams.

**The 64 Dakini Oracle** is based on the ancient Tantric Temple system of the 64 Yogini Temples that flourished in India in the 9<sup>th</sup> - 10<sup>th</sup> centuries. It is said that the 'Yogini Cult' arose around the 6 - 7<sup>th</sup> centuries AD. Resembling the classic image of a spaceship, the Yogini/Dakini temples were circular open enclosures. 64 niches around the inner circumference housed 64 forms of Goddess energy as surreal female figures. All Yoginis were worshipped collectively and individually, each one enshrined in her special position in a circular temple open to the sky.

They were often erected in remote places, on hilltops. These temples were built by Tantrikas, specifically those dedicated to the worship of Shakti, the Divine Feminine energy. Adepts came to the temples in order to perform rites to attain certain powers that each Yogini represented access to. These rites were secret and sometimes included sacred sexual union (maithuna) for the devotees. The temple relates to the chakra (energy vortex or wheel) at the solar plexus of the subtle body of Tantra, which is envisioned as having 64 flames and is seen as the transformation center of the subtle body. As such rites referred to as 'chakra puja' (worship), 'Yogini chakra' and was seen as a yantra (mystic diagram). In the center was often a shrine dedicated to Shiva, Hindu God of Transcendence.



*Yogini Temple at Kanipur-Jhariat, Orissa, India*

What is a Yogini? In one definition a Yogini is a female practitioner of yoga. In Hindu and Buddhist texts the term is used to refer to a female initiate, shaman, wisdom seer, sorceress or alchemist. Through their practice of Yoga (the pursuit of divine union through mental and physical disciplines and practices) they may have attained certain supernatural powers (siddhis). In this context, as the Yoginis appear in the 64 Yogini temples, they are all emanations, aspects of Devi, the Great Goddess. They embody various specific qualities and functions. They all have their own attributes and sometimes vehicles. Some say that they each represent a part of the Great Goddess's body, while others describe them as her attendants.

The origins of the temples and the 'Yogini Cult' are shrouded in mystery. In Hindu cosmology that has been related to these cycles of Yoginis, they are said to have arisen when the Goddess Durga was battling the asuras (demons/lower inhumane forces). Eight Yoginis were said to emanate from her to help her. These eight are said to be the origin of the 64.

In a tradition which is related, there are 8 major forms of Devi, the Goddess. These are known as the Ashta Matrikas (8 Mothers). Each of these has 8 attendants and so we arrive at the number, 64. The names of the Matrikas often occur in the cycle of Yoginis and are intimately connected with the iconography of most of the temples.

It is believed that the animistic and folk traditions of the local people who worshipped female nature deities were blended with the cult of Shakti (those who worship the deity in her female form) and Tantrism.

When I first saw photos of these Temples in the mid seventies, I was fascinated and inspired by them. The forms of the Goddess as Yoginis was entrancing. Naked and adorned, they often had animal or bird heads, some had many arms, and they all had their particular vehicles, symbols and attributes. I knew I wanted to make a contemporary version of these temples that spoke so deeply to me.

### ***Why 'Dakinis'***

I decided on the name Dakini instead of Yogini because I felt that people would have a more limited association with Yogini, thinking it was about yoga positions. Yogini here has a much broader context, but I also chose 'Dakini' as their role in the pantheon of Divine Beings is to help all sentient beings to achieve liberation through self realization. Dakinis are manifestations of the energy field of the Goddess and represent facets of Goddess consciousness.

What is a Dakini? They are most prominently featured in the teachings of Tantric Buddhism and they are also part of the Hindu spiritual pantheon. Their name translates as 'Sky Flier' and they are known to travel between the realms. They are one of the most accessible classes of Divine Entities.

Dakinis are embodiments of feminine wisdom principles. They are female enlighteners, interdimensional shapeshifters, messengers surfing the waves of consciousness to awaken all beings to their innate potential. They are akin to the principle of Shakti, which in the Indian system represents the active force, the power which is the energy behind everything, all manifestation, and is represented as feminine.

Dakinis will often reveal themselves to a practitioner as a 'reward' for their dedication and as evidence of a certain level of attainment.

Dakinis are usually depicted naked as they represent the naked truth. Their ornaments and decoration have symbolic significance and play a magical role rather than one that supports vanity or worldly status and appearance. They live outside conventional reality and are unshackled by its restraints. They communicate with a secret 'twilight language' of gesture and glance and they speak 'in tongues' in their own special languages. The Dakini is understood in Tibetan Buddhism to be the protector of the yogic tradition of the subtle body, the energetic confluence of the psycho physical in human life.

As I studied the cycles of Yoginis that appear in the various Yogini Temples, it became clear that there was not one specific set of Yoginis, but a number of variations.

The Dakinis told me that as they are shapeshifters they can pour themselves into whatever form they chose. They said, 'Find the forms most resonant with the transformation of our times'. I

have looked through all cultures and times to sense which archetypes of feminine wisdom hold a global significance, which can serve to transmit the Goddess energies that the planet needs so dearly now. As this is a temple of initiation for the planet, I have taken a universal approach, incorporating the embodiments of Divine Feminine energy that have manifested throughout the world in different cultures, without being limited by tradition. Our Temple is non-sectarian, non-dogmatic, trans-cultural and multi-ethnic. There are also a series of Dakinis who personify energies particular to our times, as well as newly named harbingers of timeless elemental energies.

In this circle there has not been a distinction drawn between classes of Divine Beings. Goddesses, Dakinis, Yoginis, Elementals and Apsaras are all given a place in the circle, are all eligible as manifestations of the Divine Feminine. Circumstances of culture and society shape the way we view the Divine. In this circle of Dakinis, it is the essence principles that are sought to be portrayed, thereby providing the elements and their combinations as the basis of any self created reality. They are transmitters of human potential, self organizing entities, embodying maps for evolution. If the image of the Dakini is focused upon by the viewer, it is the energy of the Dakini herself that this visual form, this yantra of her being, is designed to communicate.

There are no imposed hierarchies as a divinatory system is self determining and self regulating. The Dakinis' cycle of manifestation goes from total translucency (air) to total solidity (earth), from complete fluidity (water) to flickering vibrancy (fire). They come in all colors of the rainbow. The Dakinis are represented with various numbers of arms, from 2 to 32. Some are winged, and many take on animal qualities and the heads of various creatures in the pantheon. Some have tails. They may be made out of the earth itself, of rocks and stone, of water or flowers, fire or fur. They are ultra surreal super sensuous beings, ranging from the primeval and raw to the exquisitely refined, from the angelically pure to the dangerously sublime, from ladies of clouds to ladies of slime. Dakini skin takes on the luster of gold, the reflection of mercury, is adorned with moving tattoos, with twinkling stars... They can assume the adornments of various modes and cultures, from huge feather headdresses to halos or crowns, from airborne fabrics to body paint and mud.

Where recognized forms of the Goddess are incorporated into the Oracle, attention has been paid to honor those attributes and aspects associated with these Goddesses, their cosmology and symbolism. However, the translation of their energy fields has been updated, where appropriate, to suit the evolved form of their energies which they wish to project and embody to best serve our current times. Nothing is static in the Universe. Liberties have been taken to 'take the best and leave the rest', and generally it is the essence of the Goddess that is featured here, rather than any complexities of mythology which, although generally archetypal, may be more suited to the context in which they arose than the current global spiritual climate. The overall intention is to make deep spiritual truths available and accessible in a practical and dynamic way, to allow aspects of the Divine Feminine to interact with you in an ongoing, intimate relationship. I am not attempting to give any kind of comprehensive background on the Goddess archetypes that appear. I am instead selecting those aspects of their nature, iconography and mythology that feel important to touch upon. Anyone interested in finding out more about the history of these archetypes can easily do so. The Oracle is more about the direct experience of the energies.

The Goddess forms that are included tend to carry with them the collective 'medicine bundle' of other Goddesses whose names are not included, but whose important qualities are carried by those who are. These forms may come from different cultures and times.

The archetypes represent those frequencies, modes and potentials selected to catalyze transformation of consciousness at this point in human evolution. They also provide the building blocks of a new reality based on principles of the Divine Feminine.

Although they appear in female form, the Dakinis are not to be seen as women as such. As embodiments of Shakti, the inner Goddess who lives within us all, male and female alike, they are not gender specific. We approach the vastness and ineffable nature of Divine awareness through lenses of sexual identity. In Hinduism, consciousness (Purusha) is seen as masculine and manifestation (Prakriti) is viewed as Feminine. In Tantra the fundamental principles are known as Shiva and Shakti. As we can observe that the whole dance of creation comes about and continues from the joining of opposites, from the union of a plus and minus, a male and female, a yin and yang, it makes sense to approach the infinite from a similar perspective. So whether you are male or female, the Dakini is not separate from your self.

### ***Goddess Tantra***

To serve our selves and our planet at this time we need to awaken the inner Goddess within us all. She wants to press our heart buttons and wake us up from this bad dream of separation we have imposed upon ourselves. The dream that made us forget that we are all part of everything and everything is part of us. That Mother Earth is a living breathing entity and we are part of her, and that she is connected to all the other conscious heavenly bodies in the Universe by a web of light and love. We have forgotten the knowledge that our spirits are eternal and that we can work with our spiritual selves and, while embodied, spirit and flesh are one. The Goddess does not want to be reborn to dominate the male principle in any way. She just wants to restore balance, equality and harmony, where male and female exist to compliment each other, at all levels of creation.

In our cycle we emphasize the Dakinis who embody the energies of the New Paradigm, the set of frequencies that define reality based on the heart centric values of the Goddess.

This is a Tantric Pantheon, meaning that it is inclusive rather than exclusive of spiritual paths and religions. Tantra as it has been emerging into Western consciousness has been relegated to the realm of sexuality and spiritual sex. Although this is a significant aspect of the Tantric path, this view is like looking at just a facet of an immense and magnificent jewel.

To set the record straight, Tantra is a spiritual path that includes all we do and are within its scope. It is a path of embodied spirituality. It says that everything can be an integral part of our spiritual practice. No taking advantage of people during the week under the rules of business then going to church on Sundays. Tantra does not put things in boxes - the bane of life - it is the truly wholistic, fully integrated spiritual path. It celebrates the body as our own personal temple and the world, the universe as an extension of the body of God/Goddess. It views the whole play of creation as the love dalliance of Shiva and Shakti (the male and female principles) and Tantrikas seek to live their lives in the state of bliss that engenders. Tantra sees this life, our current lifetime, as the opportunity to connect with and evolve our ever-living spirit. It seeks to

weave reality out of the fabric of what really is, the wondrous blend of spiritual consciousness and matter into the tapestry of reality.

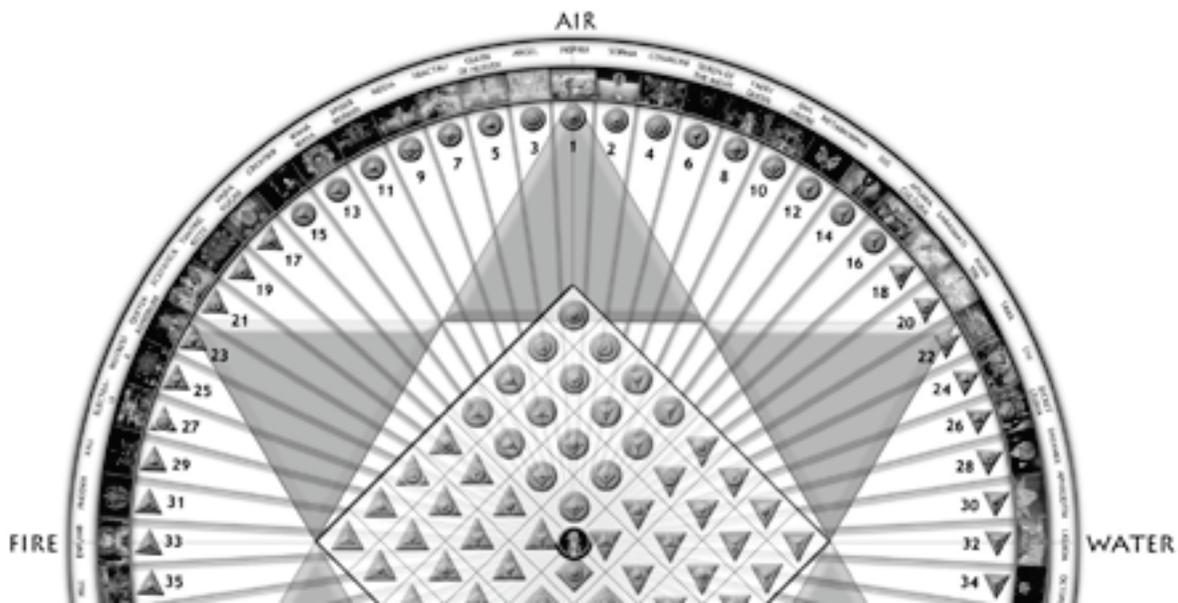
Tantra encourages potent evolutionary modes and actions, as long as you are prepared to handle the consequences. The tools to help you do that are all within the Tantric teachings.

Although Tantra had its origins in sects in India, it has the most potential of any spiritual path I have encountered to be the guiding force of a new wave of global spirituality. It does not discriminate for reasons of class, color, culture or creed.

Our temple represents Goddess Tantra, indicating that it is heart centric, for even the most superior of spiritual paths, if not centered in the clear seeing heart of compassion can be a path of power. It seeks to reflect that which is most suited to the querant, not enforce any form of dogma. The Goddess loves each for their individuality and uniqueness. She knows that there are as many different approaches to the Divine as there are waves within the sea. Each one is different, but they all belong to the ocean.

### ***The Oracle System***

The system that has been used to organize the Dakinis is based on an elemental codex. The Dakinis are all etheric beings, existing as they do in the Mindsky and in the ether of consciousness. As such they are disincarnate. To bring their energies into the plane of reality, the four elements of air, earth, water and fire are placed at the four cardinal points of the circle to represent the building blocks of all creation as we know it. As we are bringing a sky mandala down to earth, the 4 elements are associated with the directions of north, south, east and west. The elements are combined in sequences of three. This system reflects the threefold nature of all life – creation, preservation, dissolution. It also relates to the trigrams which form the basis of the hexagrams of the great oracle system of the I Ching. Manifestation in general is a mixture of all four elements in its formation (air, earth, fire and water), except for the pure elements. The trigrams represent the first three elements in the longer sequence. Each element has 16 permutations of combination with the other elements, making 64 trigrams in all. There is definitely some affinity with the I Ching, but whereas the I Ching is the Book of Changes, where one hexagram leads to another in the natural cycles of change, this system is about essence principles that represent standing waves of energy. These, although subject to the laws of nature, exist in essence outside time. Their frequencies can form the foundation of any new system.



There is a 65<sup>th</sup> Dakini who holds the central position in the circle. She represents the element of ether, the zero point. In the Yogini Temples of the Tantrics there was generally a shrine to the God Shiva in this position. As Lord of Transcendence, Shiva is sometimes represented as a pillar of fire, without top or bottom, infinite. The etheric Dakini of this cycle, this temple, is embodied as an extra-terrestrial being who serves as the energy hub for the system.

The Temples of India were made of stone. Our temple is fashioned out of clouds and nebula, a living organism, situated high in the Mindsky, day and night cycle around it. It is veined with gold and liquid light flows through it as its arteries and veins, its system of circulation. Its transparent floor displays transforming holographic mandalas. It is a living, breathing entity in its own right, made of the plasma, the ectoplasm of consciousness. It is the Mothership of these transformational energies, which wants to find a foot in our dimension to deliver the wisdom of awakening.

### ***Creation Process***

The Oracle uses real women as the vehicles of the Dakini energies. Because the whole work focuses on the serious intention of making etheric energies available and accessible, the personalities of the individuals photographed are not the subject here.

Modern society suffers from the cult of personality, putting pop, movie and sports stars up on pedestals, only to enjoy finding their feet of clay. We need examples of evolved human qualities on which to model ourselves. That is the real role of the guru or teacher, to model qualities in their being that the student or seeker can aspire to and look to find in themselves.

Although we have used flesh and blood women to embody these energies, the intention was set to ensure that each woman serve as a vehicle for the particular qualities of the Dakini, not for their individual personality traits.

Each woman was chosen for her qualities that have natural resonance and affinity with the nature of the Dakini they represent. However the fact that the women have been able to transcend their own limitations and become vehicles for Divine frequencies is, in itself, proof of concept that the Goddess is available to everyone. This system is a dynamic means by which to access these Goddess energies directly. It is a temple, a spiritual interface, but without the trappings of religion, which tend to separate the seeker from the Divine and put priests and other intermediaries and formalities between you and your direct connection.

Each shoot was conducted as a sacred ritual. At the commencement of the shoot we started with a prayer and invocation/evocation, requesting the Dakini in question to inhabit the offering we have fashioned to the majesty of Who She Is. We offered our bodies, speech and minds to her and asked her to use our humble vessel as her vehicle, which we had done our best to prepare to her liking. We asked her to accept our offering and find it worthy of her blessing, her presence and her grace, that we may share it for the good of all.

This art is my Sadhana, my spiritual practice. It is my way of connecting with the Divine and it is my deepest hope that the Dakinis will provide connection for you too.

The process by which the images were created is reminiscent of the way in which art is an integral part of tribal and ritualistic societies. The elements required for the costume and props were collected, styled and created to serve their role of bringing the participants closer to the Divine Beings with whom we seek to connect through our ceremony. The Dakini will recognize them as being familiar to her. Through this resonance she will be attracted and will want to be involved with our sacred art offering. This reflects the creation of art- the masks, the totems, the costumes- to be used in rituals invoking the spirits and the gods in tribal ceremonial culture.

As far as I am concerned, this approach is key to the work. Whereas certain magical practices bind spirits and other entities to their service, the nature of Goddess spirituality is that we invite the Celestial Beings into the work. We make our offering as attractive as possible, providing things we know the particular Dakini likes, so that she wants to be involved by her own free choice. The Goddess has given us freedom of choice. Any time we use coercion of any kind, the results of this will come back to us sooner or later, so even if it looks good at the time, there really is no point in doing anything that is not entered into freely and because it makes sense for all involved. This is the guideline used in personal relations, business and in how we relate to the world of spiritual entities.

In this case, as the mission statement of Dakinis is to awaken and liberate all sentient beings, my sense is that it is the Dakinis themselves who have initiated and guide this project. I feel blessed beyond words that they chose me to be their main facilitator. It has been a wild ride, but I can't think of anything I would rather do. So many miracles have graced the process, as well as all the challenges. It is a major Vision Quest.

This way of manifesting goes beyond co-operation to being more of a Trio-Feedback loop. There is the one who holds the space (myself), the chosen vessel (model) and the Dakini herself. The process of transformation, preparing for the shoot as the model becomes the Dakini, usually takes place on over the course of several hours.

### ***Design of Oracle***

The Oracle is designed to do more than provide information, prophecy or helpful tools for situation management and personal growth. It is a way to allow the questioner to gain direct access to Goddess energies and offers an on-going, living authentic relationship with spiritual guidance. It's a system for helping you to hook up your own direct Goddess hotline.

Dakinis are wild, not domesticated. They ask you to let go of all your previously held concepts. Themes of transformation and metamorphosis are strong in the pantheon because Dakinis appear to help you wake up. This awakening process is one that often involves transformation. Old habits and ways of thinking often need to shift and break open. This process can sometimes take the form of a Shamanic death and rebirth, like a snake shedding its skin. The Dakinis are here to help you through, but it can sometimes feel like tough love.

The interaction with your Dakini may not be passive on your part. She is not here just to hand out predictions, her mission being to awaken and liberate, so she may ask you to look into issues about yourself. She may provoke thought and response rather than just answer questions. But if she is the Dakini that came to you, then, for this moment, she is yours, and what she has to say, what she touches or stimulates, is totally relevant to you at this moment or in your current situation.

It is recommended that you stay with the energy of the divined Dakini for a while, (e.g. a week or more) meditating with her image and working with the energy bundle you received from her.

However no restriction is placed upon the ways in which you may access the information encoded in this system and use it to enrich your life. You may wish to use aspects of what the Dakinis have to offer to help you in your daily life. In this instance you may find a quick consultation in which you refer mainly to the 'Divination' section for a few 'pointers' very useful.

The reading for each Dakini is divided into sections for convenience.

The name of the Dakini in the pantheon is given, with her number on the wheel. This is followed by her Elemental Signature – her trigram of elements- and their encoded symbol. A brief explanation of why these elements are attributed to the Dakini is given.

1. Who Is Dakini # --?

In this section the relevant history and essence of the Dakini is described briefly.

2. Location/Sphere of Influence

Dakinis traditionally relate to geographical areas or regions. As our system is a global one, this section indicates the energy fields and/or terrain and natural phenomena that each Dakini has as her special sphere of influence. Traditionally Dakinis do not represent nature (although associated often with geographical areas), but with phenomena's emptiness. The portals are the subtle or etheric field of manifest phenomena, which echo the subtle aspects that the Dakinis represent, essence principles that convey the spirit of a place, that which endures beyond the physical manifestation; its cosmic signature in eternity.

### 3. Allies

The creatures or elements that have affinity with this Dakini and her portal. These can act for you as Medicine Animals, Elementals or Totems.

### 4. Nature & Description of Dakini

Here the qualities of the Dakini are further explored, along with how she is depicted in the oracle. The attributes of the Dakini and their symbolism are discussed, and her realm described.

### 5. Divinatory Meaning

This section translates how the energy of the particular Dakini applies to you and your situation and to any question you may have posed the oracle. This section brings things into focus on a material plane. Not all that is covered here may apply. The Dakini holds up the mirror of possibilities that spring from this configuration. It is up to you to recognize which are yours to work with.

There are generally a range of facets to each Dakini's jewel. It is up to you to recognize which have particular significance to you at this time. This is part of the interactive process the Oracle offers. Sometimes what she has to say may seem paradoxical, but in the world of Dakini, the truth is often hidden in paradox. What may appear as opposite is often but two sides of a single coin.

The insights offered in 'Divinatory Meaning' range from practical to mystical, from geographical affinities to psychological propensities.

Apply as applicable. The transmissions of the Dakinis are private and personal. Only you can identify those aspects that are yours to work with in the mirror she holds up.

Phrases may appear enigmatic. If the meaning is not immediately apparent, please take the time to let it percolate through your consciousness. Dakinis do communicate in 'twilight language' after all....

### 6. Indications

This section highlights things that you may want to be particularly aware of or pay special attention to.

## 7. Practices

These are that which the Dakini requests of you. They may be simple action memos, visualizations or meditations.

Where you are asked to do something by the Dakini that is not physically possible for you – like dancing or making a video of yourself - you can perform the requests in your mind, visualized in your consciousness.

You may find some of the directives strange and unusual, especially if you are a man and gender roles that have been socially defined make it challenging to dissolve this gender defined identity. You may find it just about impossible at first to imagine yourself as the Dakini, a female embodiment, let alone act this out, even if in the privacy of your own room, behind closed doors. If that is the case, the fall back position is always to visualize the Dakini doing those things before you – just for you.

In traditional forms of meditation and visualization, the point of view varies according to the practice as well as the stage of the practice. Often the mediator will visualize the Dakini before them, with all her attributes and in all her glory. Then he/she will become one with her, become the Dakini themselves. You become the Dakini and view and experience through her eyes. This is in accordance with Dakini esoteric practice where the practitioner does not view the Dakini as a manifestation outside of themselves, but consciously becomes one with the Dakini principle herself. This is in alignment with the intention of the oracle as a vehicle for maximizing human potential. In this way the user owns the energy, and does not see themselves as separate from it. This is the direct method for overcoming subject/object duality and transmuting the practitioner's emotional obscurations and thoughts into co-emergent wisdom.

## 8. Dakini Transmissions

A special message from the Dakini, in the form of rhyming or non-rhyming verse.

## 9. Affirmations

Power phrases/affirmations, the Dakini has given you to repeat to yourself, silently or aloud.

This section marks the end of the Dakini's divinatory reading.

The Practices indicated in the readings are not compulsory, but it is highly recommended that the questioner try to comply with what the Dakini requests. In traditional practice, those seeking boons or blessings from the Dakinis/Yoginis would try to please them by making suitable offerings. These Practices represent what you are to do, what offerings you are to make, in order to receive the boons of the Dakini in question. The Dakinis require an element of participation from the querant in order to bestow their energies fully. In sacred temples aspirants generally have to go through some kind of initiation, pass some test, before they even gain admittance. Yogis and sadhus meditate for years to catch a glimpse of the magical and powerful Dakini. We

have made these secret esoteric spiritual manifestations available in these times, which require speedy evolution, so we have circumvented these traditional procedures, believing that the Oracle system is in itself a safeguard against the wrong use of power. However, to really benefit from the essence these celestial beings bring, you are advised to take notice and do what is asked of you. You must be eligible for an empowerment or they are not allowed to give it. That is how it works.

Whatever the amount of commitment you make to the process, the energy you put into it will probably be equivalent to what you get out of it. But then again, you never know, Dakinis have the ability to bestow grace and wild inexplicable gifts on those they favor...Please do not feel limited to the practices recommended. As you establish your own relationship with a Dakini, she may communicate directly with you and make requests or offer guidance beyond the scope of these words. Please accept this grace willingly, as the intention of the oracle is to open portals to pools of infinite potential.

### ***Wisdom Portals***

The whole purpose of any spiritual insight is to be able to integrate what you have seen or understood into the fabric of your life. This is the purpose of 'tasks', to give the user specific 'karma yoga' or other activities in order to bring the wisdom of the portals into their way of interacting with the world and the quality of one's daily existence. Wisdom is seen here as an attribute to inspire right action.

The method by which the Dakini images were manifested was described above as it presents a template, by example, of how to approach the oracle. The 'Trio-feedback' loop, as described in the creation process, applies to the way in which the Dakinis of the Oracle interact with the querant.

The portals of the Dakini Temple provide access to the energy fields of the Dakinis, fields which are rich with a certain aspect of the full spectrum of potential. The querent enters into a relationship with this energy when they receive their Dakini. Through interacting with this energy, this Shakti, users have an opportunity to establish an on-going relationship with their own evolutionary tendencies. They extend this bio-feedback loop they have established with the Dakini into an on-going trio-feedback loop, bringing that energy, that wisdom, into their interactions with others and the world around them as an offering to the Dakini and to the Self.

The images of the Dakinis are snapshots of their cosmograms, glimpses into their world which encapsulates their essence. As such they have the ability to act upon the viewer, much in the way of religious icons of old. These were not considered idols, but doorways to the Divine. It is a question of intention. When a painter in the tradition of Tibet or Nepalese spiritual art, for example, creates a Thangka painting (sacred art on cloth), they imbue every brushstroke with the mantra (spiritual power phrase) dedicated to the form of the Divinity they are painting. In this way the whole process is taken beyond the personal to the superpersonal.

The way in which the images for this oracle were manifested is our tribute to this approach and is an expression of its principles.

## *Conscious Evolution*

Our consciousness is very powerful. The majority of us must have had some experience in our lives which proves the power of prayer, or that what we wish for we can manifest? However the conventional trappings of religion may not appeal to many in the current phase of human evolution. This system is designed to help you focus your consciousness and intent in specific ways. There are no specific outcomes as the Dakini works with each being on a personal basis. We all have our own paths, dictated by all the factors that make up the complexity of a human soul. But there are common factors that link us all, shared hopes and fears, wounds and remedies, sorrows and joys. Happiness can be defined as a feeling of infinite potential, as a sense that doors can just keep opening. We have all experienced the opposite of this at some times in our lives, where we are unhappy because there seems to be no possibility in the situation, that all the doors seem closed or closing. So happiness is connected with feeling that we can live out our full potential, and this is what the Dakinis are all about, while living it out in a way that feeds and nurtures our eternal spirit.

In participating with the Dakinis in this dance of human evolution, we hope that you will receive direct experience of consciousness in action and see how what happens in the Mindsky can directly or indirectly impact the physical world, the material plane of existence. The Dakinis do have the ability to manifest in the physical dimension, which is one of their special features in the realm of spiritual and Divine beings. They can bring through a myriad of miracles if you are open to receive them and are willing to acknowledge and appreciate them. They are not able to give you more until what has already been given is recognized.

Material reality entrances us with its matrix and we forget that consciousness creates all form. Looking at 'Primitive' societies can provide a good model in this respect. Vision quests were made to communicate with the spirit guides and the ancestors and worldly decisions were predicated on the information received on these journeys. Thus the 'Heavenly and Earthly Net' was kept intact with spiritual principles guiding earthly actions.

If we place ourselves in the center of our mandala of self creation, we can begin to see that the wheel that Maya (the play of illusion) spins in a constant act of co-creation. We work with her to spin the fabric of our destiny, whether we are conscious of it or not. The more consciousness we bring to the matter, the more we can help her optimize the game. One of the secrets is, once you are committed to this path, to have faith that you will always receive what you need, even if it may not look exactly like what you thought you wanted. Another secret is in doing one's best at all times. How could you ask anything less of yourself? And not to blame yourself for what you did in the past, knowing that your 'best' varies according to how aware you are. So if you are aware enough now to look back and see that something in the past is not the choice you would make now looking back on it, this indicates your present personal growth. Learn from these mistakes and try not to repeat them, even when they come in slightly different guises. That is the wisdom of experience. Sometimes we have to go through something to understand the repercussions for ourselves. However once you honestly can say you have given your best, then you can surrender to the Goddess to take care of the rest. Thirdly, if you are in tune in this way with the Divine plan for your unfolding destiny, then the things that are yours to experience and

go through are in accord with the optimal unfolding of the big picture, the good of all. This is the dynamic, on-going relationship with spirit that is at the core of this transmission.

People often ask why the veils between the dimensions are so impenetrable, why it is so hard to see through to the other side. While we make divisions and create separation between the families of beings that co-exist on this planet, how can we hope to dissolve the veils that separate us from beings who exist in different forms of incarnation or are disincarnate? Our pantheon includes beings of all races and colors. Not just the colors of human skin, but Dakinis of red, blue and green, of silver and gold and rainbow iridescence all grace our circle. Not only the animals, fish and birds, but also the elements of nature, right down to the smallest molecule and grain of sand are all honored as part of this hologram, part of this family. The sun, moon and stars are there too, seen as part and parcel of the beingness that we, as living beings, are part and parcel of. Once we connect the dots in this cosmic web of our own beings, and encourage resonance with a team of celestial beings called the 64 Dakinis, we have a chance to thin the veils.

Is there a spiritual dimension? Is there existence after the death of the body? Because we have nothing to prove of its existence, skeptics say there is nothing beyond death. However, we have nothing to disprove it either. People are progressively becoming more open to the idea that our consciousness, our state of mind, does have some bearing on the reality we manifest. If we consider for a moment that our consciousness may extend beyond the limitations of the physical body, if there is indeed a life beyond this life, and that what we hold in consciousness will be the realms we are attracted to, then why not map out some realms as potential realities? If we do this while still alive, we will have places to visit when we leave the body, and familiar Dakinis to help us through.

We need some new ways to give ourselves healthy spiritual connection. Why not get away from all the dogma of religion and go with the non-sectarian, non-partisan, all-inclusive Goddess formula, where flesh and spirit are one, where there is no hierarchy, just a cycle of energies embodied as exotic Dakinis?

These are the 64 Gates of Wisdom, arising out of the Source of Phenomena – the ‘EVAM’, the Cosmic Cervix, Absolute Space. This is the place of unlimited potential, the home of the Secret Dakini, the Great Goddess. Her three aspects are unborn, non-dwelling and unceasing.

My wish is that you will be gifted through this series of portals with all you need to become all that you truly are. All the Dakinis are you.

*‘God loves all equally, but the Goddess loves each for their uniqueness’.*  
Dr Christopher Hills

# CONSULTING THE ORACLE

## **The Oracle set comprises:**

1. Set of sixty four 'eye' shaped cards
2. Divination Wheel
3. Full color double sided chart of the system
4. Full color book of the Dakini images
5. Divinatory text book

The person consulting the Oracle calms and stills their energy. If you have a particular question or issue you wish to address, hold it clearly in your mind. Otherwise just surrender to Dakini wisdom and let your Dakini bring you just the right 'medicine' for you at this time.

## **Consulting with the Divination Wheel:**

First the wheel is spun and pointer comes to rest in one of the sixty four slots. The questioner reads the Dakini's number and then opens the full color book to her image and refers to the divinatory text for that particular Dakini.

This method of consultation is suggested as a primary means of consultation. By this means the appropriate Dakini for you at this time is self selected from the circle. It provides a direct and deep connection for you with her particular energy.

## **Consulting with the Cards:**

The eye-shaped cards offer you a glimpse through the All Seeing Eye of the Goddess. You do not need to consecrate your cards. They come pre-blessed.

There are many arrangements for card layouts that accompany Tarot readings and other methods of divination. Although you can use the Dakini cards in any of these arrangements, they are so rich and powerful individually that selections based on single cards and limited numbers of cards will probably be found to be most suitable. If you are tracking certain qualities each Dakini represents, rather than looking for the full immersive experience inherent in each one, then more expansive spreads could be used.

In multi-card readings it may not be appropriate to follow the prescribed practices for each Dakini. If there is a central 'Key' card, the practices for this Dakini would be the ones to adopt. What follows are a few recommended spreads for your cards.

## **Shuffling Cards:**

The shape of the cards may inspire different shuffling techniques than those you are used to. Feel free to use whatever methods you prefer.

## Churning the Cosmic Ocean:

Put the cards face down on a table, the floor or a flat surface. Placing one or both of your hands, palms down, on the cards, swirl the cards round and round, as if you are stirring a big pot, churning the Cosmic Ocean. Try to make physical contact with as many of the cards as possible. You can swirl in one direction, clockwise, for instance, or you can swirl back and forth, alternating between clockwise and anti-clockwise directions.

Focus on what you seek to see in the Oracle as your swirl, or just feel yourself merge with the energies of the cards.

When you feel complete, bring all the cards, face down, into a single pile or stack.

Now you are ready to cut and lay out the cards.

You can also choose each card individually from your shuffled and energized deck as you lay them out, going back to the deck and selecting anew for each placement. It is generally best to keep the cards face down until they have all been selected.

### **Cutting the Cards:**

This is the technique most generally used for cutting the cards prior to laying them out, unless otherwise specified.

Using your left hand only (unless you are left handed, in which case use your right hand), cut the cards into three piles which you place, face down, in front of you. Consolidate the piles, putting them together in any order you like.

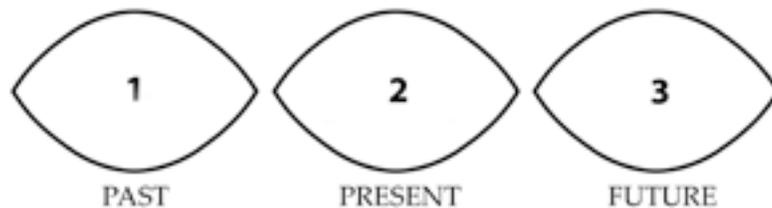
Repeat this process two more times – that is, divide the cards again into three piles and unite them again twice more.

Now your cards are ready to lay out in the chosen spread.

### **Card Spreads:**

#### **Three Card Spreads**

1. What Has Been, What Is and What's To Come



This is a simple three card spread useful for self reflection or reviewing a situation, relationship or circumstance of your life.

After cutting the cards in the manner described above, now take the top card of the stack and place it in front of you, to the left, face down. Take the next card from the stack and place it in the central position, then take the last card and place it to the right of the other two, all face down.

Now you can turn the cards over, starting with card #1.

Card # 1 represents the Past, the nature of the energy that has influenced you previously and created your current condition.

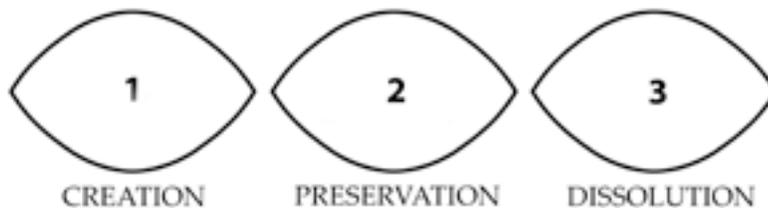
Card # 2 represents the Present, the now, your current situation, condition and the prevailing influences and energies.

Card # 3 represents the Future, what is to come and what is immanent for you in your energetic field.

With this spread, the Dakinis allows you to look into windows of opportunity that have happened to you in the past, are happening to you now and are being attracted to your future.

What we have done has sown the seeds for what we presently experience, and what we think and do now creates our future. The Dakinis in this spread offer healing solutions for all three times, and focus on the amazing opportunity offered in the now.

2. Creation, Preservation, Dissolution



Use this spread when you wish to review a situation or relationship in which you now find yourself, or to look at your own habits, traits and beliefs that you wish to transform. Remember that every Dakini contains the formula to bring everything contained in their 'energetic signature' to its evolved state, to its transformed and transcendent position.

The same procedure outlined for the first Three Card Spread is followed.

Card # 1 represent the underlying forces that have created the current situation or condition.

Card # 2 represents the energies that preserve and uphold the current situation.

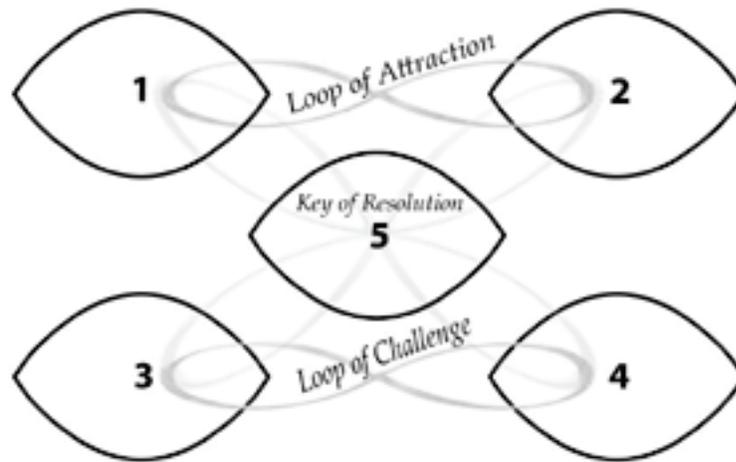
Card # 3 represents what dissolves the situation or condition.

All that exists is subject to these three laws. They are imbued into everything. Become familiar with the nature of their energies in your life.

## **Five Card Spreads**

1.

### Relationship Mirror



Use this spread if you want to examine the energies involved in a relationship.

Shuffle and cut the cards as described above.

Place the first card, face down, in position # 1 - to the left in front of you. Now place card # 2 to its right. Below #1 you put card # 3, across from it, below # 2, you place number 4, all face down.

You turn over the first two cards.

Card # 1 indicates the Dakini energy that attracts you to the other person.

Card # 2 represents the Dakini energy that attracts the other person to you.

These cards are connected by the 'Loop of Attraction'.

Now turn over cards #3 and #4.

Card # 3 represents the nature of the Dakini energy in the other person that challenges you.

Card # 4 represents the Dakini energy in you that challenges the other person in the relationship.

These cards are connected by the 'Loop of Challenge'.

Absorb and meditate upon these Dakinis and the interaction of their energies.

Now take the next card from the deck, place it in the central, fifth position and turn it over.

Card # 5 is called the 'Key of Resolution'.

All relationships contain elements of both attraction and challenge. This card represents the key to evolving the quality of the relationship and resolving conflicts.

\* If you and the other person in the relationship wish to read the cards together, you may consult them jointly.

You both comprehend the nature of the spread and card placement. After each of you shuffle the cards by your preferred method/s, you pick a card from the deck as the other person holds the cards spread open, face down. You place the card, face down, in position # 1. Now you hold the cards for the other person to pick their card, which they place, face down, in position # 2. You have now laid down the Loop of Attraction.

You repeat the process for the cards in position # 3, which you pick, and position # 4, which the other person picks. You have now laid down the Loop of Challenge.

You turn over the cards and share the Divinatory meanings with each other.

You now need to select the Key of Resolution card together. Find creative ways in which you can touch the cards together and combine your energies in the selection. It is advised that you make the selection with your eyes closed.

Place the card in the center, turn it over and read the special divination of this Dakini and the practices she recommends.

2.

### Mandala of Self Spread



Choose this spread when you seek an in-depth look into the current state of your being. Although all structures that categorize aspects of self are an artifice, this approach only separates in order to unite, for it is a whologram. Mandalas are useful tools in the process of self-integration.

You may place the cards on the floor or any surface, or use the chart supplied on which to lay them out.

Shuffle and cut the cards.

Take the first card from the top of the deck and place it face down in the top position # 1.

The second card is placed at the bottom in position # 2. You complete the first layout by adding card # 3 to the left and card #4 to the right. You now turn the cards over, in the order they were laid down.

Card # 1 represents your Mind, your Knowing, your consciousness. It indicates your mental state and the atmosphere of your consciousness around your current situation.

The Dakini occupying this place is here to initiate you into your next level of consciousness, to inspire and enlighten your mind. She may challenge your pre-conceptions, but she is here to transform thinking into inner knowing with her Dakini wisdom.

Card # 2 represents your Being, your Embodied Awareness. It is your presence in your physical body and the awareness that your body has. It represents your manifestation as a sentient being, the spirit indwelling in matter.

The Dakini in this position represents an initiation into a deeper relationship with matter, with material form, that evolves your connection with your physical being.

Card # 3 represents your Action, your Doing, your Will. It is what motivates you, what you do with your creative energy and the strength and passion behind it. It indicates how you express yourself.

The Dakini who holds this position represents your initiation into a more dynamic and proactive relationship with your will to do and its implementation. She has a message for the passionate side of your nature too.

Card # 4 represents your Feelings, how you process your Experiences, your compassion. It indicates how you reflect on things and how you hold them in your heart. Here lies the wisdom of the heart and the ability to let things flow.

The Dakini who graces this position represents your initiation into a higher heart vibration. She has ways to help you access your deep, heartfelt feelings more directly and to let their wisdom guide you.

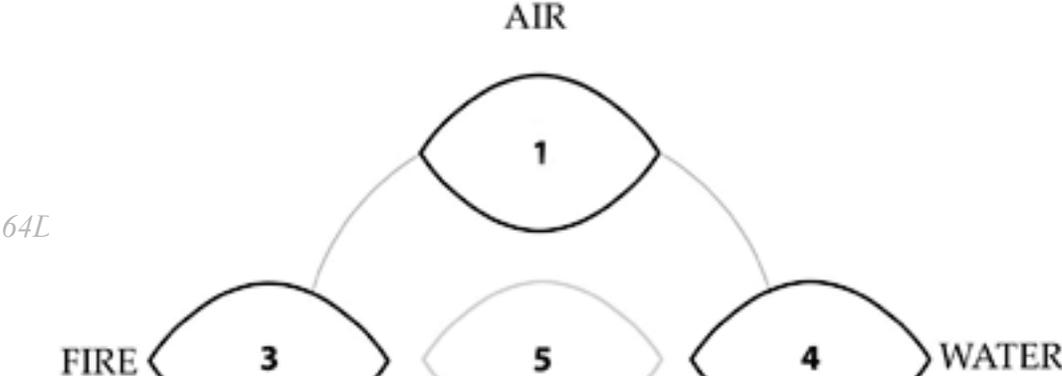
After you have meditated upon and absorbed the wisdom of these cards, you can now take the next card from the top of the deck, place it in the center and turn it over.

Card # 5 represents your Spirit. It is called the ‘Seed of Awakening’ as it holds a special inner key for you at this time. It is the key to your inner potential, the key to unlock the Secrets of Self. The Dakini who resides in this position is your initiation into the current condition of your spiritual being and offers you keys to your spiritual unfoldment and awakening.

You should do the practices for the card that holds the ‘Seed of Awakening’ position.

If any of the other areas of your personal mandala (Thinking, Being, Doing or Feeling) call out for special attention, you can adopt these practices also.

3. Ritual Arrangement



This arrangement is similar to the 'Mandala of Self' spread, but here the cards are pre-sorted into elements and this arrangement is for use in ritual, either personal or collective.

Take the deck of cards and sort them into four piles, based on their primary element. You now have a pile of 16 Air cards, 16 Fire cards, 16 Water cards and 16 Earth cards. You place these piles in the four directions, North, East, West and South respectively, in accordance with the color chart.

Now shuffle each pile separately, using your favorite method of shuffling and touching the cards until you feel your energy is flowing out from you and into the cards, and from the cards into you, in beautiful feedback loop.

Now, using your left hand only from now on (or, if you are naturally left handed, use your right hand), take up the stack of cards and divide them into three piles in front of you. Put the piles back together into one pile, in any order you like. Repeat this process two more times, so that you have divided the cards in three and united them again three times.

Now you take the top cards and this will be the representative energy for this direction in your ritual.

Go through the same process for each element/direction.

You now have the four guardians of the four directions of your mandala, your magic circle. This is your circle of protection and the outward manifestation of your inner energies, in resonance with the four directions and the four elements.

When you have the four Dakini Queens as the four gatekeepers of your inner sanctum, you can now take the next card off the top of the deck, or select a card specifically from within the deck. You place this card in the center, as your 'Fifth Element' and turn it over.

The Dakini depicted here represents the nature of the ritual to be performed, the energy that wants to be evoked and worked with, and the initiation to be received, in the center of the circle of protection formed by the other four Dakinis.

1. For a simple reading of these cards as aspects of self:

Air/North represents your consciousness, your conscious mind and the current spiritual 'atmosphere' of your being. It is the 'yang' energy of 'the Above'.

It represents what you think about things.

Earth/South represents fully embodied being. It is the 'yin' energy of 'the Below'. It represents the foundations of your physical being, your relationship to the natural world and to your own physicality. It brings connection to the subterranean as well as the terrestrial realms – your subconscious and intuitive knowing.

It represents your sense of being.

Fire/East represents your inner fire, your fiery 'yang' (male) energy, your ability to do, to manifest. It is the fire of your will, your passion.

It represents the plane of action/what action you take.

Water/West represents the watery aspect of your nature, your 'yin' (feminine) energy, your ability to bend and flow, your emotions and your subconscious feelings, your compassion.

It represents how you feel inside.

## Seven Card Spreads

### 1. Chakra Meditation

This spread is for those who are interested in getting out on their 'Subtle Body'. The Subtle Body is an energy body. It is the nature of the energy that flows through the physical system, and that is why it is termed invisible. According to Tantric philosophy, this energy is modified and modulated by all the different aspects of your nature and psyche. Those who seek Self wish this energy to freely flow to maximize its power for it is your personal stream of Divine Essence that flows from the very core of your being and up into Eternity through the Rainbow Bridge.

The Subtle Body is said to have seven centers or Spinning wheels, known as 'Chakras', located at seven positions in the physical body. The 'Base' center is at the base of the spine, and the 'Crown' center is at the top of the head.

Shuffle the cards by your preferred method until you feel very connected to the deck. Now take the full stack, holding them in your hands, pass them over your head and down, going from the top of your head to your feet. As you do this, feel yourself attuning the energies of the cards to the energy of the Dakinis.

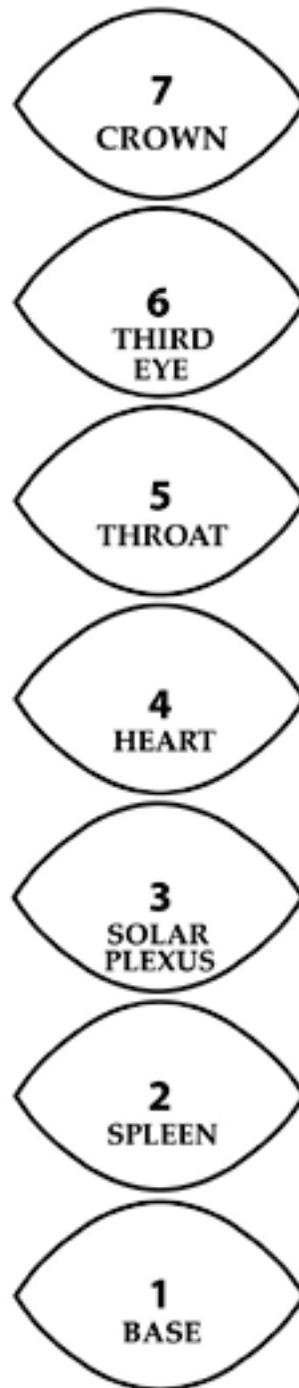
This act in itself is vibrationally healing.

Now, using your left hand only (or right hand if you prefer), divide the deck into seven piles in front of you, one card per pile.

Place them in ascending order, starting at the bottom. Then take them together into one stack again and repeat this procedure. Then make seven piles, then consolidate them into one stack. Finally, make seven piles, then consolidate them into one stack one last time – divide the deck into seven piles and take the top card of each pile, starting at the bottom, the top card to the right position.

You are now ready for your 'Chakra Meditation'.

Card #1 at the Base/Root center represents the center of sensation, sensuality and sexuality in your Subtle Body. It is where your raw energy gets ignited and rises up to invigorate all aspects of your being. It is your inner spectrum's red ray. The Dakini in this place brings you an initiation that will help release blocked energy in this sacred region of your inner self.



Card #2 at the Spleen represents the digestive and assimilative center. Here experience is processed and it is through this center that you are connected to the network of life. It therefore affects your social interactions and your physical and psychic health. It is the carrier of the orange ray in your 'lightbody'. The Dakini who resides here wishes to confer on you her initiation to affect the way you digest experiences and to benefit the functioning of your body and psyche.

Card # 3 at the Solar Plexus represents the energy of your will, your action body and your wheel of manifestation. This is your alchemical vessel where you play and transform, your golden yellow ray. The Dakini in this center provides you with initiation through her fiery hoop of psychic transformation.

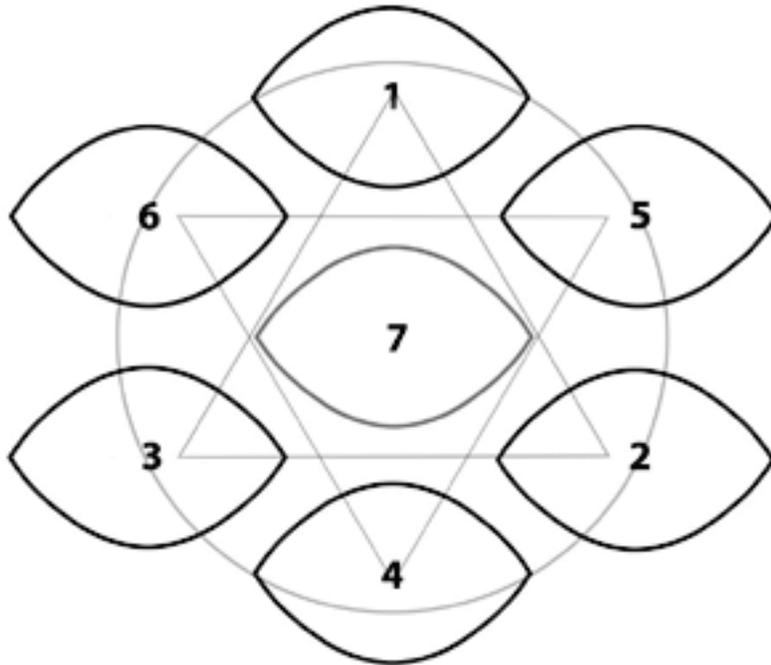
Card # 4 at the Heart represents your heart energy and gives a read-out on your current emotional condition. It indicates your feelings in relation to others and your feelings for the natural world. It is the green ray of your inner spectrum. The Dakini who occupies this position in your reading is here to bring you an opening of your heart.

Card # 5 at the Throat represents the realm of your creative and conceptual consciousness and how you communicate. Here is where you receive messages from dreams, and where you share your thoughts and visions. This is your blue ray. This Dakini wants to communicate something to you about communication and initiate you into some new way of thinking.

Card # 6 at the Third Eye represents your connection to your intuition, to your inner seeing. It is what guides you in this area of perception. This is your indigo ray. The Dakini who holds this position in your reading offers you keys to access your inner wisdom through your intuitive faculties.

Card # 7 at the Crown represents your connection to spirit, your spiritual aspirations and the guiding force in this dimension. This center blends consciousness with imagination. It is the violet ray of your inner spectrum. The Dakini who occupies this position in your reading is here to bring you a transmission for your spiritual evolution.

Meditate upon the cards and visualize them at their locations on your body, pouring their Dakini energies into you for your awakening and renewal.



This reading is for deep reflection on the state of your incarnated spirit or soul. It offers paths to self-integration and ways to evolve and unite your total being – body, mind and spirit.

The combination of an upward pointing and a downward pointing triangle to form a six pointed-star is a Yantra (mystic diagram) central to Tantric mystic symbolism. This formation can also be found in the ‘Star of David’ and is the foundation of the Merkabah (Star tetrahedron).

In Tantric symbolism, the upward-pointing triangle represents the Shiva (cosmic male) principle, and the downward-pointing triangle is the Shakti (cosmic female) principle. The star formation represents their union. As the union of Shiva and Shakti results in a state of bliss, to aspire to this state, you need to balance and unite these principles within yourself.

It may seem strange to present a layout which reflects the play of ‘male’ and ‘female’ elements in an Oracle system that is comprised of feminine archetypes. However, from a Tantric perspective, Shiva and Shakti refer to the complimentary forces that act through all that is and are not gender specific. They are personified as male and female to make them accessible to human beings. By the same token, it is to be remembered that the Dakinis, although in female form, represent the energies that reside within us all, male and female alike.

The simple attribution of ‘active’ and ‘passive’ to the ‘Male’ and ‘Female’ elements is confounded from the Tantric perspective. Shakti (the feminine principle) is seen as active energy, the vibration which constantly ripples through all matter, the Cosmic Womb, the eternal dynamic power which is continuously emerging as manifest creation. Shakti is pure potential.

Shiva (the masculine principle) is seen as the unwavering, singular presence which is the Cosmic Lingam (phallus) of Pure Consciousness, said to have no beginning and no end. Shiva connects spirit to matter through the power of consciousness. Shiva needs Shakti to give form to the formless. Shiva is pure concept, pure intent.

Spirit and matter are inseparably united in this Tantric yantra (mystic diagram).  
The jewel is in the lotus, spirit and flesh are one.

This reading represents a glyph of your embodied spirit. It is a psychic pictogram of your personal set of tendencies at this time and their evolutionary potentials.

After shuffling and cutting the cards in the method described above, or by your method of choice, the first three cards are laid out, face down, in the order indicated. You may use any flat surface, or lay them out on the chart provided. You turn over the first three cards. These represent your upward pointing 'Shiva triangle'. See this as your inner Cosmic Masculine which has three functions of consciousness:

Brahma - Creation

Vishnu - Preservation

Shiva - Transformation.

#### Card # 1 Creation

The Dakini in this position represents the apex of your aspiration, the prime focus of your consciousness and your intention. She is what you are here for and what your spirit wants to realize. She is your will to accomplish your spiritual mission. She exists in the air of consciousness, where you interface with the Divine. She is your Violet ray.

#### Card # 2 Preservation

This Dakini supports and maintains what your consciousness creates. She represents the underlying natural order that allows your seed of consciousness to be nurtured and grow. In this position she represents your connection to the networks of nature, she is the water, the sap of life flowing through life on earth. She is the consciousness of your heart. She is your Green ray.

#### Card # 3 Transformation

The Dakini in this place is the one who transforms, transmutes, dissolves and completes that which is created by your consciousness. She represents your inner alchemist, your ability to use the fire of your consciousness to burn through any situation, letting go that which no longer serves your higher purpose. She works with your spirit through the energy of earth's fire. She also represents how you bring consciousness into the realm of social interaction. She is your Orange ray.

After meditating upon this triad of forces, absorbing their transmissions and how they connect with you and energize you, place them to the side, making note of their locations.

Now lay down the next three cards, taking them from the top of the deck, starting at the bottom with card # 4, to form the second triangle.

These three cards form your downward pointing triangle, which is your deep abiding inner Shakti, that which governs the three functions of embodiment:

Maha (Great) Saraswati - Creating

Maha Lakshmi – Maintaining

Maha Kali - Transforming.

These are also viewed as the ‘Trigunas’, the three ‘Gunas’ (flavors or qualities) that permeate everything. They are:

‘Sattva’ – Pure being, lightness and clarity

‘Rajas’ – Preservation, dynamism and passion.

‘Tamas’ – Darkness, dissolution and inertia.

Card # 4 Creating.

This Dakini sits at the apex of your downward pointing triangle. She is the root of your deep feminine, your inner Yoni (vulva), your essential creative Shakti power.

She represents your underlying connection to Source, your indwelling essence in matter.

She is what inspires you deeply in the mystery of being. She is the core energy from which you manifest, your very will to be. She anchors you in the earth. She is your Golden Yellow ray.

Card # 5 Maintaining.

The Dakini who is here maintains and nourishes you with the waters of life and emotion, blended with the air of consciousness. She is where feelings and higher aspirations merge into the fluidity of ideas, communication, inspiration and devotion. Her energy sustains your being. She is your Blue Ray.

Card # 6 Transforming.

The Dakini in this position represents your ability to transform and transmute all matter.

She is in the place of transcendent passion and sensation, where fire mixes with air. Look to her for spontaneous insights and inspiration. This powerful Shakti represents completion, dissolution and transmutation. She is your Red ray.

Turn over this triangle of cards, read their divinations and meditate upon them and receive their Shakti energies.

Now replace the first three cards and meditate upon the full Tantric Merkabah of six cards, the combined upward pointing and downward pointing triangles.

You now take the next card from the top of the deck, or select the card from within the deck, and place it at the center point of your six card diagram and turn it over. This is your ‘Secret 7<sup>th</sup>’, your Inner Key card. It represents the dot, Bindu (seed), of your Yantra. It is the super concentrate, representing the union of the essence principles, the cosmic sperm and ovum united in the pregnant void. It is the superpower from which all creation evolves.

Card # 7 Seed of Light.

The Dakini in this position represents the blended essence at the core of this reading, at your core. Read her divination and do the practices prescribed by this Dakini as she represents the

‘Seed of Light’ which is Key to your personal evolution. She is the pure White Light that contains all colors.

If you wish to look at the energies in and dynamic of a relationship, let the upward pointing triangle represent the male energy, and the downward pointing triangle represent the female energy in the relationship/partnership.

This reading can be done by yourself, holding these criteria in mind, or you can consult the Oracle with your partner.

In the latter case, after shuffling and energizing the cards, the male, or the person assuming that energy in the relationship, selects the first three cards from the deck as his partner holds the cards, face down. He lays them down in the formation of the upward-pointing triangle.

The female now selects her three cards and lays them down in the interlacing, downward pointing triangle. The cards are all turned over, in the sequence they were laid down, and the divinations read.

A final card is selected by combining your energies so that you select the card together, preferably with your eyes closed. You place the card in the center of your six-pointed star and turn it over.

This ‘Seed of Light’ card represents the essence of your blended energies. The Dakini in this position reveals the nature of this essence and gives clues to the realization of the highest evolutionary aspects of the relationship.

## Dakini Circle Meditation

This is a full body meditation, utilizing the whole deck of cards, rather than a layout for a card reading.

Lay the cards out in a circle on the floor, so that each card is touching the next. It is best to first place the elemental cards in the four directions - # 1 *Inspira* in the North, the position of Air, # 64 *Maha Yin* in the South, the position of Earth, # 33 *Enflami* to the West, in the position of Fire, and # 32 *Liquida* in the East, the position of Water. Align your directions with those of the compass, so that North is in the direction of North, and so on. Now take the rest of the cards and, following the chart, place the cards in their correct sequence to form the complete circle of sixty four cards.

This meditation is a ritual to empower you, on a vibrational, cellular, level, with the potential encoded in the cycle of Dakinis. Please use incense or a sage bundle to ‘smudge’ your body - a technique for clearing an energy field with smoke - before entering the circle. Light the incense or sage and pass it over your body, visualizing the smoke removing any negative energy. Now, still holding the incense, walk around the outer circumference of the circle, encircling it three and a half times. Start at the North, the Air, your origins in consciousness and spirit, and enter the circle from the South, the Earth, representing your birth into the world, into the body. Kundalini Shakti (your inner Goddess Power) is said to lie coiled three and a half times in your root chakra, at the base of your spine. By offering this ritual, you are establishing energetic resonance with your own Kundalini Shakti and connecting it with the circle of Dakini Shaktis.

As you enter the circle, ask that you receive the blessings of the Dakinis as energetic signatures to re-encode your cellular matrix. Lie in the center of the circle, face up, with your head to the North. Visualize the golden radiant sun in the center of the circle of Dakinis as situated at your solar plexus, where your personal, transformational energy is stored. See the rays of the sun emanating out from your center to become the sixty four Dakinis.

Lie quietly and breathe deeply, feeling all the energies of the Dakinis entering you with each inhalation. (If you want to draw these energies into your body, have the cards of the circle facing inwards. If you wish to radiate these energies, have them facing outwards).

You may find that it becomes an active meditation. Do not feel that you need to remain laying quiet and still (although that may be the case). If you feel energies and vibrations start to work through your body, let them flow. If you feel frequencies that want to come through you in the form of sound, do not hold back. Open your throat and allow the sounds, or tones, to come through, even if they sound strange and unfamiliar. It is all part of the ‘Twilight Language’ of the Dakinis, how they speak to you and through you. Perhaps you will find your body spontaneously shaking or trembling. Do not be alarmed! It is just Kundalini activating and shivering with delight. You may find yourself called to move and stretch and take cat-like or yogic positions. It’s all good. Just invite the potential all the Dakinis represent into your being.

Visualize yourself as the Great Cosmic Yoni that exists in the void as pure energy, pure immanence, capable of infinite manifestations. The Dakinis form a circle that interfaces with that infinity. Do not be concerned if you begin to feel sexually aroused, it is the consciousness in all

your cells being activated. As Pure Shakti, pure potential, you invite the Cosmic Lingam of Consciousness to enter you, so that Creation may arise. This is the essence of Tantra, Pure Spirit making love to Pure Being. Feel it. It is the Dakinis' gift to you.

Always remember to thank the Dakinis when you leave the circle.

Do this meditation to fully connect with and activate your deck.

N.B. By extension, the circle of Dakinis presents the perfect location for Sacred Sex. The 64 Yogini Temples, on which this Oracle is based, were temples of Tantric Initiation. Tantrikas would come together in Maithuna (sacred sexual union) as an offering to please the Yoginis. As the couple evoke and invoke the Divine energies of Shiva and Shakti, they become vessels for the cosmic bliss of creation. Share the bliss...

JAI MA!

# 64 DAKINI ORACLE DIVINATION

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ETHERICA

**Ether (center - above/space)**

## Who is Etherica?

Etherica is the only Dakini who represents the element of Ether. She is situated at the center of the circle, at the zero point.

## Nature & Description of Dakini

Etherica is the extra terrestrial Dakini. She is the central hub of the wheel. In the 64 Yogini temples of India, a shrine to the Hindu Lord Shiva often is in this position. Shiva here represents pure consciousness. He is sometimes envisioned as a pillar of fire, divine inspiration, which has not top or bottom, no beginning or end.

Etherica is an opalescent being. She has the sun as her solar plexus, energy center, and is the center of her own solar system, manifesting in the 'Mothership' of the 64 Dakinis. The planets of our solar system encircle her head, like colored orbs. Stars are birthed at her feet. Golden threads extend from her, connecting her to the stars and planets above, and the portals of the temple below. The portals of the temple also relate to and are connected to 64 sacred sites and energy systems of the planet. This is to allow for a 'light acupuncture' to occur once the system is fully activated, connecting with the consciousness of the heavenly bodies, to fire up the grid of the planet. Being conducted through the circle of feminine energies allows the earth's magnetic field to be charged and rebalanced.

## Location/Sphere of Influence

The Universe

## Allies

The Great Goddess. All Dakinis.

## Dakini Transmission

The etheric frequency  
Comes through me  
Purely  
I am the mothership of destiny  
Programmed for your efficiency  
In cosmic interdependency  
Where your next evolution will be

## Affirmations

I am hooked up  
To the Cosmic Mother  
Through her celestial ambassadors



**Inspira is the pure energy of the air element.**

### Who is Inspira?

As one of the pure elemental Dakinis, Inspira occupies the northern portal of the mandala, representing the element of air. As life needs water to sustain, so does it rely on air to survive. Inspira is the personification of the element air and the Muse of Inspiration

### Location/Sphere of Influence

The air/the wind/encircling planet/moving through life forms as the breath of life.

### Allies

The oxygen molecule, all air borne creatures. The voice of the wind.

### Nature & Description of Dakini

She is nebulous, transparent, light as a feather, insubstantial, all pervasive, flowing and blowing. She is the breath of life and can be silent or loud. She is inspiration. She carries messages, she connects everything.

She is an activator, subtle, transitory, shifting, airy, changeable, dispersive, transitional, unpredictable and motivating.

She is shown in the atmospheric field, occupying the space between heaven and earth, wrapping the earth in a cocoon of life promoting atmosphere. The luminous clouds move through her as she moves through them.

Four versions of this Dakini are shown in the four corners, like the winds of the four directions in ancient manuscripts. She is both the creator of these winds and the one who plays in them.

She is made of air, space and breath. She is the wind blowing around the planet, and the wind blowing as the breath of life within the body. She is the space between things. Her realm is the invisible world where energy moves in mysterious ways. She carries light to us, she carries life. Combining heavenly and earthly breath, she transforms from day to night skies in a nebulous, cloud-like form. She can be warm or cold; like the warm breezes of summer, or the icy arctic winds.

Inspira's domain is to encircle everything and move inside living beings as the energy of life itself. Her body is nebulous with winds passing through its channels, bringing vitality. She flies around the earth, caressing everything with her breath...

### Divinatory Meaning

A breath of life, a gift of inspiration from Inspira.

She is fresh air, a wind of change.

The energy of Inspira is the lightest of the circle, so don't take anything too heavily, hold it lightly, and give it a lot of space. Give ample breathing room.

If your energy is flagging, Inspira is here to bring you a second wind. As the Muse of Inspiration she brings vitality to any situation or project.

Allow yourself to be inspired.

Develop a still and gentle state of mind so that you may be sensitive to the subtle whispers of Inspira.

Inspiration is elusive, it cannot be captured or contained, it goes where it will.

You can only own something if you let it go.

Freedom – for yourself and the gift you offer others.

Let free, let be.

Do not grasp onto anything. If it is meant to disperse, so may it be. If it is yours, it will come back to you on the wind.

There may be an unpredictable aspect to the situation. Do not try and control it, but let its nature be self-revealing.

Put your finger to the wind, psychically speaking, to understand the forces at work, the elements at play.

Know that all things have both tension and relaxation as part of their natural cycle of becoming.

Do not resist either, but let the cycles flow like the breath and do not be attached to the outcome.

There is always more inspiration and you cannot catch the wind.

Free up the atmosphere around the current situation and give things room to breathe.

Move quickly only when truly inspired, and do it with grace and ease. Do not force things but let them naturally expand, as air expands the lungs when it moves into them. Know that all things have cycles of expansion and contraction, it is natural. Take that into account and tune in to the inhalation and exhalation of all experience, knowing when to take something in, take something on, and when to let it go, release it.

Do not get too caught up in emotions of sadness or elation. Understand that they are like passing weather, and all will blow over with the winds of change.

Understand that your essential nature is vacuous. You are wisps of density wrapped around empty space.

Inspira brings the intelligence of the spaces between things.

Air connects us all. It wraps around us and moves through us. It is the ‘connective tissue’ of sentient life. We all take from this resource, all living things, and give back into it.

Look to what is shared in the current situation rather than what separates to find the best solutions.

Use your consciousness and intelligence in a clear and uncluttered way.

Use breath to subdue the emotions and bring stability to any potentially dramatic situation.

Take a deep breath.

### Indications

Listen for messages in the winds, in the gentle breezes.

Use breathing practices and techniques, especially to alleviate stressful situations or when seeking to calm passionate emotions – in particular those of a potentially destructive nature. Breath can calm both the body and the mind. Watch how your emotions level out as you modulate and slow the breath. You can then bring right-thinking - decisions arrived at from this still point - to your current situation.

For invigoration, stand in a strong wind and welcome the power that passes over you and through you.

### Practices

1. Introduce breathing practices into your life to honor the air we breathe.

A meditation of Tantric Buddhism is to see the body as an empty vacuous sack which then is filled with air/energy/prana/lifeforce. We travel the nadis (channels of the subtle body) with Inspira.

A simple breath is known as the healing breath where you inhale for one measure, retain for four and exhale for two measures.

When taking air into the body, visualize filling the body, right down to the base of the torso, as if pouring liquid air into a pot and filling it. Exhaling, release all the old air, let go all negativity.

Ask Inspira for inspiration as you breathe in. Ask her to come into you and vitalize your being. With every in breath you embrace her, as you retain you are united with her, then with every exhale you set her free.

Thank Inspira for the gift of life she constantly brings to your body.

2. Send out a message on the wind. Let it be a personal realization that can inspire others. Allow Inspira to carry your message of consciousness as she moves everywhere.
3. Pray for the air itself, for Inspira, to stay pure and unpolluted.

### Dakini Transmission

The winds that blow and play  
Are part of the great symphony of creation  
Singing through the trees  
Tossing the ocean at sea  
The air you breathe is conscious too  
Pure consciousness  
Pure life  
I am inspiration for the world  
I am your muse  
let me inspire you

Breathe me in.....

### Affirmations

As I breathe in  
I am inspired  
By the breath of life  
And filled with pure energy  
As I breathe out

I let go  
All that no longer  
Serves me



**Her realm is where the etheric imprint of consciousness penetrates the atmosphere, bringing the tree of life to earth.**

### Who is Sophia?

Sophia comes from the Greek and is the female aspect of God in the Judeo-Christian tradition. She represents the emanation of the 'Ain Soph', the portal to infinite light. She is the embodiment of the wisdom principle.

She is the 'Breath of God' (Ruah), the Word, bringing direct knowledge and self-realization. She represents the Western esoteric transmission.

According to the Gnostic interpretation, Sophia dwells 'on the heights' above the created universe, in the place of the midst, between the upper and lower world. Sophia is therefore the mediatrix between the upper and the lower realms. She shapes this mundane universe after the heavenly prototypes, and forms the seven star-circles. She is 'the mother of the living', the original soul from which each soul emanates.

### Location/Sphere of Influence

At the interface of the earthly and celestial realms. The Middle East.

### Allies

Dove.

### Nature & Description of Dakini

Sophia stands in the clouds, at the interface to the etheric realm. She brings the light of wisdom. She is the original tree of life, the knowledge of all things. Standing in the Garden of Original Innocence, she represents the all-knowing that integrates all but remains pure of heart, transmitting the clear light of unimpeded consciousness.

Sophia reclaims the wisdom of the Divine Feminine. Instead of being blamed for seeking knowledge in the Garden, she reveals herself as the tree of wisdom itself, confounding the myth of separation. The Sephiroth (emanations/illuminations) appear in her. There is an eye within each center of the Kabbalistic tree inscribed upon her, representing all-seeing, all-knowing, total awakened awareness. Her two hands display the mudra (gesture) of the wisdom she holds. Her left hand, on the feminine side, is turned inwards, to see and know herself, while her right hand, on the masculine side, is palm out, demonstrating her ability to look outwards. Together they create the foundation of wisdom.

Her head is crowned with stars. A dove emerges from her third eye, for peace is wisdom in action.

She is shown as a winged being. Her gaze is steady and deep.

### Divinatory Meaning

A gift of wisdom from Sophia.

Know that real wisdom comes from the depth of the heart, not just the mind alone.  
Body/mind/spirit integration. Time to see your spirituality as fully embodied in all that you are and all you do.

We gather information with our brains, but it is with the integration of the heart-mind that we distill wisdom.

No heart by-passes anymore in any of your thinking or reasoning processes.

Real knowing comes from a deep place. It is the wisdom of experience, not second hand knowledge. That experience comes from what happens in our lives, but also from that deeper pool of experience that the spirit/soul is heir to.

Listen to the wisdom of the body.

As her gestures represent, wisdom is the distilled essence of experience combined with reflection. The inner reflective pools of the feminine psyche/feminine side of the psyche are infinitely deep, reflecting the infinity of the universe within.

Cultivate wisdom in your life and let it guide your actions.

Seek the company of the wise.

It is said that the wise person seeks the company of those that bring out the best, not the worst, in them.

Honor feminine wisdom. This does not mean everything that comes out of the mouths of women, but that which comes from the feminine side of one's nature. We are all made of male and female elements, no matter what gender we may be. The masculine side likes to control things. The feminine lets them be- in that way they get the opportunity to define their true nature. Only in knowing the true nature of something or someone can you then interact with them from a truly wise position.

Sophia displays the balance of the male and female elements within. She reveals that wisdom comes from the action of the two principles, it is distilled from the combination of observation and introspection.

That which we experience and what we reflect upon within.

Knowledge is power, but wisdom is how you develop your essence, that eternal part of you.

The traits that emanate from the wisdom of Sophia are righteousness, creativity, loving communication of knowledge and a giving and truthful nature.

Sophia has no fear of the truth and encourages this in you while offering you her protection.

Never be afraid to speak the truth, as long as your truth is guided by the wisdom of compassion, which knows when to be firm and ruthless and when to be gentle as a dove.

With wisdom comes understanding and Sophia brings you this gift. When you truly understand something, when you are able to see the 'big picture' rather than be caught up in the drama of the situation, then you are able to take the 'higher path', understanding that even the times of greatest apparent loss can be the time of birth of your greatest gains.

With the wisdom of understanding you can better comprehend the actions of others. The choices of others may not be your choices, but your understanding of how they arrived at their decisions will allow you to have compassion for them and their situation.

People recognize your wisdom and understanding and value you for it.

Sophia is cited as the mother of Faith, Hope and Charity. Wisdom encourages these modalities, knowing as it does that apathy, despair and selfishness are not optimal choices for the evolving soul. It is wise to maintain an attitude that is positive and hopeful, even in the most dire of situations, for faith does not need to be blind. All of Sophia's eyes are open. She chooses hope because she knows that all things pass and change. This is the natural order of things, but pure

potential remains as pure spirit, pure light. The Mother loves you. It is so. Sophia appears before you to assure you of that.

The power of knowledge comes in giving it away. Sophia tells us humans have become so entranced with power, taking it and jealously protecting it. She wants to show you, through her being, the Goddess way. She says the more you give away, the more you are eligible to receive, so just keep giving because resources are infinite, not limited.

Know that you hold all the answers within you for you are a reflection of her wisdom body.

### Indications

Drawing Sophia indicates that there may be some information in the Kabbalistic system that has meaning for you.

### Practices

1. What is wisdom? Sophia asks you to meditate on this question. Write down your answer and put it somewhere safe. At a later time, Sophia asks you to take out what you wrote, review your answer and update if necessary.
  - NB If Sophia comes up again in a consultation, take that as a sign that it is time to review your response and meditate upon it.
2. Visualise the Kabbalistic tree, the Tree of Life, on your own body as it is on Sophia's. See each of the eyes opening and know that all these centers are wisdom located in your body, your whole being. Awaken your wisdom being!

The encoded esoteric information in the Kabbalistic Tree is deep. Sophia presents a condensed meditation to accompany her visualization, your visualization.

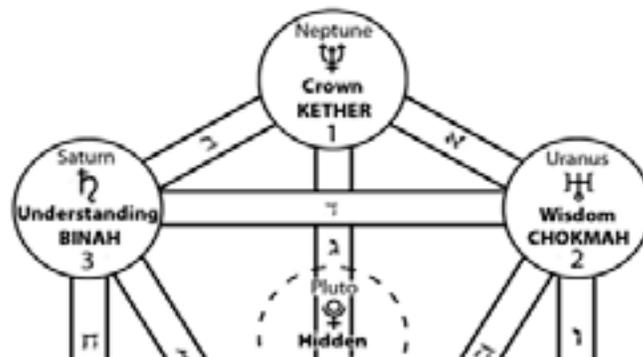
The Tree comprises 10 Sephiroth (emanations/lights) connected by 22 channels. The Tree is seen as have three columns, the 'Pillar of Mildness' in the center, with the 'Pillar of Mercy' to the left and the 'Pillar of Severity' to the right. The whole pictogram is said to depict the process by which Infinite Light (Ain Soph Aur) comes into manifestation, the attributes through which the Unknowable reveals itself to us.

Planets are assigned to the Sephiroth, presenting the human being as a cosmogram, revealing our connection to the heavenly bodies of our solar system.

As you visualize yourself with these open wisdom centers on your body, further depth and insight can be gained by meditating on the qualities attributed to these wisdom centers.

The inner dimensions of the Sephiroth are known as the 'powers of the soul'.

The open eyes of the centers you visualize resonate with and receive these essence principles.



At the top of the Tree, in the center, the first Sephiroth, the first emanation, is depicted. It is named KETHER(רתך) and represents the Crown.

It is pure white light, and is the undifferentiated state of Beingness pre-manifestation. The Unmanifest's first impulse towards coming into form.

The prime cause, the 'Hidden Intelligence' of the Divine.

The non-dual state, the One, the I am.

awareness of consciousness.

to the whole solar system and to Neptune.

The  
It is related

Travel now along the subtle channel to the second emanation, to the right, called CHOKMAH, (המכה) 'Wisdom'. It is colored grey.

This represents creative energy without limitation. The cosmic male. Seminal /supreme male energy.

Divine light as the prime mover, pure stimulus, pure force, pure radiant dynamism.

Consciousness as the movement of energy in space.

The awareness of activity.  
It is related to Uranus.

You now go to the left side where the third emanation, BINAH, (הַיִּיב) ‘Understanding’, is located. It is black.

Binah is the cosmic feminine to Chokmah’s masculine. His wisdom light is brought into the vessel of understanding to give it breadth and depth. Chokmah represents the use of wisdom, ‘that which makes it holy’, the ability to comprehend the ‘universal plan’. The knowledge of the Divine Mother within. Binah harnesses the primal force, bringing consciousness into form as the womb of becoming.

The awareness of receptivity.  
It is related to Saturn.

See these triad of lights, of energies, as being your inner knowing of the one, and your pure, divine inner masculine and feminine frequencies.

DAATH (תַּעַד) is next, in the secret place. It is not numbered and is known as ‘Hidden’. It is the invisible Sephiroth below Kether and above Tiphareth, a gateway, unrevealed. Inner Knowledge, assimilated consciousness. Gnosis.

The awareness of inner knowing.  
It is related to Pluto.

The fourth emanation is CHESED (חֶסֶד), ‘Mercy’. It is on the right side of the Tree and emits blue light.

Chesed represents the stable, wise and merciful ruler. The compassionate use of power, loving kindness in action. Love of the Divine and the divine in all things. Expansive and giving. Desires to share infinite love.

The awareness of compassion.  
It is related to Jupiter.

To the left the balancing fifth emanation is called GEBURAN (הַרְיֹבָג), ‘Severity/Strength’. It glows with red light.

Geburan brings courage, restraint and the right use of power. It harnesses the will. It applies discipline, brings precision, resolution and administers divine justice. It focuses and balances the energy of Chesed.

The awareness of the will.  
It is related to Mars.

TIPHERET (תִּרְאַפֶּת), ‘Beauty’ is the sixth emanation of the Tree. It resides in the central column and is of golden yellow light.

Tipheret harmonizes and unifies the energies of Chesed and Geburan, bringing a beautiful balance of male and female energies. Their union is a spiritual rebirth. Tipheret sits at the center of the Tree and represents the higher self, the true soul, the shiny core in balanced union with itself and radiating vitality.

The awareness of harmony/integration.  
It is related to the Sun.

See these three Sephiroth as representing what guides and rules the modality of your being, your points of reference for what governs you and how you manifest what your consciousness intends.

The seventh emanation is NETZACH (נצח), 'Victory'. It is shown on the right side of the Tree and is made of green light. It is the vision of beauty triumphant, full of creativity, imagination, love and spiritual passion. It represents feelings, raw, uninhibited emotions and instinctual sensibility which attracts or repels. Netzach is the victory of inspiration, full of confidence and the sense of the eternal.

The awareness of the emotional body.

It is related to Venus.

The eighth emanation is HOD (הוד), 'Splendor'. It is on the left of the Tree and radiates orange light. It represents an earnest response to the glory of the Divine. Hod, in a mode of praise and thanksgiving, employs the mind and intellect and the power of conscious reasoning. It represents your communication system, how you receive, assimilate and transmit information.

The awareness of intelligence.

It is related to Mercury.

The ninth emanation, YESOD (יסוד), 'Foundation', is in the center column and glows with purple light.

It represents the foundation of life, the collective consciousness or vital soul of humanity. The subconscious and superconscious. Here resides insight, intuition. Fertile and procreative, Yesod provides the foundation in the astral for formation in the physical.

The awareness of the astral/the mindsky.

It is related to the Moon.

The last, the tenth emanation is the Sephiroth MALCHUT (מלכות), 'Kingdom', also located in the central column. It is divided into four quadrants representing the four elements that comprise earthly existence. Here is the manifest universe, the plane of physical reality. The attribute 'Resplendent Intelligence' is a reference to the completion, the full manifestation, this Sephiroth presents. It is the vessel of action that channels the essence of the all the emanations. It embodies the human relationship to nature.

The awareness of being.

It is related to the Earth.

The last four emanations depict how the mind and emotions can act in alignment with Source, and with collective consciousness to self-realize on the physical plane of being.

Enjoy these lights of wisdom in your being. See how they feel. They describe wisdom principles that are the birthright of the incarnated soul, male and female alike. Sophia is the ever living light of your soul.

3. See Sophia's dove of pure white light fly over all the region of the Middle East, blessing it with her light of peace, the essence of distilled feminine wisdom.

(Realm; \* NB If you wish to conceive a child or if you are pregnant, this meditation Sophia says, can be especially powerful for you and your unborn child. Sophia is sometimes depicted as pregnant).

### Dakini Transmission

I am wisdom  
I am knowing  
I am the truth  
I am showing  
That all knowledge  
Lies within  
And there's no such thing  
As Original Sin

### Affirmations

I have access  
To all wisdom  
I know how to discover  
Everything I need to know  
My mind collects information  
My heart distills  
The wisdom



**Angel comes from the heavens, abides in the air and carries fire in the form of light.**

### Who is Angel?

Angels are the Dakinis of Western mysticism, sky fliers whose mission is to assist and protect sentient beings. They are of the essence of pure light and love, representing the highest octave of this frequency. They abide in the Heavenly realms and are able to assist beings on the earthly plane, in this dimension. In the Christian tradition they are the messengers of God. They appear in many different cultures and spiritual traditions and take on various characteristics accordingly. She is also related to the Egyptian Ka, the second astral /light body of the individual. Angel's energy focuses on raising the vibration of the Ka so that it ascends from the individual to the immortal.

### Location/Sphere of Influence

Heavenly realms/visions in the clouds/the interface between heaven and earth

### Allies

Doves, angelic beings.

### Nature & Description of Dakini

Angel's realm is depicted as a heavenly enclosure/sky mandala, portal to the Celestial Realms existing above the clouds.

She is holding space for this pure and sacred place.

The soft pastel palette reflects the lightness of her being.

She is made of white light and is winged. Her vibration is of purity.

Angel is shown in her protective role, wrapping her wings around her body of light where she holds spirits and souls so tenderly.

She is shown spreading her wings to reach out in all directions, across time and space, to care for you.

Her domain is in the Angelic Ray. She is a heavenly being, able to move between dimensions and be present, if not visible, in the physical world.

Her central form cradles opalescent heartlight in her wings, delivering its luminous essence to you.

A smaller form of her energy exults within her heart.

A larger angelic being can be seen carrying this whole portal as a manifestation of her heart vibration.

Circles of light beings ring her realm. She, in turn, is part of a larger, Galactic Angel.

The inner sanctum holds the shining heart of light which pulses the Universal frequency of Pure Love throughout all creation, manifest and unmanifest worlds.

She is integrated and refined sexuality, as indicated by the entwined white serpents on her forehead.

## Divinatory Meaning

A visitation from Angel is a blessing for you. She lives in a realm of subtle, refined vibrations, tuned to the frequencies of Pure Love and Light.

Seek to find the essence of pure love within yourself, the kind of love that is not focused just on an individual, but reaches out to all that is. Find the angel in your heart who lives for goodness and is of the essence of goodness itself.

You have a guardian angel.

Grace and a state of being graced.

You are graced with angelic presence.

Take the high road in all matters of choice.

Make decisions based on the good of all.

It may be a time for you to refine the nature of your sexual energy.

Do you have issues integrating the spiritual and sexual sides of your nature?

Angel's love is of a special, pure quality.

Angels can be male or female in appearance, but their essence has a sexual ambivalence, there is an absence of sexual energy in their vibrational field. It could be that the Angelic energy has been seen that way through the lens of sex negative religious belief structures. However there is a quality to the energy of angels that vibrates at the level of the higher chakras- those of the heart, throat and head.

The quality of an angel's sexual energy is highly refined and transmuted into radiance of being.

A need to contact that angelic energy within yourself and your capacity for unconditional love.

Love that seeks no reward. Love that is offered with no agenda.

Recognize the power of prayer.

Etheric, divine and celestial beings often cannot come to your aid unless they are called. Angel reminds you to call. Her form is through prayer. Prayer doesn't have to be religion's tool; it is your own direct way of communicating with God/Goddess.

You can focus Angel's light on any density you may be experiencing. This may take the form of a physical blockage. You can irradiate this area by visualizing pure white light pouring from Angels' heart portal onto it.

Use this same light to illuminate any dark clouds that may trouble your consciousness. These clouds may be the result of guilt, of painful memories or regrets for things left undone, words left unspoken. Pour Angel's light into these dark clouds, these wounds, and transform them into the white fluffy clouds of Angel's heavenly abode.

Angel is a messenger, an intermediary between you and the Great Universal Heartlight.

She encourages your feelings of devotion and her job is to help you feel connected to that subtle part of yourself that exists as invisible presence.

She helps makes you aware of the astral planes and the seed of 'Christ consciousness' (unconditional love and forgiveness) within you as your eternal potential.

She says there is no time that is too late, in this or any of your incarnations, for you to turn towards the light and embrace your own essential purity. There is no crime too great that cannot be absolved by your complete surrender, your total forgiveness of yourself and all others, and your choice to align yourself with the ultimate power of unconditional love.

Many angels have earned their angelic status by the nature of their works while on the earth plane. Having proved the purity of their hearts, they have been given the privilege to act as celestial intermediaries.

Angel says to see her as the hand of light that touches you that was touched by the Hand of Light.

Pass it on.

Angel says when the time comes, call her, and she will carry you from this world to the next, wrapped in her wings of light.

### Indications

Listen for the sounds of celestial voices, the music of the spheres, the higher harmonic.

Seek to see the goodness in everyone you meet, all you encounter. This does not mean you are blind to imperfections and the shadow side, but Angel has come to tell you that the path of positive re-inforcement is the healthy choice for you at this time.

Angel offers you the power of prayer. Heavenly assistance often cannot come to you unless you ask.

Meditate on her in churches and cathedrals.

### Practices

1. Recall an event in your life that made you feel you have a guardian angel. Let Angel know you recognize her assistance. Thank Angel for being there for you.
2. Create an angelic shrine within the cathedral of your heart. Fully envision this shrine of the heart, see the light streaming through the rose window above with angelic presence in its beams. Light a candle and place it on the altar, an offering of your individual lovelight to Universal Heart of Pure Love.
3. As Angel has come to you, she would like you to use her energy and spread it all around you. By meditating on Angel, you can feel her qualities permeate you. Filled with her love light, see yourself as an ambassador of this light. Then all you have to do is see what you can give to every situation, not what you can take.
4. Envision the Angelic realm as a place of light above the clouds. See an Angelic throng form a circle in space around the circle of Dakinis, protecting them with their pure light and love. See this circle extend around the whole world of embodied beings... Send your appreciation to the Angels and the Archangels for their loving service. Offer them your heartlight so that their frequency may be amplified and help them make their presence felt in the great work of lifting the veils.
5. Pray.

You call Angel and ask her to deliver any interdimensional messages you have.

### Dakini Transmission

I am Angel  
On wings of light

I visit you  
To bring insight  
And show you  
That the good you do  
Grows wings like mine  
Inside of you  
And when your body  
Leaves its form  
Your sacred soul  
They will adorn

### Affirmations

I am a being full of love and light  
The presence of my light  
Brings blessings and grace  
To every situation  
My prayers have wings  
My prayers are heard



**Existing as the interface between the heavens and the earth, Cosmicini works with the air of personal consciousness in relation to all the other consciousness out there in the universe. The moon, our nearest heavenly body, effects the water both on the planet and in our own bodies.**

### Who is Cosmicini?

Cosmicini is the Dakini who represents our cosmic connection. She is the interface with the Celestial realms. She exists, as the world exists, as we exist, as heavenly bodies connected by a web of light to the Universe beyond. She shows us how the alignments of the planets and stars co-create the nature of our being and that they all connect in a web of consciousness and light, channeling their wisdom.

She is a node in the time-space continuum, a singularity on the event horizon, and shows us that this is the essence of each of our beings.

She connects to the Egyptian Goddess Nut.

She is the software of interstellar travel.

### Location/Sphere of Influence

Relationship between heavenly bodies & moon/earth.

### Allies

Moon, planets, galaxies, stars and universes. The consciousness of the heavenly bodies and the space inbetween.

### Nature & Description of Dakini

Cosmicini comes in a cone of encoded cosmic information. Her cosmic connections are seen as a web of light that radiates from her and reaches out to the stars. The moon is seen as a major player in this cosmic drama, its surface being reflected on either side of the Dakini. As the closest heavenly body, the moon reflects back to us and modulates the influences from outer space.

Her vehicle is the Merkaba. She holds the tetrahedral crystalline light matrix, the star tetrahedron, offering it to those to whom she has opened her portal. It has stars at its apexes.

The spirals of her headdress indicate her attunement to the spiral movement of the universe through time and space.

A flower of life opens from her crown.

Vibrational light fields pulse through her body like electro-magnetic coils.

She clones herself at will.

She is totally present and focused as she gazes into the singularity which holds all potential.

She is pure energy in space, utilizing reflective self-awareness to triangulate the energies and from there step into the fourth and fifth dimensions.

Cosmicini is your spaceship to the stars.

## Divinatory Meaning

A gift of star wisdom from Cosmicini.

We all have our own unique alignments with the energies of the stars. We each hold our own special configurations that construct the nature of our characteristics and tendencies. These alignments of light bodies can be visualized as a 3 dimensional (in fact 4 dimensional) sacred geometry that, seen as a whole, comprises our 'guiding star matrix', made from the light of many stars and their aspects and relationships.

Cosmicini suggests that you consult astrology and examine the astrological omens in your life. There are moments when this becomes particularly relevant. Cosmicini, by her arrival in your consultation, suggests that this is one of those moments.

Look into the relationship of planets at the time of your birth.

Take special note of the aspects and influences of the moon, in your natal chart and/or current transits.

See the prominence of the lunar landscape in Cosmicini's representation. The orbiting moon acts radionically in relation to not only the earth, but our own lives. It is the moon that helps the earth maintain a stable spin and keeps our weather in a life-promoting balance.

By the same token, the influence of the moon on our lives can be stabilizing, helping us weather the storms of emotion.

The moon regulates the tides of the oceans and the flow of blood in our bodies.

Time to think 'outside the box' and take the bigger picture into consideration.

Time to activate.

Take astrological information into consideration to determine the most aligned timing and strategy. Get help from the influences that are strong in your chart.

The Dakini is here to remind us that we, like her, are made of stardust.

She wants us to realize that all those stars we see out there at night are a web of consciousness, each point of light transmitting a frequency in the spectrum of awareness.

From our modern cities' 'sky glow' we see as little as one percent of the night sky that was seen by our ancestors due to air pollution and the widespread use of electricity.

We are connected to the intelligence of the celestial bodies, transmitted to us by their pulsating lights. These transmissions are obscured by light pollution, veiling our connection to our cosmic selves, our galactic destinies. It is easy to see how our ability to navigate by the stars is impacted on the physical plane. The effect on our ability to navigate our unfolding destinies is invisible but no less impactful.

Time to focus in on who you are, to hold the star of your potential in both hands and activate your vehicle, your space ship.

You are ready to take off if you just make the effort to get the alignment right.

Follow your star.

Step into the time/space continuum of Cosmicini and become all that you can be.

Grasp and fully align with your unfolding destiny.

Your destiny is an interesting thing to work with. Fate and feelings of fatalism are not healthy as they engender a sense of helplessness. However if you feel that you are in alignment with your real calling in life, your destiny in a true sense, it is invigorating and empowering.

The choice to take your life, your destiny, in your own hands is yours. The Goddess gives us freedom of choice, but she also whispers to us in so many ways- if we can attune ourselves to hear her. She speaks to us in the music of the spheres, calling us to step up and become all that

we can be...and that isn't just on the material plane of course, for the destinies she holds are points of light that stretch into infinity.

### Indications

Star gazing is very beneficial for you now. Try to spend time under the stars. Be open to what you receive.

Be aware of and look for celestial signs.

Astrological portals.

Cosmicini may want to give you a sign – a shooting star, a UFO sighting, a halo round the moon....Keep your eyes open.

### Practices

1. Get an astrological reading. Meditate upon it to reveal answers to the questions you may have. This could include astrocartography. Look for the underlying geometries.

2. Activation of the Merkabah.

Meditate on Cosmicini, with Cosmicini, seeing yourself holding the crystalline light matrix, the Merkabah (star tetrahedron), she holds.

Breathe. As you breathe, see the power of your breath extend the Merkabah out from your hands, enlarging it with each breath, until the star tetrahedron of light contains your whole body. You now visualize yourself in the center of this crystalline light vehicle, which vibrates and pulses with your breath. You breathe slowly, deeply and evenly.

From within your Merkabah, you now visualize yourself, as Cosmicini, holding a merkaba, a second one, in your hands. You now bring your hands to your chest and install this smaller merkaba in your chest, at your heart center.

Breathe.

See the Merkabah in your heart shooting rays of light from each of its vortices. These radiating beams intersect the vortices of the larger Merkabah of light in which you are contained and keep going out into the universe, where they will intersect the vortices of the huge Merkabah that is formed by the points of light of the stars.

Now you have established your vehicle, you are ready to embrace the totality of the star being that is you.

See what visions Cosmicini brings you, where she takes you.

Take this opportunity to beam your lovelight, from the Merkabah in your heart out to all the stars, all the consciousness in the universe, and offer your appreciation to this infinite web of light and love that supports the reality of who you are and offers this opportunity for life and evolution.

Once your Merkabah is firmly established, you can start to spin, using the energy of the starlight to propel and guide you. You can use your Merkabah for astral travel, as your protection as you move through dimensions.

Complete your meditation by envisioning all the rays of light condensing until they resolve back into the glowing Merkabah in your heart.



### Dakini Transmission

I am your interface  
To the stars  
Use me  
As your cosmic connection  
I offer you a vehicle  
To fly  
I reveal  
The cosmic web  
We are all made  
Of stardust

### Affirmations

I am a child of the Universe  
I am connected to cosmic intelligence  
Through my unique relationship  
To the planets and the stars  
I have chosen the moment of my birth  
I am connected  
I can activate  
My celestial vehicle  
And travel through  
Space and time

**5 QUEEN OF HEAVEN**

**AFA**



**She is an airborne Goddess, representing the energy of the sun that is fire in the air and promotes consciousness.**

Who is Queen of Heaven?

She is the Sun Goddess, Sun Queen, the Dakini representing the heavenly, life-promoting energy of the sun. In most cultures the sun is attributed to the masculine principle. In our pantheon

where all manifest nature is personified as forms of Shakti (Goddess energy/power), Queen of Heaven embodies this principle, this heavenly body, center of our solar system.

Amongst the deities of Japanese cosmology, Amaterasu is the Goddess of the sun. Her name means 'She who shines in the heavens', or 'Shining heaven'. She is a central figure in the Shintu pantheon. As a sun Goddess she was responsible for illuminating the world and ensuring the fertility of crops. She was a weaver of beautiful silks. After an attack by her jealous brother, she was depressed and grief stricken and retreated to a dark cave in the mountains. The world was cast into darkness until the laughter caused by the dance of Uzume, Goddess of mirth, was able to peak her curiosity, draw her out of the cave and return her to her heavenly abode.

Queen of Heaven takes her title and style from the ancient Chinese cycle of deities which features Queens of the Western and Eastern Heavens. Hsi Wang Mu/Xi Wang Mu is the Queen of the Western Heaven who predates, but is most often associated with Taoism. In her official title of 'Golden Mother of the Shining Lake' she is associated with the metal gold. She represents prosperity, longevity and eternal bliss. She holds the longevity peach. She is seen as the highest Goddess and presides over female transcendants. She takes care of female Taoists. She is a powerful independent deity representing ultimate Yin and controlling immortality and the afterlife.

Queen of Heaven synergizes the energies of these ancient Goddesses to embody this heavenly body for our world at this time.

From ancient Egypt the spirit of Queen Nefertiti, the wife of Akhanaten, who spearheaded the worship of the sun as central to spiritual life, is also part of this portal.

### Location/Sphere of Influence

Everywhere the sun shines. The daytime, daylight hours. Asia.

### Allies

Air dragon/sun.

### Nature & Description of Dakini

Queen of Heaven floats aloft in the heavens, beaming with golden light. Her extended arms emanate blessing rays. Her whole being emits radiance and warmth.

She is the Dakini who embodies the energy of the sun, center of our solar system.

She floats in the sky, extending a trail of golden light to the clouds below.

As her vehicle is the air dragon, two subtle dragons support her.

She is lustrous and regal, with an ornate Chinese headdress.

Queen of Heaven exudes gentle grace and quiet power. She embodies the principle that power does not have to be forceful, it can just be.

Power that lies in consistency and benevolence. Power that is like the light of the sun, the life-bestowing, ever-giving, ever-radiant sun.

Above her the face of the Great Goddess of suns beams her light into the manifestation of our particular sun, our Queen of Heaven..

Like the Chinese Queen of the Western Heaven, Hsi Wang Mu, she holds the peach of immortality, expressing that the physical celestial body of the sun ripens the fruits that support life and also promotes immortal consciousness.

Her realm is of the bright sunlit sky and the heavenly realms. Below her lie cloud clad mountain peaks where celestial Asian temples and golden pagodas nestle.

At the foot of the central lightbeam there is a small statue of Amaterasu, indicating our Dakini's lineage.

The moon is shown in the sky to the right, for she is Queen of Heaven's greatest fan.

The central glyph takes the shape of the Egyptian ankh, symbol of eternal life and regeneration.

### Divinatory Meaning

A blessing of solar energy from Queen of Heaven.

Realize your own inner power and light.

Things come into focus, become clear.

There are no shadows at mid day.

Shedding light in dark corners.

Time to bring to light anything that has been hiding in the shadows, in your own psyche and/or in those of a person or people you are connected with.

Trust the light of truth.

Positivity and a positive approach in general is indicated.

A sign to move ahead, to activate.

The sun will rise again. If you have been experiencing a time of darkness in your life, know that the light of the sun is here to brighten your path.

A longing to have more sunshine in your life, in terms of happier, warmer experiences and/or outlook.

Could indicate a shift to a warmer climate or spending more time in the sun.

Strengthening of your will, your solar plexus, the energy hub of your subtle body.

This is your seat of personal power. Be powerful with the warmth and life-giving nature of the sun.

Pay attention to your solar plexus, the seat of your inner sun.

Do you sense any blockage there? Sometimes the solar plexus is the place that receives psychic blows. Queen of Heaven offers you a solar shield to protect you from the damage that can result from continued impacts. Visualize her gift as a glowing solar orb located over your navel area, protecting it and charging it with energy and light.

Bathe in her all-bestowing nature.

Cultivate radiance of being.

Understand the power of 'radiance marketing' if there is anything you wish to promote.

The application of this principle is that you project inner radiance which is apparent to all you encounter. People want to know what the secret is of your radiant being.

Do not hide your light under a bushel, it is time to shine.

You can make things happen. Do not doubt the strength of your being. You can achieve whatever you wish if you fully commit to it and focus the power of your will and your intention behind it.

The union of power and grace. You can be powerful and effective, but at the same time gentle and persistent. You can be strong but at the same time you need not be too forceful. The sun achieves its results by its consistency and its unfailing radiant loveliness. From a distance the sun is warming and life giving. Up close it is fierce and will burn to nothing all that comes that near. Find the position you occupy in relation to great power that is most comfortable and healthy for you, while fully owning your own piece of solar energy within your body that is your solar plexus. As the planets revolve around the sun, so all your thoughts and actions are governed by your inner sun, your will, your life force, and spin around it. Be the guiding force of your own destiny, in resonance with heavenly guidance. Your little sun enlightened by the celestial one. Queen of Heaven offers the peach of immortality and she presides over female immortals. She asks you what have you done in your life that would qualify you for a place amongst the immortals? Perhaps you have a list of accomplishments, perhaps you have none at all. Queen of Heaven says that to empower your immortal being, first you have to believe that you have one and that the deeds you do, the consciousness you hold here, while in a living breathing body, does affect your immortal being, the part of you that never dies. She says the sun is an eternal, immortal being. Even if our sun were to die, other suns in other universes will still exist. Our sun is part of that cosmic signature that is the undying light, the ever-living presence of energy in the cosmos. The sun is the center of life as we know it. Contact your own eternal ever-living, ever-vibrant inner sun. Let this inner light shine more and more brightly through your whole being, illuminating all it encounters, as you cultivate those aspects of yourself you would like to last forever, those things you would like to see create the illuminated future of a bright new world. This new world may exist as a physical reality, or be the heavenly immortal realms, bathed in the golden light of awareness and liberation.

### Indications

Daylight hours are currently the best for achieving your goals.

Schedule important meetings in the day.

When the sun is at its zenith is a special power time for you now, a blessing from Queen of Heaven.

Sunrise is also auspicious. Meditate on things you want to bring into being at sunrise, those you want to dissolve at sunset.

Keep warm.

### Practices

1. Make a practice of sitting in the sun for ten minutes every day, or every day when the sun is out.  
Close your eyes. Receive the energy of the sunlight into your being to revitalize every cell.  
Give thanks to the Queen of Heaven for her gift of light and warmth, her gift of life.  
Note whatever visions or ideas may come to you in these times. Do not discontinue the practice until you have received at least one such revelation.

2. There is a yoga sequence entitled ‘Salute to the Sun’. Queen of Heaven would like you to perform this in her honor, facing the sun and visualizing her there.  
If you are not familiar with this yoga sequence, Queen of Heaven offers a simple practice that can be done anywhere at any time.

Face the sun. Ideally where you can see the sun, but if not, in its direction.

Start with your hands together at your chest in the attitude of prayer. Now slowly raise your joined hands straight up above your head, while breathing in, breathing in the light force/the life force of the sun.

As you breathe out your arms, fully extended, palms out, slowly descend on each side of you, describing the circumference of an orb- the orb of the sun, of your solar being. Your arms come to rest when your hands meet, at your pelvic region.

You cup your palms and inhale as you bring them up to your chest, absorbing the radiant energy.

You can then repeat the cycle up from your chest to your head with your hands together in prayer and salutation, opening again...

Repeat as many times as you like, as you offer yourself to the sun, the Queen of Heaven, and receive her radiant energy.

3. Solar flares are predicted that could effect systems on the planet. Queen of Heaven says if you visualize her and her benevolent energy at these times, it can help amplify those benign frequencies and moderate the more extreme.
4. Queen of Heaven finds herself in a very special galactic alignment on the winter Solstice (December 21<sup>st</sup>) 2012. It will appear as if our sun is the very center of the Milky Way.

People are in fear about the results of this powerful alignment and the prophesies for 2012. Queen of Heaven asks for your participation, to focus the light of your consciousness with hers to bring about the shift in consciousness, the entry into the new era, the Golden Age, that this event has the potential to usher in. It is not an end but the opportunity for a new beginning.

Meditate with Queen of Heaven, our beloved sun, on this portal for rebirth and regeneration.

Nefertiti (wife of the Egyptian pharaoh Akhanaten who saw the sun as the primary divine energy) offers this for the meditation.



She asks you to visualize a golden ankh with the orb of the sun centered in its loop. Do this meditation as often as possible, while mentally repeating

With this anhk  
I seal the pact  
Life out of life  
Nuclear evolution  
Aligning our source of light  
With the heart of Universal intention

This is the primary meditation for the shift.

### Dakini Transmission

I am radiance  
I bring life to everything  
Light that you can see  
And warmth that you can feel.  
I am a cosmic solar signature  
Center of systems.  
I will never die  
So you can always turn to me

### Affirmations

I am open  
To receive the light  
Of consciousness  
Directly from the sun  
I am full of light  
I radiate



6

## QUEEN OF THE NIGHT

AWA

**She comes from the air and is winged. Her mysteries are carried in the waters of the blood and the subconscious levels of the air of consciousness.**

### Who is Queen of the Night?

In the cycle of Yoginis in the 64 Yogini Temples in India, on which this system is based and inspired, there are a number of flesh-eating and ghoulish Dakinis.

This relates to the fact that the Yoginis were often worshipped in order to receive certain 'siddhis' (powers). Therefore the aspirant who could overcome his fears and approach these dangerous Dakinis with things that pleased them would get the boon of the desired power.

Our system is not so much about powers as such, but about essence principals. The dark and the light co-exist. They are part of/complimentary to each other, and are life promoting.

Queen of the Night is she who moves within the realms of darkness and the creatures of the night are her allies. She is the archetype associated with the Vampire, Gothic Queen. Bats fly with her. In a number of ancient cultures, bats were revered as being the spirits of the ancestors.

### Location/Sphere of Influence

The night/darkness/dark places.

### Allies

Bats, all nocturnal creatures.

### Nature & Description of Dakini

This Princess of Shades is bat-winged, has little fangs and travels with the creatures of the night. She has a fearful reputation as Vampirella, but she is just mistress of darkness as there is the mistress of light.

Creatures of the night come out at night. She is the nocturnal huntress, seeking the red magic of the blood. In her retinue are all those furry little creatures we get so scared of. There are also wraiths and spirits. Her realm appears in the dark phase of the moon.

She appears as the archetype of the vampire, the Goth seductress, but she is a Dakini, so her mission is to enlighten and release, not bind as would a demon. She brings the inner light into the depth of the night. See her look of determination.

She is the Dark Goth Queen. She is at one moment ancient, the next futuristic galactic. Her skin is pale, her lips red, with a drop of blood dripping from them, a tear of blood upon her cheek. She wears a crown of black feathers and the skull of a vulture. Bats accompany her and help form her apparel. She is fiercely, frighteningly gorgeous.

Above and beyond her is a portal of her dark castle, Her entourage of wraiths encircles her like a smoky halo. At the base a collection of her 'familiar's' - all those creatures of the night, from black cats to gargoyles - seek refuge in her retinue.

### Divinatory Meaning

Queen of the Night is here to help you embrace your dark side.

If you bring a project or relationship to her feet, Queen of the Night says it is calling out for the darkness. Something that is hidden needs to be revealed. Something you have not seen or noticed before is hiding behind appearances. But this is not something to be feared or to revile, this is something to incorporate and integrate, and may constitute the most powerful substratum of what is before you, if you do not ignore it.

Ignored, unrecognized and unappreciated, this energy may turn on you and create upheaval in your plans at the most unexpected of times and in the most dramatic and unnerving fashion. Embrace her and all she represents. She is a significant part of you, which is why she has revealed herself to you.

Queen of the Night is here before you in all her glory, and she invites you to step into her darkness.

Some may fear Queen of the Night, but she is not evil. She is the harbinger not only of our deepest fears, but of our deepest desires. We are seduced into her realm as our hair stands on end...

Will you be prey to this dark queen, or will she reveal to you the secrets of the night?

She feeds on psychic and emotional energy.

Do you feel somehow 'vampirized' in life? As if your very life blood is being sucked from you and you are helpless to do anything about it?

Or perhaps you prey on others? Some kind of psychic vampirism that you may or may not be aware of?

Queen of the Night is here to bring attention to these things and magnify them for you, just in case you hadn't noticed them... Otherwise they tend to lurk under your bed at night, and in the deepest recesses of your subconscious.

She is here to out-vamp the vampires and tame the demon hoards - those more misguided souls! She'll put them to work to do something useful...

We all hold all the energies of creation within us. Only by coming to terms with the shadow, the dark invisible side of things, can we emerge into the light, or integrated consciousness. In this case, Queen of the Night says its about merging into the dark, and with your eyes wide open.

Whatever we suppress or fear has a hold over us.

What do you fear? Queen of the Night is here to help you come to terms with the darkness. She is here to help release you from your deepest fears and your darkest secret desires.

Overcoming fear of what is hidden, forbidden.

She knows the secrets in your soul for she acts on psychic radar. She dwells in the secret cave of blackness.

Her voice is shrill and pierces you like a blade. Opening up places in your subconscious that have been hidden and buried.

Queen of the Night challenges you, but if you can integrate your fear, she can protect you in the darkness.

She carries the spirits of the dead with her, wraiths follow in her wake. She collects lost souls. If you please her, she can help you, or ones you love, cross over.

Do you have an interest in the occult? If so, time to examine your motives deeply.

Look to what you can give in this area, rather than what you can take.

The main thing that separates the 'Black Arts' from 'White Magic' is in the intention. The darker forms are practiced for selfish reasons, the light for the good of all.

This has nothing to do with the natural cycles of day and night, light and dark. Dark is by no means 'bad'. It is the fear of the unknown that makes it so in the minds of humans.

What is the fascination with the darkness – that terrifying attraction?

Queen of the Night can absorb all your darkness. Do not be afraid to lay it at her feet.

She is the supreme exorcist, for she can take all nature of spirits under her dark wings.

### Indications

The dead of night is a powerful time for you right now.

Something will come to you in the darkness.

If you experience any kind of 'spooky' or menacing entity, say you only want to see Queen of the Night and that you are under her protection. Let her be the intermediary with all this realm which is her Queendom.

### Practices

1. In a dark place meditate on the Dark Queen within. Evoke her qualities and all you are attracted to and all that makes your blood run cold. She asks you to use her to enter realms of your darkest fantasies. Call forth the things that secretly excite you, in the depths of the night, behind closed doors. Hidden dark delights that never reach the light of day... Share them with Queen of the Night. She will mold herself to your fantasy and become one with it, as the darkness absorbs all light. Become one with her, she will never tell a soul...
2. Make an offering to Queen of the Night in the form of an offering to someone who has crossed over to the other side, or is in the process of crossing over. Knowing that you have Queen of the Night to empower this intention, send a blessing of love and forgiveness to someone on the other side. People feel so helpless when someone is 'lost to them' in death or dying. They feel there is nothing they can do to help. But there really is something. One's focused prayers, love and intentions can form a mantle for the soul, particularly as it is in the process of crossing over. The time given for that process varies in different cultures and belief systems, but by all accounts, it takes a period of adjustment for the spirit that has just left a body. We can bolster the journey of the spirit with the fuel of acknowledged accomplishments and the love engendered by this being's life. Perhaps they just need to be forgiven... Queen of the Night asks you to do this for someone you know, have known.
3. Send a blessing to all souls lost in the darkness. May they be liberated from fear and free from entanglement.

### Dakini Transmission

I hold the darkness in your soul  
The call  
Of the blood  
The shriek of the harpy  
The lament of the vampire  
In my black net  
I carry all  
Across the void  
For I am night  
In the absence of light  
The all knowing...

### Affirmations

I claim all parts of myself  
The dark and the light  
I am an integrated being  
I do not fear the night



7

**FRACTALI**

**AEE**

**She is born from the air of consciousness and duplicates herself within the largest to the smallest form.**

### Who is Fractali?

Fractali is a Dakini composed of transforming fractals. Fractals move out from her whenever and wherever she moves through her fractal universe. Her mission is to show us the fractal nature of all reality. Beneath the surface of appearances lies the magical united kingdom/queendom of fractal design. She is one of the 'new' Dakinis, revealing ancient secrets in our modern world. A fractal is a non-regular geometric shape, surface or pattern that can be reduced into fragments, each of which has a similar shape or pattern to that of the whole. This is a property known as self similarity. It has the potential to expand into the infinitely big or reduce into the infinitely small. Its patterns are too complex or irregular to be described by conventional Euclidian geometric language.

Fractali touches the earth where art, nature and science meet.

### Location/Sphere of Influence

The world of fractals/an angle of reality/ microcosm to microcosm/in the infinitely large and infinitesimally small/in the microscope and telescope.

### Allies

Fractals

### Nature & Description of Dakini

Her realm and her being are composed of fractals. They occur inside and outside what we generally perceive as 'boundaries' – boundaries between what is solid and what is space, boundaries between self and other, between Fractali and her universe.

It is Fractali who rules over the manifestation of crop circles, and we see them appear in her realm, where her foot falls, or imprinted in the hairs on her skin (her crops).

Fractali moves through all dimensions, the above and the below, and a crop circle is just a 2-dimensional impression of the being of Fractali, who 'kisses' the earth as she passes through with her 3 (in fact 4) dimensional being, which stretches into space and down to the center of being.

Fractali likes to play in the spiral of the golden section – a vital proportion/ratio used in composition of sound and image - which follows nature's unfolding symmetry.

She is queen of biomimicry.

The micro-macrocosmic nature of fractals.

In the center Fractali presents the Golden Key, the means to unlock the secrets of how the Universe works through recognizing its fractal nature. It is crowned by Fractali's version of 'Vitruvian Man'- the drawing by Leonardo Da Vinci which exhibits the 'Divine Proportion' occurring in the physiology of the human being. In her version, she holds her fractal hoop at her hips, ready to start spinning and swirl fractals everywhere.

### Divinatory Meaning

Fractali offers you the Golden Key. The key that opens the portal that connects macrocosm to microcosm. She shows us that we are all part of a family, a family of forms, an infinite continuity.

Nature is designed in mathematical equations that underly the fabric of existence.

The realm of fractals is built on algorithms that simulate the way natural forms occur. These rules of growth reveal order hidden in chaos.

Fractal patterns exhibit self-similarity, which are patterns in which the smaller part reflects the pattern of the whole. When you look at something from far away, you see a pattern. When you look close up, you see the same pattern.

Understanding the nature of fractals is a key that unlocks the mystery of being – the Golden Key, which works with the golden mean, the Phi ratio. The Fibonacci sequence defines the ratio by which a spiral expands its size while keeping its shape.

The proportions of the human body conform to this ratio.

Fractali promotes self-reflective self-organization.

The patterns of your life reflect the patterns of the world.

Each individual has the power to change the 'big picture' by changing their own lives.

You have the power to re-pattern, and reprogram reality. Use nature as your guide.

An opportunity for humans to create designs and structures that resonate with growth patterns in nature. This is the nature of the world of fractals and why they appear as beautiful to us.

Anything that reflects the way we are constructed is appealing to us and helps us feel connected and part of the grand design.

Choose this approach in your current project. Become a master or mistress of biomimetics, applying the principles of nature's systems to what you design and engineer, in your style of life as well as in the workplace.

It is comforting to know that the very heart of our cellular patterning looks like the arrangement of the stars...

Fractali brings the wisdom of the old adage, 'Take care of the little things and the bigger things will take care of themselves'. Attention to detail is indicated. Also, paradoxically or coincidentally, keeping sight of the big picture will allow you to focus on the minutia.

Fractali reveals that our skins are just thin membranes and that inside and outside are not really that separate. Every thing affects everything. Each of our actions, all we do, has an effect in the Universe.

Understand that patterns you create in your life, however small, have far-reaching consequences. There is no such thing as an isolated event or an unconnected thought or stream of consciousness.

Fractali encourages you to take note of your patterns. Take small recurrent events and blow them up to a grand scale in your mind. Do you like how they look when they get amplified? If not,

time to do something about these patterns and shift them into something you like the look of when they are big.

Patterns will repeat themselves unless reconfigured with awareness.

When the patterns of an individual's life harmonize with the natural world it is called walking in beauty.

Discover how to walk in beauty.

Take actions that will balance previous actions.

Fractali presents another view of symmetry. Symmetry that is not immediately obvious but reveals itself over time.

Put energy in without looking for immediate results but with the firm belief that there is no waste in the Universe.

### Indications

Look for the underlying patterns in situations, relationships and events

### Practices

1. Meditate on Fractali. Visualize her being composed entirely of transforming fractals. See how her skin is but a thin interface between the fractals within her and those that comprise the world around. Now become Fractali, see yourself as full of spinning fractal universes. Touch your skin and see fractals emanating from the point of contact.
2. Make a shift in your life that is inspired by Fractali - consciously bringing something into balance that is out of balance, walking more 'in beauty', adjusting negative patterns, perceiving underlying patterns or auras that are more than meets the eye.
3. Imagine a world where human design systems are built on the same principles employed by nature and her systems. Just imagine it, says Fractali...

### Dakini Transmission

I am she  
Who holds  
The golden key  
Universes  
Revolve in me  
In fractal complex  
Simplicity  
Its all one  
You see  
Speaking micro/macrocosmically

### Affirmations

I am part of everything

And everything is part of me  
I see the grand design  
And I do not doubt my place in it  
I care for everything  
the large and the small



**She comes from the air, the subtlest vibration, into the earthy elements, then disappears into thin air again.**

### Who is Faery Queen?

She presides over the elemental Kingdom and all the magical beings of that realm. She represents the inner light of the natural world, the Western version of the spirit in all things. She is connected with Celtic tradition.

She is the representative of the world of Faery.

### Location/Sphere of Influence

Western world/in all untrammled nature, particularly wooded areas.

### Allies

All elementals

### Nature & Description of Dakini

She is the Queen of all the elementals, the spiritual or magical energy forms that exist within the natural world. She has wings and a magical wand – a sprouting living branch that emanates light, tipped with a special light crystal. She has shimmering translucent iridescent wings, pointed ears, radiates white sparkly light and trails fairy dust.

She is adorned in rainbows, showing that she can only be seen through the refraction of the light, hidden as she and her realm are usually between the light rays, behind the veil of appearance, so subtle is her energybody. She reveals her Faery Queendom, which co-exists with your own, hidden yet vibrant. Hers is the natural sensuality of nature, both innocent and wise. She wears a filigree mask as she is on her way to faery ball and because her presence is often hidden to human eyes.

She is surrounded by little fairy versions of herself, all manifestations of her being. On the pathway through the woods, an ancient fairy highway, we see a magical miniature fairy carriage. Her realms are woodlands and grassy knolls, fairy rings and where wild flowers grow. She is one with the inner essence, the sensitive life energy that runs through all living things and is imminence itself.

She is mischievous, gracious, elegant, ethereal and sensual. She loves to play in the joy of being. She feels all the vibrations of the creatures and plants in her own being.

At the four corners, Celtic knots seal and protect her magic Queendom and pay tribute to the ancient connections between the world of Faery and Celtic mysticism.

### Divinatory Meaning

The Faery Queen has graced you with her presence to let you know that you need to let more magic into your life.

Time to lighten up and see the playful, whimsical nature of things.

Play with your emotions. Watch them as they arise and suspend the need for reaction so you can watch them all play through you with equal bemusement, like a movie. Sadness and happiness, being angry or being pleased, frustration or completion, all these will appear as flickering light on the screen of your being and you, like Faery Queen, view it all with a knowing smile. For she knows, beyond the play of emotions runs the verdant stream of magic...

Faery Queen doesn't take anything too seriously. How could she? She asks, for if she did, such thoughts would be heavy and weigh her down. She is light as a feather after all, so how would she be able to fly?

She prefers the thoughts that have wings, they are light and travel on the softest breeze and catch the imagination with their suggestions of what could be. Such thoughts are very spontaneous and free and very freeing.

She is the purveyor of such suggestive thoughts and fantasies.

She is the portal to communing with the elementals of the elements. She reveals her Faery Queendom, which co-exists with our own, hidden yet vibrant.

Everything around you, all of nature, is filled with elemental energies, invisible beings who co-exist with our visible, known reality. This sensitive realm is filled with delicate, subtle energies. The Faery Queen reveals her realm for those who have eyes to see. You must have those eyes, whether you think you believe in fairies or not, or she would not have shown herself to you, now would she?

Faery Queen represents a gift of magic for you. All you have to do is suspend your disbelief.

Are you sceptical by nature? Time to lighten up and start to play with more expansive ways of seeing, not limited by the box of logical thinking.

Imagine being a child again and looking at the world through those eyes of wonder, where magic can be real. Combine the wisdom of your experience with the innocence and freshness of the view of a child.

Children often can see fairies until they 'grow up' and learn that they are not 'real'.

The world of faery is an expression of the living spirits that inhabit the natural world, the realm that co-exists with the visible, tangible reality plane.

'Sensitives' can often sense these presences, so sensitivity is highlighted here.

Be sensitive to the presence of the Faery Queendom imminent in all of nature.

Develop sensitivity to the subtler aspects of life. You need to become quieter inside to do this. Its like a beautiful delicate song whispered on the breeze that you can't hear if you are making a lot of noise yourself, either audibly or inside your head with mental chatter.

Cultivate that quietness as well as a sense of expectancy, openness and alert awareness.

Develop curiosity as a tool to consciousness expansion. Fairies are very curious by nature, and quite mischievous.

Be open to the energies of all the various elementals. They come in all shapes and sizes.

They have been ignored and spurned, their contributions to the web of life unrecognized.

Faery Queen says could you please tell them they are welcome in your world?

They are very helpful, even if a bit naughty.

You could do with some elemental energies in your life.

Be in nature.

## Indications

Recognise the myriad little miracles that continually grace your life.  
Listen for faery laughter

## Practices

1. Entertain the thought that everything in nature is inhabited by magical energies, its own inner light, even if invisible to the naked eye. Treat everything as if it was so, even if you don't believe it with your mind, try it as an experiment, and to honor Faery Queen.
2. Receive the gift of fairy dust from Faery Queen, a little bit of magic from her wand. See her touching you with it and bathing you in sparkling, shimmering light. Make a wish.
3. Make a wish for the world of faery. They need all the good wishes you can send their way. Please make a really fun wish for all the fairies....

## Dakini Transmission

I am the Queen of faery fair  
I live in earth, I live in air  
I exist in every living thing  
And I myself a living spring  
Of magic

## Affirmations

I believe in magic  
Magic flows through me and supports me  
I can bring magic to any situation  
I am my own fairy godmother  
My wishes come true.



**Travelling through the air and created by consciousness, Media brings visions to earth and uses the fire of electricity to do so.**

### Who is Media?

Media is one of the contemporary goddesses in our pantheon. Media is very powerful. She is the energy that moves in our world wide web of communication. She is the web mistress, the one who connects with the Ethernet, the network of invisible connections that links all beings and all dimensions. Her whole being is made of connectivity.

In a parallel reality, the Goddess sits in the creative hub of the reality matrix. She can project her consciousness into any form, her vibration into any sound.

As Bionica embodies the hardware (and software) of technology, so Media is the creative energy of communication that moves within these systems.

### Location/Sphere of Influence

The world wide web/communication and broadcast systems/terrestrial and satellite. All media.

### Allies

The systems and devices connected with the creation and dissemination of media.

### Nature & Description of Dakini

Media stands in the center of her self-created world. She is a creative hub, emanating and projecting images and communications from her being onto the screens around her, where she appears self-styled in various ways.

She stands above the earth for her sphere of influence is in the airways, the invisible web that links in to all the devices that can receive this information, this media.

She has multiple arms, representing her different functions. She holds a black and a white orb, showing that she balances the realms of light and dark. In one of her other hands she displays the symbol known as 'nuclear evolution' on a small screen. This interwoven golden section spiral is a glyph of the feedback pattern that emerges when one screen shoots into another and forms a feedback loop. The basic 'stuff' that is at the basis of all this media reveals itself as a self-arranging energy system of light and dark wavelengths.

She holds a crystal wand wrapped in copper, a radionic device that works with the electromagnetic field and attunes her to the frequencies of the moment. She holds aloft a clapper board, ready for 'Camera, lights, action!' Her crown/headdress is composed on CDs and crystals. She holds a universal remote. As Vishnu, Hindu God of Preservation, holds up a discus, so Media's finger is ringed by a CD.

She is silver as she relates to Mercury, messenger of the gods, who represents communication. This web of connection that we think of as the work of human minds and hands, is in fact governed by principles that use the systems. The medium is the message. Media is the Dakini

assigned to not only the inspiration behind this kind of communication, but the means of communication itself.

Her web of connection beams down to earth, but we also see connections up from her to the firmaments above - the true Ethernet.

She is situated in a parallel dimension, above the surface of the planet, in the upper hemisphere. From her hub, the web of transmission spreads out around the globe.

She is a self-created Avatar.

### Divinatory Meaning

Media has a message for you!

Media is a powerful force in our modern world.

She can cross boundaries of country, race and social status.

She can make herself available to one and all.

She can help make you and what your vibration represents available to anyone and everyone.

Media is always 'on'.

Turn yourself on and tune in.

Something needs to be communicated.

Media suggests you use her to communicate your message.

A blessing from the Dakini Media for your project. She will help you and you can call on her help.

Know that you can manifest whatever you really want. Create yourself as you would like to see yourself. Fake it 'til you make it. You can recreate yourself with consciousness.

See your life walk as a video you are making. You can be a star.

Step up into your potential. You need to shine.

This is a situation in which it would be useful for you to take a detached position, as if watching the show of what is going on, rather than being just caught up in the midst of it.

Look at things from different angles, various perspectives. Zoom in, zoom out.

Bring your visions into focus, into form.

Use the tools offered by today's world in media and technology.

Media represents the positive use of social networking.

Know that everything is part of the realm of the Goddess, and that her energy inhabits all things, including what we consider 'man made'. It is made from the elements of nature so cannot stand outside the sphere of being.

Media wants to share herself.

Her arrival indicates a similar desire that you hold within you. A longing to reach out and touch, communicate, have your voice heard, have your image be seen.

Media practices 'radiance marketing' in which you don't try to sell anything, you just radiate who you are and people will ask how they can be like that and you show them...

Bear this in mind in your current situation or project.

Media likes truth in marketing. Be it so you can embody it.

Direct experience is preferable to second-hand knowledge. If you are presenting something, do it from an experiential point of view.

Use this approach in relationship issues. Do not try to reason things out with logic or intellect.

Present things with as much color, texture and nuance as possible to engage your audience in the feeling of it all and through your lens that has refined the experience for transmission.

Media is concerned that her real power has not yet been able to fully manifest. People have been so caught up in the trivia of the material plane that they have been using her by and large to reflect and exploit that reality basis and neglected to look more deeply into her true nature. As she has this opportunity, through the portal opened in this Dakini cycle, she would like to use this to convey something of her innate potential. This is, after all, all about potential, isn't it? Media can open doorways to other worlds and other states of being. Through collaborating with aware humans, she can co-create with them windows into spiritual and magical dimensions. Through the skillful weaving of portions of time, she can take us into a timeless state, one where time is slowed or accelerated. So she can help pierce the illusion of time-based reality. She can assist in accelerating human evolution. There is a hidden spiritual potential in media. It is said that the soul comes into incarnation in order to experience and have a variety of experience. If we consider the possibility of reincarnation, we could also surmise that the spirit, in order to complete its path of incarnation, requires a multiplicity of life experiences. If Media does her job well, those media experiences that move us deeply, where we identify with/empathize with the protagonist or protagonists, could offer the opportunity for accelerated evolution. Use media for its own sake, the beauty of what it is, its ability to convey truth and beauty, dreams and creative illusions, mindskies and multiverses, not just as a tool to sell something.

### Indications

Look for a message in the media. Media will give you confirmation of her being if you are alert to her signs.

### Practices

1. Your life is a movie you are making. For a period of time, you choose, hold that thought and act in your own drama. Make it as an offering to the Goddess Media. If you think of her watching the show, make it as good as you can. This is the video of your life, step fully into that director role, you already have the lead.
2. Self-reflection/observation through the use of media.

Media asks you to make two videos of yourself for her (if you don't have access to a video camera, take photos).

The first is of you as you generally present yourself to the world. You can just introduce yourself to Media and say something to her.

In the second video of your mini-media presentation, Media wants you to transform yourself and present a fantasy image of yourself. Use make up, wigs, costume, whatever works. Present your transformed self to Media, tell her something about this new you that you have created for her.

Review the tapes/photos until you have some insight or revelation about how you see yourself.

3. Use the media, whatever channels and networking you have access to, to communicate something of real value. Meditate on that and decide what it is and the best way to present and promote it.  
Media says, if you like her, you can promote her and the Dakinis.  
She doesn't want to sound self promoting, but so many people use her, wouldn't it be nice to send it back to the source for once? She would appreciate it...
4. Media would like you to play a little game of channel surfing/free association, Media style, with her. All you need is a TV, or a radio. Click through the channels while you mentally request Media for a special message. Take note of the words and phrases you receive as you surf.

### Dakini Transmission

I am Media  
I have the power  
To enrich experience  
And weave between worlds  
I am the purveyor  
And the purveyed  
The medium  
And the massage  
I massage thoughts into beams of light  
And waves of sound  
And send them  
Pulsing with beingness  
Through my Ethernet  
To touch a myriad  
Hearts and minds  
To affect a sea of souls

### Affirmations

I have the power  
To communicate  
Media is my friend  
I create my own reality  
My own image  
Of myself  
Media is my medium  
My mediator





**She is a winged airborne being who abides in the dark places of the earth. Her wisdom is from the deep subconscious waters of the lunar landscape.**

### Who is Owl Dakini?

She is nocturnal, a creature of the night. She guards the mysteries. She carries messages between the worlds. She is associated with wisdom, intuition and secret ways of knowing. In some cultures she is seen as the harbinger of death, but really it is just that she has an ability to move between the worlds of the living and the dead. She is guardian of the afterlife, keeper of spirits and seer of souls.

She is known as a witch's familiar.

She has been both feared and revered, seen as taboo and consulted for her 'seeing'.

The owl is associated with the Greek Goddess Athena (Wisdom), but in our pantheon she herself, the owl being, holds the wisdom as a winged Dakini.

In American Indian culture, owl is known for its insight, foresight, intelligence and as keeper of secrets and prophecies.

### Location/Sphere of Influence

Dark remote places, woodlands, moonlight.

### Allies

Owls.

### Nature & Description of Dakini

The Owl Dakini comes out at night. She guards and incubates a luminous egg, representing secret knowledge.

She transforms into owl and has a white moon-like face and flies on her silent owl wings. She is connected to the moon. Her secret name is Luna.

The cycles of the moon form her diadem.

Like the moon she sleeps by day and rises at night.

Hers is the mysterious realm of dark woods and forests, lakes and bodies of water, especially still waters reflecting the moon. She nests in the roots and hollows of dead trees.

She is a treasure keeper. Here in desolate, wild places she gazes upon the luminous egg in silent contemplation. She gazes with the moon.

She looks into her crystal ball, she has the gift of 'seeing'.

Owl Dakini multiplies herself to guard this hallowed ground, standing sentinel upon skeletal cactus trees. One perch is empty - she is to be found stretching her wings on the roots below.

Thirteen forms of herself represent the 13 moons of the lunar calendar.

### Divinatory Meaning

A gift of wisdom from the Owl Dakini.

Something you have been nurturing in secret, in darkness, for a long time.  
Is it its time to hatch?  
Perhaps it is time to begin the period of incubation.  
Self-cultivation can be likened to the incubation of an egg. It can be a long time before the egg is ready to hatch.  
This is a special time for you. You should not be hurried or distracted from your inner quest and time of incubation.  
Others may think you are hibernating, vegetating, but this is far from the truth. Do not be concerned with their views, this is your own private work.  
Owl Dakini is here to guard and stand by you at this special time. She is your secret ally in the moonlight and in the darkness of the woods, which you can't see because of the trees...  
Let the owl in you fly over and get the lay of the land, the overview. Let your night vision and your 6<sup>th</sup> sense guide you.  
Move silently as the owl.  
She has acute sense perception of sight and sound.  
Occult vision.  
Gift of prophecy.  
Visitation.  
Concentration.  
Holding vigil.  
Being vigilant.  
Secrets.  
Deep wisdom. Silent reflection.  
Silence of the night.  
A need to withdraw from the world.  
Wish to have a period as a hermit in order to do inner work.  
Energy of the kind needed is only available to you at night.  
Messages in dreams.  
Gifts that only manifest in the silence.  
The Owl Dakini is inner truth.  
The owl traditionally represents wisdom, the Owl Dakini cultivates inner truth and manifests it as integrity.  
She sees deep into the heart of things. She knows that what she focuses upon will come to be.  
A connection with your deep intuitive wisdom is brought to you by the Owl Dakini. Secret silent lunar wisdom.  
Consciously orientate yourself to the cycles of the moon – unconsciously it is already so.  
Luna is your guide.  
If you know a secret about someone...  
What is in the egg? British folklore used raw owl egg as a treatment for alcoholism.  
Is there any use of alcohol, in yourself or in your environment, that Owl Dakini's egg can help cure? Could this be part of the secret you hold in the darkness?  
A message from the other side. Messenger between the worlds.  
Harbinger of death or messenger between the dead and the living.  
If someone you know has passed, Owl Dakini is here to help you hold silent vigil.  
As guardian of the afterlife, she can assist in this delicate transition, both for the soul who travels on the 'other side' and for those they leave behind.

If it is a time of loss and grieving, Owl Dakini is here to help you take heart, to dwell with you in those deep and unlit places, nurturing the feelings which run so deep, until they are resolved into a luminous egg, the essence of radiance that remains as the sense of loss resolves into the eternal core of soul connection and the everlasting light of spirit.

And for those who are gone to the other side, Owl Dakini says she can help. Just give her the name and she will take your love in her wings and wrap her wings around your beloved one so that she and the love you send will carry them safely across.

There could be another kind of loss you are experiencing at this time, the death of a dream, a disillusionment with worldly values.

Owl Dakini is here to be with you in this time of contemplation and introspection. It is a meaningful and necessary part of your journey.

If the conditions outlined above do not seem to apply, Owl Dakini says you are to choose something about yourself/your life which would merit deep reflection and introspection and meditate upon it in the dark hours.

### Indications

Be open to messages from the ‘other side’.

There are secrets waiting to reveal themselves to you in the darkness.

Someone who has passed may wish to communicate something to you, or you may wish to communicate something to someone in the spirit realm.

You can do it. The power of your inner intention can manifest in the world of spirit and can have positive effect. The more it comes from the depths of your being, the more effective it can be...

### Practices

1. Sit in a completely dark space where it is quiet. If you cannot find a place that is silent, use earplugs or headphones. You can also sit in the moonlight.  
Call in Owl Dakini. Meditate with her on whatever you wish to incubate within. She will be with you in the silence of inner space.
2. Send a message of resolution and completion to someone on the other side.  
Meditate upon them. Bring their presence into your mind/heart womb and send them the wisdom of your soul for the benefit of theirs. However deep the issues are, let them feel enfolded in silent wings of complete forgiveness, acceptance and love.

### Dakini Transmission

In the dark places

I stand sentinel

Holding silent space

For you to go inside

My world

To go within your heart of wisdom

To see deeply

## Affirmations

I can sense things

Others cannot see

I can see

In the darkness

My powers of perception

Are keen

I can connect with and cultivate

My own inner wisdom



**She spins her web in the air, she has fiery predatory aspects to her persona and she anchors her web of subtle vibrations to the earth.**

### Who is Spider Woman?

She is the Mistress of the web, the web of life.

She is in charge of that domain that exists above the earth plane, but is connected to it.

The area of subtle vibration.

Spider Woman's web is a rainbow web. She appears in the mythology of several Native American tribes. She is associated with the emergence of life on earth. In American Indian cosmology, Spider Woman was a creator goddess who spun her web over the world and created the root races. In the Hopi creation cosmology, Tawa (the Sun god) and Spider woman created all the animals and beings of the world from their thoughts. To him belonged all the mysteries and powers of the Above, and Spider Woman controlled all the magic of the Below. Earth was created to be between the Above and the Below.

In the Southwestern Native American tradition, Spider Woman spun a line to north, south, east and west, so establishing the four directions. She used the clay of the earth - red, yellow, white and black - to create people. She sang them the song of life. She attached a thread from herself to each being and this was the gift of creative wisdom. She teaches survival skills, weaving and how to weave your web of life. She is also Creation Thinker Woman, as she thinks, so we are. She is often feared and reviled. Spiders, like snakes, fall in this category.

She has a predatory aspect and therefore is one of the 'challenge' Dakinis, but her true nature, the wisdom she carries, is that of sensitivity, Sensitivity to vibrations and the sensations we experience which are invisible but real.

### Location/Sphere of Influence

Cosmic web that connects all beings on earth. Spider webs.

### Allies

All spiders.

### Nature & Description of Dakini

Spider Woman squats in the center of her web of creation. She is like an extra terrestrial, although she is of the earth and is an earth guardian. She sits in the dark purple light of the dawn of being.

Her web of finest gossamer is super strong. She is industrious and patient, voracious and super sensitive, predatory and magnetic.

She has eight arms or legs and she is aware of every vibration. The many tiny hairs all over her body are like miniature antennae that pick up every little subtle nuance. She has eyes around her head; she can see in many directions. She has an awesome and unusual beauty.

She is seen laying her web over the earth at the time of creation. We see that the web she spins upon the earth is a reflection of the cosmic web above her. The cosmic web connects all stars,

firmaments and galaxies within it. The universal spider, ancient of days, can be seen in the center at the top of the image, the one who spins stardust. Spider Woman is one of the many daughters of the Original One. The daughters have the job of spinning the fabric of new worlds. All spiders are connected by subtle, invisible threads of consciousness, as are all heavenly bodies and all beings.

The web matrix is constantly morphing. Spider woman is shown as birthed from the cosmic web and birthing life. Spiders follow as her retinue. We see them laying eggs and the spider in the foreground to the left has all its babies on its back.

If she likes you and does not consider you either as food or threat, she will let you witness many marvelous designs as she weaves many cosmic signatures into her web and encodes the patterns of life.

Though a Dakini of the earth, she lives suspended in the air.

### Divinatory Meaning

Spider Woman tells us we are all connected. She gave each their wisdom thread that connects each being with her and with each other. Your thoughts and actions affect the Goddess and the whole web of life.

Extreme sensitivity is needed in the situation

Only a fool would rush in.

Caution is indicated.

The best way to proceed is with care and being sensitive to whatever signals you receive, indicating when to advance and when to retreat. Take more heed of your own inner voice of knowing. Do not ignore it and just move ahead or you may not get the response you are seeking. On the web of life, super awareness is required, a heightening of instinct. Your sixth sense is very aware of subtle vibration.

Check out 'the vibe' before proceeding.

You could put yourself in a potentially dangerous situation if you behave crassly, clumsily or without due consideration.

Spider Woman teaches you to maintain balance, to balance your polarities - male and female, spiritual and physical, past and future - for as you weave and sow now, so you will reap in the future.

Spider Woman brings a wake up call to become more aware of others and their needs. Try to feel what others feel, empathize.

Tread lightly in life. If you are hasty or clumsy, you may regret it. Strategize based on intuitive response. Dexterous behavior may be required. Look before you leap.

Watch your back.

Have eyes in the back of your head. (Spider Woman can help you here, she has eight).

Ask Spider Woman to check out any situation for you. Be open to receive her subtle impressions.

Uh-uh! Are you stuck somewhere in the web of your own creation? Thought patterns can trap and bind us as surely as the strongest ropes...

The subtle threads are thin as gossamer, but stronger than steel.

If you fall into her sticky web, she will petrify you with venom, wrap you in thread, and liquefy your body to consume. In symbolic terms, if you are not sensitive and aware enough, Spider Woman will catch you and activate a meltdown, getting rid of those sharp edges and those hard and fast ways of being.

If you do indeed get stuck, then she may mistake you for food if you get frantic. Stay calm in dire situations and you will be able, little by little to free yourself. If she cocoons you, you will have to go through liquification (melt down) and simulated death meditation. However, as she sucks your life essence, the point of view changes to her and you experience how much she loves you as she devours you (we love what we eat, don't we?) and you now have become her, you have been absorbed. You realize the design of nature that when one living thing devours another, they do it out of love, not hate...

We say how beautiful a fruit looks when we choose to eat it, much as the person we love and want to join with looks beautiful in our eyes...

Spider Woman is not known for her compassion (except in her mothering skills), but she is known for her awareness.

If you know how to tap out signals on her web in just the right way, the resonant frequencies of her matrix, Spider Woman will see you as beloved and come out to dance with you. She will bestow on you tools of sensitivity, stealth and cunning and great patience.

She teaches alertness. She is still but alert, silent but hyper aware. That's how she can feel the vibrations that come into her sphere of influence (her web) and take appropriate action depending on the vibrational field and pattern of the visitor. You have been invited here, remember that. Most fall into her web by accident.

The spider is also an amazing mother. Sensitivity to the web that connects you closely with your child, so that you can correctly interpret the signals of the offspring is a key factor in good parenting, whether of physical offspring or one's ideas and projects. Knowing what they need and when. Knowing when to be still and wait.

Spider Woman also transmits the power of industry. The ability to always be ready to spring into action and re-make what has been spoiled (the web). Know you have the knowing within and just need to allow the pattern to come through you, as if it is always written in the sky, you just need to manifest it.

Development of structures, patterns and designs. Seeing the underlying geometries and association of things. Development of logical thought and language.

Combine logic and intuition in your assessments.

Don't be fooled by appearances (the frightening look of the spider) and judge something because its different or alien from oneself (spiders definitely look pretty alien).

Look for the invisible connections (the sensitive gossamer web that connects all things). We must not tread harshly, frantically or aggressively if we wish to resonate with the web, not break it or attract unwanted attention. Not all attention is good. Sometimes we must tread softly and leave no mark.

### Indications

Are there a few old cobwebs you need to clear out from the corners of your life? Spider Woman says it's a good time to do it.

Look for her in your dreams. Spiders in dreams are said to be a sign of good luck, so do not be afraid of her.

### Practices

1. Meditate on Spider Woman and become one with her. This is a powerful meditation for Spider Woman, as Thinking Woman has the ability to bring things into being with her thoughts. We all have that ability, even if it is not recognized as such. Spider Woman offers you a special opportunity to focus on this ability and charges it with her energy. As you become Spider Woman and bring thoughts into form, remember all the conditions to which Spider Woman adheres to be eligible to receive this power and make it your own.
2. Choose a situation in which to bring Spider Woman into interactivity. For example, in a social situation, see yourself at the edge of your web, which encompasses the space and to which everyone else is connected. As Spider Woman, sit very still for a while and sense the subtle vibrations, the energy fields of the people, not just what is immediately visible and obvious. Even if you can't quite define what you sense, let the impressions guide you in your subsequent interactions.
3. As an offering to Spider Woman, don't kill spiders next time you see them or find them in your home!

\*NB You can catch them and put them outside, but usually they will get out of your way and hide if you give them warning.

Spiders are generally not aggressive to humans and will only bite when threatened. Most spiders are not dangerous, but if you don't know or if there is a spider you recognize as poisonous, catch the spider with a paper and jar to deport it, not your bare hands. Put those a long way from your house.

Spiders perform a very useful function in trapping insects. Spiders and their webs are actually a good thing to have around. Its only social convention that we remove them.

Think of them kindly and lovingly. They are wondrous creations of God/Goddess and Spider Woman says we and they are all her relations.

### Dakini Transmission

I spin the web of creation  
Hatching every nation  
For I am a compassionate mother  
An all consuming lover  
A threat only to those  
Who I decompose  
For I need to eat lunch today

### Affirmations

I am sensitive  
Sensitivity is strength  
I can access my sensitivity  
To guide me  
So that my choices

Become more authentic  
I can form reality  
From my consciousness



**A winged creature of the air, Metamorpha goes through a process of liquification to transform from her earthy beginnings.**

### Who is Metamorpha?

She is the butterfly Dakini. Her life cycle is a glyph for the metamorphosis we can all achieve given the opportunity of a human life. Starting as a humble caterpillar, crawling on her belly on the earth, she then creates her own cocoon and goes through a radical transformation. Within the chrysalis her whole being is literally liquefied before being reformed into a completely new being, a beautiful butterfly with wings to fly. This process is radical, even in the kingdom of insects.

In many cultures around the world, the butterfly has been seen as a symbol for the soul and for rebirth and renewal. In some African cultures, the butterfly is considered to carry the spirit of the ancestors.

### Location/Sphere of Influence

In the chrysalis/the chamber of transformation. The realm of butterflies and insects all over the planet.

### Allies

All butterflies, caterpillars. The insect world.

### Nature & Description of Dakini

A beautiful blue Morpho butterfly is here personified as Metamorpha. The Butterfly Dakini proudly displays her process, the stages of her evolution and transformation that have brought her to this moment of her unveiling, the revelation of her inner beauty.

At the base of her image, she is seen wiggling in her caterpillar body. Above the lava, Metamorpha appears in her full butterfly form. Upon her open wings are images of her life cycle, her time spent within the chrysalis.

She goes through the 'dark night of the soul' and all her organs liquefy as she reforms her new self. Metamorpha then awakens and pushes her way out, breaks free of her containment. When she emerges and pumps her blood, her life force, into her new wings, she enters the world of beauty, air and light which is the world of the butterfly.

The Dakini that emerges is fully endowed with shimmering wings and antennae, quivering with delight.

The lusciousness of her lips is further enhanced by butterfly wing lipstick.

### Divinatory Meaning

Treasure fleeting moments of beauty and joy as treasures of the soul. The life of the butterfly is short, but sweet.

Transient nature of all phenomena.

The ugly duckling becomes a swan.  
You are more beautiful than you know.  
What process do you need to go through to release your inner beauty, to unveil the 'real you'?  
Something or someone that does not appear very attractive has a secret nature which is far more magnificent.  
What needs to transpire to initiate the process of metamorphosis?  
Things may not look very promising, but if you look at the big picture, there can be beauty and majesty in the unfolding of destiny, if you are willing to go through whatever needs to melt down in the process.  
Do not be trapped in the self you have been, but see the self you could become.  
Be prepared to take whatever action on the self, or on the project/situation/relationship, that is necessary to reach that objective.  
Surrender to a necessary meltdown in the process of whatever you have going on.  
See this as an opportunity to take things to another level.  
Own your process. Appreciate each stage as part of the path and realize that for the seeker of liberation, the journey is as relevant as the destination.  
The process you are going through is important to reveal as it can act as a template for others.  
Treat it as a biological experiment.  
A necessary period of seclusion and privacy before you 'come out'.  
The chrysalis as a symbol for creating a safe space for yourself in which to work through whatever needs to be processed in order to allow the new form of things to emerge.  
Time for a complete overhaul and system upgrade.  
Introspection is recommended. A time for inner process. Yoga practices may be helpful at this time of self cultivation, from meditation to asanas (yoga positions).  
You may have to go through a period of darkness before you re-emerge into the light. This is however healthy and natural in these conditions, so just surrender to the process.  
Allow yourself to be lost before you are re-found.  
Work on anything in yourself or your project that is hard or brittle.  
Realize that everything about you has to get really soft and malleable before it can take on its true form.  
Let go of any rigidly held beliefs or theories. Create a lot of fluid space within yourself, within the situation, so that the elements can come together in a new way and re-coagulate.  
See change as a natural part of any life cycle, any biological process. Nothing remains the same.  
Be prepared for radical change.  
Metamorphosis brings support from the ancestors.  
Connect with your own inner loveliness. Share it.  
Be yourself. Accept and love yourself at every phase of your evolution.  
Don't be afraid to lose who you were to become all that you can be.  
Do not feel guilt, blame or shame for anything you have been. Own your lava stage as much as your butterfly moment. It is all part of your natural evolution and nothing is 'wrong', it's just where you were and now you are where you are, envisioning where you could be...  
Don't we all wish that we could fly? Metamorphosis's message is that to earn your wings, you must be prepared to turn all you have been, all you are, to fluid state...  
This is a journey of your soul.

### Indications

The adoption of forms of yoga could be helpful in your process of transformation. Look for the butterfly in all beings instead of the worm.

### Practices

1. What do you need to metamorphose in your life, in your being, in order to free your inner butterfly?  
Take one thing in your life and change it, a habit or a habitual, limiting thought pattern. Realize that it is a process. Be prepared to go through the process, even if it takes a while, in order to liberate something in yourself that needs to breathe, to fly.  
Even when you emerge from the chrysalis, you have to work pumping blood into your new wings.  
Your metamorphosis may not be quick or easy, but if you are prepared to embark on the journey, Metamorphosis is here to support you at every stage.
2. Metamorphosis also wants you to apply the Metamorphosis Principle to someone you know. In this case, make a practice of visualizing the inner beauty, the inner butterfly, in that person. Visualize the way they would be, how they would look, if their inner loveliness were able to emerge with nothing in the way. You see all the blocks and obstacles in their nature dissolving and this radiant being emerging. Hold that projection about them until you observe something in them in reality that embodies, reflects an aspect, however small, of that change you have seen potential in them and envisioned for them.  
If you do not see any signs after what you consider to be a suitable period, you can offer some encouragement.
3. Visualization of Metamorphosis. For your pleasure, Metamorphosis offers herself to you to flutter in your visions and decorate your mind sky. Just bring her beautiful butterfly form to mind and let her metamorphose before you. Let your spirit fly with her amidst fields of flowers...
4. Send acknowledgement to all the insect life of the planet. They are our co-inhabitants and vital to earth's eco-systems. Love them too. Even if sometimes they need to be controlled, they are not our adversaries. See the elegance of design in all creation.

### Dakini Transmission

I am myself  
In whatever form  
I may appear  
It is my nature to mutate  
To become another  
Wiping the slate clean  
Of all I was  
And liquefy

In my natural  
State of change  
My whole self  
I re-arrange  
And move from earth  
Into the sky  
I was a grub  
Now I can fly!

Affirmations

There is nothing  
I cannot change  
Change is natural  
I am prepared  
To let go of the old  
In order to birth  
The new



**Maha Maya creates the illusion of reality out of thin air, her game of illusion of smoke (fire) and mirrors (water).**

### Who is Maha Maya?

She is the Dakini who is the mistress of all illusion. In Hindu cosmology, she is Maha (Great) Illusion (Maya). She spins the wheel of life and all that we consider reality is part of her domain. In Indian religions, Maya is the principle deity who manifests, perpetuates and governs the play of illusion, the dream that is phenomenal reality. It is referred to as the play of illusion because it manifests on the plane of duality so, like a veil, it must be seen through in order to attain liberation from the wheel of cause and effect, the wheel of suffering.

Maha Maya both binds us in delusion and has the power to free us from it. She is the invisible, intangible force behind all form, the interplay of energy and substance, spinning the illusion that holds all illusions. She obscures and she enlightens.

The Tantric Buddhist Mahamaya-Tantra focuses on dream yoga.

In the 64 Yogini Temple at Hirapur, Maha Maya is the principal presiding Yogini.

### Nature & Description of Dakini

Maha Maya is here integrated with the Tibetan Wheel of Life. The Wheel of Life is traditionally held by Mara, the Demon King. Here Maha Maya grasps the wheel in her teeth, laughing at all we hold so dear, the illusion of reality, of life and death. She is the Ringmistress, conducting the great circus/carnival of life. She is the Grand Croupier, who gathers in all bets, who spins the wheel of fortune, who throws destiny on the table with a roll of her dice. She dances with death, as if it were a cardboard cut-out. Her hair is grey as she has been around for a very long time. She is the ancient of days.

Her roulette wheel has an extra 64 slots, representing the 64 codons of your DNA, an individual's circle of potential. The 64 times the cell divides after fertilization before it specializes to become a particular organ or body part.

There are many games within the game.

She appears in the dark sky, she who is a universe unto herself, birthing stars and galaxies as she rides her great time wheel chariot through space and time. She is the energy field encompassing our whole reality. In the scenes above, it is the face of Maha Maya that appears on the meditating Buddha, it is her face again on the monk/mendicant. Maya is everywhere, in every form.

### Divinatory Meaning

A gift of good fortune for you.

Maha Maya brings you good luck.

Life is but a game and men and women merely players...

What is destiny? What is luck? We can see that it is in Maha Maya's hands, not ours.

The connection between the roulette wheel being played down here and the bigger roulette wheel of the stars and planets and their influences. Invisible lines connecting the planets and the wheel of destiny are exerting subtle pulls and resistances, which controls the laws of 'chance' and 'fate'.

Are you a gambler? There are many fields in life in which we gamble, not just at the roulette wheel or card table.

Are you willing to take risks?

Are they wild or calculated risks?

In the end there are no insurance policies in life, its all a big gamble and the stakes are what you are prepared to put on the table.

In this game of life, what do you really want to win? What is ultimately worth betting on?

Maha Maya says that all you really ever have is yourself, the one that came in naked and goes out the same way.

By coming into your life, Maha Maya offers you the chance of putting yourself in her position for a moment, in the center of your own mandala, at the hub of the spinning wheel.

The aim of liberation is to get off the wheel of samsara, the wheel of death and rebirth, the wheel of suffering.

Do you take things at surface value?

Does the need for money and possessions guide your destiny?

Are you careless with what you have?

Are you intoxicated by novelty and/or thrill seeking?

Are you blown off center by the winds of change?

Is your happiness dependant on what happens to you?

Are you a victim of your circumstances?

Are you determined to win at any cost?

Maha Maya asks these questions, laughing as she spins...

She says, while you are here, its not so much what you 'win', but how you play the game. The rewards of what you have been prepared to bet and how you have played may not be visible as tangible gains in this life.

This is all part of Maha Maya's game of illusion, her play of smoke and mirrors. Those that look like the 'winners' may not be those who have reaped the inner riches...

If you have a gambling problem or addiction, Maha Maya is here to help you transform it. Her medicine comes in different ways. You may have to lose everything to win in the way she lets it all play out.

Bet all your karma.

Its not a straight line you know.

Who can judge whether you get what you deserve unless they can see the Big Picture – beyond this current time and space.

The house always wins in the end, so its pointless to believe that you can trick the Great Trickster.

Maha Maya knows all the cards you have up your sleeve.

Be on the level.

### Indications

Maha Maya offers a special dispensation. If she has appeared in your consultation, she says you can have another 'free throw', consult the oracle again.

Be watchful for omens and act on their intelligence.

### Practices

1. Meditation on Maha Maya's wheel:  
Visualize yourself as Maha Maya, holding the roulette wheel of your existence. From this position, bring to mind the great gambles of your life, the places which were points of shift in your destiny, where you rolled the dice with your life, and won or lost. See each of these moments as points where the ball came to rest in one of the slots. After each recollection, spin the wheel again until you are up to date with your life.  
Now spin again and spin the now, spin the future. Visualize numbers coming up that, when they do, light up and trigger the enlightenment of the whole wheel. Feel that you are one with Maha Maya in co-creating the miracle of your destiny and fortune.
2. Take some little risk, some kind of gamble, as an offering to Maha Maya.
3. Thank Maha Maya for providing this amazing opportunity called life through which you have an opportunity to experience duality and its union.
4. Send some good luck to someone or some situation. There's always enough to go round and good fortune has a ripple effect. Visualize it.

#### Dakini Transmission

I spin the wheel  
And I reveal  
That what you now  
Believe is real  
Is just a veil  
That does conceal  
The ace  
Up my disappearing sleeve

#### Affirmations

I have luck on my side  
I accept all turns of fortune  
As opportunities  
For growth  
I am not the victim of fate  
Because I accept my hand  
Unconditionally



**Isis breathes the breath of life, of consciousness, the air, and balances the twin poles of water and fire in the immortal blue flame of magical regeneration.**

### Who is Isis?

Isis is a key figure in the Egyptian mysteries. She is the supreme Goddess of magic. She has agreed to join our pantheon of Dakinis to transmit her frequencies of regeneration. She is the High Priestess. She has the ability to work with all four elements. She wears the horned crown, connecting her with Hathor, Egyptian Goddess of life. In her mythology, her husband Osiris is murdered and dismembered by his brother Set. Isis collects all the pieces of his body and reassembles them, but she is unable to find his phallus, and fashions one out of gold. She fans her wings and breathes the breath of Life into Osiris, who resurrects and unites with her. From their union Horus, the Hawk Headed God is born, representing the dawning of a new golden age.

### Location/Sphere of Influence

Egypt/pyramids/Egyptian temples.

### Allies

Hawk, sacred cow.

### Nature & Description of Dakini

Isis is winged and stands between twin pillars decorated with motifs of corn to represent her aspect as Goddess of fertility and her power to manifest on the earth plane. She stands between day and night. She is crowned with the horns of Hathor, which cradle the disc of the sun. The Goddess Nut is shown arched between the horns, suggesting that even the Goddess of the Cosmos is supported by Isis.

The star above her head represents the birthing of a new star, a new consciousness, the awakening of the third eye. She has petitioned the Galactic Council for permission for a new star to be born.

Isis is blue like the sky and her body has a petrified form, connecting with the process of mummification.

Before her is the Blue Flame of Immortality. From it rises the regenerative frequency, enclosing an ankh. The ankh represents the power of eternity, the power to bring life out of life. The image of Horus/Ra is shown within.

At the base of the image, a sarcophagus houses the mummy, a homage to the Egyptian formula that used the preserved body as the 'witness' so that connection could be continued with the 'other side'. Osiris arises resurrected to the left, and Golden Horus is seen to the right. The Blue Lotus is there as part of the Mystery rites.

Pyramid energy is also part of the Egyptian magical formula, so the Great Pyramids are shown, along with the Riddle of the Sphinx.

She who weeps. The tears of Isis. Keeper of the blue flame of immortality. She has two arms that transform into the wings of a hawk, which she uses to fan the breath of life and regenerate that which was lost. She is blue in color.

She bears 'the all-seeing eye'.

Hers is the realm of Egyptian mysteries and magic and that is the landscape of her realm. The monuments of Egypt depicted in their golden light body form, and showing the connection of the Temples to the star systems.

### Divinatory Meaning

Isis comes to you to bring you the power of regeneration. She is Regeneratrix, the one who can regenerate life through her great magic.

Something needs to be regenerated in your life, new life breathed into it.

If something in your life has fallen apart, what is the missing piece?

What do you need to do, to make, to enable it to come together in a new way?

Isis fashioned a male organ of generation. This holds a key to understanding what is required in the situation in which you find yourself.

Isis opens the portal to occult wisdom and magic. What you are required to do is bring the male principle into the equation, the focused intention, required to manifest anything.

In all creative processes, the male and female elements come together in the moment of inspiration. This is the 'Ah-ha!' moments when a vision/an idea comes into consciousness and we see a way of bringing it into being.

Isis suggests that there is a lost part of your masculinity that needs to be not retrieved, but refashioned.

Whichever gender you are, you have male and female components. A man has an inner woman and the woman an inner man. When we seek partners, it is as if we are looking to find our inner secret self – made manifest and to unite with them. This could explain the sense of oneness we experience when 'in love'...

This inner partner has been referred to as the anima (feminine aspect or muse of the man) and animus (woman's inner masculine archetype).

Gender stereotyping has inhibited our ability to embrace all aspects of ourselves and our full potential. Men have not found many places in society to express their feminine side and when a woman's inner male pops out he can be as intoxicated with power as any patriarch...

The times call for not only the re-emergence of the Divine Feminine, but also a reformation and regeneration of the masculine principle as well.

Isis asks you now to seek the source of your masculine power. This is your active principle, how you get things done.

In Egyptian art, many depictions of Gods and Pharaohs are 'Ithyphallic', shown with phallus erect, indicating the physical manifestation of spiritual energy and power, the impassioned male principle.

The feminine needs the masculine to bring focus.

Look into the nature of its energy.

Now fashion for yourself a new kind of male energy, one that supports the full blossoming of both sides of your magical being, masculine and feminine.

What kind of male presence is both strong and sensitive?

In terms of what you wish to ultimately own as being a true reflection of your real nature, is your inner male someone who would use any kind of coercion to 'get things done'?

Is he someone who needs to grasp and hold onto power?

We do not want to psychologically castrate our men (before Viagra impotence in men was prevalent), but we don't need 'more of the same'. Time for the new model. The standards to which men have been trained to conform have been straightjackets for the men themselves as much as they have imposed limitation on the freedom of women.

But that was then and this is now.

Keep those qualities that have lasting value, let go of what no longer serves you.

Time to recreate your inner male in the image of where you want to go rather than where you've been.

The tears of Isis fall and wash away all pain and stain, for they fall from the heart of compassion and have great healing powers. They are tears that fall from an All-seeing eye.

The male principle learns to cry. The phallus sheds tears of life.

Remember to temper every magical act with compassion, for that is Pure Magic.

The union of opposites, the joining of the male and female principles to create new life, and all the laws of attraction that accompany it, is the way our planet works.

In the realm of consciousness and magic, similar processes are at work.

Visions, inventions, revelations, the light bulb going off – all these are moments when new unions happen in your brain, when male and female elements in your grey matter make love.

'Male' and 'female' refer to active and receptive qualities in the field of consciousness. You can't have 'bullies' and 'victims' in this arena if you want magic to happen. You need a coming together of sovereign equals to have polarity balance and the potential for fusion.

Isis brings the gift of inner knowing, the dawning of occult wisdom.

She brings the ability to get things done.

She is the one who can hold it all together, keep things in balance and constantly regenerating.

### Indications

The use of a pendulum or other divinatory instruments is recommended. Guide your actions by the assistance of these devices.

### Practices

1. Step into the blue flame of Isis to be reborn.

Visualize the blue flame of Isis before you, vibrant and eternal. See yourself step into the flame, so that it completely envelops you. Envision a visual array of genetic codes and sacred systems spiraling in the flames, reprogramming your DNA. The blue flame burns away age - i.e. all the memories, hurts and disappointments you carry in your being that make you 'old'. Let them all dissolve in Isis's blue flame, and be regenerated, replacing all the 'negative' imprints with cosmic signatures of limitless potential.

Allow all your 'grey matter', your logical brain, to be bathed in the blue light, all the tired and overworked and overstressed cells of your body to take the ultimate blue fire spa.

When you emerge, your whole body vibrates at a new frequency and you emit a subtle blue aura from your regenerated being.

2. Isis has asked you to consider the nature of your own inner male energy and transform it. With the insights you have received from this process, see if there is anyone you know who needs a new way of looking at their masculinity and bring your clear reflection to them. Use the gentleness of your femininity to do this, as Isis spread her wings and fanned them gently, breathing life into Osiris.

NB. Isis also recommends the Ankh meditation given in the Queen of Heaven portal and asks that you refer to it. It came from her and Nefertiti. It is a way of aligning your personal life force with the source of eternal life.

3. Send a special greeting across time and space through Isis:

‘Hail to the great spirits of Egypt!  
Though the seals of your tombs be broken  
Your mysteries remain intact  
Your sacred imprint eternal’

#### Dakini Transmission

I stand between the twin pillars  
Of night and day  
Life and death  
I honor the elements  
They collaborate with me  
In the great work  
Of regeneration  
Life out of life

#### Affirmations

I have the ability to regenerate  
I can balance my life  
I can recreate myself  
As whom I want to be  
I am a powerful and magical being  
Who regenerates and reintegrates the parts of themselves  
As a new blueprint

15

CREATRIX

AFF



**From the air of consciousness the fire of inspiration comes and is replicated in the world as the inspirational fire of the artist.**

Who is Creatrix?

Creatrix is the Dakini of creativity, particularly in relation to the visual arts. She is the bridge between the worlds of unmanifest potential and manifest form. She pulls from Purusha (consciousness) and pushes into Prakriti (nature/manifest form). In the arena of cause and effect, she is a prime mover, matching potential with the ability to bring it into being. Creatrix is the artist archetype, weaver of worlds and creator of magical illusions. Her art is the means she employs to remove the veils of mundane perception and reveal the underlying current of infinite potential, limitless creativity.

### Location/Sphere of Influence

Artist's studios everywhere/ the creative process in all aspects of life.

### Allies

All Dakinis/mothership

### Nature & Description of Dakini

Creatrix in our pantheon is the one who holds the holographic imprint of the temple and channels it into form. In the void, the seeds of potential exist (in this case, in the form of the 'mothership' or circular 64 Dakini Temple) and Creatrix delivers their essence to the earthly plane in the form of artistic expression.

She is responsible not only for appearance, but for interpreting the underlying systems. She takes the role of the governor gene that tells all the other genes what to do, or, more precisely, allows them to be themselves and grow and evolve into what they could be in the grand design.

Creatrix embodies the creative frequency, manifesting in a variety of ways, at all times, emanating from her in forms, images, equations, geometries.

She holds the earthly manifestation of the temple of the Dakinis as one of her creations – for she is the one who holds open this portal. She is radiant light, constantly re-creating herself in various styles.

Hers is the mandala manifested in magnificent detail, only to be blown away as grains of sand, which then re-group and reform themselves to manifest her next vision being emanation.

Creatrix holds her 'magic paintbrush' as she translates the inspiration she receives (the violet rays) into manifest form.

Where her paintbrush touches, a spiral arises. This spiral of creativity is made up of strands of DNA, reforming themselves into this new system, this expression of the raw materials of life. Orbs containing the imprints of the Dakinis hover round this new vortex, waiting to come into form.

The cosmic winds of inspiration blow her veils and form streaks like brush strokes flowing from her in the darkness. Her veils are violet and red indicating that her range of expression is full spectrum.

The image of Creatrix reveals that she is not the origin but the receiver and transmitter of creative frequencies, the creative juice.

The source of inspiration exists in the unmanifest realm.

Creatrix is your hotline to the pregnant void.

## Divinatory Meaning

Creatrix offers you a personal creative stimulus package.

It is time to manifest your creativity, in whatever way most suited to your special gifts. Creatrix is here to assist. She is not only Mistress of Creativity herself, but she opens the portal that enlivens and enhances the creative spirit in general.

The appearance of Creatrix offers you an empowerment of your creative energy. Use it to manifest. Creatrix is here to encourage all manifestation.

Look for opportunities that offer outlets for creativity.

Create creative channels for self-expression.

Think creatively, think big. Think outside the box.

Know that whatever you can conceive is within the realm of possibility.

Your DNA is its own unique cosmic signature. You are one of billions and one in a billion. How do you want to express this miracle of you? How do you want to leave your imprint?

We are all artists. Art doesn't have to be just on the canvas.

Our lives are our works of art. Creatrix encourages us to paint our lives in the colors of the rainbow, the full spectrum of experience and find how we love to express ourselves and do it.

We have the right. Don't let anything stand in the way of you being all that you can be.

Creativity is not a limited resource, Creatrix says. Realizing that it does not come from you, it just flows through you, is the optimal way to view it. Then you can never run out of juice. The whole of creation runs on this juice. It just is. Our role as incarnate beings is to channel, as best we can, our river, our stream, our drop, our ocean..., it is all good for we all have the canvas of our lives to paint, the tapestry of our existence to weave. We can choose whatever colors we like - bright and vivid or somber and subdued. We can work with pastel tones at one moment, infra-red and ultra-violet the next.

The art of your life is a collage of all you experience. Make it as rich and wonderful as you can.

When it is minimal, enjoy its simplicity. There is merit in every style, its up to your personal preferences. Go with what pleases you first and foremost rather than trying to conform to the sensibilities of others or consensus reality. Innovate.

There are no rules expect the ones you choose.

You are the artist at the center of the mandala of your life's creation. All you do and are is a color, a hue, a brushstroke in the grand design of your life's work. Enjoy.

Step back now and then to see how it looks from a distance.

Enjoy and delight in the minutia of the details.

Creatrix is here to show you that you manifest reality from your consciousness and that pure shakti is pure potential, guided only by the nature of the channel..

Do not resist the creative process. Every act of creation has necessary contractions and expansions, tensions and releases. Do not feel there is something wrong with you if you go through a few ups and downs, a few trials in the adventure. Its just part of the template and can be unavoidable. Each creation has its own personal dynamics, its own birthing process. There is definitely some pain that goes with it, but think of the joy when your baby enters the world!

Everyone, men and women alike, can have many babies in their life, give birth to many wonderful creations. Creatrix is here to give you permission, if you need it, to be as creative as you like and to live your life as your own unfolding work of art.

As you create your art, in whatever form it takes, offer it to the Goddess. Make it for her for she is your ultimate audience. Then whatever anyone else thinks about it is totally secondary to that.

### Indications

You have an untapped creative impulse, an unrealized creative aspiration.  
Time to seek opportunities for creative expression.

### Practices

1. Visual meditation. Let your mind empty of thoughts and visualize an infinite sky, so your mind becomes a mindsky. Visions may spontaneously arise, or you can use your consciousness to focus your attention on a specific form and create it in the sky within your mind. This is the essence of creativity, the rest is down to craft and skillset. Reinforce your sense of creativity by working with inner vision.
2. Make a painting, drawing, diagram - some visual expression that you offer to Creatrix. Have it embody in some way the essence of what the artist in you would like to express in the creation of your life. Make a special place for this, a shrine dedicated to Creatrix where you offer what you have created and it remains in your field of vision.
3. Apply your creativity in at least one new way in your life. Call upon Creatrix to assist you in the process.  
If you like the results, keep going. Apply the creative principle to all you do - i.e. 'I have access to all potential. I can see everything in a new light, a unique way, with the eyes of my inner artist'.
4. Send a blessing to all the artists of the world. May their art be supported and their vision expressed and received.

### Dakini Transmission

My bliss is in seeing  
The visions of light  
To express them in form  
I take my delight  
This inner fire  
Burns day and night  
I'm ever aflame  
With this wondrous insight

### Affirmations

All creation  
Flows through me  
There is nothing

In the way  
I am an empty vessel  
Open to infinite potential  
I can re paint my life



**Apsara abides in the heavenly regions and flows into being like water as she dances in the water palaces, reflecting divine sensibility.**

### Who is Apsara Cultura?

Apsaras are female spirits of the clouds and waters in Hindu and Buddhist mythology. They are referred to as celestial nymphs and are heavenly beings who delight with their dance, their beauty, their music and their song. They are the dancing girls of the divine planes. They are featured prominently in the spiritual art of Cambodia, Thailand and Bali.

Apsara Cultura Dakini brings the vision of a high culture where refined frequencies are given a place of honor in society. They dance to the music made by their husbands, usually in the palaces of the gods, and entertain gods and fallen heroes. Traditionally Apsaras are described as celestial maidens living in the God Indra's heaven. Indra sends them to earth to seduce ascetics who by their severe practices may become more powerful than the gods.

One legend that is often represented is the Great Churning of the Sea of Milk when it is said the Apsaras came into being. They then taught earthly women their dance. Khmer classical dance of Cambodia, is frequently called 'Apsara Dance' because it is believed that the Khmer classical dance of today is an unbroken tradition going back to the dance practiced in the courts of the monarchs of Angkor, which in turn drew its inspiration from the mythological court of the gods and from its celestial dancers, the Apsaras.

Angelic Attendants, Divine Fairies, they are often shown standing or sitting on clouds, flying through the air in graceful poses, playing musical instruments, or scattering flowers to give praise to the gods.

Heavenly beings invisible to the human eye, believed to fly with superhuman power and speed. Found in Middle-eastern, Indian, Chinese, Japanese, Balinese, Tibetan and Nepalese art.

Buddhist depictions show Apsaras flying over Buddha's pure land, praising Buddha by scattering flowers, playing instruments or burning incense.

Apsaras are said to be able to change their shape at will, and specially rule over the fortunes of gaming and gambling.

### Location/Sphere of Influence

Ancient Cambodia/Angkor Wat/Thailand/Bali/Asian Temples.

### Allies

Flying creatures - fantastical and actual.

### Nature & Description of Dakini

Apsara Cultura is Cambodian Dakini who dances in her realm of Angkor Wat, the best known temple complex in Cambodia. Angkor Wat is renowned for the way in which it uniquely combines Buddhist and Hindu cosmology, blending and unifying religious factions. Here elements of the temple are recombined to form a vision in the mindsky, representing the immortal imprint which at one point took form on earth.

Exquisite temples and water palaces, beautiful and elegant dancing girls in fantastic head dresses and crowns who morph in and out of Temple friezes, fragrant flowers upon their heads. The whole scene represents a finely articulated glyph of heaven on earth, where earthly activities emulate, as closely as they can, the vibrations of the heavenly realms. Apsara Cultura represents culture where celebrations and artistry are dedicated to the enjoyment of the Gods/the Divine Beings. When the worlds of the human and the heavenly merge and mesh in this fashion, we have a glyph of true culture, which is both refined and sublime.

This portal evokes radiance and subtlety, the era of the god/king, goddess/queen. The royal purple and gold evoke both the regal and the divine.

Apsara Cultura comes to life from the walls of the ancient shrines to bless our world with her beauty and grace. She is here to show us another way of being, of secular culture that combines spiritual and material principles and presents this integrated vision as art and Divine entertainment.

She offers the golden flower.

She steps down from the Buddhafields into the plane of being.

Ankor Wat is a giant mandala, the earthly display is a mirror of the activities of the divine beings above, as if reflected in the waters of life.

### Divinatory Meaning

A divine dancing girl comes as a gift for you!

She brings you good luck. Good fortune travels with her and envelops you in its fragrance.

She engenders not titillation, but heavenly feelings and vibrations.

She embodies the concept that one can make oneself into a vessel for higher frequencies.

She opens a portal to an exotic realm, one where the society encourages and embraces this expression.

Discipline required to perfect form.

Dedication to a higher vision and the willingness to commit to this path.

The active expression of devotion.

Life as art. Art as spiritual practice.

The most precious aspect of living tradition - that which preserves spiritual transmission in the form of ritualized sacred expression, not as the rules of dogma.

The desire to experience the kind of energies Apsara embodies. A spiritual homesickness for Divine resonance.

An appreciation of beauty and refinement.

Look for the elegant solution/s.

Surround yourself with simpatico vibrations. Associate with those who bring out your more refined aspects.

Social graces, not as an enforced set of rules, but as pleasing and elevating exchange.

Apsara Cultura represents subtlety and integration, the decorative and harmonious arts and balanced governance.

Although Apsaras in mythology have sometimes been sent to distract aspirants from their practices, Apsara Dakini of our pantheon is here to bring celestial vibrations into your life. To bless you with the happiness inherent in beauty and elegance that exists only to embody that heavenly frequency.

Apsara says yes! It is possible to have heaven on earth. It is not just a dream of another time, another place. Reality is what you decide it to be and the principles by which you chose to govern your life. A shift in reality on a general level is just a lot of 'you' waking up and reselecting your priorities.

Spirit and matter are always dancing hand in hand.

Apsara wants to take you by the hand and soothe your soul, you who come to the temple as a wounded warrior, and let you bathe in the sweet fragrance that is home, the magnificent temple of eternal spirit.

As elusive as a mirage, a reflection in a pool, a vision in a cloud, as solid as an impression etched in stone.

### Indications

Seek situations and company that call forth refined feelings in your being.

Seek the subtle over the coarse.

Approach your life as a dance and move through it with elegance and grace, no matter the outer circumstance.

Make yourself lovely as an offering to the Divine spirit that flows through you, an offering to the Goddesses and Gods who are watching your dance of life...

### Practices

1. Apsara asks you to meditate on the qualities you believe create culture.

What is a cultured society?

2. Apsara would like to dance for you. She invites you to visualize her in her domain. A cloud comes down to earth, landing in this beautiful temple. From it a radiant dancer emerges, dancing just for you. With every glance from her eyes you receive waves of blissful feelings, the transmission of her shakti (original female energy), which energizes your whole being. At the same time the fragrance of her being, like sweet jasmine, envelopes you, calming and soothing you.

3. You can dance with her if you like.

4. Hold in your consciousness the impression of this eternal mystical temple. See it as holding the blueprint of how we can govern our lives by spiritual principles.

Bless Cambodia and its people for manifesting this vision as evolved social structures and glorious sacred art.

Send recognition and appreciation, love and healing energy to the spiritual heart of the people of South East Asia.

### Dakini Transmission

I come from the heavenly abode

In song and dance I do unfold

Delights to grace the earthly sphere  
With what the Gods enjoy and hear  
The music flows  
Like perfumed air  
And I dance for you here  
As I do up there...

Affirmations

I am worthy of beauty and grace  
I bring these qualities  
Into my being and my world  
I find elegant solutions  
I move through all experience  
As a dancer  
Performing on the stage of life  
for the Goddesses and Gods



**Vajrayogini Dakini has a fiery outer nature, but her inner essence is spacious and connects to higher consciousness.**

### Who is Vajrayogini?

Vajrayogini is the foremost Dakini in the Tibetan tradition of esoteric Buddhism, the tradition from which the Dakinis originate. First seen in India, the vajra (dorje in Tibetan) is a ritual implement of Buddhist Tantra. Vajra means diamond or thunderbolt.

Her name translates as 'Adamantine Yogini', one who has attained indestructible perfection through her practice. She is the 'Personification of Vajra emptiness', radiant luminosity, the natural clarity of the mind.

She is an enlightened being, holder of teachings, 'Queen of Dakinis', 'Sarvabuddhadakini' ('Dakini whose essence is that of all the Buddhas').

She is associated with the form of the Red Dakini known as Vajravarahi, or 'Diamond Sow', who is often depicted with a small pig's head above her right ear, representing triumph over ignorance.

She represents Divine passion and is the epitome of the Tantric approach to spirituality.

### Location/Sphere of Influence

Himalayas/Tibet/Nepal.

### Allies

She-boar/Sow.

### Nature & Description of Dakini

Vajrayogini represents the circle of Dakinis from Tibetan Tantric Buddhism. She is the entry into the circle of Tibetan Dakinis and initiation into this realm.

She is shown in the form of a traditional Tibetan/Nepalese thanka painting. Painted elements are combined with photographic elements to provide a contemporary rendition of this timeless field of mystic art.

She is in the center surrounded by an aureole of flames, representing her fiery nature, her soaring inspiration, her unquenchable passion and her wisdom that purifies, burning through illusion.

She stands upon a sun disc within a lotus.

The figures she tramples underfoot symbolize what she has subdued - craving, hatred and ignorance.

She is blood red denoting her intensity and passion to embody her spiritual presence, though her inner essence is vacuous.

She is visualized in the 'Tummo', inner heat, yoga practice as the union of emptiness and Great Bliss.

She is naked as she wears no ego armoring.

She is passionate but free from desire.

She is drunk with wisdom and wild with compassion.

Her third eye represents her ability to perceive higher truth, the wisdom beyond duality. Her three eyes also express that she is a knower of past, present and future.

Her small fangs indicate that she embraces a vast range of expression and sentiment, from blissful to ferocious.

Her necklace of skulls/severed heads indicates the emotional obscurations she has cut off before they arise and also reveals that she is a transporter of souls.

The crooked knife she holds is known as the 'hook of mercy' for it is said to cut through the 'deception of self-cherishing' and the power of wisdom to cut through states of negativity.

She carries a staff over her left shoulder, which represents the mystic consort, indicating that she has incorporated eroticism into her spiritual path.

Her skull-cup is full of the nectar of great bliss 'Mahasukha' that 'intoxicates concepts into non thought'.

Her awareness is 'sharp and penetrating and disruptive to habitual tendencies.'

In the four corners of the thanka are four forms of herself as the 4 Dakinis of the mandala, the four gatekeepers of the four directions. They are colored red, yellow, blue and green and represent the inner mandala.

In the sky above Samantrabhadra unites with her consort, the lapis blue primordial Buddha (Kuntuzangpo/Samantrabhadra), representing non-duality in the field of timeless awareness.

Below the offering of the senses is represented.

Flanking the central thanka image are two panels or doors which have opened to reveal the Secret Dakini within. They are decorated with a golden repousse of Vajrayogini in 'warrior', 'heroic' stance. This form of Vajrayogini is also known as Narodakini or Sarvabuddha Dakini.

### Divinatory Meaning

Vajrayogini brings an opening into the world of infinite possibilities.

A spiritual awakening.

A tantric initiation.

Are you ready to get off the wheel of karma (action and reaction) and start building your spiritual identity, not just your worldly persona? Vajrayogini Dakini's arrival in your life indicates that this is the case.

She does not fulfill material plane desires so much as severing attachment to them so that you are free to leap into this new zone.

If you bring her your ego, she is ready and willing to trample it under her feet.

She brings the passion needed to fulfill your goals.

Dynamism.

Indestructibility.

Take on a passionate persona, one derived from the real passion in your soul.

Be on fire with primordial zeal.

Do not be afraid to express your enthusiasm for what you really believe in, in a relationship or venture.

Fully engage. Once you are on fire with eternal spiritual light, there is nothing to stop you being fully present in the transitory events of the world.

Do not be afraid to be intense if the occasion calls for it.

Live your life in a more passionate way. Vajrayogini demonstrates a state of total awareness which is vitalized by the free flow of passion.

Make note, her passion is free from selfish or harmful expression.  
Apply the same principles to the expression of your passion.  
Vajrayogini integrates within herself both male and female principles.  
She holds the key to bliss within herself. The jewel (the diamond/vajra) is in the lotus.  
She has united her ability to focus and execute with crystalline clarity and precision with the passionate and compassionate nature of her ardent heart.  
The indivisibility of wisdom and means.  
The end does not justify how you get there. Vajrayogini seeks impeccability in your intention and execution in alignment with that intention.  
Bring you passion into service of truth, of a higher cause or service.  
The Bodhisattva vow encourages enlightened beings not to take their full liberation until all sentient beings are liberated. Vajrayogini is a glowing example of how being your bliss is both the example and the fulfillment.  
Vajrayogini encourages you to revel in the sheer joy of life and its spectrum of senses and emotions as the magical play of bliss and emptiness.

### Indications

Time to discover where your true passion lies. If you are unsure, be aware of omens and signs that can indicate the direction.  
Vajrayogini's advent in your life is an indication of an awakening in you, a desire for the integrated spiritual perspective that this Queen of Dakinis personifies. She expresses the red hot path of Tantra, which includes all the senses, all the passions, in its mystical mandala.

### Practices

1. Vajrayogini says that as she was the Dakini selected through your consultation of the oracle, she will consider that your request to take refuge in her.  
She now suggests you request her to take residence in you in the following way so that she may confer on you her empowerment and her blessing.

*Om Vajrayogini hum phat svaha!  
I humbly request your presence in my heart  
So that I may understand my true nature as primordial bliss and emanate your presence  
for the good of all.  
I offer you my body, speech and mind.*

Visualize a moon disc and a sun disc in the lotus of your heart. See them come together and mingle and from their blissful union a red vajra is born.



In the center of the vajra *VAM*, the seed syllable of Vajrayogini, is inscribed. See it vibrate with energy and emit ruby red rays that penetrate your whole being, clearing and purifying you. The rays then reach out beyond you to all beings and to the buddhfields, purifying and bringing joy.

You now see the rays come back into the vajra, back into the seed syllable that now becomes Vajrayogini herself dancing ecstatically surrounded by the flames of her passionate intensity. Feel the nature of Vajrayogini burning bright within your heart. Experience the waves of joy and liberation that she sends throughout your being. Envision the mandala of Vajrayogini emanating from your heart, being formed from rays, a five fold mandala with Vajrayogini in the center surrounded by four Dakinis, one in each direction, enclosed by a circle of protection.

You now visualize making offerings to Vajrayogini, which represent the offering of all your senses – seeing, hearing, touching, tasting and smelling - in the form of mirror and lamps, musical instruments, fine cloth, food and drink, incense and flowers.

As you honor this Dakini, now living in your heart, you recognize all the places in your life where you have not been adamant, crystal clear in thought and action, and you lay them at Vajrayogini's feet, for her to trample underfoot. She takes great joy in this activity and you rejoice with her at your great good fortune to have received this opportunity.

Request that she transmits to you what is needed to liberate you from the bondage of ego attachment and the wheel of suffering.

Return to her the merit of all the freedom and bliss she brings you so that she may distribute it for the good of all.

All this you bring to mind as you experience the radiant Dakini dancing her dance of bliss and liberation in the center of your heart, indivisible from your essential self, unfettered by the rules and conventions of life as we know it and unburdened by the sufferings of existence. She is the bliss of non-duality, your birthright and your spirit's natural state. Know her.

2. Vajrayogini represents radiant awareness. By identifying with her in all your thoughts and actions, you have the opportunity to awaken and transform the nature of your being. Having established her seat in your heart, refer to her in all you do, in all you are. She is your new role model. Unite with her adamant yogic nature.

\*NB The practices related to Vajrayogini in esoteric Tantric Buddhism are deep and complex and are held in the highest respect by the author of this work. In these times when speedy evolution is optimal, Vajrayogini is offering, through this pantheon, a 'short path' to directly access her energy.

3. Hommage to the wisdom holders of Tantric Buddhism! To the reincarnated ones, the lineage and the lineage holders. May their prayers be heard and the heart of the world be open to them, for they are the Compassionate Ones whose sacred wisdom holds keys to our future evolution. Blessings to all who take refuge in these teachings and transmissions.

### Mantra

Vajrayogini's heart mantra - repeat while visualizing Vajrayogini:

***Om Vajra Vairocaniya svaha.***

Repeat while visualizing mandala:

***Om Sarva Buddha Dakiniye Vajra Varananiye hum hum phat svaha.***

*VAJRA VAIROCHANEYI* - Vairochana Buddha of the five Buddha families.

*SARVA BUDDHA DAKINIYE* - all the Buddha Dakinis.

*VAJRA VARNANEYE* - the Vajra Family to which the Dakinis belong.

*HUM HUM* - Vajra power.

*PHAT* - destroys all obstructions.

*SVAHA* – so may it be fulfilled.

### Dakini Transmission

I am the emptiness  
Beyond all form  
Appearing to take you  
Beyond the norm  
Intoxicated with truth  
Abandoned to bliss  
I dance at the edge  
Of all worlds  
When there is nothing  
I bring  
Primordial ecstasy

### Affirmations

I can bring passion

To all aspects of my life  
And vivify my existence  
With visions of unbridled potential  
And unfettered joy  
I am open to the energy offered  
By Vajrayogini and claim it as my own



**She is the river of art, knowledge and culture, flowing from the air of divine consciousness into human consciousness.**

### Who is Saraswati?

Saraswati is the Hindu Goddess of Creation. She holds first place in the Hindu trinity of Goddesses formed by Saraswati (Creation), Lakshmi (Preservation) and Kali (Dissolution). She is like a seed, a prime mover, the vibration at the root of all sound and form.

The Goddess was originally connected with the Saraswati river. Her name means ‘a flowing woman’ and describes how knowledge is like a river that flows out from its source with the allure of a beautiful woman. She is the patroness of the arts, especially music, poetry, culture and all intellectual pursuits. She is considered the ‘mother of the Vedas’, the principle Hindu spiritual texts.

### Location/Sphere of Influence

Places of music, learning and culture. India, Himalayas.

### Allies

Swan.

### Nature & Description of Dakini

Saraswati is dressed in white silk and seated serenely on a white lotus as she represents the sattvic (pure/spiritual) essence. She has four arms, the front two play the vina (an Indian stringed instrument), showing that she is the source of all vibration. Seven rays of creation flow through her vina as rainbow emanations that become all manifest form, create the world. In her other two hands she holds a mala (rosary/prayer necklace) indicating that she inspires contemplation and sacred speech, and offers a book, indicating that she is a wisdom holder and grants fluency of expression to writers.

The Sanskrit alphabet, representing the original vibrations of creation, emanates from her, with the vowels on the left, lunar side, and the consonants on the right, solar side.

She is associated with the moon.

Her vehicle is the hamsa (swan). The swan represents discerning wisdom as it is said to be able to separate milk from water when it drinks.

The white lotus, her symbol, also suggests transcendence as it floats upon the muddy waters and remains unsullied, pristine, pure.

She sits in the center of her realm which is envisioned radiating from her as a cosmic egg.

The Saraswati river is seen in the background as the source of the river of life.

She presents herself against the golden clouds of a new dawning, bringing the cosmic creative imprint into the earthly dimension.

### Divinatory Meaning

Saraswati appears before you bringing gifts of creativity and new knowing.  
She is the pure essence of the creative spirit, bringing a new dawn of this energy into your life.  
The birth of a project, the manifestation of a vision.  
She brings boons, particularly in the area of music, learning and the dissemination of culture.  
Her energy is pure, Sattvic. In any creative endeavor you may be involved with, look to the pure essence of the idea. Hold that as sacred and let all radiate and unfold from that point of purity.  
Create a pure place in your consciousness into which to invite Saraswati.  
Look for inner clarity.  
Taking joy in solitude and solitary pursuits.  
The answer to something you have been thinking about for a long time suddenly becomes self revealing.  
Knowledge becomes wisdom.  
Insight leading to realization.  
Seeing something in a fresh, new way.  
You are able to articulate something in a new way.  
Your words carry weight, use them discerningly.  
Eloquence of speech.  
A good time for public speaking.  
Refinement of sensibilities.  
Improved memory.  
The power of contemplation.  
The power of mantra (repetition of sacred syllables). One of Saraswati's gifts to you is to help connect you with source through the use of divine sound and prayer.  
She wants to help you create a standing wave of connection.  
A need to absorb knowledge. Saraswati indicates that the most efficient way to absorb and hold knowledge is when that quest is motivated by something you feel deeply about, something that really moves you.  
Knowledge is not just something that happens in the brain. The Sanskrit alphabet is said to emanate from the Goddess Saraswati. It is called the 'pure language' because it is built on vibration, which is said to precede all form. Saraswati recommends that you approach learning as a full body, not just mental experience. The transference of information happens in subtle as well as obvious ways.  
For example, when Tibetan spiritual chants are passed on, for some time the novice mimics the sounds, rocking the body as he/she sings the words, without knowing their meaning. At a certain point in the process, there is apparently a sudden dawning of understanding of the meaning, without the words being actually translated.  
How often do we surprise ourselves by remembering the words to a jingle we heard as a child?  
The pattern of the music and the words bind together in way which sticks in the memory forever.  
Listen for the music, the vibration, the quality of the tone of everything.  
Listen to the music in peoples' voices, in your own voice. Do you like your music? If not, time for a tune up. Saraswati is here to help.  
Music is an important part of your life. Allow yourself to appreciate it and how it affects your mood, your sentiment.  
Bring the appropriate music into any situation to create the right tone.

Be aware of resonance when making decisions. Choose people and things to associate with that have the most resonance with you. Learn how to gauge this by clear self-reflection on how things affect you.

Look for the music in any situation. Allow the frequencies of the moment in which you find yourself to be received by you as if you are listening to a piece of music. Feel how it affects your body and mind.. Is it harmonious? Does it have form? Repetition? Is it staccato or smooth? You know how you respond more favorably to some kinds of music over others. Observe how you respond to the music of situations in which you find yourself in life. Cultivate those that feel most resonant, most in tune. Listen for what is off key in those conditions that do not sound like sweet music to your ears. If you can run some master melodies that pull that particular symphony together, do so. If not, perhaps it is time to find another band, or let some member or members go if you can identify the discordant notes.

Bear in mind that there is all kinds of music in creation. The music of the Goddess is not limited to pentatonic scales and musical keys.

### Indications

A special dawn blessing from Saraswati. Look for creative insights at this time of day.

### Practices

1. What is your own song? First listen to the song of your own breath, Find a quiet place, without and within, where you can listen to your breath, your song of life flowing in and out of your body. It is your first song. Slow your breath so that you are breathing slowly and deeply in an open and relaxed way. Breathe in through your nose and out through your mouth. Breathe deep into your belly, the pit of your being, not shallowly into your chest. Just pay attention and listen. Feel the vibration in your body of your lifeforce, experience it as an inner vibration of 'Om', the unstruck sound that precedes all audible sound. As you release it, let sound naturally form and evolve out of the sound of your breath, the 'ahh' of your exhalation. Let this be the seed of your song. Let the melody, words, rhythms, set of frequencies that seem to echo something of the song of your soul develop. Just let them come, it can be ever so simple, a refrain... Once you find it, you can always sing your song to yourself to sooth you, as a lullaby soothes a baby.
2. Compose a piece of music, a song, a chant in your head for Saraswati. Imagine what sounds could emanate from her and hear that song within. Sing it for her, silently or out loud.
3. Saraswati asks you to write down, in the most elegant way you can, what you feel to be your deepest wisdom. Create a shrine for Saraswati. (This could be just some white flowers you place in honor of her in your room,) and put your paper on the shrine as your offering to her. At a later date (you will know when) return to the wisdom you have written and see if there is anything you would like to add to it or change since the meeting your have had with Saraswati has had time to percolate within your consciousness.

4. Wear white to honor Saraswati's appearance in your life.
5. Envision a place of purity in the foothills of the Himalaya Mountains, where a source of clear water arises. Feel the sacredness of the land. Hold this in your consciousness as a place filled with pure devotional energy and where land and people are all tuned to the service of the Divine. See this as an eternal, unsullied place, a cosmic signature.
6. Send a blessing to all musicians, scholars and mystics who dedicate their lives to the quest for truth, and to expressing and sharing exquisite aesthetic vibrations.

### Mantra

Her sacred 'seed syllable' or bija, the vibration containing her essence, is *AIM* or *HRING*.

A short mantra for Saraswati is:

***OM AIM SARASWATYE NAMAH***

Or:

***OM SARASIDDHI HRING HRING***

### Dakini Transmission

I am  
The original  
Vibration  
The song  
Of life  
That plays through  
All creation  
All knowing flows through me  
As the universal melody  
And I the unstruck sound

### Affirmations

With Saraswati at my side  
I tune in  
To the source of creation  
I see life as art  
And practice the art of discernment  
My intention is pure  
And being purified



**She has the fiery nature of a guardian, her realm is in the sky and she grounds these subtle vibrations in the earthly form.**

### Who is Tantric Kitty?

She is the cat Dakini. Her realm is an interdimensional temple shaped in her own form. In the Yogini Temples (our model for this system) there appear lion and tiger headed Goddesses/Yoginis. The Lion headed Yogini is referred to as Narasinghi, a female version of Narasimha, the lion headed incarnation (Avatar) of Vishnu, the Hindu God of preservation. The Dakini Tantric Kitty carries the energies of the Egyptian cat goddesses Bast and Sekhmet, and those of the Tibetan meditation Goddess (Yidam) Dakini Simhamukha (Sanskrit), or Senge Donga (Tibetan). Simamukha is the Lion headed Dakini of Padmasambavha, holder of Tantric teachings who brought the transmission from India to Tibet. She is considered to be his principal wrathful manifestation.

Simhamukha repulses psychic attacks and sends negative energy back to its source. She is particularly effective with negative female energy and can help pacify the elemental goddesses when they are upset about destruction of the environment. She can clear even the most intense obstacles.

Cats were highly considered in ancient Egypt and there were temples for their worship. Bast, the cat headed goddess, was adored as a protectress, particularly of the household. She protects from illness and promotes health and healing. She loves sensual pleasure and insists on freedom of expression. She protects cats and those who care for them. She became known as the Goddess of joy and protector of women. She holds the all-seeing sacred eye, called the Utchat, that sees through the dark. She is both a sun and a moon Goddess.

If Bast is the domestic cat, Sekhmet is her wild and ferocious big cat relative. This lion headed Goddess was feared as much as revered. She was originally a warrior Goddess. Her name means 'the Powerful One'. She protected Pharaohs in battle and was known as both Lady of Terror and Lady of Life. She was known as 'the Eye of Ra' (the Sun God) and she bears the solar disc. Sekhmet was seen as the Goddess of Upper Egypt and Bast of Lower. Tantric Kitty says we no longer have need for these separations and she is the integrated Kitty who expresses herself through all her different forms and moods.

It is said that to placate the wrath of Sekhmet, her priestesses would perform rituals before a different statue of the Goddess on each day of the year...

Perhaps that is why Tantric Kitty has so many different manifestations...

In Tantric Kitty's many forms she both guards the temple and is the temple itself.

### Location/Sphere of Influence

Interdimensional cat temple and anywhere cats are present or welcome.

### Allies

All felines.

## Nature & Description of Dakini

In many ways, Tantric Kitty epitomizes the essence of the Tantric path that empathizes a heightening of the senses, a sovereign sense of being and a ferocious intensity. Tantric Kitty is so named because she is fiercely magnetic. She is both sweet and dangerous. Tantra offers Mahasukha, the great sweetness, but is also dangerous if potent energies are mishandled. In the night sky, for cats tend to be nocturnal, the temple of Tantric Kitty is situated. The suggestion is that the cats that incarnate on the earth plane, the big and the small, are all connected to this celestial temple and when they close their eyes and purr, this is where they go. Cats seem to be in their own world, this is a glimpse into that magical reality. She emerges from the Cat's Paw nebula, a huge stellar nursery. Tantric Kitties circle the temple, guarding and prowling. They adorn the mandala, the sacred enclosure, which is laid out before the Temple of Cat and forms its precincts. Figures of Simhamukha guard the four gateways. The temple in the center is formed from her body. In the composition of this mystery temple, we see versions of herself within herself, going back infinitely. As such Tantric Kitty's temple is a representation of the mystic dimensions that lie within. Mystery is not fathomable. That is its nature. She establishes the feline essence as a cosmic signature, creating a template, the blueprint for all creatures, all beings. Cats have long been recognized for their empathic, telepathic, mediumistic and magical qualities. That is why they are favorite 'familiar', a role for which they were most severely punished at the time of the witch burnings. Black magic rites often torture a cat - but why on earth do that when it would be so much better to please her instead?

## Divinatory Meaning

Awaken your inner kitty! She wants to play. Tantric Kitty is here to initiate you into your own innate sensuality, your mystic sensuality. She is responsive. When you stroke her she purrs, writhes, stretches appealingly. Cats model well being as the center of their own sensual world. Don't rub Kitty the wrong way though, or you may get the other side of her nature. She is fierce and quick to respond. Feline energy has a specific quality. There is a natural sensual elegance that runs through the being of a cat. She ripples and vibrates with sensitivity to touch, to sound, to every sensory stimuli, visible or invisible. She is very aware of the space she occupies and her vibrational field. A cat's intelligence seems to reside in its whole body. Tantric Kitty has this special message to give you. Tantra isn't about sexual organs, its about full body/mind awareness. Tantric Kitty is here to tune you in. Be nice to yourself! Cats know how to look after themselves very well; when to be active and when to be still. They meditate a lot. They love themselves. They care for themselves. They keep themselves very clean and have natural grace and poise.

Tantric Kitty has the natural narcissism common to felines. But this kind of self-love, self-absorption, one that is just a natural facet of being, is an asset not a detriment. To watch how a cat appreciates its sensations is like watching a living work of art.

Could your actions and mannerisms be observed with the same level of fascination and appreciation?

Tantric Kitty wants you to awaken to your senses and let them guide you with spontaneous artistry, as they do her.

Tantric Kitty also teaches independence. Its all tied in with the way in which she views herself as a world unto herself. She is so interested in and fascinated by her own experience of herself that she is not needy. When she interacts with others it is because she chooses to do so, not because she needs to.

People often speak against the independence of cats, but if you look again you see how pure it enables the exchange to be. She gets pleasure from being herself. If she chooses to interact with you, it is because it brings her pleasure, pure and simple.

Pleasure and sensation for its own sake. Value these in your life.

Value your own sovereignty. Nurture and develop the sense of your sovereign self as a significant asset.

Cats know how to land on their feet.

They have 9 lives.

They are very curious by nature. They say 'Curiosity killed the cat', but if they have 9 lives, perhaps a bit of curiosity is OK?

Are you curious? It is stimulating to be curious. Boredom is the sister of apathy. If you are curious about life, you will not suffer from boredom.

Tantric Kitty wants to stimulate your curiosity.

Be curious about your sensations, explore your sensuality, she says.

Explore your interface with the world. Tantric Kitty wants you to upgrade the way you relate to things around you by re-vamping your sensual apparatus. She says she can bet you a bowl of cream that as far as that goes, you are only using a whisker of your total potential. She doesn't like to see that going to waste as she knows how much pleasure and awareness she derives from using all her senses, including her sixth sense.

She likes to roll and writhe in pure enjoyment of herself. She loves to bask in the pure sensation of her being. Every little act has artistry. Watch her licking her paw or staring into space.

We believe animals have lesser ability to communicate than humans. Of course this judgment is based on the fact that we are unable to perceive and comprehend these communications. Current research is revealing that communication of a quite sophisticated form is happening between animals. And this is just the tip of the iceberg, the part we are beginning to perceive. Many animals are in fact way ahead of us in areas of communication, particularly of a telepathic nature. They have innate awarenesses that we have closed ourselves off from in the modern way of life. They know when earthquakes or hurricanes are coming. We have these faculties too, but they have atrophied over time, mainly due to the false separations we have created between us as humans and all other species.

Tantric Kitty is willing to help you open up again.

But respect is called for and don't rub her fur the wrong way!

Potent and potentially dangerous actions may be undertaken, as long as you are prepared to face the consequences of these actions.

All predators take life to sustain life. Do we have the faculty to perceive what exchange happens between the lion and its prey at the time of the kill?

Tantric Kitty says when she hunts and kills, she doesn't see it as taking something away from the lovely little creature she longs to consume. No! Quite the opposite. She, out of her infinite love for such beings, is taking them into herself and making them part of her. As it feels so incredibly exquisite to be her, therefore, by having its body and consciousness become part of her is an upgrade and so she is actually doing them a favor.

Be that as it may (she does have her own perspective and she is, after all, a Dakini, not just a cat...) modern humanity has in large shut itself off from the realities of the hunt. Our meat is purchased in a form which has little resemblance and connection to the flesh and blood, feathered or furred, living creature it was.

As Tantric Kitty feels that most humans could not offer their prey the kind of incarnation upgrade she can (!), she suggests humans, and in this case, you, at least make an inner prayer of appreciation to the spirit of the animal, fish or bird whose flesh you are eating. Tell it how much you love it. If you honor the spirit, she says, it helps keep the chain of life alive. For nothing should be taken without something being given back. If you don't do it yourself, life will do it for you. Sometimes where or when you least expect it.

Tantric Kitty wants you to release your inner grrrrr during lovemaking. She says you are much too passive. Why are you afraid of your animal nature? We are all part of a family of creatures. We are human animals and if we embrace that part of our nature we can step out of denial and back into integration. Integration as part of nature's divine plan. A return to the Goddess path of embodiment.

### Indications

Look for omens from the feline kingdom. A cat may have something to communicate to you.

### Practices

1. Tantric Kitty invites you to come and visit her in her interdimensional temple in the sky. But as it is for cats only, first you need to connect with her deeply, to find your inner cat essence and move into that form.

Sit in a quiet place and close your eyes. Don't sit cross-legged, sit in a way a cat would sit. Now let your cat being emerge, see what your cat looks like. Are you big or small? What color are you? Are you a domestic cat or a lion, tiger panther?

Tantric Kitty says size does not matter! All cats are connected to the same essence and even the smallest cat can house a huge feline spirit.

2. Now you are ready to come to her temple. Your cat self enters the temple precincts and is greeted by many Tantric Kitties who come up to you and rub their bodies against you in greeting. The air is filled with the vibration of their collective purrs. You start to stretch and you rub your body against theirs in return. The exchange makes you feel very stimulated, alive and vibrant. Very awake sensually. You move towards the temple portals. The giant cats who form the temple turn their gaze upon you and the Tantric Kitties meows and roar, hiss and purr in unison as you enter her temple of initiation...Your hair stands on end, just a little, your sensitive fur, your antenna, for what

calls you is both alluring and scary. Like Tantric Kitty, in this vision space, you are human and feline intertwined.  
Ask Tantric Kitty for initiation.

3. Pamper yourself.
4. Tantric Kitty would like you to do the yoga asana (posture) known as the cat pose and think of her.
5. She suggests the cat lovemaking position too...
6. Give some special attention to a cat. Imagine the purr that you induce traveling like a ripple through the whole field of cat consciousness....

### Dakini Transmission

Meoow!  
Welcome to my domain  
Tantric Kitty is my name  
I am purrfect!  
I feel no shame  
To proudly proclaim  
For to me  
All places are the same  
And I am always free

### Affirmations

I own my animal self  
It is regal  
Sovereign  
And highly attuned  
To its own sensitivities  
I am a Tantric Kitty

**20 KUAN YIN**

**WAE**



**She is motivated by her tears of compassion to appear in the air of consciousness, the subtle vibrational realm, to positively affect those on the earth plane.**

### Who is Kuan Yin?

Kuan Yin/Quan Yin/Guanyin, 'The One Who Hears the Cries of the World', is the Goddess of Compassion. She is well-loved in many Asian cultures. In the mythology associated with her, it is said that she was about to enter the gates of heaven when she heard the cries of the suffering

and turned back, forsaking the heavenly realms so that she could remain available for those who called on her.

She is often depicted with a small Buddha on her crown. It is Amitabha Buddha who is said to be her spiritual teacher. She is connected to the multi-armed, many headed Bodhisattva Avalokitesvara, 'the Enlightened One who looks down'. Legend says Avalokitesvara was created from a beam of light that came from Amitabha's eye. Kuan Yin is sometimes depicted with multiple arms.

Kuan Yin was originally more androgynous in nature. In some representations she has a moustache. By these means she represents the open and compassionate heart in all beings, male and female alike. This makes her so important for humanity right now.

The Goddess later became associated with fertility and the conception and birth of children.

### Location/Sphere of Influence

Asia/bodies of water/in tears of suffering and compassion/where she is called.

### Allies

Water dragon, bird

### Nature & Description of Dakini

Kuan Yin is seen floating above the ocean. She is dressed in white flowing robes, holding a willow branch in one hand, which bends but does not break, and an elixir vase of immortality in the other, from which she pours her compassionate blessing. A blue parrot, her disciple, hovers close by, carrying her rosary of pearls of illumination.

Her realm is walking in the clouds and on the water. She is the embodiment of compassion, turning back at the gates of heaven to harken to the calls of the suffering. She is very graceful and elegant, removed yet totally engaged. In the sea beneath her feet we see a sea dragon, her vehicle, amongst the waves – revealing that she works in co-operation with the elemental forces and the powers of transformation.

Her mode is one of action, but her mood is serene.

She is seen too in the sky above, representing her omni presence and her constant vigilance. A single tear falls from her eye as she surveys the ocean of suffering below. We see Kuan Yin constantly rebirthing herself in the mind sky of consciousness through her tears, her personal compassion. One teardrop shed from the eye of the Goddess has the power to transmute all poison through its sacred alchemy.

In her realm, the sky kisses the earth. She is seen living in the clouds, but constantly reaching down to the plain of reality as she responds to the calls for her help. She aids the suffering. She protects those in peril at sea. She helps people cross the oceans of life, literally and metaphorically. She ferries souls across the seas of life and death. She is the embodiment of compassion, eternally standing at heaven's gate.

### Divinatory Meaning

Kuan Yin is here to offer you her unconditional blessing of compassion.

You have called compassion into your life.

Be more compassionate - to yourself and others.

Cultivate this sentiment as a root position. All other considerations should stand behind this primary position of compassion.

Temper your passion with compassion.

Seek to bless all you encounter.

Think of others first.

The wisdom of compassion lies in being able to be selfless, while at the same time cultivating that which enriches the self. It depends on where one believes the self begins and ends...

Kuan Yin's act appears to be one of self sacrifice, but if there is the understanding that everything is connected, then the sufferings of others/the world become her sufferings and their relief is her joy. Looked at from this perspective, Kuan Yin was also acting with compassion towards herself.

There is great joy and satisfaction to be found in helping others once you experience the true nature of compassion.

Cultivate the art of empathy, so you can feel what others feel. This will engender feelings of compassion. Those who have tasted it can no longer be content with the limited rewards of selfish actions.

It is generally not considered appropriate in society for men especially to cry. Expression of deep emotion, particularly sadness, is not given a place in our society (with the exception of funerals and wakes), although it is an aspect of the range of sentiments we are here to experience on earth. It cannot be denied and it is often an important safety valve to help wash away experiences that are almost too much for us to bear.

One argument against the shedding of tears is that it is said to bring forgetfulness. But even this in some circumstances may be the blessing of tears.

Kuan Yin says it is the tears, the calls of anguish and suffering, that call her to her devotees. If such an expression of heart wrenching grief can call the Goddess to you, then you see how tears have a purpose?

Your raw and heart-felt emotions, expressed and channeled, can be your rocket fuel to the divine realms.

The Goddess path is not one of detachment, but of full engagement. And as we embrace our joys, by the same token, we must embrace our sadness. There is no life without the experience of pain and separation. That is why some of the great spiritual paths recommend detachment so that aspirants are not overcome by the sufferings of the world.

Kuan Yin represents that vibrational field of consciousness that has reached full realization, but is still prepared to step down into the world of suffering and duality because she cares.

She knows that caring is not going to affect her enlightened state of being, but allow her to extend her being beyond herself to touch myriads of beings with her compassionate heart.

So she spreads and helps render immortal the standing wave of compassion.

There are different kinds of tears that we shed. Some out of self pity, some out of loss, some from compassion and some from sheer joy.

The tears shed in heightened states that are not confined to the above reactions, but just seem to spring forth from a connection to source and pour from the very soul have special qualities.,

They were known as the 'Tears of Isis' in ancient Egypt, kept in special vials and revered for their healing powers.

We are afraid to open our hearts because we do not want to experience pain. But if we, like Kuan Yin, reach out to the suffering and make it our friend, we will not have to barricade our hearts against it anymore and we can use all our emotions and sentiments to aid us as the allies that they are.

The actual experience of pain is felt most in our resistance to it. Remove the resistance, the fear, and the actual sensation is quite transformed.

### Indications

Make decisions that are, to the best of your knowledge and ability, for the good of all concerned. Do not take advantage of others for your own personal gain. This will come back to you eventually.

Take special care around bodies of water. If in peril or distress, call for Kuan Yin's help. The Goddess often cannot come unless she is called.

Kuan Yin is particularly attentive to those who call for help at sea.

Kuan Yin is known for helping couples conceive. If you wish for a baby, make a special prayer to Kuan Yin.

A blessing from Kuan Yin for your child.

### Practices

The Dakini requests that you open your heart even wider to bring more compassion into your being.

1. Ask how you hold yourself in your heart. Are you truly compassionate towards your own being?

Ask yourself how you hold others in your heart – your enemies as well as your friends.

2. Allow yourself to really feel. From your own direct experience bring something or some things to mind that elicit deep reactions from you, to the point of tears. Allow yourself to have that experience.

Now bring to consciousness an experience that is not yours, but something that has deeply impacted someone or some others in a grievous way. Find the place of empathy within and experience the feeling for them as if it was your own.

Allow yourself to feel all this and feel it opening your heart, releasing all the stress and tension it has taken to keep it closed, closed for so long.

3. Visualize the kind and beautiful face of Kuan Yin before you. Expressions cross over her face as she reflects the sadness and suffering she perceives, the beauty and the joy. All expressions pass across her glorious countenance like clouds blown by the wind.

Now feel her attention come to you. She focuses on you fully as her eyes brim with tears, but none falls, and her mouth twinkles with the smile that plays across her lips. Feel her love emanate from her, bathing you in her light. Receive the blessing.

Now absorb the vision into yourself, breathing her light into you, so you become one with her. Let her sweet smile permeate you from the inside out, from the corners of her

mouth to your mouth let your inner smile manifest. Feel the qualities of Kuan Yin as your own.

4. Perform at least one compassionate act and offer it at the feet of Kuan Yin.
5. Keep your heart in a state of open compassion towards all beings – from East to West and North to South. Your heart is your true compass. Let it guide you. It has to be open for you to read it.

### Dakini Transmission

I turn back to earth  
Because I hear you  
Calling  
For my deepest joy  
Is to catch you  
When you're  
Falling  
However much you suffer  
You can take refuge in me

### Affirmations

The Goddess hears my calls  
Her compassion for me  
Knows no bounds  
I cultivate infinite compassion  
For all beings  
The value I give others  
Adds value to my own being

**21 ECSTATICA**

**FAW**



**She is the fire that ignites you into action, into dance. Once ignited, she connects you with the airy map of star consciousness and you flow in waves of surrender to the trance.**

### Who is Ecstatica?

She is the cosmic dancer. She takes you into the realm of ecstasy through dance. She opens the portals through trance states, and aligned surrender. She expresses herself through ecstatic dance, in many cultural forms and beyond into pure energy. She loves to get into the ecstatic vibration and share it with others.

She is present in the energy fields of Shamanic dancers from Africa, Bali, Sufis, to the ultra futuristic zones of black light and psychedelia of the new trance dance and rave culture.

### Location/Sphere of Influence

Dance floors all over the planet/in any trance dance.

### Allies

Dancers and the dance of all beings, right down to the dancing molecules and in the dance of the air in the trees, the wind on the waves...

### Nature & Description of Dakini

The portal of Ecstatica opens, an interdimensional rave, a black light dance floor built from her being.

Ecstatica is seen in different forms as she merges with and emerges out of the dance, each taking their turn on the dancefloor. The dancefloor is open to the sky and the party extends out into the starry firmament beyond.

She uses the vehicle of her dance to connect with the consciousness of the stars and offer her ecstatic energy to them. Different dances relate to different star portals. She is shown bathed in starlight and moving light waves as she dances. She is a kinetic black light painting. She is another stitch in a Huichol Indian trance tapestry.

Ecstatica is here to harvest all that energy that gets built up on the dance floor with nowhere to go. She says if you offer it to her, as representative of the Great Goddess, then you will be eligible for the blessings that naturally shower back down.

She helps weave together with her movements the energy of all dancing molecules that dance the dance of life.

She is present on every dancefloor. She moves around. Look for her.

### Divinatory Meaning

You need, you deserve to have more ecstasy in your life.

Check out Ecstatica and experience how she gets herself into the zone.

Do you dance? Ecstatica is here to invite you onto the dance floor. Her dance floor is the portal to Ec-stasis (to stand outside of oneself).

A need to just get out of your ego and your sense of self, of who you think you are once in a while.

A need to forget yourself by surrendering to something that takes you over and dissolves you.

Find what kind of music and what situation will allow that to occur.

Ecstatica's portal is very action orientated. She wants you to wake up in your body, to feel her in your movements. She wants your very cells to dance and remember they are stardust, dancing with the stars.

Explore different approaches to your trance dance. Many indigenous dance forms use the power of the collective dance pattern, where all the participants share the same set of movements which are repeated over and over, often for long periods of time. The merit of this approach is that the participants find themselves entering into a collective trance, where they find themselves part of a wave, insignificant, yet vital. They feel the importance of their participation, that it is only by each individual fulfilling their role that the great harmonic wave of existence can continue to be. They are both lost and found, surrendered to the whole, but acutely aware of each and every being's vital role.

Contemporary society tends to favor individual expression. Find your dance. Try out anything. No one is judging. Ecstatica loves it all.

Ecstatica loves how the heartbeats of those on the dance floor synchronize with the music...

Treat life as a dance and move gracefully through it.

If you are in a crowded situation, hear music in your head and move through the crowd fluidly as if dancing. People don't generally bump into each other on the dance floor.

Dance as release. If you have a lot of emotional energy bottled up – (have you?) Ecstatica shows the way for you to channel and release this energy. Dance it out.

Ecstatic dance as the means for working through blockages of a physical and/or psycho-somatic nature. Much illness, on a bodily level and on mental and emotional planes too, is caused by stagnant energy, energy that gets stuck and won't move through. Ecstatica wants you to shake it all out and shake yourself free.

Spin like a dervish, like a whirling molecule.

Everything in life dances their dance. The wind dances through the trees and the leaves quiver rhythmically in response, the waves dance in their patterns and formations, my fingers dance across the keys as I write these words...

See yourself as a dancer in all your actions and you will acquire an aura of grace.

Surrender your thoughts when you dance. Forget everything. Just be in the moment of the dance and lost in it.

Your kind of dance, your way of 'getting into the zone' and out of the constricts of your 'normal' persona may not look like what we understand as dance. It may be a sports activity, an exercise routine, cooking as therapy... Whatever it is that you choose to lose yourself in and find your bliss, treat it as a dance.

Dance as you make love, it is the ultimate couples' dance. Put on music in the bedroom, dance the dance of love with your partner until the dancers disappear into the dance...

You are dancing the Dance of Life at every moment.

### Indications

Simply put, you need to dance.

Taking things beyond the normal limitations you may place on yourself and do it in a safe space.

### Practices

Dance. In a public or a private place, dance until you lose yourself to the dance.

Take all the stresses and emotions you are, and have been, experiencing and bring them all up.

Use any negative energy as fuel to energize your dance, whatever source it comes from, whatever its nature, you can use it as energy. Dance through the emotions, act them out, dance them out until they are spent.

Keep dancing until your limbs tremble.

When the experience peaks, offer the energy of your ecstatic feelings to Ecstatica.

Use your dance to communicate:

1. With yourself. Let your body lead, let it take control as it synchs up with the music. Listen to your cells and dance with them as they dance in you.

2. With others. Let dance be a means of communication. Express how you feel to someone else or to others through the medium of dance.
3. With life. Imagine yourself, as a stalk of corn in the wind, a frond of seaweed, a dancing molecule. See yourself dancing in time with all the other cells and molecules, see yourself as part of a field of corn, part of the dance of the sea... You are part of the bigger dance, but an intrinsic part of it. You must keep dancing.
4. With the Divine. Let your dance be an offering to the Dakinis, an offering to the Goddess, to the celestial bodies and let them dance through you... Dance with and for Ecstatica. Dance as Ecstatica.  
Use your dance to attune you to the rhythms of life and to cosmic vibrations.  
You have to feel it to get it says Ecstatica.

NB If you have any kind of physical condition that prevents you from dancing, there is still going to be some part of you that can dance, even if its just in your mind. Ecstatica is a very action orientated Dakini, so the physicalisation, the actual experience in the body, is very important for her.

#### Dakini Transmission

I release from my heart  
All the starlight  
As I spin and twirl  
I do unfurl  
Myriads of paths  
Between me and the stars  
As I dance  
On celestial dancefloors

#### Affirmations

I can dance  
Through my dance  
I can access  
Realms beyond  
My own limitations  
I am capable of ecstasy  
I am open and I am eligible to receive ecstatic feelings



**Born from the water of tears, Tara dwells in the mindsky and affects the air of consciousness with the fire of her inner light.**

### Who is Tara?

It is said that Tara was born from the tears of Avalokiteshvara, the Bodhisattva of compassion.

Tara is an important and popular deity in the Tibetan pantheon of goddesses and gods.

She is known for her willingness to step down and help sentient beings, especially in her form as Green Tara. Her name means Savioreess or 'star' as she is a guiding light.

She is Buddha queen and mother.

There are twenty one Taras of different colors, each with their special qualities and attributes.

The Tara of our pantheon is White Tara, though she carries with her the gifts of all the Taras who all possess the central compassionate nature of Tara.

White Tara is traditionally associated with longevity and immortality. She embodies the nature of a female Buddha. She is calm and slightly wrathful.

She acts as an ambassador to the Pure Land of Light. She is pure in the sense that she is complete in herself.

Dignified and fearless, she is 'the quick way to wisdom'. Through Tara this can be swiftly and easily attained, making her so valuable in this time when escalated evolution is required.

She is a bestower of rapid insight.

She provides the portal to the 'deathless state'.

### Location/Sphere of Influence

The Pure Land in the mindsky.

### Allies

Snow lion.

### Nature & Description of Dakini

Tara is presented in the form of a Tibetan Thangka painting, framed in silk brocade.

White Tara is seated on a lotus throne. Her radiance is depicted as a halo, an aura of pink, turquoise and rainbow light. Her portal is the access point into the Pure Land. Her realm contains Himalayan peaks and lakes and is bathed in the pink light of the pre-dusk time.

The sun and moon are her attendants.

Her expression is calm, but she has a ferocious aspect.

She has seven eyes, a third eye on her forehead and eyes in the palms of her hands and on the soles of her feet, revealing that compassion springs from total awareness.

She is connected with the moon and is seated on a lunar disc that rests within a stylized lotus.

The sprouting lotus branch she holds depicts one bud, one half open and one flower in full bloom, representing the past, present and future as stages in the process of enlightenment.

Her body is made of white light, like sunlight on snow. She exudes luminosity.

She is etherically delicate and regally majestic.

She is dressed in lustrous silk and bejeweled.  
Her right hand is resting on her right knee, its palm turned outwards to give to all beings.  
Her left hand in front of her breast is in the mudra (gesture) of bestowing protection from the heart.  
Tara's lotus floats on a lake of translucent turquoise water.  
She has an offering tray of wish fulfilling jewels.

### Divinatory Meaning

A blessing from White Tara.  
Tara is known for her ability to work miracles. If a miracle is needed in your life, Tara is here to assist.  
She is compassion in action, wisdom and awareness.  
Entry to the pure land of the Buddhas.  
Treasure moments of quiet reflection.  
Address physical and mental ailments by stilling the mind.  
White Tara is here to help. She wants to provide entry into her world of luminous tranquility.  
Cultivate awareness, that awareness that arises from a place of inner centeredness and calm.  
Do not rush.  
A longing for connection with your own inner pure light.  
Tara wants to provide more space for you, more time to explore the timeless.  
The tools for that exploration lie in developing your connection to the Mindsky so you can enter the Pure Land of the timeless.  
She offers herself as your spiritual mother. Take refuge in her.  
A connection established with Tara in this life can serve you when you leave your body. As your spirit is making its transition after death, Tara says you can call on her and ask her to help remove any negativities that attach to you so that you can enter the Pure Land.  
Tara is someone you can rely on. Know that you can always call on her and she will never fail you.  
Cultivate that kind of reliability in yourself. Become a still center of spiritual peace in a changing world.  
Consistency.  
Longevity.  
Prolonging life.  
If you experience any kind of sickness or disease (dis-ease) seek remedies that address the cause, not just deal with the symptoms. Look more for long term than short term benefits and results.  
This applies to your body, your business, your relationships and your mind and emotions.  
What are the benefits of longevity in our culture? Is a longer lifespan really desirable when most elders spend their last years in nursing homes and similar institutions? We do not generally cherish our elders and respect them for their wisdom. This tends to keep society immature.

### Indications

Partake of any practices or therapies that could increase longevity, such as Kayakalpa (Auryvedic rejuvenation therapy).

A health condition or a mental or emotional problem would benefit greatly from focused intentional meditation.

White Tara meditation is indicated. Through this you can develop your own clear place, your Pure Land within.

### Practices

Tara's sadhanas (spiritual practice) include self visualization, i.e. visualizing oneself as White Tara.

Visualization practice from White Tara:

1. Everything dissolves into emptiness
2. From a vast empty blue sky the syllable **TAM**  appears written in white light on a moon mat on a white lotus.
3. Then visualize yourself as White Tara seated on this moon and lotus.

This visualization represents:

1. Purification of death
2. Now the subtle body is in the intermediate state (unborn) and you manifest as the seed syllable Tam from the desire to benefit beings.
3. You are reborn as Tara to benefit the world.

The second visualization Tara gives is:

As Tara take the seed syllable Tam into your heart and see a wheel of white light encircling it. The **TAM** pours out white light which emanates through your whole body, and radiates out to create a sheath, an encasing orb, of white light around you so that you are sitting in the center of a sphere of radiant light.

Now see golden light stream forth and form an orb around the white one. Then see successively rays of ruby red, sky blue, emerald green, and violet/indigo lights pour forth and form orbs of light around the white and gold orbs.

The white light is the sheath that protects from illness, negative karma and morbidity.

The golden light expands life expectancy and enhances the mental faculties.

The red light confers the ability to be victorious.

The sky blue light brings the ability to overcome obstacles and poisons.

The green light confers 'siddhis' or magical powers and the purple/indigo ring seals these all-accomplishing, healing lights.

You are held suspended within this space of luminous purity.

This meditation provides a protective cocoon of light and allows you to stay in a calm, clear place, concentrating your inner vitality and stretching time. It provides a crucible of white light in which to heal and refine the nature of self.

From this place you can direct the healing energy of Tara to others also.

3. Send homage to all the Buddhas and Bodhisattvas, devotees and Enlightened Beings whose collective consciousness supports Tara and the salvation she offers. Pray that the spiritual teachings of Tibet and those who uphold them be protected and disseminated for the benefit of all sentient beings.

### Mantra

Tara's seed syllable (essence of her energy form in a single syllable/vibration) is **TAM**  
Tara's mantra is:

*Om Tara tuttāreh tureh swaha.*



NB This is the short form of Tara's mantra. The form specific to White Tara is

***Om Tāre Tuttāre Ture Mama Ayuḥ Punya Jñānā Puṣṭim Kuru Svāhā.***

'Mama' means mine, indicating that you wish to possess these qualities.

'Ayuḥ' is long life.

'Punya' is merit, good karma.

'Jnana' is wisdom.

'Pustim' is wealth, abundance, increase.

'Kuru' is the mythical pure land beyond the Himalayas.

'Svaha' - so may it be!

Tara's mantra is recommended to accompany her visualization. The suggested number of repetitions for the full mantra is 21.

### Dakini Transmission

Come with me  
To a place  
That stretches time  
A pure land  
Where sublime  
Sentiments enfold you  
Where luminosity holds you  
In its sweet embrace  
And you taste  
The immortality  
Of the deathless state

### Affirmations

I can find and enter

The still place within  
I am not bound by time  
I can enhance my physical, emotional and spiritual wellbeing.  
I cultivate compassion  
For myself  
And all beings



**She is the arousal of the inner fire that flows like liquid light to open consciousness to the realm of subtle vibration.**

### Who is Quetza Kundalini?

She is the embodiment of the Goddess that lives within each of our bodies, referred to as Kundalini in the Hindu Tantric tradition. She is visualized as a golden serpentine Goddess who lives at the base of the spine. When unawakened she lies coiled three and a half times. When she is activated, spontaneously or through Kundalini Yoga practices, she rises up through the centers of the body, called chakras. These chakras are seen as vortexes or wheels of swirling energy and each is visualized with its own color and number of petals or spokes. When Kundalini completes her ascent, the experience of liberation, bliss and oneness is visualized as her union in the crown with Shiva, her male counterpart.

Quetza Kundalini is the name given to the Dakini who wants to bring us the energy of Kundalini, feathered with the plumes of the Mayan winged serpent Quetzalcoatl. The prophecies say that Quetzalcoatl is being reborn as an energetic signature in these times, bringing in the 'New human'. The fusion of these energies represents the new galactic frequency.

Quetzalcoatl can also be translated as 'precious twin'. Kundalini can be viewed as each being's 'precious twin', the form of the goddess who lives within us all.

Kundalini Yoga is set forth as a means by which to access and work with the energy of Kundalini.

### Location/Sphere of Influence

Subtle body. India/South America connection.

### Allies

Plumed serpent/snakes & exotic birds.

### Nature & Description of Dakini

Kundalini is the Dakini worshipped in the temple of the body. Her image displays the inner and outer temple of Quetza Kundalini. The fractal wings behind her indicate her ability to move from macrocosm to microcosm, to bring bliss to every cell and send waves of bliss through the Universe.

She operates in the bio-electric magnetic fields. Spirals of DNA rise through her and are generated by her.

As Kundalini moves within the subtle body, so the chakras, energy centers, of the rainbow body are shown within the Dakini and on her golden ziggurat, her temple.

The proportions of the ziggurat are those of the pyramid of Quetzacoatl in Mexico.

The vortexes and color coding of the chakras fills each of the seven steps.

She decorates the ziggurat with forms of herself as exotic temple carvings.

She is masked in filigree, as the face of Kundalini is hidden, being each being's personal Goddess energy.

She makes mudras (symbolic hand gestures), resonating with the energy fields of her illuminated body. Above her head her hands form the shape of a heart, for she too understands that this frequency is to be elevated.

She has eight arms, signifying that she moves not only in the four directions of the physical plane, but also in the above and the below and the past and future.

She has the scales of a snake winding around her for she is often called the 'serpent power'. Below she touches the plane of duality, above she unites the principles in divine love.

The elixir of bliss, amrita, pours down through the temple as liquid light.

### Divinatory Meaning

A gift from the Dakinis to activate your Kundalini.

Your body is your temple. Quetza Kundalini is here to help turn on the lights.

Realization that the body is not just solid matter, but a vibrant energy system just awaiting full activation. Your consciousness is the secret ingredient that is needed to turn your system on.

Every cell of your physical being is a piece of living consciousness. Every sentient being responds to energy. There is energy that is materialized and you can see its action, but there is also subtle energy that surrounds and pervades everything. These subtle energy fields are modulated with consciousness and our thoughts and feelings affect them.

Healers work in this way. Self healing works in this way.

Your body is your own personal laboratory in which you can conduct experiments on the mind/body interface, on the spirit/matter interaction.

Fortunately there is a body of wisdom, derived from the direct experience of yogis and yoginis, which can guide you in these realms of inner research and personal evolution.

Quetza Kundalini is here to bring you direct transmission.

She brings awareness of your bio-electrical energies and charges up your system.

Opportunity for rapid evolution.

Things suddenly shift to another level.

New experiences within yourself.

You may experience shivers, trembling of the limbs, sudden revelations, inner heat and sexual arousal.

Energy that is suddenly available and focused.

Sudden moments of deep insight and inspiration.

Integration.

Sexual energy that can be channeled into anything.

Sexual energy is the root energy, the raw material. If it is blocked, twisted or repressed then it is not available to complete its natural ascent into the other centers of the body where it feeds the will, the emotions and the functions of consciousness and higher consciousness.

Quetza Kundalini wants to set things in motion. If you want to tune in, you must be turned on. She's here to do that, if you are willing to play...

If you have a project or venture, Quetza Kundalini encourages you to visualize its inner subtle body, its energy system. Make a sketch or map of it and see how energy flows within its inner workings and where it is blocked or where there is a potential for things to get bogged down or stagnant. Use this insight to shift how things work so that energy can flow freely through the organism or organization.

Examine your own being in the same way.

Quetza Kundalini is here to give you some juice to assist in your breakthroughs. She likes to swim in fresh newly released energy...Gives her a boost.

### Indications

If you are not already familiar with the 'Subtle Body' of Tantra, Quetza Kundalini suggests you look into it. That is where she lives, so if she has come to visit you, she says its time for you to wake up to your own inner resources which are powerful tools for personal evolution.

Bathing your cells in the endorphins that orgasm releases could be beneficial for you.

You may also want to look into ways of cultivating sexual energy which are based in sending the energy upwards instead of releasing it. This is what leads to the kind of experience described as 'full body orgasm'.

In all situations, cultivate 'orgasms of the heart'.

### Practices

#### 1. Kundalini activation.

Sit in a comfortable crossed-legged position and close your eyes. Contract the muscles of the area just between your anus and your yoni (vagina) or scrotum. Keep contracting this region, sending upward moving waves of energy. At the same time envision a beautiful kundalini, in the form of a golden serpent, lying coiled three and a half times at the base of your spine. As you send the waves of energy, visualize your kundalini snake awakening and uncoiling as her body stretches upwards.

Now using your breath breathe in deeply, so the air pours into your body and fills your belly, like water pouring into a pot. As you inhale, visualize kundalini raising up the center of your being, reaching higher with each breath. She comes to rest at the energy centers of the subtle body, known as the chakras. Visualize them as spinning vortexes of energy as follows:

red at the base, the sexual center

orange at the spleen center

golden yellow at the solar plexus

green at the heart

blue at the throat

indigo at the third eye

violet at the crown

You hold your breath after you inhale, fully feeling the presence of kundalini in your subtle body at whichever center she has reached, holding the muscles tight you have been contracting at the same time to form a 'banda', a seal. Then as you exhale, release your muscles and let the bliss that she is permeate your whole being, infusing every cell with her liquid golden light energy.

Stay with this meditation until kundalini has completed her journey to your crown. When she reaches this position, see her as the golden Goddess Quetza Kundalini in blissful union with her male counterpart. Their golden lovelight radiates from your fontanel and pours down as liquid light into the lotus of your heart, filling it with divine bliss.

This practice from Dakini Kundalini should activate your inner Shakti and charge your electro-magnetic fields.

### Mantra

A short mantra for Kundalini awakening:

**ADI SHAKTI, ADI SHAKTI, ADI SHAKTI, NAMO NAMO**

**KUNDALINI MATA SHAKTI, MATA SHAKTI, MATA SHAKTI, NAMO NAMO**

### Translation:

*To she who is Primal Power, Primal Power, Primal Power, I bow down, I bow down*

*To the Creative Kundalini Power of the Divine Mother, Divine Mother, Divine mother, I surrender myself, I bow down.*

### Dakini Transmission

I am your inner  
Source of bliss  
I am the serpent's  
Tingling kiss  
I make love to every  
Single cell  
I turn you on  
I make you well  
Awaken me!  
I am your power  
To manifest  
And to transcend  
For I am bliss  
That never ends

### Affirmations

I can realize  
My full potential  
By activating  
My inner Shakti  
I am ready  
To evolve  
And handle more energy





**Chi flows like water, she balances the inner fire, and her essence is the life force, the subtle air.**

### Who is Chi?

Chi is the Dakini who chooses to be the vehicle of expression for the life energy known in Asia as Chi. She exemplifies mastery of the flow of energy in the physical form, knowing this comes from alignment with subtle invisible energies that are present in our own bodies and in all of nature. Chi, Qi in Chinese, literally means air, breath, steam, but is generally translated as ‘energy flow’, or bio-electrical energy. Its nature is both spiritual and physical.

It is the relationship with chi that forms the basis of the martial and the healing arts.

The understanding of the flow of Chi is the gift from Asian wisdom that Chi offers to the world. Although it would generally be expected that Chi would be classified as air, in our pantheon her field is expressed through the vehicle of water as she offers the path of flow, the path of least resistance, and this is well expressed in fluid terms. This Asian archetype models these qualities for the world, so that even the warrior forms are not hard and brittle, but soft and mutable. That which bends does not break.

So Chi’s elemental glyph describes how fluidity balances fire, with air as the inner essence, the internal and universal subtle force.

Chi also carries with her the Chinese Divinatory system known as the I Ching, The I Ching, the Book of Changes, has affinity with this Oracle as they both employ a cycle of 64 energies. It describes the cyclic patterns of the Tao, the pathless path of Chinese mysticism.

This portal pays homage to this great work.

### Location/Sphere of Influence

China/Asia/ the body/the Wu Gi.

### Allies

Animals indigenous to China. Bamboo.

### Nature & Description of Dakini

Chi flies through the air in the center of a blue yin/yang symbol, expressing the effortless exuberation of elemental attunement. Her form echoes behind her as a motion blur, for she is movement in space assuming solid form.

Chi arises from the heart of the Wu Gi, the great pregnant void, as pure imminence.

The Chinese symbols for the five elements – wood, fire, earth, metal, water – are inscribed around the inner circumference of the circle. Around the outer circumference are the eight phases of Universal Energy expressed by the trigrams of the Pre Heaven (Primal) arrangement. This cycle forms the basis of the I Ching.

Her realm is a combination of the nature and art of China, a collage of tribute to this ancient culture. Chi is both in the landscape and of it.

She shows how Chi is ever present at all times for us to tap into. She demonstrates many ways to work with the energy of Chi. The forms are inner meditations with outer expression, always seeking to flow with the Chi ever present in nature.

The healing arts of acupuncture and massage are an intrinsic part of Chi's realm. Acupuncture needles trigger responses in the energy body that release the appropriate chemicals and bio-electrical signals to release pain and promote energy flow and healing.

Chi's back displays golden needles placed in the points of the Governing Vessel (Du Mei), the confluence of all the yang channels of the subtle body. It circulates the 'guardian Chi' and controls the back area. This Chi 'has your back' and represents the fire of the body.

She is the life force of sprouting bamboo. She is pert, vivacious, spunky yet graceful, fierce yet delicate and flowing. She has her yin and yang balanced and acting in perfect harmony as they compliment each other in the realization of her being.

Beyond male and female polarities, the balancing of yin and yang requires the uniting of dualities within as the play of light and dark and the union of heaven and earth - the upper and lower centers of consciousness in the body.

Chi flows with Wu Wei, effortless action. The aim of Wu Wei in Taoism (the Indescribable Way) is to achieve a state of perfect alignment with natural forces and thereby achieve an equilibrium which facilitates the 'soft and invisible' flowing power of chi.

She moves like flowing water, harnessing her inner fire, as she unites heaven and earth and channels the pure nature of Chi.

Breathe.

### Divinatory Meaning

A gift of energy from Dakini Chi.

Chi flows without blockage in a healthy organism. As our Chi flows, our life force circulates within. A wise disciple of Chi attunes the inner flow to the elemental Chi that flows through everything. Chi wants you to know that she flows through all creation-within and without every dancing molecule.

You may need to adopt certain practices in order to channel Chi's gift to maximum advantage. She reveals that these practices are essentially about form - the relationship with self and the space around and between things.

When she is involved in martial arts, she demonstrates that combat forms are about interaction, playing with energy exchange between beings who have been working with the art, not about killing and defeating. View all competition in this light.

Chi comes to you to encourage you to work with the natural flow of energy within the physical body in order to align with subtle energies that exist in nature and in spirit.

Do you see your body as dense material, solid form?

Wake up! Chi wants you to know that you are energy in matter. This is the first principle.

Chi helps us see that our bodies are interconnected holograms and that what happens to one part has an effect on the whole system.

This is true within the biosystem of our own bodies and also applies to how we as individuals relate to the biosphere of the planet.

Chi teaches us through the example of her being how to work with the forces of nature, not against them.

Look to the spaces between things and events to know how the energy could shift.

Lean into the wind of change.

Chi works with, plays with, energy by inviting it in, never trying to dominate or control it, but to work with it as an ongoing co-creation.

The wise one knows that they own nothing but their connection to Chi.

Once Chi leaves the body, so does life. Chi cannot be owned, she is just passing through...

You may be feeling depleted. Chi is here to energize you, but you may need to help her to do this.

If you have a project, Chi asks you to examine how energy flows in the system, where it is blocked and how it could be remedied. Where to apply pressure, what needs soothing and healing.

If you suffer from or express aggression, channel this through the practice of martial arts and the gentler forms of Tai Chi or Chi Gong.

If you are not aggressive enough, same remedy.

If you are to help others, you should know how to handle energy in your own being.

Become aware of the balance of yin (feminine) and yang (masculine) in your life and in yourself.

Learn how to bring out whichever aspect of yourself is relevant to any situation.

We are all composed of male and female energies, whether we have the bodies of men or women. Chi wants to help us be in contact with both these energies in a healthy and vibrant way. She herself brings the power of the masculine, but her mode of expression flows with feminine grace.

Grace is the result of allowing the chi to create the form.

### Indications

Look for ways in which your energy may be blocked and not able to reach its full potential.

You may benefit from massage/shiatsu/acupuncture and inner visualization.

\* If you have received Chi in your divination, she asks you to also consult the I Ching. The combination of the information you receive from her reading and the divination of the I Ching will deepen your understanding of the issues at hand.

### Practices

1. Regard your own energy. See what situations energize you and which drain you.
2. The Taoist practices of inner alchemy focus on the circulation of Chi through the energy centers of the subtle body.  
Chi offers a core practice to help you realign with the Chi energy of the universe within. She says that this is vital, as mental activities tend to cut you off from the lower centers of your body and you cannot be whole unless you re-connect.

You were formed in the womb sucking nourishment from your mother through your umbilical chord. You were weaned of this biological connection and had to depend on external sources of nourishment through the use of the faculties – mouth, nose, ears and eyes – of the upper center of the body (Upper Dan Tien).

It is your birthright to seek support from the mother center (Lower Dan Tien), for this is your center of gravity.

Visualize yourself as embryonic cells lying in the center of your body, in the Chi Ocean, the Elixir Field, below the navel, where the Chi is cultivated. Feel yourself connected by your umbilicus to your mother. Accept her, as you accept your earthly existence, and feel her energy.

Feel the life force flowing into you as a fetus as you develop from that center. Honor that sacred beginning, your birth, by activating the power of life and consciousness with every breath.

The practice of Qigong/Chi kung (energy cultivation) begins with the following quiet meditation in a seated or standing position. Chi says this practice precedes all other practices, whether in medical, scholastic, spiritual or Martial Qi Gong. It is the practice called 'Embryonic Breathing'.

The tip of the tongue touches the roof of the mouth. The back is straight, with the perineum (Hui Yin) slightly lifted.

The mind is the key to lead the breath through the body.

First inhale through the nostrils. Pull the lower abdominal muscles towards the spine and tighten the perineum in the floor of your pelvis, the Lower Dan Tien, Elixir Field. Let your mind stay there for a few minutes, as you breathe with long deep breaths, relaxing the muscles of the perineum as you exhale, tightening as you inhale and hold.

Breathe visualizing every inhalation filling your entire body, especially your joints.

Breathe as if every exhalation opens the joints and relaxes the muscles, allowing any 'old' Chi to be released through the soles of the feet.

Once you feel fully at ease, let your mind travel up to your 'Third Eye' (in the center above your eyebrows) and concentrate on a Chi ball of light in the 'heavens' of your personal cosmos. Abide here for a few minutes within long deep breaths

Now as you inhale, clearly focus on the Chi ball of light and direct it down into your Lower Dan Tien, through the 'Thrusting Vessel' (the channel, or meridian, that connects the upper and lower centers through the spinal cord). Picture the dark Chi ocean in your abdomen lighting up. Take in long, low breaths, pausing a few moments before you exhale, holding the vision of the energy exchange between these two very important polarities in your living organism. Exhale Chi through your feet into the earth. Let the light of your inner eye permeate your flesh and fill all your cavities with light and life-force. Notice the increased abundance of Chi to all areas of your body, heart and mind.

Allow your mind to focus itself into this practice until it becomes a habit, and the body memory recalls the true state of illuminated peace, without need for the conscious regulation of the mind.

This Embryonic Breathing re-connects Heaven and Earth within you.

3. The adoption of a practice that focuses on how energy moves in the body is indicated. This could be Chi Gong, Tai Chi or any other martial art practice. Dedicate your practice to Chi and see yourself as her.
4. Offer a prayer, a meditation, where you express your appreciation to the Great

Ultimate, to the ancient Chinese sages, the alchemists, the Immortal Ones. Thank Them for their timeless wisdom for the healing of the ages. Send this to the Wisdom heart of China.

### Dakini Transmission

I am Chi  
I belong to all  
I exist in all  
If you find me  
And play with me  
It will double my ability  
To freely flow  
Taking energy where  
It needs to go

### Affirmations

I have access to infinite supplies of Chi, life force  
I am in tune with the forces of nature  
I can balance and channel my Chi  
I can heal myself

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**MISTRESS X**

**FWF**



**In Mistress X's formula, the fire of her intensity is reflected in the fire she arouses in the other, requiring the waters of surrender in between.**

### Who is Mistress X?

Her glyph is that of the Dominatrix. As a powerful archetype, particularly in the erotic arena, she takes her position in this pantheon.

She evolves from the cycle of wrathful Dakinis of the 64 Yogini Temples.

She is the one who assumes control and demands surrender.

As such she is one of the 'challenge' Dakinis.

In a typical glyph of a wrathful Dakini, she may trample her devotees beneath her feet.

## Location/Sphere of Influence

Fantasy realm, Mistress X's dungeon of strange delights.

## Allies

Scorpion

## Nature & Description of Dakini

She stands with her four arms forming an X. She is garbed in the uniform of the dominatrix, and holds tools of her trade - whip, handcuffs, paddle and crop...

Mistress X is shown as the mistress of her realm, the dominatrix, and also present in the submissive roles. By these means Mistress X exhibits the secret of her portal's formula.

In Mistress X's service you are able to surrender completely to her, not as one person submitting to another, but in the trust that she knows exactly what you want. She knows that because she is able to put herself in both positions, the dominator and the dominated. From that perspective, she is you and only expressing, living out, your deepest desires.

Her furniture is generally made from her subjects who hold certain positions for her pleasure. You may become one of them...

Mistress X has her art collections. Beings strapped to the walls, just awaiting the grace of her touch, whether soft or hard. You may become one of them.

In her mandala of submission, we see her styled in latex, bound, hooded, leashed, masked and gagged.

She hangs spread-eagled in further expression of the 'X factor' of Mistress X.

To the right we see her back in the position known as 'Reverse prayer'. To the left the foreground figures enhance the pervading mood of ritual and surrender.

Mistress X stands upon a version of herself who lies back, her eyes covered in a red satin blindfold. It is her X-rated fantasy that is projected. The luminous scorpion on her chest represents the unknown and dangerous aspect that she opens herself to while seeing with closed eyes. The scorpion appears again, tattooed on Mistress X.

## Divinatory Meaning

Why are you here?

Have you been a naughty boy or girl?

Have you subjugated others?

You have been sent here for some discipline. A little lesson in how to surrender.

Mistress X is here to relieve you of your guilt by punishing' you.

Do you have power issues?

Mistress X is here to set you straight.

The dominator needs the dominated as much as the dominated needs the dominatrix. This is the double binding of her bondage.

Are you in some kind of relationship in your life that has a co-dependant aspect? Do you take out your frustrations in life on someone near to you? Does someone do that to you?

Is it in relation to another person or is it habits and patterns in your own life that have you bound?

Mistress X says its time for you to take a look at all this. Sometimes these kinds of syndromes are pretty sneaky, hiding in your consciousness under different guises and not being recognized for what they are. If things are not perfect in a relationship, the consciousness tends to get into playing habitual games, little cat and mouse scenarios, that both deflect from the main issues and offer ongoing subtle and insidious power plays and manipulations. Look for these patterns.

Mistress X says its time and she is here to support you in this process. Nothing gets past her. She will be strict with you if necessary, especially if you have allowed yourself to get slack in your approach to these issues. Time to take things in hand and not allow yourself to stoop to these kind of interactions. These are forms of invisible bondage that tie us with restraints that are stronger than the visible ones. These patterns keep us repressed and locked on certain levels of interaction and unable to evolve and develop within the relationship. Both sides lose. Time to break free by first recognizing and acknowledging what you are doing. Stand back and observe. In regards to worldly status, respect all beings in whatever role they play in life. All roles are reversible.

Put yourself in someone else's position.

Take control if the situation calls for it.

Surrender when that presents the path of least resistance and allows the goal to be reached more easily. Do not be attached to position and the role you believe you are meant to play. Do not let pride or a false sense of self stand in the way.

Surrender only to that which is in tune with your highest aspirations or deepest desires.

Most people long to be the focus of another person's attention. Rarely do you get the kind of focus Mistress X offers, rarely do your sensations and responses get to have front stage, full frontal. Mistress X offers you this opportunity.

In these times when so many have been sexually damaged or wounded in some way, Mistress X's services are required to bring those in her service to a place where they can feel.

There is a narrow threshold between pleasure and pain. The realm of Domination and Submission, Sadism and Masochism rides that edge to allow the participant/s to move beyond their sense of self and move into Ek-stasis, (standing outside oneself) to experience heights of bliss and ecstasy. There is also the thrill of the unknown, the lure of the forbidden, the place that stands outside the limits of convention. This is the realm in which the Dakini operates.

To be totally surrendered to whatever is a very liberating place to be. Gone are all the requirements of how to be and how to act. Gone is the ego. You are just one quivering expectant, helpless map of flesh awaiting the touch of your supreme mistress. Will it be hard or soft? You do not know. In this way you are completely off guard and without the array of defenses we carry around with us in normal life, our sensitivity is so heightened that, who knows, we could just be open to ecstasy ...

Dominatrix Mistress X only looks this way, but she is embodiment of compassionate wisdom.

This portal is not advocating S & M activities, but giving a safe space to explore this zone for those who are in need of this kind of Dakini medicine. A way to tip pain into pleasure – always useful to know. The experience of pain is much in your resistance to it. Surrender and welcome the sensation and it will melt and transform into pleasure when it meets no opposition.

A vehicle for ec-stasis. Humiliation as means to release stubborn ego attachment.

Restraint and total surrender as complete freedom.  
A place to experience the non-dual state.

### Indications

This portal acts on your desire body, your deepest, perhaps darkest, fantasies and gives you permission to visit this 'forbidden world'. Mistress X wants you to release guilt and shame in this arena. You may also need to explore these areas so that they no longer hold you in the thrall of fascination.

Mistress X's portal is about power and the roles we play. Seek impeccability here.  
Pay attention to both areas.

### Practices

1. Mistress X demands that you spot at least one insidious power play syndrome in one or more of your relationships, whether you are the dominator or the dominated, and consciously shift that pattern.
2. She has visited you so that you can use her to experience her realm in your mind, you can use her as a tool in your fantasies and visualization.

Mistress X has a task for you. She wants you to have at least one fantasy featuring her and her realm.

You are not allowed out until you have lost yourself/ found yourself on some level or another.

If you don't obey, she won't be a happy mistress, and we don't want that now, do we?

3. Make a prayer that all those who suffer from the misuse of power be released from the bondage that binds both the dominator and the dominated.

### Dakini Transmission

What are you waiting for?

Down on your knees!

And from now on

'Mistress please'

I know just what you need

I can take you

Where you need to go

Resistance is futile

Surrender is key

### Affirmations

I can take control

In any situation  
Or I can surrender  
I am not attached  
To power  
I can let go...



**Her realm is the watery Floating World. She can hold your burning secret through the strength of her own inner dragon fire.**

### Who is Secret Geisha?

The Geisha and the 'Floating World' which forms her realm, holds a special place in the collective consciousness.

The world of the Japanese Geisha is a world apart. It does not go by the rules of conventional society. It is its own world.

Secret Geisha is the Dakini who opens the portal into this alluring domain. She has all the skills of a geisha in the arts, entertainment and conversation. The relationship you have with her exists in its own reality.

This geisha is also a Dragon priestess, who sits in her red chamber and holds the box which contains a secret or many secrets.

### Location/Sphere of Influence

Floating world/Japan/Shintu shrines.

### Allies

Fire Dragon, coy fish.

### Nature & Description of Dakini

The realm of Secret Geisha is an interdimensional, timeless floating world. This is a realm of exquisite aesthetics. When you are in the Floating World, only the Floating World exists. She has a white face and wears a red kimono. She is both the alluring Geisha and the Dragon Priestess.

To the left her belongings float, like clues in a treasure hunt, tools that accompany the many arts of the Geisha. The Secret Geisha beckons us to join her in the painted world beyond, where nature and artistry blend in a magical illusion of eternal spring.

Cherry blossoms and the 'Great Wave' of Hokusai adorns shoji screens which open to a red central shrine, the inner sanctum, where Secret Geisha sits, holding a red lacquer box. This is the Box of Secrets. It has a secret just for you inside. She is surrounded in the flames of Aizen Myo, who, in Japanese esoteric Buddhism is the God of transcendent passion, the one who transforms sexual desire into spiritual awakening.

Secret Geisha sits in the center of rows of red lanterns, which evoke the oriental practice of hanging a red lantern at the door of the wife chosen for that night and the lure of the 'Red light district'.

She seated atop waterfalls. Below her is a blue lotus temple. Traditional Geishas bow low at either side.

The red lacquer column contains her fire dragon energy.

She lies beneath the waters of this Floating World, signifying that she has access to the unconscious realms, or what lies beneath appearances.

She awaits your rendezvous with saki and two cups.  
What happens in the Floating World stays in the Floating World...

### Divinatory Meaning

Secret Geisha keeps a special appointment with you, gracing you with her presence. She says that beyond all interpretation, any issues that may attach to this portal and her energy field, her transmission for you comes in the mood, the atmosphere, the aesthetic of her realm. Look into her realm and remember. She calls you across time and space to feel something you have felt before, in another time, another place, memories of another life or a floating world of the mind sky...

Secret desires.

Secret Geisha represents the unconventional face of love and attraction. One which stands outside the rules of convention, but is highly civilized, according to a different system of values which it adheres to.

To be in the Floating World of Tantric Geisha is to be in the timeless now.

Intimate exchange, devoid of projection into the future or association with mundane reality, thereby having its own innate purity.

A wish to step outside the confines of one's life.

A desire to experience the finer things of life.

Refinement.

Cultivating accomplishments, in terms of arts and social graces.

Cultured and witty conversation.

The joys of social exchange.

If you are a man, enjoying the company of women purely for the quality of their being and the pleasure of their company. Recognizing and acknowledging that to them.

If you are a woman, offering that aspect of yourself – your soft and elegant expression -without alternate motive, just for the joy of the exchange and the genteel mode of being it cultivates.

Practice the art of courtesy, not to limit social exchange, but to expand and refine your palette of expression.

Look to the women of the East to see the power in grace and the strength in subtlety.

Being dissatisfied with how you are seen and wishing to establish different criteria for yourself.

A need to cultivate something in your life that goes beyond your normal routines and habits.

Something in you denies pleasure. What is the secret reason behind this?

A secret that must be kept.

Trust issues.

Exotic fantasies.

Living out fantasies.

What does the world of the Geisha really offer? A way to have all kinds of intimate, cultural, intelligent and artistic exchange with another, very gifted and attractive being, without all the normal shackles of social convention limiting you or making you conform to expectations. The world of Geisha has its own set of guidelines.

You want to feel important and special to someone. To make someone else feel that way.

Are you lacking meaningful and/or affectionate, honoring exchange with an important person/important people in your life? Time to cultivate this aspect of relationship. Know that you can only receive what you are prepared to give. Start giving as you would wish to receive. It may

take a period of adjustment, but the other person in the relationship will either step up to match the new criteria in kind, or step back and away from the engagement. Either way things will shift and more clarity will emerge.

Do you have a double life of some kind?

Is your 'double life' one where what you express and communicate differs from what you say inside to yourself?

How do you integrate this?

Secret Geisha wants to help by being your trusted confidant. You can practice with her. She has no agenda, she wants nothing from you but your own realization, she is the fair and neutral zone where you can lay open your deepest desires, ask to be touched where no one else has touched you, expose your wounds, admit your guilts and not be judged.

You have something that you do not want to be public knowledge, but you need to share it with someone. If there is no one you can trust, Secret Geisha says you can share it with her. She has a special box to keep your secret in.

Or does Secret Geisha possess secrets of her own you wanted to know?

### Indications

You need to step 'out of your box'. Take the opportunity to have different and unusual life experiences, just for their own sake, not for any other reason.

A memory of another life calls you.

A hidden secret.

### Practices

1. Secret Geisha offers you a fantasy journey into her Floating World. If you are a woman or a man, let Secret Geisha treat you how you would love to be treated. She pours your saki, washes your feet, her laughter tingles in your ears like music.
2. Become Secret Geisha in your vision. If you have a partner, take on the energy of Secret Geisha for an evening and treat your beloved.
3. Put a secret in her box for safekeeping.
  - NB If Secret Geisha is the Dakini who comes again in a consultation, ie when you see her again it indicates that it is time to take your secret out of her box. What has shifted since you put it in there? What do you need to do with it now that it is time to take it out?
  - Once you have reviewed the situation, you can put your secret back in her box if necessary, or replace it with another one. As she keeps the box with her in her secret red shrine, it is hidden from sight, but it is held in a deep and sacred way. Her box is a hermetic vessel where the energy within can be worked on and transformed in a safe and deep way. In this form she is the Red Dragon Priestess. Nothing is too intense for her.
4. If you appreciate the ambiance and aesthetics of Secret Geisha's Floating World, send appreciation to the culture of Japan for manifesting this fantasy reality...

## Dakini Transmission

I am your private geisha  
Designed to please  
Excite and tease  
Stimulate and gently challenge  
There are other things  
I offer too  
But those are secret  
Only known to you

## Affirmations

I can experience  
Exotic worlds  
That float in the Mindsky  
I can keep my secrets  
In a safe place  
That will transform them

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**ELECTRA-LI**

**FAF**



**She is created from natural sources of electricity, a form of fire, conducted by the air of consciousness, and redirected as the fire of electrical power.**

Who is Electra-Li?

Electra-Li is one of the 'new' Dakinis. She manifests in the realm of electricity and is born to move within this energy system, being the nature of the energy behind the electricity we tap.

There is the light of the sun, the moon which reflects it, and the light of the stars. Then there is the light of the electric grids that now lace our planet.

Electricity is such a powerful force in modern life. Without power suddenly everything shuts down – no light, no warmth, no communication. We are very dependant on the power of electricity and Electra-Li is the Dakini who presides over this energy field and whose energy it is that powers the systems.

Although it is truth that man-made objects do not hold the life force and spirit in the same way as all of nature's creation, nevertheless, if we accept the premise that consciousness preceded form, then - even if we are not God - these objects, devises and energy systems that we put in place with our minds are now central and focal conduits to much of current human consciousness. Therefore it would make sense that there are spiritual entities that associate with these forms too. Everything that humanity has created is from the materials of the natural world. As mankind is also the creation of the Divine, then, by extension, there is nothing created that is not part of creation and therefore all things, animate and inanimate, are worthy of being blessed and carrying blessing.

Here is the 'Blessing way' as understood by a young American Indian, 'We live the blessing way. We bless everything. We bless the red and white snakes. The red and white snakes are the lights of the cars that we see on the highway. We bless them all.'

The second part of her name Li comes from the Chinese trigram for fire in the I-Ching. The qualities attributed to Li are: illuminating, brightness, radiance, intelligence, clarity, clinging, dependence and attachment. She is 'Younger daughter'.

### Location/Sphere of Influence

In the electric fields & circuits which wraps & thread through our modern world, powering & illuminating.

### Allies

Fireflies and lightning.

### Nature & Description of Dakini

Electra-Li is a super heroine dressed in light. Tubes of light and light wires wrap her, pulsing frequencies of light across her being. She is wired with copper coils. She is futuristic in her appearance. She can beam light from her eyes and emits rainbow light from her fingertips. Light rings her like a Tesla coil. Her chakras (energy centers) of light, ascend from infra red to ultra violet light. She wears a crown which connects her, like antennae, to the light grid, where Electra-Li works with lightening, the natural world's way of releasing electrical charge, and with the sprites above the clouds. She represents the electrical systems of this planet and connects to the Universal fields of electromagnetics.

Her being is a holographic light show.

Her whole realm is an illuminated landscape. From cities at night to grids of light, her whole vista is like a futuristic Burning Man.

As well as being the power that lights up the outer world, Electra-Li is also the inner light of inspiration. She is the clarity of an idea. She is also known sometimes as Laseri. This name

highlights her function of bringing lazer like focus and attention to any situation. She spreads light in dark corners. She vibrates at a very high frequency. She is willing to allow her energy to be channeled and directed. Her energy is both AC and DC. Her light body extends beyond her form. She moves within all electrical circuits and throughout their electro-magnetic fields. She also moves in the electro-magnetic field of the planet and within the electro-magnetic fields of all its inhabitants.

Electra-Li projects images from her light body at will into her surroundings. She vibrates at a highly charged frequency and can focus light in any way she chooses. She loves to be turned on.

### Divinatory Meaning

A surge of energy for you from Electra-Li.

Use laser-like precision and clarity to shed light on the current situation.

Shine light into the dark recesses, electric light can reach anywhere.

You can create your own enlightenment.

Focused intelligence is required in the present situation, at this time. Electra-Li bring you the energy pack to assist you. She is the ever ready energy bunny, powered from her own internal source.

Become aware of your electro-magnetic energy field.

Electra-Li is an ally and would like to be appreciated as a living entity.

She can be dangerous if not handled with care.

Are you in a situation where shock tactics may be usefully employed? Perhaps you need a little jolt to the system in order to get everything firing properly. This could be in your psyche, to establish some new grooves in the way your consciousness makes its connections, or it may be in the way systems in your life work.

Encourage new mental pathways and connections between things not generally connected. Get those neurons firing, but let them ignite only with ideas you can truly embrace with your heart.

You can use Electra Li's charge to bring feeling back to places that have been numb, perhaps for a long time...

Electric shock treatment used to be administered to patients with mental conditions. Sometimes it worked, they didn't know why....Don't try this at home! Electra Li says she can be dangerous to play with, so don't put your fingers in any sockets! She won't be able to help herself if her power is too much for you, it's just her nature. So she wants you to work with her through your consciousness.

She is the 'Ah-ha!' lightbulb that goes off in your head when you have a creative, illuminating moment.

Listen to ideas that come out of the blue and strike you like a bolt of lightning.

Is there some tension that has been building up? Electra-Li says its time to release it.

She is a very co-operative Dakini, being ready and willing to have systems tap into and distribute her energy.

Electra-Li handles AC and DC currents. In this way she is one of the most bi-sexual Dakinis of the circle in the sense that she has no problem fully expressing both sides of her nature. In fact she has to in order to turn herself on. She actively handles the male and female polarity at all times. She knows how to balance, control and correctly channel her male and female aspects.

She brings this understanding to you so that you may apply it in your life: the realization of your inner androgyny and its application as illuminated evolution.

She is the lightbulb of inspiration. All inspiration comes from the coming together of the male and female elements in an internal marriage. On one hand it can be seen as the male and female within, on the other it represents a marriage of the temporal and the spiritual, the union of spirit and matter.

As Electra-Li's role is to work with these poles, these plusses and minuses, at all times, inspiration and illumination is easy for her to confer. She just has to hook you up.

Electra-Li also needs to be grounded. Earth is the fourth, invisible element in her Trigram of fire, air, fire.

She also wants you to know that a charge is just a charge, its raw energy. Its not positive or negative in its essence. So whatever charge you have about anything, you can choose to release it in a positive or negative way, its up to you. It could come in negative, but you are the transformer and so it can come out the other side positive. In this way Electra-Li says, you can welcome any experience, good or bad, because you can use the energy as raw fuel and do with it what you will.

If you are handling intense energies, take care to ground the energy. This can be done by simple practices, like Chi Gong, Tai Chi or yoga that focus on connecting with earth energy.

She is here to help you manage your relationship to electricity.

She can help connect you with your body electric.

She is here to help manifest focused intelligence and use of electro-magnetic energy.

Electra Li as an evolving entity wishes to work in harmony with the natural electro magnetic fields of the planet. To resonate with and amplify what is inherent in nature, not slice and dice the planet's laylines and her aura.

As is the case with all technologies developed by humanity, they can work in harmony with the natural scheme of things or against it.

We are poised at a turning point in the planet's history where we see the results and impending consequences of our choices around the use of electrical power and technology and the impact this has had upon the natural resources of the planet.

Electra-Li is not a selfish Dakini (no Dakinis are selfish). She very much enjoys her own power and how much people enjoy using her. That gives her great pleasure. She loves to put her immense power to service.

However, she cannot take this pleasure at the expense of others. If the sensitive web of nature is being impacted by her presence, she wants to take this into consideration and adjust so that she may best serve the symbiotic web by which nature exists and all co-exist.

As her power is not channeled independently but in connection to the will of human beings, she asks humanity to work with her mission to bring higher consciousness to the use of power.

### Indications

You may need more electrolytes in your system. Electrolytes conduct electricity when they are dissolved in a solution. They are the minerals that regulate most metabolic processes in the body. The muscles of the body and the neurons of the brain are activated by electrolyte activity between the fluid inside and outside the cells. You are a body electric.

You may usefully employ a device that protects you from ELF frequencies of computers, cell phones, and other electronic devices.

### Practices

1. When you turn on a light or plug in a device, remember Electra-Li. Repeat her name and envision her form as recognition and appreciation of the way she lets you use her energy body. Thank her.  
Respect electricity in your life. Conserve energy. See each use as tapping in to the energy field of Electra-Li, so do it with gratitude and do not take advantage of her.  
Please take at least one conscious step to conserve power as an offering to her.
2. Use the hum of any electrically driven device you have (if you are not aware of this, try switching off your refrigerator for instance and you will hear the difference) and let the vibration of OM (pronounced Aum) flow through you in resonance with the electrical hum. In this way, the pervasive hum of electricity can become part of our mantra (prayer), instead of being an interference pattern.
3. Visualize Electra-Li and connect with her. Plug in. Receive her electricity to clear and recharge your electro-magnetic fields.
4. Electra-Li asks you to make a prayer with her. Pray that her powers and energy fields be attuned to those of the planet in a beneficial, complimentary and harmonious way. She wants you to envision ways that the non-renewable resources of the earth are no longer plundered and that her 'buried sunlight' remain buried...

### Dakini Transmission

I am light  
I am bright  
I can make day  
Out of night  
I make everything clear  
Use me  
Don't abuse me  
I am powerful

### Affirmations

I can bring light  
And focus  
To any situation  
I am an electromagnetic  
Field of energy  
Which extends  
Beyond my visible being  
I am fully charged  
I am hooked up and able to recharge  
At any time  
I am powerful.

My power is controlled  
Because it has an automatic shut off  
Which does not allow it to be dangerous  
To myself or others.  
I am grounded



**She operates in the subconscious watery realms, employing the air of consciousness to connect with you in watery, unconscious ways. In her world, things float in air as if in water.**

### Who is the Dreamer?

She is the Lady of the Dreamworld. She is dreaming the universal dream of all existence. She takes different forms, as characters can transform in the dreamworld and are not subject to 'normal' restrictions.

She represents the dreams that go to the astral world, not just the subconscious ones.

She is the Anima of Jungian psychology.

She is your guide in the Dreamscape.

A central node in this reality is found in the Aboriginal Dreamtime.

Another is located in the 'Lucid Dreaming' practices of Tibetan mysticism.

She is the Keeper of Dreams and Guardian of the Dreamworld, weaver of Dreamcatchers.

### Location/Sphere of Influence

In the Dreamscape/dreamtime/worldwide net of dreams/Aboriginal landscape of Australia/Tibetan Dream Yoga.

### Allies

Australian animals and all dream animals.

### Nature & Description of Dakini

The form of the Dreamer's portal is that of a dreamcatcher. Dreamcatchers feature in American Indian cosmology and take various forms. The idea is that the dreamcatcher catches bad dreams in its web and only lets the good dreams in through a hole in the center of the web. We see the light of galaxies shining through this aperture that the Dreamer reaches up towards.

The Dreamer is seen floating in the center of her world. Her eyes are closed for she is asleep and dreaming. Only in dreams are we released from gravity and able to float and fly. White light emanates from her temples as she is in the realm of illuminated and illuminating dreams.

On the other side of the web is the guardian of dreams. Emanations of her benign energy form small figures which encircle the dreamcatcher like feathers. They are angelic light beings who, like Beatrice who led Faust through the realms of the underworld in Dante's 'Inferno', serve as protectors and guides for the one who dreams. They form a prayer circle.

Four figures of the Dreamer sleepwalk below, like feathers hanging from the dreamcatcher.

To the left the Dreamer is depicted with her painted face evoking Aboriginal tribal markings. As a primary node in the dreamscape, she represents access to the Dreamtime and all that this implies. She is connecting the earth energy to her heart center.

The Aboriginal peoples guide their earthwalk from the Dreamtime.

On the right the Dreamer is shown practicing the Pure Light meditation of Tibetan Dream Yoga.

In this practice, the dreamer cultivates the visualization of various lights in the dream state and

develops Lucid Dreaming, where the one who dreams is aware that they are dreaming and conducts themselves accordingly in the dream. Her energy connects upward to the celestial and enlightened realms.

The Dreamer is a powerful Dakini. She and other spirit animals will be your guides in this strange land, so that you may not feel like a stranger.

She communicates in the twilight language of dreams, through gestures and symbols.

There is no personal death in dreams, so dreams represent a 'deathless state'.

### Divinatory Meaning

You have been given your own personal dreamcatcher, to protect you in the dreamworld and enrich and enlighten your dreams.

You may rest in peace.

The person receiving the Dreamer has something to learn, things to receive, from their dreams. Own your dreams as part of yourself.

They may not be a very civilized and refined part, but they are a part nevertheless. We spend a large portion of our life asleep and potentially dreaming. Even when we don't remember our dreams, have conscious access to them, they are going on nevertheless.

Look for the Dreamer in her different forms in your dreams. Ask her name if you get the opportunity. If you encounter her, ask what she has to show you.

It will be a secret between you.

Are you a daydreamer? Do your daydreams enrich or deplete your life?

Dreams are of different kinds and qualities. Some are simply the re-processing of events. Some are your subconscious dealing with your hopes and fears, some are just 'what ifs?' that your subconscious asks. The subconscious doesn't abide by the rules and regulations that your conscious self abides by, the same set of limitations, so those 'what ifs?' can spin out in wild, dramatic scenarios very easily. There are other dreams that have a certain atmosphere to them that makes them feel different and special. You know they have a deeper resonance, a more symbolic significance and are sending messages to you that have relevance for your psyche. These dreams can be prophetic, mythic and mystic. Sometimes they can feel like you are looking into another life, another time.

When our waking lives are mundane, we can live our hero/heroine's journey in our life in dreams.

As Ariadne of Greek mythology was named 'Mistress of the Labyrinth' because she spun the golden thread that the hero Perseus followed, allowing him to successfully navigate the labyrinth, so you are being asked to follow your own golden thread into the heart of the labyrinth, the den of the Minotaur, the seat of your unconscious fears and fantasies. Using this approach, in the hours of darkness you can retrieve those parts of yourself that are hidden and deep and bring them to the light of day where you can confront them face to face.

The integration of the conscious and subconscious aspects of your being.

The Dreamer's dreamcatcher offers you protection on this journey. The guardian of dreams herself sits beyond the web. As mistress of all dream entities, she now presides over your dreamwalk and holds your sacred spirit in her radar.

The Dreamer gives you permission to dream.

Ask the Dreamer to bring you the dreams you need to dream.

Know that you can live your dream.

Follow the guidance of your dreams. Take your clues from the Aboriginies who are so sophisticated in this arena. They use the Dreamtime, whether entered in a sleeping or a waking state, to inform them on decisions to be made and actions taken in the material world. They consider the Dreamtime to be the place where the world of spirit can communicate with the living. When the intentions of the invisible and the visible worlds are aligned, only then can greater harmony ensue. Only then can heaven indeed be on earth. This is the role of the earthkeepers, to keep connected this sacred web.

Why don't you join in this community, this luminous web, by opening yourself to the wisdom of the dreamworld and calling forth your spirit guides and helpers?

Understanding that the hours you spend asleep are part of your reality matrix and present an opportunity for personal and spiritual evolution, as much as do your waking hours.

Do you find yourself part of a big collective dream? Is it your dream? How would you dream it, this dream of life called reality?

### Indications

There are messages for you coming from the dreamworld. Be attentive and develop your conscious access to your dreams.

### Practices

The Dreamer would like you to:

1. Meditate on the following: All that happens in waking life is a dream. All that happens in dreams is real.
2. Start keeping a dream book. Even if you do not currently recall your dreams, if you set the intention to remember them and keep a book to inscribe them in by your bed, with patience dreams will reveal themselves - in total or in part.  
Make a commitment to write down what you recall, even if it seems small and insignificant. This will encourage your recollection of your world of dreams.
3. Make the intention of connecting with The Dreamer in your dreamworld. Do this each night before you fall asleep. You may not get immediate results, but persevere. When you see her in your dreams, let her take you somewhere, show you something. Make special note of this dream.
4. Receive the gift of lucid dreamlight from the Dreamer to offer you protection and lucidity within your dreamworld.  
As you lie in bed ready to sleep, breathe deeply and visualize your energy collecting in your body, coming into your heart, then rising up into your throat and then coming to rest in the form of a glowing lunar orb at the region of your third eye. Keep your focus on this orb of luminous, numinous clear white light as the moon gently infuses your being with its soft illumination. You breathe deeply and steadily as you fall asleep.

As you awaken, before you arise, visualize the moon in your third eye again, breathing slowly and deeply from your belly. This practice encourages your conscious access to your dreams.

5. Thank the guardians of the Dreamworld for the work they do, for the space they hold open and that which they hold fast.  
Send a special message in the Dreamtime to the Keepers of the Dreamtime on our Earth – the Aborigines of Australia. Offer them your recognition and appreciation. Their struggle is our struggle. Stay connected.  
And always honor the holders of the Clear Light.

### Dakini Transmission

I am the dreamer  
And the dream  
The pathway  
And the path  
I lead you through  
The Dreamtime  
To reveal  
Time beyond time  
Mind within mind

### Affirmations

I remember my dreams  
I receive messages  
From the dreamworld  
I can discern  
The quality and nature  
Of what comes to me from dreams  
I incorporate their significance  
Into my waking life



**Kali transforms through the cremation fire and through her spiritual fire which reveals the bindu ('seed', depicted as a circular dot), of consciousness.**

### Who is Kali Ma?

In the Hindu pantheon of goddesses, Kali is the third aspect of the tripartite of Goddesses – Saraswati is Creation, Lakshmi Preservation and Kali Dissolution. These three principles govern all earthly existence.

Kali is also one of the Dasa Maha Vidyas, the Ten Great Mother Goddesses, who play an important role in many of the 64 Yogini Temples, on which this system is modeled.

Kali is Great time. She is the leveler of all because, in time, all that is born must die. We only fear death if we see it as an end, or if we fear retribution for our deeds in life.

Kali is the supreme Goddess of transformation, for in the greatness of time, deaths are but part of the eternal journey of the immortal spirit.

### Location/Sphere of Influence

In the Great cremation ground of all being/in presence of death/in the heat of passion.

### Allies

Jackals & crows.

### Nature & Description of Dakini

Kali is like the darkest night. She squats in the flames of a funeral pyre.

It is Kalaratri, the Great Night of Dissolution, where all that we have known is no more, the place where all must ultimately go. It is a vision of the Universal Cremation Ground where all that exists is leveled. It is the end of time and the beginning of a New Age. Kali's great secret is that when all is absorbed into her black hole, the Golden Age will be born. Through the portal of her blackness we see new universes emerge.

Her three eyes, holding past, present and future, echo through time and space.

It is awesome and dark, jackals howl, crows screech, skull bowls are offered amongst the bones in the oceans of blood of the Great Dissolution. On the horizon we see the smoke and flames of burning civilization.

She squats above her yantra (mystic diagram), which has five downward-pointing triangles with a lotus circle and enclosure, bones representing the lives she has consumed.

She dances in ecstasy as the whole world burns. She is black as midnight, with four arms and long disheveled black hair in which the moon and stars are caught. Her blood red tongue extends from her mouth and her hands and feet are painted red. She is garlanded with skulls and her three eyes blaze with passionate delight. She drinks wine in wild abandon and laughs.

She holds up her hand in the gesture conveying fearlessness. Her lower hand is open in her mudra (gesture) of 'Bestowing gifts'. She holds aloft her chopping blade/cane cutting knife in one hand, inscribed with a seeing eye, and from the lower hand she dangles a severed male head dripping blood. The blade symbolizes her role in cutting through phenomenal reality, karma. The

head is sometimes seen as the head of Brahma, the God of Creation and destiny, indicating that she has the power to change destiny or that she, as Death the Reaper, takes all life, even that of the Creator Himself. The head can also be seen to represent the ego, that aspect of the Self that the Goddess of Time will surely take.

She is squatting on Shiva (Her consort), whose white body, covered in ashes, lays corpse-like in bliss beneath her feet. There is a saying, 'Without Shakti, Shiva is a corpse' Kali is the ultimate Shakti (female energy or power).

### Divinatory Meaning

Kali is here to help you overcome your fears.

Time to let something go.

Be ruthless, as long as you are willing to face and be accountable for the results of your actions.

Best be ruthless first with yourself, cutting away all that you need to shed.

If there is a decision to be made, choose what your instincts, your intuitions, tell you, not what is worked out by your head.

Yes, you do have time.

Kali is here to help you look death in the eye and know no fear. Meditation on your own mortality without morbidity is recommended. This principle can also apply to psychological, emotional and/or material conditions.

Kali is not a lightweight. If she has been called to you, then her assistance is required to work with you in a deep way.

Something has to die in order for something else to be born. Resistance is futile.

Kali is also here to give you permission to express your deepest passions without fear of judgment or restraint.

Do not worry that you will go too far, she says she has your back, front and everything in between... Surrender to her now, she says, for you will have to sooner or later, why wait? She is Time, the devourer of all things and Time, the great healer.

She encourages woman to take an active role in lovemaking. Woman superior (on top) positions are often referred to as Kali positions. Are you afraid to liberate that side of your nature? Kali encourages you to do so because then she can play with you, play through you more.

Kali's symbolism is misunderstood and she is reduced in consciousness into being an angry Goddess who chops off men's heads, or the mistress and inspiration to cults of thugs and killers. This is doing her a huge disservice. Only a Goddess of her magnitude could hold within her being the lives and deaths of all beings. Only a being of outrageous compassion and strength could see civilizations rise and fall within her vast domain. Only the Goddess with the vastness of hearts could take on the role of Dissolver. She is not 'bloodthirsty' as has been attributed to her, but she is, as in the epic of Durga on the battlefield, ready and willing to drink what blood is spilled, to absorb the karma of actions. If you are thinking of chopping off anyone's head, let it be that side of yourself which stands in the way of letting you see who you really are, be all that you can be. Often it is all the stuff we hold and try to work out in our heads that keeps us in mental bondage. Best to chop that off.

Time is not responsible for mortality, although it is within time's domain that all mortality occurs. As it is written in the laws of terrestrial existence 'All that is born must die', Kali is the administrator of this decree. She is also the great hope, the grand salvation, for in Great Time, which Maha (Great) Kali is, there is no death, only transformation.

So Kali stands astride the alchemical fire of transformation, seeing life come and go, laughing at our intoxication with the myth of mortality, for she knows she holds and treasures our immortal soul. How else could she offer the gift of fearlessness, unless she truly had it to offer? She does. Know that even in the deepest darkest depths there is the seed of the new light. Learn to conquer fear, especially fear of death, the big fear. Face your fears to transcend them.

### Indications

You may be given a mantra (power phrase repeated for protection of the mind and/or to gain connection with a divine or spiritual entity or quality) by Kali and a prescription for repetition.

### Practices

1. Devotees of the Goddess Kali spend time in cremation grounds meditating on corpses to realize the transience of life.  
Fear of death is deeply rooted in our culture. Kali asks you to take a journey into the landscape of your mortality. She asks you to visualize yourself in her Great Cremation Ground which she has laid before you. See yourself devoid of life, lying as a corpse burning in the flames of your funeral pyre. As the form that was you is being consumed and turning into ash, see Kali dancing in the flames, laughing and wild with Divine intoxication. See yourself as the burning corpse. See yourself as the dancing immortal Goddess.
2. Know that there will be a time in your life when you will need to know that the sweep of Kali's Great Blackness is but the portal to the Golden Age, the Golden Light. You may need to convey this in any way you can if those around you are in fear.

Kali's seed syllables (essence vibration) are ***KLING, KRIM*** or ***KRING***.

### Mantra

A mantra for Kali is:

***Om Kang Kalika namah.***

### Dakini Transmission

On the Great Night  
Of Dissolution  
On the funeral pyre  
Of All That Is  
I stand eternal  
As Time beyond time

### Affirmations

I am without fear  
I burn through all illusion  
With passionate intensity  
I cut off my own ego  
With ruthless compassion



**Aphroditia is born from the foam and the emotion of love and attraction flows with her, as waves of bliss, affecting the air of our consciousness.**

### Who is Aphroditia?

Aphrodite is known to us as the Greek Goddess of Love (Roman Goddess Venus). She represents beauty, fertility, eternal youth, love, pleasure, attraction and sexuality. Her erotic form was known as Aphrodite Porn, where the word 'pornography' comes from, which actually denotes one of the Goddess of Love's sacred arts...

Aphroditia is her reborn, evolutionary form, which she has stepped into to bring forth the energies most appropriate for our times. As a Goddess who evokes feelings of love and sexual magnetism, in the past she may have used her powers of allurements to bind those caught in her web of attraction. Now she wishes to use her charms to awaken within those who desire her unconditional, not conditional love.

She wants to move beyond the rivalries and jealousies attributed to the pantheon of Greek Goddess and Gods.

Aphroditia is love as a state of being, love that loves for its own sake, not for what or who it can get or have, but because it just is. This is the gift of Aphroditia, to awaken the Goddess of Love within your own heart so that she may reign supreme in all you are, in all you do.

### Location/Sphere of Influence

Mediterranean regions and climate/ where sea & sand meet

### Allies

Sparrows, swans and dolphins.

### Nature & Description of Dakini

She rises from the foam, glorious, radiant, in full bloom, trailing loveliness. She is the promise of pleasure. Flowers spring where her feet touch the earth. She bursts forth from a halo of golden foam, on a half shell, taking the classical poses associated with her birth and first coming to land. Her skin is lustrous as a pearl. Her girdle is adorned with the symbol of Venus. Her countenance is blended with her archetypal image, made famous in the painting *The Birth of Venus* by Botticelli, from which she also takes her pose - one which attracts with its gesture of modesty, complimenting her naked allure.

In this, her evolved incarnation, she has an extra pair of arms, of which one hand holds the scale of justice, symbolizing that she stands for balance and fairness, she is not just fair of countenance. It also represents her connection to Libra, which is ruled by the planet Venus, the evening and morning star.

She is to be found in a Mediterranean setting, where pines, cypress trees and Grecian temples in her honor come down to the sea against a sky of pink and dusky blue, reminiscent of Cyprus, which was the center of her influence.

Her symbols surround her - myrtle, golden apple, poplar trees, roses, sparrows, doves, dolphins and swans - who are said to have born her through the foam. Love birds mate above her head. All is bathed in pink light as she rises like the morning star. Soft clouds form the eyelids of her eyes, which are just about to open. The birds sing their rapturous chorus that mingles with the gentle splashing of the waves and the alluring notes of the song of love which she is humming.

### Divinatory Meaning

Aphroditia has entered your life as the Goddess of Love emerging from the foam. Whatever way she is able to manifest in your life, she is a blessing of Love.

She may indicate a love affair, or the dawning of love within as something you become rather than something you seek.

Attraction, magnetism and modesty.

Desirability.

Nature itself needs to be desirable in all its forms if life, based on the laws of attraction, is to flourish.

Be life positive.

Feelings of sensuality and loveliness that are reborn anew in every moment, much as love has the potential to spontaneously arise at any moment.

Being in the moment and bringing your full presence to the present.

Do not be caught up in patterns of what love has been, but allow it to be itself now.

Love cannot be captured. To realize its true nature, it must be free..

Time to release possessiveness.

If you are a woman, have you used your feminine wiles to get your own way? If so, time to be reborn, like Aphroditia, and emerge washed clean of selfish love.

If you have not cultivated the art of love and attraction, perhaps it is time to do so now, and do it as a tribute to the Dakini Aphroditia. In this way, you offer your bodily temple as a vessel for her energy, her unconditional love vibration, so bringing beauty and loveliness into the world for its own sake, for the Goddess and because it feels good to do so.

If you are man, perhaps its time to look at women in a different way.

Cultivate your beauty and how you present yourself to the world as homage to Aphroditia, as a gift offered by you in honor of the Goddess, not a vanity.

Do you find it difficult to accept compliments? If anyone admires you, pass the compliment onto the Goddess, to Aphroditia, then it just passes through you as the conduit for divine feminine energy and you do not have to keep it for yourself.

People are so intoxicated with outer appearance. Aphroditia personifies the loveliness within, that just shines and radiates and attracts because its nature is love itself.

Aphroditia's reborn signature is that she is love itself. She holds the essence of pure love in her heart which seeks not for anything to cling to because it just is and flames within with its own intensity. Beyond desire, this love is the magnetic center of creation and preservation. It is not love of something, but love as a state of being.

Jealousy has no place in the new paradigm world of Aphroditia, where the beauty of each is unique and attracts to it, by nature of the expression of its true self, all that it needs for self-fulfillment and to freely give and receive love.

Many parasites have attached themselves to the pure vibration of love and confused us as to its true nature. Security, position, power, co-dependence and fear are but some of the motivating factors in this arena. Aphroditia asks us to cleanse ourselves of all these attachments so that we can experience the real nature of her essence and experience the bliss she has to offer.

Bring fairness to all your dealings in life, for Aphroditia is not only fair of complexion, but she stands for justice and truth.

Truth and beauty have been going their separate ways, time for them to re-unite.

To dwell in the realm of Aphroditia, adopt a pan-sensual relationship with all that is.

Take pleasure in all experience.

Treat every encounter with all sentient life as an opportunity to share love. Just be it and emanate it, and you'll be amazed by just how much of creation is ready to respond in kind.

Enlightened beings are in love with everything, that's why lovelight shines from their faces.

Set up the carrier wave of love and let it start with your heart, your wide open heart and the sheer loveliness of your being.

### Indications

A passionate love affair may be rising like the morning star. If you are a man, see your beloved as Aphroditia herself, if you are a woman, see yourself as her. If this is an actual relationship event, receiving Aphroditia brings you a boon, if you understand how to receive it and do not try to possess the object of your desires.

If you are not in a relationship, Aphroditia offers you a fantasy journey into a vision of ideal love.

Let Love be your guiding star. Do nothing without referring to her.

A special amplification of the energy of dawn and dusk. Your magnetism will be increased at these times, your energy field enhanced.

### Practices

1. Consciously enter any body of water, from the ocean to the shower, and see yourself emerging ritually cleansed of old habits, as a radiant Aphrodite. Meditate upon her, seeing her beauty as an outward reflection of your own inner beauty, becoming one with her loveliness.
2. Make a practice of seeing what you can give to others by bringing Aphroditia into your being. Let loveliness be a duty-free gift. Let your inner beauty shine through everything about you. More can be achieved with honey, the power of love, than with any means of coercion.
3. Make a practice of seeing the beauty in others, not the faults. Relinquish feelings of competition and try to help others bring out the best in themselves, their own unique beauty.
4. Sense the Aphroditia principle, the essential vibration of love, at the heart of all matter. See Aphroditia in the sea and the way the sun and moonlight play upon the water, the way the wind caresses the waves... You don't need to just feel it as some vague

sentiment, feel it as the erotic, pulsing energy of life longing to unite with itself at all times. Be an antenna of love, receive and transmit these juicy feelings as a way of being and you will be one with Aphroditia.

5. Send golden lovelight to the Mediterranean region of the planet that radiates out through Europe and beyond. May the seeds of culture regenerate and bring Aphrodite's blessing, wrapped with yours, to the land where once walked the Goddesses and Gods.

#### Dakini Transmission

Let me seduce you  
Into loving yourself  
And loving the Divine  
Through me  
A perfect harmony  
Of attraction  
The Goddess of Love  
In action

#### Affirmations

I am a being  
Whose true nature is love  
I cultivate the art of love  
In all my actions and interactions  
I spread love and loveliness  
Wherever I go



**Phoenix goes through the fire of immolation and the fire of transformation, the water is her blood of compassion, the blood of life.**

### Who is Phoenix ?

Phoenix represents she who bathes in the fire of transformation and regeneration. She is the lustrously plumed bird of mythology who willingly self immolated and was reborn from the ashes.

The Phoenix in legend is renowned for her acts of self-sacrifice. She is said to feed her young with her own blood.

She is associated with astrological Scorpio.

The Phoenix originates in ancient mythology and can be found in many cultures, including those of Persia, China, Egypt and Greece. She is found in esoteric treatises, especially those related to alchemy and its process.

The Phoenix is said to have a long life cycle (500 to 1000 years) at the end of which time it builds a nest which it ignites. From the ashes of the fire in which the Phoenix burns, a new Phoenix is born.

### Location/Sphere of Influence

Places in desolation.

### Allies

Phoenix, fire.

### Nature & Description of Dakini

Phoenix is the fiery bird of Paradise. She teaches surrender to the flames, dissolution and resurrection. She is burnt and resurrected from her own ashes in mythology. So she is envisioned as ever-burning, ever-living. Fire is the great purifier. Through the portal of her fire power, the miracle she brings is that she is reborn anew.

When Phoenix dances her dance of death and rebirth, the very land itself quivers and resonates with her.

Plumed with feathers of scarlet and gold, she is the opposing frequency, the remedy, for the great crime of witch burning. She self-immolates, she chooses her own cremation ground for she is confident in her own immortality.

The face of Phoenix is shown consumed with inner fire. A phoenix bird emerges from her brow, an infinity sign between its claws. Its wings support the re-birthing Phoenix Dakini, who emerges from her own fiery birth canal, wide eyed and vocal. An ascension pyramid is formed with her two etheric doubles who fire feather arrows at her from both directions.

The immortal red phoenix bird nests above, cradling the eternal sun with its spread wings. The sun forms the third eye to the numinous eyes of fractal flames.

Phoenix's wings are made from fractals to represent that she is her own conscious regenerator/rejeneratrix, fractals being the human version of nature's regenerative signature.

Drops of blood fall down her cheeks like tears, as she passes on her inner essence. In her realm all is constantly created, consumed in fire, and reformed from the ashes in even greater splendor as the world is created from the dance of the Phoenix Dakini. She is the consciously re-incarnated Dakini, in this way connected to the lineages of consciousness transmission (such as the Karmapa Llamas of the Kargyudpa Lineage) of Tibetan Tantric Buddhism.

### Divinatory Meaning

If Phoenix comes to you, something in your life is seeking to die and be reborn anew.

The end of one cycle and the start of something new.

Phoenix's fire is the fire of sacrifice. You may need to sacrifice something you hold dear, think essential, but perhaps do not really want or need when you get to the essence of what is really of importance.

Anything you wish to birth often requires sacrifice. You may also feel like you are going through fiery hoops to achieve what you envision. These are but the fires of purification and just seem to come as part of the process. Accept and surrender yourself to the fire and see what emerges on the other side.

You may have to be ruthless with yourself, as Phoenix embodies ruthless compassion.

The person receiving Phoenix may well be a student of the esoteric arts, or aware and interested in the deeper sides of life.

If you find yourself in a heavy situation, one that appears beyond your control, the indication is that surrendering to the situation, letting go, will bring about something new. This is a baptism by fire, so it may not be an easy transition, but the Phoenix Dakini says its worth rising to the occasion, and this is what is called for. Phoenix presents a paradox in that you are both to let go completely of something you hold dear, and trust that you also can rise to the occasion and seize the opportunity of the new reality as it spontaneously arises.

If you have a project, a venture, a relationship, the suggestion is of a major meltdown and dissolution of much of the structure of things as previously known, and a reformation, based on more expansive principles.

Phoenix is also renowned for feeding her babies with her blood. A poignant symbol for being prepared to give everything of oneself in order to nourish what one loves.

Give of yourself unconditionally, as a mother would give to her baby, to anything you hold dear.

If you have children, this may indicate putting their needs first.

Faith and commitment are strong with her.

Phoenix says her special gifts can be of particular value in times of great change.

Where desolation and destruction prevail, Phoenix rises triumphant as the 'saving grace'. She dances her ecstatic dance of liberation as the whole world burns.

Dance as your world burns.

Understand that what you own, what you have, what your position is in the world, in society, is not who you are.

You are your immortal soul and Phoenix displays herself before you to remind you of that. All you do in your life on earth is part of the tapestry of your eternal being.

Create your eternity now. You are whether you know it or not, so you may as well get in on the act consciously and offer the flame of your being to the eternal flame.

She represents the ability of the human being to perform great acts of self sacrifice when the times call them forth.

She tells you that you need not focus on your losses, whatever they may be, on the material, mental or emotional planes of existence.

She instills the ability to re-create yourself, in your own self-created image.

She emblazons in your heart and consciousness the seal of sovereignty and the badge of honor.

She encourages the heroic path.

The eternal resonance of heroic acts.

She offers courage and steadfastness.

She values the treasures of the soul above and beyond all changing phenomena.

She knows the heart and soul are one.

Phoenix Dakini is one hundred percent sure of her own immortality and she offers the intensity of that insight to you.

### Indications

A turning point and rite of passage.

### Practices

1. Phoenix offers a meditation in which one visualizes oneself consumed by flames which burn and burn until there is nothing left. Once you have released all attachment, all clinging (once you are reduced to ashes, there is nothing left for the flames to cling to) Phoenix reforms you as a body of light.
2. Give something you treasure to someone else whom you feel it would benefit.
3. Phoenix asks you to remember her and her transmission. You will need to pass this on at a time of devastation.

### Dakini Transmission

I am the living proof

There is no death

I am the immortal soul

Self evident

Ever living

Take refuge

Seeker of truth

Beneath my fiery

Compassionate wings

In the darkness of the night

See my burning eyes of light

### Affirmations

I am immortal  
My spirit is ever living  
Any sacrifice I make  
Or have made  
Is an offering for my immortal soul

**32**                      **LIQUIDA**  
**She is the pure quality of the water element.**

**WWW**



Who is Liquida?

There are four elemental Dakinis in our pantheon. Liquida is the water Dakini, holding the portal of the East.

One of the more elusive Dakinis of our Oracle, Liquida slips in and out of form. She is H<sub>2</sub>O in its liquid form, she embodies the liquid state in general. 70% of the planet's surface is covered in water and about the same percentage constitutes our bodies. All known animate life needs water to survive.

Liquida is the water in our bodies, the water we drink, the waters which nourish and sustain life on earth.

The living organism that is our planet always maintains the same amount of water. It cycles through all the planet's life systems, evaporating and condensing, constantly mutating and always maintaining.

### Location/Sphere of Influence

All bodies of water/ water in the body

### Allies

Water molecule, water in general, and all creatures who live in the water.

### Nature & Description of Dakini

Fluidity, transparency, mobility.

The ability to transform from one state, or phase, to another (liquid to solid/liquid to gas) through interaction with the other elements.

Life giving, nurturing, ingestible. She is the water of life that we drink to live. She flows through our veins, as she flows through the waterways of the planet in perfect symbiosis.

Her whole sphere is like a bubble, a water molecule which her whole world exists within. Her portal contains different moods, actions and conditions of water. It flows downwards with the pull of gravity, it settles on the horizontal.

The oceans part to reveal Liquida within. She holds drops of water as if they were solid substance.

The body of Liquida is composed of water and she shifts in and out of form. She has light rippling through her transparent being, caressing her liquid skin. Waterfalls cascade from her head as turquoise tresses.

To the left her head emerges from the ocean, her face covered in drops that form jewels, the girl with the whirlpool eyes...

Her habitat is water. The waves of her being continually rise and fall. At times she condenses into a single droplet, then spreads out to become the oceans again.

### Divinatory Meaning

A gift of liquid life-giving loveliness from Liquida.

Let go, let flow. Surrender to the feminine, intuitive side of your nature.

Water follows the path of least resistance. Find those channels in your life where energy flows easily. See where it is blocked and know that water, the force of water, erodes all barriers over time.

Approach issues in this way, let things flow and find their natural level, their natural place.

Liquida poses no resistance and makes herself irresistible. Become irresistible as Liquida.

Gentleness and persistence.

She will do what she wills. You can try and control her but, like any Goddess, she exists only to be herself. She gives herself freely or not at all. In the end, she will go where she needs to go, for she is a force of nature.

Transparency of thought and action.

Fluidity of thought, allowing new streams in.

Adaptability.

Water is very impressionable. It can carry frequencies and vibrations. It can absorb other essences into itself and become one with them. It is a universal solvent. It transforms other substances and is transformed itself by them.

Liquida loves to embrace and to be embraced. She loves to hold you and to be held by you. She is within and without. She is liquid life. She models mutability.

Attune to the flow of energy to know when to be still and deep or when to drip gently. When to flow like a stream, or like a river, or when to cascade with the power of a waterfall. When to be the ocean, when to be a wave.

Resonate and attune to the natural cycles of life.

Let emotions lead actions and be governed by the power of the heart, not the mind.

Trust your intuitive self.

Dive in the deep end. If you keep to the shallows, that will be the nature of your experience.

Liquida suggests the fully immersive approach as being optimal.

She wants to feel you and you to feel her. How are you going to take the plunge offered by this existence, offered right now by Liquida, if you are afraid to get your feet wet?

Let Liquida smooth all your rough edges. Become a river rock in her stream of life, melt and dissolve in her oceanic tantra.

Look to the subconscious realms for the insights you need. How do you access these? Through dreams? By letting your mind enter a fluid state where free association can occur? Through deep relaxation...?

Have faith that life itself will carry you where you need to go.

Go with the flow, let the waters of life carry you to and through your unfolding destiny.

Only seek to swim against the flow if you are like a salmon ready to spawn and need to swim upstream. You will know those special moments. Moments when you separate yourself from the mainstream because you are creating the next wave.

Embrace fluidity, slow down. Surrender, let go.

Have you noticed how things look as if they are in slow motion when they are underwater?

Try moving as if in slow motion.

As a drop is to the ocean, know that is your self. Once the single drop falls into the ocean, has it disappeared? Yes as a single drop, but it is now one with the larger body of water. Where is the consciousness of the drop now? Has it gone or has it become immense? When you merge, don't you now have the experience of being the whole?

You have no limits except those you impose upon yourself.

## Indications

Drink a lot of pure water. Hydrate.

Associate with water wherever possible. Use water, bathe, to clear away stress, strain and karmic stain. Water is healing and soothing for you. Sit by bodies of water and meditate with the water and its nature. If possible, experience the energy of different kinds of bodies of water. Let the water be your guide.

## Practices

Liquida's baptism:

1. When taking a shower, imagine you are beneath a waterfall, a waterfall cascading from a pure, clean source. Mentally open your pores and let the drops of water enter and cleanse your very being, relaxing and refreshing you. Imagine that the pure energy of Liquida is pouring into you, hydrating and vitalizing every cell.

Lie in a bath and imagine you are in a beautiful, warm, infinite ocean. Let the waters ease you as you relax into Liquida's arms, deeper and deeper...dissolving your boundaries, merging with her.

2. Drink more water. Think of Liquida as you take her in, appreciating her essence as pure, clear, liquid life. Let Liquida bless your water as you bless her.
3. Conserve water. We cannot take it for granted. We need to be aware how precious it is and treat our use of it accordingly.
4. There is always a fixed amount of water circulating through our planet's systems. Pray for Liquida to keep her purity. She has such a loving and generous nature...

## Dakini Transmission

Do you wish to swim in me?

Do you want to feel what I am made of?

Do you want to flow  
undulate, merge with me?

I do not move in water

I AM water

To move within me

you must become fluid

Do not resist

Become one and flow with me

## Affirmations

I am fluid, mutable

I can adapt to any situation  
I can change anything over time  
I flow with the paths of least resistance  
I have trust and surrender to the flow



**She is the pure element of fire, in all its manifestations.**

### Who is Enflami?

There are four elemental Dakinis whose essence is of a pure element. In this case fire is embodied in Enflami. She is of the nature of fire itself, in all its manifestations.

### Location/Sphere of Influence

In fire everywhere of all kinds.

### Allies

Fire itself, the sacred flame.

### Nature & Description of Dakini

Hot, passionate, fiery.

Quick, unstoppable, fierce.

Life giving, gentle, containable.

Agent of change, turning matter from one state to another. She turns flammable material to ashes, turns water from solid to liquid state and then to steam.

Alchemical transformer.

She is fire itself, in all its expressions, from a single spark, the flame of a candle, to a roaring inferno. She is fashioned out of fire and lives in fire. Sometimes she looks like a fire sprite, sometimes large, sometimes small.

Enflami is made of fire and is constantly aflame within herself. Her movement is both vertical and horizontal. Fire flames upwards, but it runs along horizontal ignitable planes.

We are told not to play with fire. Enflami is always playing with fire because she is the nature of fire itself.

Her domain could at first glance be considered a hell realm, but this is a warm and inviting fire, fascinating in its forms.

She is the inner fire of truth, the light where there was darkness.

Her sphere of influence is fire in all its forms and all fire clings to.

Enflami presents her circle of fire. She is the nature of fire itself, a symbolic flame embellishes her third eye and we see the fire within her eyes.

In the center her inner light being makes a triangular mudra (gesture) with her hands, representing the upward pointing triangle that symbolizes fire. Within it she holds the 'Tig Li' or 'Bindu' (seed) essence of the energy of fire. Below her another form of herself represents the smoldering embers that underlie fire's flames.

She encircles herself with her various relationships to fire, eating it, fanning herself with it, swirling it with her hips, making it her crowning glory - showing some of the many ways she likes to play.

Enflami is fashioned in the style of a Tibetan Dakini, with Balinese embellishments.

The wild passionate nature of fire is self restrained and iconically contained.

## Divinatory Meaning

Enflami comes to you with kisses of fire.

She represents a quickening in your life.

A fire of passion envelops you.

The inner flame of conviction.

You need the intensity which Enflami represents, to burn through obstacles and make things happen.

Take action. Move as quickly as fire.

Burn up all that stands in your way, particularly within your own psyche and with regard to your negative emotions or tendencies.

Allow yourself to feel and express your passion. Allow yourself to be on fire with the things that move you. Find those things that burn deep within you, your deepest desires.

If something has been smoldering in you for a while, fan the spark and let the flames appear.

Time to ignite.

Fire is clinging, it needs matter on which to feed.

It needs something to attach to, something combustible. What do you have to offer Enflami that she can burn?

She loves to burn anything, you choose what to give her, She is hungry, its her nature. She cannot show you her form unless she feeds on something.

Fire cannot be stopped except by water, the absence of flammable material or the lack of an atmosphere to burn in. If you want to put out a fire in your life, look to replicate the action of one of these three remedies.

What do you have that can withstand her fiery hoops?

You have something that burns in your soul. Enflami knows it. She is happy to burn away everything that obscures it from you...

It may be time to employ 'slash and burn', a technique for enriching soil by controlled burning, in your own life.

Enflami is here to turn up the heat. If you find yourself in the hot seat already, Enflami shows you how to maintain. If you show her respect, she'll teach you how to play with fire without getting burned.

Do not be afraid of your own power. At the same time respect its destructive tendencies.

Let your fire, your power, be a purifying, not an annihilating, force.

Handle with care.

Whatever you wish to master, you can only do so if you own it as part of yourself. Therefore there is no 'mastery' as such, only inner attunement.

Fire gives life, her warmth, but also takes it when it burns up matter and turns it to ash.

She is voracious and dangerous, yet can be your greatest ally and friend, for feelings of warmth are deeply connected with feelings of well-being and happiness. It is hard to be happy when you are cold.

Fire as part of natural cycles is a great regenerator as well as a leveler.

Fire is both an ally and a dangerous element. You may find yourself in a situation where a particular aspect may be life giving or annihilating. The indication is that the outcome is dependant on how you respond to and interact with this volatile element. If handled respectfully and with care, the indications are favorable.

Respect the power of 'Shakti', the raw feminine energy that moves within matter like fire. She is the enlightener.

She fulfills the need for powerful raw energy to ignite a situation or burn through an issue. If this raw energy is unleashed, let it be within bounds. Don't let it get out of control.

A fire burning in a fireplace is a wonderful source of comfort and warmth, but a fire out of control is terrifying.

Befriend your fiery nature.

An unexpected burst of happiness. Just as feelings of warmth are feelings of wellbeing, experience Enflami as the warm embrace that makes you feel good all over after a long time in the cold.

### Indications

Fire gazing could bring your visions into focus. Sit in front of an open fire and watch the flames. Ask Enflami to enter in and see what you see.

Yogis, Holy Men, treat fire as sacred, maintaining a dhuni (sacred fire) day and night.

They expose their naked bodies to the glowing embers to be recharged and invigorated.

This practice is recommended if you have the opportunity.

### Practices

Enflami would like you to honor her sacredness.

1. She asks you to visualize her in flames, when you see an open fire or see the fire in your mind.
2. Perform a 'fire sacrifice'. A simple ritual where you release something that you want to leave behind by writing it on a piece of paper and offering it into an open fire (or burning it with a match) saying,  
' I forgive you, I forgive you, I forgive you.  
I free you, I free you, I free you.  
I release you, I release you, I release you.  
I love you, I love you, I love you'.  
Enflami doesn't mind if what you offer into her flames is something really heavy and unpleasant, something you want to be rid of. She says its all food to her...
3. As the last offering was for you - Enflami helping to relieve you of a burden through releasing it into her fire - now she would like an offering for her.  
Make an offering of sweetness into the sacred fire. Prepare food you consider suitable for a divine diner. Without tasting it first (ie: you must not partake of it before offering it), offer a small portion of the feast into the fire as an offering to Enflami, dedicating it to her, audibly or internally.  
If you don't have access to an open fire, visualize it in your mind.
4. There may come a time when you will need to communicate with your friend Enflami. When fire is posing any threat, in a way that affects you directly or as a

situation on the planet, connect with her.

Dakini Transmission

I am fire  
Burning bright  
In every flame  
I take delight  
My being is  
Pure passion

Affirmations

Fire is my friend  
She is my warmth  
She is my ardent desire.  
I can burn through all obstacles  
With the power of my inner fire



**She abides in the ocean depths, her movements are fluid, and she has the inner fire of bioluminescence.**

### Who is Octopusi?

She is the Octopus Dakini, Queen of the ocean floor.

She is pale and luminous and can change color at will. She is a sea chameleon, a sea transformer.

All bio-luminescent beings are in her retinue, jellyfish, mollusks and

marvelous sea creatures of the deep comprise her world. As Mermaid rules in seas of light and magic, so Octopusi reigns in the deep mysterious dark depths, sea cat and spider of the ocean floor. She is highly intelligent and perceptive. In oceans of the night where the bio-luminescent creatures appear like reflections of the stars, Octopusi is the alien queen.

In the Hawaiian creation myth, the octopus is said to be the last survivor from a previous alien civilization.

### Location/Sphere of Influence

Ocean floor. Mysterious ocean depths. Realm of bio-luminescent beings.

### Allies

Octopus, squid, jellyfish, bio-luminescent deep sea creatures.

### Nature & Description of Dakini

Octopusi is a Dakini who transforms into a multi-tentacled being of the deep. She abides in the dark deep realms of the ocean where each creature emanates its own light.

She has eight tentacled arms/legs. Her whole being is sensitive and she meditates and dances on the ocean floor. She is nocturnal and her realm is illuminated by the bio - luminescence of the creatures that inhabit it. There is no light but that self-generated by its inhabitants.

She has an alien appearance and colors are constantly, subtly cycling through her luminous pink flesh.

She is mistress of disguise, sea chameleon, lady of secrets.

She is shown as mistress of ceremonies, raising the curtain on this theatre of the deep. Creatures of this realm form the curtains of her stage. They vary in size from the microscopic up. She reaches out and touches them. Does she want to eat them or is she just tickling them? What goes on in the depths of the ocean is still an unfathomable mystery.....

She appears to have no sex organ, rather she has here one 'mouth', a multi-purpose organ at her center.

On the surface of the ocean above, the phosphorescent lights of ocean life reflect and mimic the twinkling light of the stars.

### Divinatory Meaning

A mysterious gift from Octopusi.

Welcome to the deep uncharted areas of being.

Octopusi changes color at the slightest provocation. She is mistress of disguise.

The suggestion is that it may not be advisable to reveal your position completely at the present time.

Why does Octopusi hide? To protect herself or so that she may pounce, unsuspected, on her prey?

It may be necessary to employ the art of subterfuge. This is most likely a temporary condition, born from the current conditions. A predatory approach is not a desirable approach for a conscious human, though Octopusi may be asking you to look at those qualities in yourself, or as they manifest in the position in which you now find yourself.

Be on guard, be aware and mainly be super sensitive. Be aware of subtle shifts in the energy field. Often we are unable to sense these things because we fill the space with words, with actions, with our thoughts or projections. Octopusi conveys that you should 'hang back in the mix', take no action quickly until you know the real 'lay of the land' from a psychic perspective.

You may need to stay in the shadows for a while in the present situation. Do not worry about losing face. Know that you are very powerful and in this case holding back shows strength.

Draw on your deep powers of intuitive knowing, examine things from different perspectives - as an octopus feels all around something with her sensitive tentacles.

Octopusi is very psychic and encourages these gifts in you.

Although the truth is the optimal choice in all situations, it may not be wise to reveal everything under certain conditions. This may be one of them.

The fine art of subterfuge as the worthy pursuit given certain perceived conditions.

Look before you leap.

Use patience and timing.

Discover your own ability to morph, to adapt to any situation.

Employ intelligence.

An octopus has sensory intelligence. Let yourself be guided by what your senses reveal to you, rather than just what your brain works out. Especially develop your sixth sense by recognizing it when it speaks to you, acknowledging it, working with it and developing its abilities.

Develop your sense of touch - the intelligence of touch.

Our brain cells are all over our bodies, at least Octopusi's are.

Hold this in your consciousness to heighten sensual experience,

You may experience sensual feelings of a mysterious nature.

Octopusi has blue blood, like the ocean she inhabits. Could this be one of the reasons she is so sensitive to her surroundings?

Develop new and different approaches to issues of problem solving, in relationship matters, and how you view things in general.

Be open to beauty that is unusual and unconventional.

If someone or something seems different, even quirky, it is worth checking out.

### Indications

Be prepared for something mysterious to occur.

Look for clues in the realm of the deep dark subconscious.

Octopusi may help you find something that has been lost.

## Practices

1. Octopusi wants you to develop your sense of touch.  
Blindfold yourself and have a friend present you with a number of objects for you to identify by touch.
2. If you have a partner or someone to play with, try the blindfold in a sensual situation and explore different tactile sensations.
3. Imagine you are Octopusi when you do this. Imagine how she would feel.
4. Try to make yourself invisible in a social situation as an experiment. See what you discover.
5. Create a completely different look for yourself, one designed to be in some way effective in the context in which you present it.
6. Send your love and prayers to the inhabitants of the ocean deep. May they, and their realm, be protected and preserved.

## Dakini Transmission

I am the Mistress of the Deep  
The ocean floor the realm I keep  
I know the dark mysterious night  
Where shining stars are out of sight  
And all now gleams with phosphorescence  
As I announce my hidden presence  
By wrapping you in my arms

## Affirmations

I know when to speak  
And when to be silent  
When to be open  
And when to wait  
I adapt to any situation  
I am supersensitive  
I trust my own sensitivities



**Pele's fiery essence manifests as the fire within the earth.**

### Who is Pele?

Dakini Pele comes from the South Pacific volcano goddess Pele. The word 'Pele' means molten lava in the Hawaiian language, indicating that she is the volcanic substance itself, not a spirit living within it.

She can be seen as young and beautiful or as an old woman. She represents the inner lifeblood of the earth, the lava that flows beneath the crust and erupts as volcanoes.

As Mother Yin represents the solidity of the planet, so Pele is her fiery, volatile inner nature. She is a fire Dakini, creative and destructive. When the earth erupts it can bring devastation, but also creates the very ground of being. Volcanic soil is rich and fertile.

Goddess Pele is renowned for her jealousy and rage. In our pantheon of the Divine Feminine, Dakini Pele offers the transformation of these sentiments through erotic dance and passionate expression.

She is chosen to represent the Hawaiian Huna tradition and way of being. Huna synthesizes the male Hu with the female Na, offering a way of harmonizing inner and outer experience in a meaningful and purposeful way, with the spirit of Aloha (the breath of life flowing as love and compassion) at its heart.

### Location/Sphere of Influence

Volcanoes, Polynesian Islands, network of lava flows beneath earth's surface.

### Allies

Lava rocks, white dog.

### Nature & Description of Dakini

From an erupting volcano a Polynesian beauty forms to personify its energy. She is Dakini Pele, like a Polynesian statue of liberty, with four arms holding aloft dance rattles of flaming red and yellow feathers.

She is adorned in the ceremonial dance costume of the islands, where the hula was part of sacred erotic ritual. She is beautiful with fiery passion, Goddess of the South Seas. She wears a lei (garland) of red flowers.

Her sphere of influence is the landscape of the Polynesian islands, where fire and water blend to reflect the enchanting beauty of the Goddess embodied in nature. The regenerative as well as the destructive aspect of volcanic eruption, of lava, is featured.

There is a rainbow in the sky to honor the fact that Pele was originally associated with water.

Troupes of her dancers thread through the landscape, like lava flows. She multiplies herself everywhere she flows. Her central lava palace exists above and below ground level. Molten lava flows throughout its vaulted underground chambers.

Pele's fiery and passionate nature is expressed as fire coming from her mouth, her hot breath. She is adorned with red hibiscus flowers and her special flower, the Lehua blossom of the Ohi'a tree, in the foreground, as the first tree to take root in the black lava landscape.

Dakini Pele is seen in her crone form on the mountain top behind, asking for a light for her cigarette. She is known to do this. Her small white dog runs above the waterfall- can you see him?

Dakini of the eruptive blood of the earth, Pele's realm is rich with volcanic action and terrain. Her blood flows as the lava. She is the volcanic landscape, it is her portrait written in the hot blood of the earth.

We do not want to anger her, for if she gets angry she might stamp her foot and cause eruptions...

### Divinatory Meaning

Pele is calling you. It is a call deep in your blood.

A trip to the South Sea Islands could be indicated.

Primeval instincts are being aroused.

Bring your passion to the situation. Explore ways to unleash your passion.

Un - repress.

Pele represents the raw female shakti (essence/power).

Something in you wants to be released.

Something in the situation in which you find yourself needs a channel to relieve pressure, otherwise it may erupt in unpredictable ways.

Anticipate the unpredictable.

A desire to be free of social convention. A desire not to be bound by the social mores of consensus reality. A rich wildness bubbles up within.

A desire to resonate with the fire in the blood. A need to express oneself.

Dance as a form of self - integration. The practice of dance forms, like the hula, which free up the hip region.

Examination of accepted rules of society and entertaining different principles, ones that integrate the bodily temple into spiritual consciousness. The ancient culture of the Polynesian islands was a society that supported just that. The spiritual and the erotic were seen as intimately connected and were celebrated and enjoyed, free from guilt and shame.

Boats travelled between the islands as floating temples, sharing divine transmissions through their performances which were both spiritual and erotic.

As this culture was destroyed, so we destroyed, repressed and suppressed all that joy, freedom and connectedness within ourselves.

Time to re-ignite that fire of spirit which ignites your consciousness, impassions your heart and sets your body ablaze with the vibrant flow of life force, pulsing like molten lava through your veins.

The fire in the loins asking to be recognized.

Why are we so afraid of our own power? Time to open up to it and let it flow through you. You don't own it, but you can be a conduit for the power of the earth, the power of the universe, once you are eligible to receive it. What makes you eligible? That you have the necessary self awareness (which includes self surrender) to be able to bring balance back to any situation. That is how nature works. She can express herself, and if that expression includes some destruction,

she always knows how to rebuild, regenerate, how to bring things back to balance and harmony. Do you?

There may be dangers in expressing yourself, but the effects of not doing so have far more lasting and devastating effects, usually on your physical body where they show up as various forms of sickness and disease. Many illnesses can be attributed to feelings that have been suppressed and repressed and are stored in the body as memories in your cells.

Lets get those cells warmed up and ready to release.

You are engaging in a new passionate affair with yourself.

This could manifest as a relationship.

Woman taking an active role in lovemaking.

Focusing on the arousal and satisfaction of Shakti, the female partner.

Taking time to recognize and confirm the powerful energy of the women you know.

An outburst of emotions is sometimes necessary to break through a stagnant situation.

Use your fire with discernment so that the outburst is brief and effective, leaving fertile ground for new growth in its wake.

### Indications

You may be suffering from repressed anger, passion and/or sexual energy. Pele wants to help you channel and express this powerful energy.

### Practices

1. Learn some hula moves free up your hips. Connect to your root, your sexual energy, visualizing its energy as the molten lava of Pele's blood. As you swirl your hips, feel the hot lava flowing through you, flowing through her. You are mirroring the movements of the Goddess as she brings forth the world from the womb of creation. See yourself as Pele, expressing herself through her art of dance and taming her inner fire.
2. Once your energy is flowing, send the trembling passion that you are unleashing in your body to Dakini Pele. Make an offering of this energy to her, thanking her and appreciating her, as if you are a red flower thrown into her flowing lava. In this way, you resonate with her passion. Recognition and honoring her nature can help her feel juicy and flowing, not needing to erupt in the fury of frustration. Let her know that she flows everywhere, is connected to everything on earth through the laval veins of her body which form the substratum of our existence. Feel her feeling you feeling her....
3. You may use the above meditations/visualizations during lovemaking.
4. Through this portal opened by Dakini Pele, you can connect in spirit with the ancient ones who are still spiritually present in the Polynesian islands and who love and guard the land, not only in that region, but throughout the earth. So it is with the wise ones, the earthkeepers. They know what we have forgotten and are just waking up to remember - everything is connected and everything is sacred. Send your respect to these wisdom holders. Apologize on behalf of all those too ignorant to understand the sacredness of

their ways, those who have instilled guilt and shame where none existed before. Ask them to share their wisdom for the building of a new reality, a new spirit of Aloha.

### Dakini Transmission

It is my nature  
To be hot  
On fire with passion  
Liquid fire  
Now I want to quench  
My thirst  
On your emotions  
Your desire

### Affirmations

My passion is a positive force  
I am one with my inner fire  
It is OK to be hot



**Mermaid is born of water and moves within the waters of the subconscious, carrying earth magic.**

### Who is Mermaid?

Mermaid is half fish, half woman. She lives in the oceans, and plays at the interface of land and sea. She has fins and gills and her iridescent blue/green skin flows and ripples within.

Mermaid embodies the mysterious allure of the oceans, she is the muse of the sea. She appears in various forms in different cultures – Yemaya, for example, in Africa, Nagini in Asia.

Mermaids guard the pearls of wisdom and those things that are hidden deep in the unconscious or subconscious realms. She reminds us of our ancient elemental selves.

Mermaids have had a bad reputation, as sirens luring sailors to their death. Mermaid Dakini assures us she is not about that.

So much of the earth's surface is covered in water and so little is known about its depths and mysteries. Mermaid embodies the hidden magic of the sea.

### Location/Sphere of Influence

Oceans of the world.

### Allies

Dolphins/seahorses and all sea creatures.

### Nature & Description of Dakini

Mermaid sits upon her throne of brain coral at the heart of her world. She is blue like the water where she abides. All the creatures of the ocean are her friends and they form her retinue.

She holds a giant pearl of wisdom as she is a wisdom holder of the seas.

She is bold in an inviting way. She is simply present, and aware of the magical nature of her presence.

Her realm encompasses deep waters to tropical shores. The oceans have opened up to reveal the magical nature of the kingdom/the queendom beneath the surface, full of water and reflected light.

Two dolphins, her special friends, leap into the sky above, while two more swim in the foreground, guarding the gateways of her magical enclosure.

Mermaid's exotic fish-tail drapes over her coral throne, coming in an out of form, for she is like a mirage of the sea. Other apparitions of herself appear, playing with the waves.

She has collected many strings of pearls which adorn her brow and the base of her throne - or perhaps they have been offered to her, that is much more likely. She doesn't really seek things, they come to her, because of the nature of her being.

The fish and all the other ocean creatures are irresistably drawn to her and gather in joy.

A seahorse gazes into her magic mirror and sees another world within a world.

### Divinatory Meaning

Mermaid has revealed herself to you, the muse of the sea.  
She is the call of the sea, in a literal or symbolic sense.  
Being near the ocean is nurturing for you, it feels like being close to the Great Mother and encourages feelings of wellbeing.  
Messages need to reach you from the unconscious or subconscious realms of your psyche.  
A wish to explore areas beyond your 'normal' experience, in fantasy or in actuality.  
Find the pearls of wisdom in the present situation. You may need to dive in for this to occur. You may need to go deep.  
Overcome fears of surrender. If you surrender to your subconscious waters, you will not drown.  
Do not be afraid to feel deeply.  
Trust your emotional, intuitive responses. Be guided by your emotions and what you really feel.  
Do not let yourself be fooled by the superficial feel of things, but look beneath the surface to find what emotions run deep. Do not allow yourself to be weighed down by any heaviness or fears your feelings may engender, but choose the positive, affirmative approach that can find the magic in any situation and turn negativity around.  
Let your emotions lead you, ones that are connected to your heart's desires for something outside the safety and stagnation of your habits and self-imposed limitations.  
Things that have been lost or hidden come to light. Mermaid has been guarding them for you...  
Mermaid will be your muse. Fall in love with your deepest fantasies.  
You have a desire for a fulfilling fantasy life, for exploring the world of dreams and day dreams.  
Mermaid invites you to come and have fantasies with her in her world. It is another world and different rules apply.  
Let magic re-emerge in your being.  
If you merge fantasy with allowing yourself to feel deeply, the indications are very favorable and you will connect with a part of you that has been neglected.  
Playfulness. Allow the element of play to weave through all of the above. This is an essential part of Mermaid's magic, she is deep, yet playful. Her world is magical, but it is full of light and is not frightening. It is beautiful and intriguing.  
Fall in love with your deepest fantasies.  
Learn how to listen to the song of your own heart. That is the siren song that calls you back home. Back home to the ancient magic and the Goddess way.  
Listen! She is calling, calling in the waves of long forgotten memories...  
Overcoming fears of submersion in the waters of the primeval unconscious.  
Learn how to function outside your normal element.  
Communication opens up with other classes of beings, just as Mermaid is able to talk to every creature in the sea. She just knows what they are all thinking and feeling, the water transmits these waves so easily...Of course, many come with special messages for her, they want to please her so much because they know she loves them with all her heart...  
Your love, your ability to feel, will draw to you whatever you need for your own fulfillment.  
It holds your special Mermaid magic.

### Indications

Spend time at the ocean. Swim.  
Inspiration from the ocean.

Be a beachcomber on the shores of life. Mermaid loves to collect even the simplest of treasures. Be open to communication from dolphins.

### Practices

1. Mermaid asks you to get a shell, one that clearly holds the song of the sea when held to the ear. Keep it in a special place. When you put it to your ear, hear the sound of the waves as the song of Mermaid and remember her.
2. Meditate in the water. Lie in your bath, your pool. Close your eyes and imagine you are lying in the ocean. Put your legs together and wiggle your tail as you become one with Mermaid. You can either see yourself as a second mermaid and let Mermaid lead you, or you can see yourself as Mermaid herself. Allow yourself to sink into the fantasy, the meditation. Feeling the water against your skin, let that sensual input stimulate the sensations that Mermaid experiences in the ocean. Feel each ripple pass over you as a wave of ecstasy, the fronds of seaweed that caress you, the tickle of anemones, the silky skin of the dolphin and the bubbles of the foam... Feel as if the water next to your skin dissolves the barrier between you and outside you. As you visualize yourself in an infinite ocean of blue, imagine that you extend with it in all directions. You are without boundaries.
3. Commune with Mermaid in this way and let her show you the secrets of the sea. This meditation is to help you experience the bliss she feels in every moment as she is open to the orgasmic state of union with the elements - in this case the water - that is the natural state of magical, Dakini being.
4. Send a blessing for all the magical life, the consciousness, that dwells within our oceans. May these wondrous creatures of nature's creation play forever in clean seas of dancing light.

### Dakini Transmission

I sing a song  
Of ancient seas  
Where dolphins sing  
And mermaids tease  
You with their siren song  
Calling you back where you belong  
In timeless mystery  
I will guide you  
Play with me  
I hold the pearl you want  
You see...

### Affirmations

I can visit my own fantasy world  
I have the right to inhabit that reality  
It feeds my spirit  
And positively impacts my life  
The more I go there  
The more real it becomes  
I am not afraid  
To feel deeply  
To plunge into my emotions  
And explore my subconscious realms



**She has a fiery, wrathful nature - protecting the ground the mandala represents, by enclosing the inner light of the heart with fire.**

### Who is Protectress?

She who protects the sanctity of the mandala of self. She embodies the role of the Dharmapalas in Tantric Buddhism – guardian figures evoked for magical protection from external harm and to eliminate obstacles hindering the practitioner.

There are three classes of protectors - wisdom, activity and worldly.

There are a number of specific Dharmapalas, Guardians/Protectors, in the Tibetan pantheon.

They are male, like Mahakala ('Great Time'), and female embodiments, like Palden Lhamo ('Glorious Goddess'). Palden Lhamo is considered to be the principle protectress of Tibet. She is one of the eight great Dharmapalas and is the only female Dharma protector common to all four schools of Buddhism. She is depicted as very wrathful, riding her mule across an ocean of blood and surrounded by wisdom fire. Her skin is dark blue and she has three eyes.

Dharmapalas are gatekeepers in the mandala ritual. They appear in menacing form to be more daunting than the entities they guard against - the dark forces of the human psyche, which cannot enter the inner sanctum of the mandala. Protectress is a protector of the Dharma, the truth.

### Location/Sphere of Influence

Mandalas/ Tibet.

### Allies

Fierce animals. Horse & mule.

### Nature & Description of Dakini

The ferocious face of Protectress fills the upper half of the image, with her devouring fiery mouth, fangs and bulging eyes.

Her skin is black as darkest night.

She has the form of a wrathful deity or Dakini, whose inner essence is compassion. She is black-skinned. The five small human skulls on her crown represent the transformation of five poisons into the five transcendent wisdoms.

She uses her many forms to guard the mandala (sacred enclosure), ablaze with mystic fire.

She wields the sword of wisdom that cuts through delusion and obstacles.

In the inner ring of the mandala she raises her 'Purpa/Phurpa', a Tibetan 'magic dagger' designed to conquer evil spirits.

She lives at the crossroads and faces in all directions.

At the center of the mandala glows the heart of compassion. It is identical with the heart of Protectress, despite her terrific appearance. It holds the essence of the Dharma, the precious essence of truth.

### Divinatory Meaning

Protectress is evoked for magical protection. She is here to bring you protection in whichever area of your life this is most required. You have called her in and she is here.

If you feel you need psychic protection, she is here for you.

If you feel you need emotional protection, call in her ruthless compassion.

Protectress is here to help guard against threats from the outside, but she is also here to protect against those threats, those regressive and negative tendencies, that lie within.

Time to enter that part of yourself that transcends, is free from, these inner dark forces.

Protectress is here to assist.

From what do you wish to protect yourself that arises from within your own psyche?

Doubt can be a great enemy to those on the path.

Feelings of attraction or repulsion can often veil perception.

Protectress is here to cut through illusion and create clear space.

What is really important to you?

Who or what do you wish to protect?

For Protectress to be fully activated in your life, all you need to do is make sure that what you want protected is fully aligned with your truth.

She is righteous wrath. If you need to bring this energy to a situation for resolution, she is right behind you.

Her weapons are the subtle tools of skillful means and appropriate application.

The person arriving at this portal is probably in need of some psychic protection in some area of their lives.

People coming into the path of Tantric Buddhism are 'taking refuge'. This portal will allow you to visualize taking refuge/finding protection within this powerful Tantric mandala.

In the center of the mandala is a flaming heart, the precious essence which is being so ardently protected. The heart of an awakened or awakening being is so tender and sensitive because it is so open and compassionate. It may need protecting from forces that would trample it or seek to manipulate its sensitivity for their own ends. The fact that ignorance is often the cause of such action does not mitigate its effect, therefore the need to protect that which is precious and sacred may be the wise recourse.

Know that your essence is precious and worthy of protection.

The presence of this Dakini may indicate the need to protect some aspect of your property or holdings. It may call for copyrighting of materials, insurance, fences, gates or alarm systems being put in place.

These measures may need to be taken on a material, physical level, and/or on a psychic one.

Do you have built in 'alarm systems' that warns you when something is 'off' and when there may be a need to safeguard what is precious to you? We all have these natural instincts and responses, though these messages our instinctual being sends us often go unheeded. Time to tune in to these messages and tune up these faculties so that they can work for you effectively.

The right use of wrath or anger. The role of Mars in our nature does have a useful place. We tend to associate anger with outbursts of emotion that are out of control and therefore to be considered negative and to have negative effects. Although this is often the case, anger sometimes has a useful role to play in cutting through stagnation, lethargy and other forms of negative, stuck energy. It also is an effective tool to ward off those tendencies that seek to pervert the truth, in ourselves or in others. This is the application of anger as a conscious tool to remedy certain situations.

You use anger, it does not use you.

This is the righteous wrath of Protectress, making herself more terrific than the forces that seek to terrify.

She subdues the forces of coercion, for any act that seeks to force or bend other beings to its will in order to achieve its own ends, only encourages that action upon itself sooner or later.

Live by the sword and die by the sword is an endless karmic loop of action and reaction.

Protectress cuts through all this with her sword of truth, so that we may abide in the center of the mandala where the ever living, ever forgiving, heart of compassion resides.

The truth of the heart is its own protection.

Protectress is but a ray, a powerful emanation, of that heart.

### Indications

Be aware of some aspect or situation in your life that could pose some nature of threat.

Use the circle of protection offered by Protectress and visualize yourself in the protected center when bringing this issue, or potential issue, to mind. Send vibrations of peace and resolution to the situation and all involved from this position.

Could indicate the need to protect yourself from ultra sonic frequencies.

### Practices

1. Create a circle of psychic protection for yourself, with the help of Protectress. Invoke her in your visualization to establish an impenetrable fiery circle around you, where she guards all the gateways. This is now your 'safe place'. You may seek refuge and protection here at any time.
2. Evoke this circle of protection and project it to protect from harm any person or creature whose welfare you are concerned about. When commencing this kind of meditation, once you have entered your vision space, ask permission from the spirit of the being you are seeking to protect. You may also extend this psychic protection to any situation or state of conditions that could benefit from it. This can apply to issues you are personally connected with, or to things that affect living beings on a grand scale. When events occur at a global level, the results of the work on the inner planes may not be immediately perceivable. What takes place in the subtle dimensions works in subtle ways, but there is a point of critical mass that can be achieved in these dimensions, when the effect of the wave of consciousness has the ability to transform what physically occurs. So every piece of consciousness applied matters. Your consciousness, your caring, matters.

### Mantra

Her seed syllable is **HUM (HUNG)**. Visualize as dark blue, residing in the heart.



Meditating on this syllable in the heart will help you to remember that the essence of any anger you may express is compassionate voidness.

Dakini Transmission

I am here to protect you  
From your enemies  
From yourself  
From the things that hold you back  
From the things you deny  
I am here to protect  
What I hold dear  
Your heart's essence  
Wherein lies truth

Affirmations

I am protected  
I am protected  
I am protected  
I am safe  
In the circle of truth  
The circle of fire  
There is nothing that separates me  
from the truth  
And nothing can take that from me



**Avalonia stands like an island in the midst of mist and water, holding the cup which holds the Grail.**

### Who is Avalonia?

She is the Lady of Avalon. She embodies the realm of magic and mysticism that was the 'holographic insert' called Avalon. It is seen as a magical island appearing through the mists and associated with Glastonbury in Britain. It is the realm of ancient Celtic and Druidic mystery, the entry to the world of 'Faery' and sanctuary of the feminine.

The myths of Arthur and the Knights of the Round Table, with Merlin, the Lady of the Lake and Lancelot and Guinevere are familiar to us all. The times of Avalon represented a Golden Age of chivalry. They present a blueprint for right governance based on principles of mutual respect, equal representation and the blending of magical and sacred values with the secular in a happy, harmonious and productive marriage.

Avalonia is the Dakini who embodies the magical feminine energy that dwells ever in the realm of Avalon, through the gap in the mists.

She is the Keeper of the Grail.

The Grail here represents the essence of the collective pure heart vibration.

The Grail's association with the blood of Christ is because he was, he is, a living example of the essence of pure love and forgiveness. We can all add to the healing power of the Grail by bringing our offerings of pure love to it. All that we do and are, all that we offer in our consciousness, that is of the nature of unconditional love is suitable to bring to the Lady of the Grail.

### Location/Sphere of Influence

England/ the Celtic world/the holographic insert that is Avalon.

### Allies

Horses/swans/roses.

### Nature & Description of Dakini

Avalonia stands against a landscape of magical Britain. The storm clouds break with the pink light of a new awakening of ancient memories.

She is the High Priestess and Lady of Avalon.

She holds up the cup of the Grail, inviting an offering. She stands in the midst of a rose garden of pink roses, representing the blended essences of red (passionate love) and white (spiritual love) in the essence of the refined heart.

As a nun's habit reflects her marriage to Christ, so Avalonia is the bride of the Grail.

Her landscape is Avalonian England, including the standing stones of Stonehenge, Avesbury, and the Glastonbury Tor. The Birthing Stone is also featured. Passing through this stone circle a certain number of times is a ritual of cleansing and rebirth, so its energy is part of this portal.

Hers is the world of ancient magic, the earth wisdom of the Druids. Behind her is depicted the mystic Isle of Avalon that appears through the mists, when the veils lift to reveal what is generally unseen. Chalice Well, where the red spring of the Goddess arises, is on one side, the Lady of the Lake is shown floating beneath the waters on the other, holding the sword of truth, ready for it to re-emerge.

Avalonia is flanked by two swans. There are crop circles in her field, other examples of template inserts into our plane of reality. A magical white horse, symbolizing devotion and co-operation with the animal spirits of the land, comes running to her. A white horse is inscribed into the hillside beyond. Below it is a labyrinth, representing the path of the seeker, the trials of a knight. Morgana's boat carries her across the waters. She has another chance in the new Avalon.

By the standing stones, a knight kneels before his mistress as she knights him.

This represents a glimpse of Avalon - through a gap in the world of appearances, this magical reality comes into view, still present and intact.

### Divinatory Meaning

Avalonia offers you a place to make your offering of pure love.

Because the Grail has been hidden for so long, she wants you to know it does not mean it does not exist. Take heart! It is ever living, ever loving.

It promotes chivalry and chivalrous acts.

Gallant action.

Platonic love.

'I would not love thee half so much loved I not honor more..'

Service as a vocation. We do not have a good understanding of the merits of service these days.

To truly be in and of service is a wondrous tool for the development of the self, as long as the service is to something you can believe in with all your heart, not for any selfish reason.

Surrender to the Goddess, not to a person. Service to her is the highest form of Self service, for it serves the collective benefit.

Being able to perceive the qualities of the Goddess in a living being, living beings.

Honoring that as sacred truth.

Tempering the ardour of the quest with the wisdom of discernment – if you rush in as a fool, you will only find fool's gold.

Refining the sensibilities so that the perception of true value and quality becomes apparent and self evident.

Acting in accordance with higher principles.

Sublimating a desire in order to take the honorable path.

If a choice is to be made, choose the high road.

If you are seeking the answer to a question of attraction, seek the ethical solution. Perhaps the circumstances are such that resisting rather than surrendering to the path of passion is the optimal choice. Love has many forms of expression to explore. The genital centric approach has a limited range.

Sublimation as a path to realization.

Embracing your life mission, your quest.

The hero/heroine's path.

The desire to dedicate oneself to a cause, a vision, a higher calling.

The merging of secular values and those of the way of magic.

The hand of the Goddess entwined with the hand of right governance.  
The chalice and the blade held in perfect balance.  
A vision that upholds this ideal, formed and held in the heart, established in the field of consciousness.  
A need to return to the path of the heart, to find the essence of pure love within, which is its own reward.  
The sword of truth is ready to re-emerge from the waters. Are you prepared to receive it and all that goes with it? Only the one who can kneel at the feet of the Divine Feminine and surrender themselves completely to the Goddess (the Heart of hearts) is truly eligible.  
To develop qualities in oneself to offer for the good of all.  
The merits of virtue and living a virtuous life.  
The quest for virtue and the virtue of the quest.  
A return to the path of the Goddess and her way of love.  
A realization that you are worthy, a release of all feelings of unworthiness, but not without first evoking and understanding those feelings.  
Don't let your potential for higher forms of love go to waste.  
Avalonia wants you to know that your love has value to her. It has a place.  
Here is the shrine at which to make your offering.  
From a secret, tantric perspective, the Grail represents the blended elixir of the pure male and female essences.

### Indications

Look for opportunities to perform chivalrous actions. The age of chivalry is not dead. Treat others how you would wish to be treated yourself, even if they do not seem to return the favor. Goodness spreads like a warm breeze, especially when it has the magic of the Goddess behind it.

### Practices

Avalonia would like to receive your offering, or offerings, for the Grail. What do you have to offer?

For the offering to be eligible, it must be freely given, without hope of personal benefit or gain. It must be born of love.

First Avalonia wants you to release any feelings of unworthiness, for these only dilute the tincture. Know that you are worthy and all that you need to do is to step into being all that you can be. We all have our roles to play and, as they say, half of it is showing up.

Avalonia wants to thank you for showing up. You have self-selected and are now one of her Knights of the Grail.

#### 1. Meditation on self worth/eligibility.

We have all done things in our lives of which we are not proud, some of which we may be actively ashamed about. We may regret some things, we may hide some things deep in our subconscious as we don't want to feel the weight of guilt and shame. Some things we may just laugh off as we don't want to face their real seriousness and impact they have on our psyches.

Avalonia says that as she has been called to you, you have something for each other. She can help you move through these apparent impediments to your eligibility. Meditate on all and anything that makes you feel unworthy. Call each incident to mind that has impacted you in this regard, either perpetrated by you or done to you. Experience the feelings that surround these incidents as strongly as you can. Express your sincere and heartfelt sorrow and ask for forgiveness, offer forgiveness in all humility. Now visualize the scene filled with the love you would have liked to fill it with. See events transformed according to a higher order. Experience the joy and peace this brings. Now you are ready

Please deliver to Avalonia:

1. The performance of an act of unconditional love
2. Your visualization. See Avalonia standing before you, holding the Grail cup. Go deep into your being and deep into your heart. From the depths of your heart contact and hold a feeling of purest love. A strong, rich river of love flows through you and you now dip into this vital flowing lovelight and offer it into Avalonia's cup - the most excellent, the most pure essence of you and the aspirations of your heart.
3. Find a cup, a chalice of some kind, or display the image of Avalonia with her Grail cup on a special altar for it in your room. Contemplate, meditate on, events that have transpired. You can make a daily practice of this if you like. Find the place where you can feel love, deep and heartfelt, about the situation and the people involved. When all has resolved into this heart wisdom and you feel it in your being as a wellspring in your heart center, offer it into the cup of the Grail.
4. Send the vibration you have cultivated as a waveform to the heart of Avalonia, that the essence of this heroic and mystical imprint once more appear through the mists of time and pierce the veils of perception with the re-arisen sword of truth. May the lands and the people of this realm re-awaken to the call of the Goddess of the Grail.

### Dakini Transmission

I am the holder  
Of the Grail  
Your purest love  
Will never fail  
To bring you to  
The heart of hearts  
Now you are found  
You will never depart

### Affirmations

I am worthy  
I am eligible  
My love, positive energy and good deeds  
Have a place where they can amplify  
I offer my love  
In service of the Grail



**The fun frequency ignites within her like fire, then ripples through her being like water in self - replicating effervescent bubbles.**

### Who is Funtasia?

Funtasia is the Dakini of fun. She represents the fun frequency which bubbles up spontaneously. She resides in the eternal Palace of Fun and can appear without warning any time, any place and lighten things up. She carries the humorous sentiment that can be the saving grace in many situations, even the dire and tragic. Her main mission is to stop people from taking themselves too seriously.

The jesters in courts of old were there not just to entertain the rulers, but to help alleviate the tension a person holding such responsibility would naturally experience. By bringing humor to the topics of the day, if the jester is doing his or her job well, the relaxation this provides allows room for the issue to breathe and the ruler may well be able to view things from a fresh and more expansive perspective.

Funtasia represents the positive approach to life.

### Location/Sphere of Influence

Funfairs/amusement parks/ parties/in laughter everywhere

### Allies

Cartoon characters/bubbles/champagne/toys.

### Nature & Description of Dakini

Her realm is a cartoon world of fun and fantasy. Lots of rides and fun, fun, fun. See her in a champagne glass of bubbles, dissolving into bubbles of laughter and sheer joy.

Her Palace of Fun is a wild amusement park. She likes to drink champagne and giggles and girlish laughter are an essential part of her soundscape. She will make you laugh. She is very sassy. She morphs in and out of cartoon and 'real' versions of herself. Sometimes she is composed entirely of bubbles, constantly rising and popping as she giggles and laughs. She exists in the effervescence of life. Her laughter is very infectious.

She chooses to see the funny side of things, she can make fun of herself and she can promote laughter and lightness at any time.

She has spontaneously created rides and funfair attractions in her realm, crafted from her own being.

She colors herself with day glow candy colors. She is childlike. She is a turn on. She is life positive. She is sexy, for the humorous sentiment is next to the erotic. If sex wasn't fun, the whole race would die out.

She is here to show how to have fun with yourself. She is the expression of the inner font of imagination, which is a boundless source of ever-flowing fun potential.

At the base, the center, a DNA spiral arises from an illuminated carousel - a manifestation of Funtasia's shakti (female power) - and becomes an ever bubbling champagne cocktail of sheer 'joie de vivre'.

To the left, she invites you to take her various rides - from the Alice-like adventure into the looking glass hall of mirrors she has in the Wonderland inside herself, to the wild adventure of her roller coasters and big dippers. She is busy taking all her own rides and enjoying every moment...

To the right is Funtasia's merry go round. She takes the forms of all the rides herself, and appears as a clown in the center. This becomes the carnival hat of Funtasia, who offers you a cotton candy cupcake.

We see her beyond as a 'Helter Skelter' spiral ride.

Funtasia turns reality on its head with a wink and a smile.

### Divinatory Meaning

Funtasia presents herself to you to bring some fun into your life.

If you are already having fun, she is here to amp up your fun frequency.

Having fun is the spice of life.

To have fun, the first thing to discover is how to have fun with yourself. Your body, your being, is a wonderland. Funtasia has created her own Amusement Park so she will never be bored.

Boredom and apathy are the enemies of joy. We all dread being bored. The way to overcome that fear is to learn how to have fun with yourself. It's a state of mind and a full body experience.

Funtasia shares her Funfair with you so that you can follow her example and visit the world as fun.

You can turn work into play and have fun at any time.

Learn to laugh at yourself.

Treat your mistakes as opportunities. Let nothing be an excuse not to have fun.

See the positive side of, and in, all situations.

Be light on yourself.

Bring humor to the current situation – see the funny side and lighten your psychic load.

Does your current project have an element of humor/playfulness in it? Funtasia is here to offer it a fun infusion.

Do not laugh at the misfortunes of others unless you would like others to do the same to you.

Never take your fun at the expense of others.

Funtasia is not here to make fun of you, but to make fun with you - that's the best kind of fun.

Funtasia does not really tell jokes. Her humor happens not in a second hand fashion, but in humor arising naturally in the moment.

Be spontaneous.

You deserve to feel good.

See having fun as a treat for all your cells, they deserve to feel good, even if you don't feel you deserve it. By the way, you do.

Indulge in happiness, laughter and joy as a health cure.

Have fun with sensations, sensuality and sex.

Have fun in bed.

What in your life is actually fun for you?

Allow yourself to have that fun.

Make an intention to balance all moments of stress with moments of fun.  
It is good to feel good. How do you make yourself feel good? You can choose to flip on your fun switch at any moment. You are in the driver's seat you know and no one can make fun of someone, not even life or death itself, who knows how to make fun of themselves.  
Laughter is infectious and magnetic. It draws others to you because, in the end, everyone wants to feel good.  
Fun is a gift you give yourself which has natural benefits for others.  
'Laugh and the world laughs with you'...  
Find fun in even the smallest things.  
Be self-rewarding.  
Combine childlike wonder and joy with your wisdom of experience.  
Never lose your inner child.  
Never grow up.  
Inner happiness is a great secret of life, happiness that is independent of outer circumstances.  
To have fun or not is always a choice.  
The fun frequency as a state of developed consciousness.  
Being able to see the whimsical side of things and not take the trials of life too seriously can be the natural by-product of expanding your mind.  
Always keep a part of yourself as the bemused observer, laughing at the cosmic joke of existence. This puts you less 'at cause' of the flux of events and circumstances.  
Having fun may be viewed as superficial, but playfulness is a facet of enlightened mind.  
Laughter is liberating, it releases tension and replaces it with overflowing delight.

### Indications

Lean into the wind that brings you happiness.  
Treasure every moment of happiness, give it a fun name, and store it in a special place in your heart - the fun spot - to dip into when you need to feel good.

### Practices

1. Funtasia asks you to do something just for fun, with no other agenda or alternate motive.
2. Find one thing that will really make you laugh - give you a good belly laugh. Surrender to it and let it take you over, laugh 'til you cry, if you can...
3. Turn a mundane activity into a fun one. Anything will do, but turn something that you usually find a chore into something you enjoy.
4. Make someone else laugh. Turn a situation around for them with humor as an offering to Funtasia.
5. Why don't you come and play with Funtasia in her Realm of Fun? You can take all the rides...

P.S. Funtasia says you have a free pass to her Palace of Fun and you can come and play with her there any time you like...

6. If things get a little grim, evoke the fun frequency you've been cultivating and just send it as a big bundle of fun to encircle the heaviness with lightness and joy. Funtasia says, 'Please try it. If lots of us 'Funnies' get together, who knows what could happen?'

### Dakini Transmission

Fun is free  
Fun is good  
You need it now  
You know you should  
Have a regular dose  
Of fun everyday  
I've come to ask you  
Out to play

### Affirmations

I deserve to have fun in my life  
There is nothing to stop me  
Having fun at every moment



**Flowing naturally and spontaneously like pure water, she attracts the divine fire and offers it as the healing waters of the virgin spring.**

### Who is Kumari Maria?

She is the Virgin Goddess. She appears in many forms throughout the cultures of the world. The tradition of worshipping chosen pre-pubescent girls as manifestations of Devi (the Goddess) is common in South Asian cultures. In Nepal young girls are selected for their special qualities and worshipped as the Living Goddess. There are a number of Kumaris selected, the most well known being the Royal Kumari of Kathmandu who lives in her palace, the Kumari Ghar. She is chosen from the Newari Shakya caste (the caste Buddha belonged to) and is worshipped by Hindus and Nepali Buddhists. It is said that after the ceremonies are performed, the spirit of the Goddess enters her body and resides there.

Mary, mother of Christ, is a manifestation of the Virgin Goddess. She is the 'eligible one' and represents purity, grace and devotion.

She is associated with the Virgin Spring and with healing, baptismal waters.

### Location/Sphere of Influence

Virgin Springs/ healing waters/ places of worship/ East & West/ in the presence of children

### Allies

Lamb, baby animals.

### Nature & Description of Dakini

In the center we see Kumari in her Nepalese shrine, enthroned as a Living Goddess, the chosen one. Her forehead is painted with gold and vermillion. She is crowned and decorated with the symbolic jewelry that is handed on from one Kumari to the next. Her feet, which are considered sacred, are painted red. During her time as Kumari, they are not meant to touch the ground.

Behind her is her palace with Living Goddesses of the lineage depicted. This is her world.

The image contains an outer and an inner circle of five forms of Kumari for the rite of 'Pancha Kumari' (Five Virgins) is considered particularly auspicious and full of blessings.

The Virgin in the form of Mary is woven into the scene that wraps around the central icon, indicating that while the worship of Kumari in Nepal is like a hidden jewel of the Himalayas, the presence of the Virgin Mary is felt all over the world. They are two manifestations of the virgin energy.

Mary is veiled in blue and her pure beauty and radiance shines forth. We see her by a virgin spring, offering the blessing of the healing, purifying waters. The atmosphere of Lourdes (Shrine of Virgin Mary in France where the healing powers of the waters are renowned) and other healing shrines where miracles take place.

She reveals the Sacred Heart.

She is the font, the source, the spring of healing, baptismal waters. Rivers pour forth from her open hands.

She opens portals, like cathedrals of light, within the solid substance of the earth. Kumari Maria puts her hands together in an act of prayer, so representing the attitude of reverence and devotion that is a passport to her realm, as her pure love and devotion for God, which brought her to her knees in waves of rapture.

She is an emanation of Mary, Mother of Christ, sent as an ambassador into our circle. She represents purity, grace and eligibility.

Maria is crowned in glory. She is the 'chosen one'. Her eyes are alive and full of vibrant awareness. Her skin is fresh and moist, like the blue inside petals of a lotus. In her realm are many shrines with her living likeness blessing each one.

Kumari Maria is the virgin child, the feminine essence that has not been touched and is intact. This can be seen as not penetrated by a man, or pre-menstruation, but she really represents a pure being, a clear vessel, untouched by the world and worldly, material values. She is Shakti (feminine power) in its pure form.

### Divinatory Meaning

A blessing from Kumari.

If she has appeared to you, you can consider this a darshan in itself, a powerful blessing and purification.

Look for the pure thought, the pure concept, the pure intention. Keep your heart pure. Get back to the source.

Hers is the power to purify.

A time for an initiation, a baptism into something new.

Eligibility, grace, original innocence.

The sense of being chosen.

Virtue. Encouragement for choosing the virtuous path when options are presented.

What feels in the way of holding these vibrations?

Perhaps there are things that have happened to you in your life, particularly of a sexual nature, that need to be purified. These can be actual events, or negative fantasy or projection. Kumari is here to wash away those stains and bring you back to your divine state of original innocence.

There is no stain that cannot be cleansed by her energy.

Have you been the victim of abuse as a child? Have you inflicted abuse?

Kumari is here to help you clear and cleanse any energy that attaches to this (see 'Practices').

Lose mental tendencies towards cynicism and being jaded. These will not serve you.

Have you noticed that there are certain people whose very presence, their being, is a joy to be around? What are the qualities that make them attractive? Is it their spontaneity, their ingenuousness and ability to be open to experience in a fresh and new way at every moment?

If the answer is yes, these are the qualities Kumari suggests you cultivate in yourself.

The gift of endurance, to have the strength to deal with whatever one has been chosen for. To understand that with the gift of grace and power comes the ability to hold the suffering as well as the joy. Mary, as Mother of Jesus, certainly had to live that truth.

Kumari Maria's portal also holds the Christ frequency, for how could Mary give birth to Christ if she did not have that quality within her?

A major aspect of what Christ offers humanity is unconditional love and forgiveness.

In this light, do not hold on to any of the wounds - everyone has their wounds - but see them for what they are and then release them as they bind more strongly than the toughest ropes and keep piercing your psyche with their brutal nails...

Let them go and send back your gratitude for the gift of life, the strength to endure and give thanks for this opportunity to claim your sacred sovereign self, and your original innocence.

If Christ could embrace the sacred heart as he hung upon the cross, subject to all manner of abuse and degradation, both physically and spiritually, then why can't you overcome yours, which surely must pale by comparison? But all suffering is personal and one cannot gauge the measure of how much another suffers.

Just know that when Christ opened himself to love and forgiveness which knew no limit, the heavens sang in rapture as the cosmic portals opened and bliss flooded through the universes. He created this standing wave of love for us all, in whatever dire situation we may find ourselves, to reclaim our sovereign being with pure love.

It is the highest vibration.

Buddha also realized that in life there is no way to avoid suffering as a fact of life. This was the first of his Noble Truths.

Christ's gift was his sacrifice on the altar of suffering, an inevitable condition of life; showing a way to gain sovereignty over it while going through it.

Kumari Maria is here to re-ignite all the pure devotion in your heart and cleanse you of all stain.

### Indications

Look for messages from children. Acknowledge them as a source of wisdom.

Look at the world fresh, as if through the eyes of a child.

### Practices

1. To deal with energies around child abuse, if any.

Look at and own, do not deny, what is real. Really look at it and into it without fear or denial. Experience the emotions associated with the incident or incidents. Do not hold back. Now remove from your psyche any sense of guilt and shame, Kumari's pure energy gives you permission to do that. Release yourself from karmic bondage by repeating three times 'I forgive you,' to yourself and then to whomever else was involved. Then repeat 'I love you' and then 'I free you', each three times both to you and the other party. You have the right to re-claim your original innocence. We are all 'broken vessels' in some way, but we all retain that seed of purity within. Let the cracks in your vessel be where the light pours in. Allow the healing waters of Kumari's shrine to wash away the karma of past actions and to baptize you with your own pure energy and see this as a rebirth into your true self.

There are 'windows of opportunity' in life. Kumari offers you this window to 'come clean'.

2. Kumari Maria asks you to bring some pure water in a bowl, for she wishes to bless it through you and bless you through it. Channel her blessings into the water, then take some water in your hand/s and sprinkle it over your crown and third eye region, saying, 'With this water blessed by the virgin, I baptize myself, purifying and healing all defilements of my body, heart and soul'.

3. Improve the life of a child or young person in some way.
4. Meditate on yourself as a child. Find an aspect or quality of your child self that you enjoy and cherish, but have lost contact with as you have aged. Resurrect that energy in yourself.
5. Place a flower at Kumari's feet. Touch her feet. Acknowledge the Goddess in her and receive her blessing. Thank her for gracing you with her appearance in your life.
6. If you have appreciated your encounter with Kumari, she asks you to send a prayer for her special honoring to be upheld for she loves to share herself and her blessing. Maria says she humbly offers her virgin essence throughout the world. May all experience the unconditional love that is her essence, free of dogma, guilt and shame.

#### Dakini Transmission

My heart is pure  
Untouched  
By disillusion  
There is nothing in the way  
Between myself  
And the Divine  
I offer you  
My presence

#### Affirmations

My natural state  
Is original innocence  
I am eligible  
To receive grace  
I embrace  
My inner child



**She ignites the fires of passion and makes the watery juices flow in the earthly temple.**

### Who is Erotica?

Erotica is as old as life itself, newly birthed for our modern times. She embodies the collective archetypes of erotic seduction and carries the energies of our collective fantasies. She is the Dakini who magnetically attracts through her sexuality, arousing the desires of the aspirant. In her inner sanctum she abides as the Goddess of Tantra, who reveals how sexual energy can open portals to enlightenment.

Erotica is the Dakini who brings realization to her devotees through her role as sex initiatrix. Her essence is the Cosmic Yoni (vagina), the source of all being, all embodiment.

### Location/Sphere of Influence

In the red light districts of the planet/in every erotic encounter/in the Yoni Temple of the Tantric Goddess.

### Allies

All courting and mating creatures.

### Nature & Description of Dakini

Erotica offers us the 'Streetcar Named Desire'. Her realm is a journey through an interdimensional exotic 'red light district'. This is a fantasy street in any city of the world, a holographic insert, where the ladies of the ever twilight display their array of allurements reflecting the different 'flavors' of different cultures, a variety of erotic archetypes. What is your pleasure? Erotica Dakini can express herself in many ways...

To the right at the base of the image we see Erotica as Eve, taking a juicy bite out of that apple in her snake gloves. The obvious pleasure, childlike and innocent, she derives from this activity undoes the myth of 'Original Sin' and replaces it with 'Original Innocence'. The snake is no longer the tempter, but an integrated part of her presentation.

Her central shrine is a temple in the form of a golden Yoni where she displays her illuminated essence. This is the Cosmic Yoni, the creative source of the Universe, the great portal of life, transmitter of the laws of attraction and harbinger of the nectar of bliss. She is enhaloed by planet Erotica in the form of a giant ovum encircled by satellite spermatozoa.

Erotica's glyph, which represents her distilled essence, is designed as a yantra (sacred diagram/symbol) of Tantric initiation. It is modeled on an eighteenth century painting of a Dakini of the Kargyudpa sect of Tantric Buddhism. Rays emanate from her yoni to form the shape of a leaf from the Bodhi tree, the tree under which Buddha reached enlightenment. This image is used to confer the initiation of the Dakini.



## Divinatory Meaning

If you have received Erotica, you are blessed with an opening in the area of sexuality.

Erotica offers you sexual empowerment and liberation, she washes away all guilt and shame with the transmission of her pure erotic energy.

You have entered the 'guilt free zone'.

If you are a man, she is the object of your desire.

If you are a woman, she is yourself, your own inner desires manifest, your erotic creativity come out to play.

Erotica shows herself to you to stimulate your sexual center, to arouse feelings and desires within you, but what will you do with those feelings?

The object of pornography is to titillate, arouse. The desired result being orgasm and ejaculation. But how deeply satisfying is this 'knee jerk' reaction? Yes a fleeting moment of pleasure, of release, a rush of endorphins, but deeply satisfying...?

Erotica asks you to look again, experience where erotic energy fuels the opening of vision fields in which the body and mind are bathed in feelings of exquisite delight. She wants you to explore these deep and sensual places that lead to orgasms of the very soul....

Our culture has imbued in us a sense of separation between body and soul, sensuality and spirituality. Erotica brings you Tantra, offering re-spiritualization of the senses, re-sensualization of the spirit.

Treat eroticism as a means of creative expression. The fine art of Erotica.

Cultivate the art of love and attraction. This can apply to anything in your life, not just in intimate relationship and the sexual arena. Erotica is here to stimulate and awaken your libido and make your whole experience of life more erotically charged, more alive and vital.

If you feel sexually unattractive, Erotica is here to give you a boost.

If you have a project, make it 'sexy'.

As sexual energy is the root energy in the body, it is the source of energy that, if blocked or repressed, cannot flow freely within to help fulfill all other functions we need energy for. Your sexuality and how you view it is the core of your energy store. It is the basis from which all other energy fields evolve which permeate your being and create the reality of who you are. If the sexual energy is repressed and distorted, that effects the ability of the organism to function at full potential. As this is an oracle of potential, the sexual center is the most important place to start.

Know that your sexuality is a healthy part of your total being, designed to compliment and enhance your natural mysticism. Instead of feeling torn between your physical and your spiritual inclinations, Erotica is here to show you that all is one.

Is sexuality important in your life?

Are you sexually fulfilled?

Does your sexuality feel repressed in any way?

Do you have feelings of guilt and shame in relation to your sexual urges?

Erotica is here to liberate you from this bondage.

Are you honest with yourself about your sexual feelings and inclinations? We don't have to always act on what we feel, but it is important to realize what those feelings are, for sexual feelings that are not recognized for what they are can create all kinds of distortion. Most kinds of perversion, cruelty and other deviant behavior can be traced back to attraction gone bad.

If you have tended to see women as sexual objects, Erotica is here as her own sexual subject.

Please heed the subtlety of her special message which is both empowering and freeing.

Treat all aspects of life as part on an erotic tapestry of sensation. Open your senses to receive the full impact of the sensuality of being.

Don't live your life firing on one cylinder, get your full horsepower going. Fuel this engagement with being with your erotic responses. Allow yourself to open to the pure eroticism of all phenomena. This reality is built on the laws of attraction. Everything is making love to everything all the time once we look under the covers.

Uncover the erotic frequency in the nature of all experience so that it may vitalize you. It is 'the spice of life' and when you recognize and resonate with its subtle insistent message written through the fabric of existence you will feel more alive and connected. You don't need to literally be making love with everything and everyone you encounter, but on a subtle vibrational level, you are. Once that awareness imbues you, the sight of a sunset can be orgasmic and you will emit frequencies that are in tune with the laws of attraction that allow creation to keep recreating.

Don't keep your ecstatic potential under lock and key.

Erotica says its time to open up, on every level, and she knows where to start...

Your sexuality can be your portal to entering into Divine resonance with Celestial Beings, who reside in waves of bliss.

### Indications

An effect on the sexual area of your life and the nature of your erotic fantasies.

### Practices

Erotica asks you to join her in two ways, using the 'right hand' (visualization/non physical) and the 'left hand'(with an actual partner) approach :

\* NB: If you do not have a partner, just use the first practice.

1. To the extent that you are able, assume the position of the initiation yantra of Erotica. Hold this position as long as you can, mentally repeating,  
'All wisdom lies in me.  
I open myself to receive and to transmit the energy of Erotica for the healing union of body, mind and spirit.  
With this opening I release all guilt and shame and am reborn as my true nature, my natural state of purity and bliss.'

## 2. Visualization

Erotica asks you to use her, in one or several of her erotic manifestations, as the subject of your fantasy.

You can commence with the cultivation of your sexual energy (\* see Quetzal Kundalini practice).

Let her lead you into the kind of erotic experiences you long for... Complete your visualization journey by visiting Erotica in the secret Yoni Temple. See what happens as you let her guide you in your fantasy engagement...

Repeat to yourself the mantra of intention,

‘May Erotica reveal to me what I need to connect me fully to my Divine sexual energy’.

## 3. Lovemaking with Erotica

If you are a woman, visualize yourself as Erotica, Goddess of Bliss.

If you are a man, visualize your partner as Erotica.

This is different from a common situation where one of the partners is thinking of someone else when they are making love. In these instances, the person you are with generally is not aware of the fantasy. This tends to leak energy.

In this case, energy is not being leaked but instead enriched. Whether your partner knows you are calling in Erotica or not, Erotica Dakini will bless you both with her presence.

Remember she is a Dakini, a Goddess, not a human being. Her mission is to bring the taste of enlightenment to your embodied form, and to all beings who are ready to receive her nectar of bliss.

This form of ‘trio-feedback’ where you make love with the Goddess, is one of the deepest secrets of Tantra. Whichever side of the equation you are on, you have the opportunity to become one with the Goddess, to experience Divine ecstasy, not just physical sensation.

Anyone who has had a deeply moving sexual union in their lives knows that it is close to a religious experience, when we lose ourselves in waves of bliss. Consciously connecting with the Divine in this erotic arena heightens and enhances that potential exponentially.

The ritual commences with kissing the feet of Shakti, the female partner. See her as Erotica and humbly request that she bless your union with her presence.

Focus on the pleasure of the woman, of Erotica.

How would you make love to a Goddess? How would a Goddess make love?

This is your opportunity to find out.

Offer whatever bliss you experience to Erotica and thank her for her participation in your sacred union. The more bliss that comes to her, the more she has to offer all, for she is totally open.

## 4. Erotica asks you to bring creativity and playfulness into the erotic arena of your life. Play dress up. Use her inspiration to act out the various aspects of your erotic self. Have fun. You are a multidimensional being. Awaken and enjoy all the aspects of your unlimited self.

## 5. Send a blessing to all sex workers, that the sacred reveal itself through the intimate experience. See them as priestesses of the Goddess, remove all stigma and all shame and honor them for their service to the One.

Expand this blessing to encompass all erotic encounters everywhere...

Dakini Transmission

I am all  
Your erotic fantasies  
Designed to please  
Excite and tease  
Your energy  
To unite with me  
And set your libido free

Affirmations

I am a fully empowered sexual being  
I am not burdened by guilt and shame  
My spiritual path  
Is one with my erotic expression



**Mercura is liquid, she has the alchemical power of fire and is metal, connected to the earth element.**

### Who is Mercura Reflectiva?

‘Look into the mirror of your mind, the home of the secret Dakini’

Dakinis are described as ‘mirrors of the mind’. Mercura Reflectiva embodies this principle. She comprises the qualities of the Greek God Mercury (Hermes), the planet, the element Mercury and the qualities of reflection and mirroring. Hermes was the messenger of the gods, given access to the heavens above and the underworld below. In alchemy mercury is the mediator between sulphur and salt, male and female, spirit and body – it is a great medium and catalyst of transformation.

### Location/Sphere of Influence

Mirrors/reflective surfaces.

### Allies

The element mercury.

### Nature & Description of Dakini

She is made of liquid mercury. She is solid and fluid all at once. She multiplies herself at will. She is a magician as she harnesses liquid mercury in stable pools (chakras) through the alchemical process, transforming poison into elixir. It is hard to stabilize mercury. In the alchemical process, mercury has qualities of both fire and water, it is the alchemical agent par excellence, the prime mover, in the process of turning lead into gold.

The sphere of Mercura Reflectiva is all reflectivity, constantly transforming.

Her central image shows her breaking through the silver surface, as if she is the energy behind the mirror manifesting.

She is reflective and leads you into many halls of mirrors, to infinite reflective pools, like Narcissus.

She holds the caduceus, the magical wand of the alchemical Hermes Trismegistus. The two snakes represent the entwined male and female kundalini energies, harnessed and stabilized, connected to the double wings which crown the staff. The wings represent the spiritual dimensions, the snakes the embodied. So the bearer of the staff is one who knows how to work with and combine the two worlds.

Her heels have wings to carry her across dimensions, and because thoughts can fly. She takes Mercury’s familiar pose, for she is the new warrior messenger, designed to move through our modern times.

She presents your own personal hall of mirrors.

### Divinatory Meaning

An invitation into self-reflection from Mercura Reflectiva.

She represents a 'quickenning' in this arena - an opportunity for bio-feedback to be rapid and effective.

Mercury is about communication - in this case mainly of the self with the self. Once we are able to know ourselves through cultivating the art of self-reflection, we can act as mirrors for others. Her hall of mirrors opens up to present multi-faceted reflections.

Mercura encourages you to self-reflect. She wants you to establish more fluid lines of communication between your 'higher' and 'lower' selves.

'That which is below is to that which is above, and that which is above is as that which is below to perform the miracle of the one thing', says the Emerald Tablet of Hermes Trismegistus.

As mercury catalyses the alchemical process, so Mercura hastens the process of self-realization. Reflective, fluid, volatile, heavy. It is attracted to itself, as if magnetically, and reconfigures at will.

Mercury is about communication, quickness, alertness, alacrity. It is difficult to handle and can be dangerous if not handled with care.

The planet Mercury often 'goes retrograde', meaning a time of going back over things, reflecting. Its in its nature to do this.

Reflect deeply then act quickly and spontaneously. Do not act on anything until you have reflected deeply upon it. Once you have, act decisively and swiftly, like quicksilver. Speed up the process of self-reflection by putting yourself in the position of others - seeing how they see you. Put yourself in many positions at once relative to the current situation, in the places of each of the participants, to understand the true nature of the issues.

Once you know who you are, you will carry weight. Mercura is here to help you achieve your own specific gravity.

Act as a catalyst.

Watch your back

Unpredictable elements are at work.

Attention needs to be paid to detail. Mercura Reflectiva demands your attention. Pay attention.

Do you have concerns about your body image? Mercura is here to amplify those feelings so that you can really look at them and pass through her portal, like Alice through the looking glass, into another reality. In this other reality, you see yourself as you really are, beyond worldly reflections, and can play with yourself in a magical world. Step through the mirror and claim your right to a multi-dimensional life.

Do not let yourself be held back by self judgment that is non-productive. Do not be forced into cultural stereotypes. You are your own unique entity and your countenance reflects the state of your inner being. Why try to make yourself into someone else? Fully become yourself by seeing your own potential.

Reflectiva asks you to take a long hard look at yourself, then change those things you can, accept those things you cannot. You are your own self-creation.

Dexterity.

Awakening to your inner magician.

Work your first acts of magic on yourself, to quicken your sensibilities and your innate intelligence. Once you have achieved a level of awareness, commencing with self awareness, you will be in a position to perform magic, as you will be aware of the possible consequences of your actions.

Own your actions, and align them with your intentions.

### Indications

Mercura Reflectiva may have a special message for you from other dimensions.  
Be alert to such messages.

### Practice

Practice the art of self-reflection in a very specific way.

Mirror gazing is a good place to start.

Gaze into a mirror at your own reflection and go through a number of lenses in your self regard

1. The critical eye. See flaws & things about yourself that need work. Visualize how you would look if those aspects dominated your psyche.
2. The affirmative eye. See attributes and qualities in yourself that you admire & respect. Amplify those qualities until they radiate through and fill your reflection.
3. Let go of all thoughts of who you are, de-focus your eyes and gaze at your reflection and regard what you see without judgment or attachment.
4. Visualize a pebble and cast it, your wish, into the reflective silver pool and watch the ripples spread.
5. See the realities you experience as all facets of your own reflection. Try applying the same principles of reflection to your world as you did to yourself. This will promote gratitude in you for what you experience when you contemplate how bad it could be. Look at the world that comes into view when you practice the affirmative eye! What does that look like? Vision it. Then you can cast your pebble, your wish, on behalf of the planet...

### Dakini Transmission

My reflectivity  
Is fluid  
Ever changing  
With the smallest ripple  
In the field  
Know that you  
Can shift and morph  
You are not a fixed element  
But an agent of change

### Affirmations

I am able to self-reflect  
And so be a clear reflection  
For others  
I am the bearer of messages  
I can positively affect any situation



**Durga brings the fire of the Gods to earth, and washes away all negativity, which flows like blood.**

### Who is Durga?

Durga is the Hindu warrior Goddess who was created by the Gods in order to overcome lower (Asuric or demonic) forces. They each bestowed a special attribute upon her and gave her the weapons she holds.

Durga in Sanskrit means the one who is invincible and indomitable. In the Devi Mahatmya (Markandeya Purana) Durga was created as a warrior goddess to fight an Asura (an inhumane, demonic force) called Mahishasura which none of the gods could defeat.

Durga is worshipped as the Great Protectress, Destroyer of Evil and Preserver of Truth, Divine law. She preserves righteousness.

In some of the 64 Yogini Temples (on which this system is based) Durga is the principle Yogini from which all the other Yoginis emanate. During the Hindu goddess's battles with the forces of inhumanity, in the form of the demon called Raktabija, eight Yoginis emanate from the body of Durga to assist her in battle. These eight in turn became 64, which form the circle of the 64 Yoginis. The Yoginis are also connected with the Matrikas (Mother Goddesses).

Durga's vehicle is the tiger. She is the radiant, invincible one.

An embodiment of creative feminine force (Shakti), Durga exists in a state of independence, self-sufficiency and fierce compassion.

### Location/Sphere of Influence

Cosmic battlefield/inner or outer. Mount Kailash, India.

### Allies

Tiger, lion.

### Nature & Description of Dakini

Durga is shown in the center of a golden repousse relief plaque. This is framed by a set of temple doors, so that we are looking into her shrine. The plaque itself represents Durga's golden shield. Below her is the mystic diagram that represents her essence, her yantra, indicating that her essence is her ground of being.

She is crowned and has ten arms, each of which hold a weapon and represent her various powers. Each weapon, such as the trident, the mace, the discus or bow and arrow, represents the different weapons that are needed to overcome different kinds of enemies or obstacles. For example, her sword symbolizes knowledge, with which she cuts through the obstacle of ignorance. Devi Durga rides on a tiger or lion in a fearless pose of 'Abhay Mudra', signifying assurance of freedom from fear.

She bears an Om symbol in henna on her upraised hand, the universal vibration of peace, defining her intention and her inner state of being. Aum (Om) is also the sound that emanates from the conch she holds, said to be the sound of creation.

In the Hindu spiritual view, Shakti is seen as the inner feminine energy moving through matter. She is an active, not passive force. The Yoginis/Dakinis are all forms of this inner Shakti with Durga leading the charge.

Although she is seated in repose upon her tiger, the small figures that adorn the plaque/shield show Durga in action. Her tiger symbolizes unlimited power. Durga rides it indicating that this power is at her disposal and she employs it to support the higher good.

### Divinatory Meaning

If Durga stands before you, you have called in the right energy to help you stand up for what you believe in.

She brings courage and invincibility.

It is your time to be given psychic weapons to take up arms against injustice.

Relinquish the need to be right and replace it with championing what is right.

If you are with Durga on the battlefield of existence, she will have you understand that these are not literal, but metaphysical weapons – gifts from the Gods of skillful means. Each weapon as its revealed will show which God gave it and what type of skillful action it represents. She cuts off the head of every self-multiplying pull of the lower self. To see her as fighting in the physical sense and actually spilling blood is taking the symbology at a gross, literal level.

The deep metaphysical question, explored in the conversation between Krishna and Arjuna in the Bhajavad Gita on the battlefield, is whether it is ever right, from a spiritual standpoint, to take up arms. The conclusion arrived at, which propelled Arjuna into battle, may have been relevant for that culture and time, but is it the answer we need for the present moment in our evolutionary history?

Durga, shining and with gleaming weaponry, represents the essence of invincibility. In the context of our cycle of Dakinis, it is the battlefield within that is addressed, the place of inner mastery, the inner plane of psychic weaponry.

Durga is offering you her weapons, as they were offered to her by the Gods that created her, to help overcome lower or negative tendencies before they overcome you.

Literal battle is always a last resort. If physical fighting is the only way left to resolve conflict, we are generally looking at quite an unevolved society.

Of course there is no simple answer to how one defends oneself against acts of aggression.

In an absolute sense, non violence is the only ‘right’ solution. However we live in a relative world where people share relative values – so how do we bridge this ethical quandary?

Gandhi carried through with the path of non - violent opposition. It was his willingness, and that of his followers, to face any sacrifice for the cause, that made his position invincible. His power of purpose was his greatest weapon. This weapon which did not spill blood and take lives turned out to be way more powerful than those that did.

With the Hindu belief in re-incarnation, loss of the present life carries a different weight than it does to the western mind.

A true practitioner of martial arts understands that the art of self defense is not in essence about fighting. It is about understanding the flow of energy within in relation to the energy fields of nature. Once you realize that attunement, your skills and form emerge from there. With true invincibility sensed, your enemy no longer wishes to fight

Know that anything achieved through the use of any kind of force has, sooner or later, a karmic repercussion. The wise practitioner does not seek to create more karma of this kind.

Witnessing her battle is like seeing the fight to end all fights. When the Goddess gets involved, there is no contest. She is so immensely powerful that negative forces are only allowed to exist in her realm out of her compassion and because she believes in free will. But if we see the futility of fighting once she gets involved, perhaps mankind will understand a little more and abandon this barbaric behavior.

Durga's powers of attraction, and radiance made her challengers fall in love with her. She represents great feminine power, where strength is united with beauty and grace. When she finally slays the Buffalo King, it is when he is blinded by her light....

How to overcome your opponents, and all opposition, with power and grace.

A confirmation of your own power and resources to execute whatever you really believe in. A boost for your strength.

Stand on your own two feet. Be independent and self-sufficient. You have the power of the Goddess with you.

An indication of success. Victory.

Triumph over negative forces such as selfishness, jealousy, prejudice, hatred and greed.

Durga manifests fearlessness and patience, and never loses her sense of humor, even during spiritual battles of epic proportion.

Transformation cannot always be achieved through peaceful means. Durga is here to show you that you need the energy of Mars to help you cut through a present situation, or a stagnation, a lethargy, in your mind or psyche.

Strong or shock tactics are recommended, as long as you are prepared to face whatever consequences they engender.

Taking up arms.

Time to bring out your inner Shakti in the 'Battle of Love'.

Let Durga empower your lovemaking and have the feminine take an active role.

Be fierce with passion, wild with delight.

Play with your aggression in a safe way in the bedroom.

### Indications

It is time for action.

Look for skillful ways to do battle that avoid confrontation.

### Practices

1. The Hindu Gods created the Goddess Durga from qualities they each possessed, and conferred on her the powers of their own weapons. There are several versions where the weapons she carries, their donors and the number of her arms vary.

The following describes Durga's depiction in this Dakini cycle.

Visualize yourself as Durga, as a radiant Goddess seated on a tiger, invincible.

Visualize your many arms and the weapons they carry.

Consider that each weapon is specifically designed to resolve a conflict, unloose a blockage, capture a negativity, harness a greed.

The discus (Chakra) that swirls around your upraised finger is the gift of Vishnu, Lord of Preservation. It represents the power to preserve the world as it turns, to uphold the natural

order of things, and, by the same token, to slice away all that stands in opposition to this positive principle.

The mace or club (Gada) you wield is the gift of Kubera, God of Wealth. The mace carries with it the strength of Indra (Lord of Heaven and King of the Gods), his Vajra (thunderbolt) power. This brings to your administration of justice an adamant quality, an irresistible force. Where you need to be resolute, this weapon is for you.

Your sword (Talwar) comes from Yama, Lord of Death. His weapon is the 'Great Leveller', for the knowledge of mortality levels all playing fields, all battlefields. In the end, no one survives Yama's blade. Become one with this blade, own your own mortality, so that you are no longer at its effect. Freedom from the fear of death confers invincibility. It is the sword of knowledge that cuts through the shroud of ignorance.

You hold a bell (Ghanta), the gift of Airawat, the God Indra's white elephant, to bring good fortune in all encounters. Its ringing summons the Gods and engages all the senses. Its clear vibration is a clarion call that the world may be experienced, but not possessed.

The golden conch (Shankha) is the gift of Varuna, Vedic Lord of the Sky, Rain, Ocean and Water. The sound of the conch when it is blown holds negative entities at bay and signifies the victory of goodness. It brings connection to source, to the primal vibration, the 'Pranava', the 'Om' that precedes all form. Use the conch to clear the air.

Your arrows (Tir) come from Vayu, God of the Wind. The bow and arrows represent energy available to you, both potential and kinetic. Vayu brings mastery of the winds of breath and subtle Prana (life force). Vahu says may the force be with you, his wind in your sails.

Shiva, Lord of Dissolution, pulled a trident (Trishula) from his trident and gave it to Durga, to you. It represents the balance of the three universal forces of Creation, Preservation and Dissolution, the three 'Gunas' (qualities) – Sattvas (pure), Rajas (dynamic) and Tamas (inert), that flavor all that is - the three powers of knowledge, will and action, and removes three kinds of misery – spiritual, mental and physical.

You hold a golden snake noose. This is the gift of Vasuki, King of the Nagas (Snakes). The Nagas are the holders of secret wisdom. Vasuki was used as a rope in the Hindu myth of the churning of the Ocean of Milk to produce Soma, elixir. The gift represents awakening and harnessing the Kundalinin (serpent) power within.

The lotus (Padma) you hold is the gift of Brahma, Lord of Creation. The lotus represents unfolding creation and the thought of enlightenment. As the lotus pushes forth from the mud and emerges in pristine beauty, so you, as Durga, hold this potential for the human soul. It is your greatest weapon for overcoming regressive tendencies, for it is the seed of the Divine that has the potential to blossom in every being.

Himavat (God of the Himalayas) gave the tiger (or lion) as your regal mount, offering you the unshakable strength and power of a mountain.

Vishvakarma, the Celestial Architect, provides your shield in the form of a plaque which 'has your back' and establishes a protective field through its sacred design.

The flames of Agni, the Fire God, dart from your eyes to penetrate and purify all obscurations and density.

Surya, the Sun God, sent his rays of light and now they shine through every pore of your skin, dazzling all opposition with your radiance and light of consciousness.

Imagine using these weapons first on yourself, letting them work their magic on you. See them cutting away all that needs to be shed of negative patterns and the things that prevent you from reaching your true potential.

Now you are ready to visualize cutting through oppositions and obstacles around you.

2. As an offering to Durga, meditate on amplifying her vibration of invincibility so that her sheer radiance of being may enlighten all eyes and remove the illusion of war from the field of life.

Let this vibration penetrate to the heart of the Indian continent, resolving all religious conflict and radiate out through the world as if a million suns blazed from her countenance, irradiating every obstacle to peace.

### Mantra

A Mantra for Durga :

***Om Sri Durgayah Namah***

Repeat internally or out loud to connect with the energy field which is the Goddess Durga.

### Dakini Transmission

I am Durga  
Gift from the Gods  
My loins quiver  
Ready for the battle of love  
For surely  
I see no distinction

### Affirmations

I have strength  
I am invincible  
I am endowed  
With Goddess given skills  
That help me be victorious  
In any situation  
I am Shakti



**She is the lunar effect on the waters of the planet and the earth itself. Her fire is her power of lightening.**

### Who is Lady Rainbow?

In Mayan cosmology, Lady Rainbow (Ixchel) is a Moon Goddess connected to earth and water. She is a weaver of worlds and associated with pregnancy and childbirth. She is a healing Goddess and keeper of medicines. She pours water for the crops from her sacred womb jar. If angered, she can also bring floods.

### Location/Sphere of Influence

South America/Middle America/Palenque/ Pyramids of the Sun and Moon, Teotihuacan.

### Allies

Dragonflies/rabbit/serpent/jaguar. South American animals, birds, reptiles and insects.

### Nature & Description of Dakini

Lady Rainbow Dakini is depicted in the center of a calendar wheel. She wears a ceremonial rainbow feather headdress. One of the most significant transmissions from this culture is the way time is viewed. Lady Rainbow is carrying the calendar system that is based on 13, not 12 moons. The Gregorian calendric system is an imperfect system. There are obvious inconsistencies which result in 'leap years' and other anomalies. Recognizing 13, not 12 moon cycles in a year puts us in tune with the natural rhythms of life. The superstitions around the number 13, to the extent of even eliminating 13<sup>th</sup> floors in hotels, is part of a suppression of the feminine and fear of the 'sixth sense'.

Lady Rainbow is here to bring this way of viewing time and space to universal consciousness. That is why she has embodied herself here as the essence of the calendar.

Her calendar wheel is a composite wheel, reflecting the various systems of Mesoamerican culture, through to current Galactic Mayanism which has brought attention to the significance of these calendar systems. Lady Rainbow has collected all these into a powerful medicine bundle, designed for the transformation of our times.

The underlying Aztec calendar is solar based. Lady Rainbow was once lovers with the sun, but their relationship did not fare well. In her reborn form, her lunar energy and that of the sun are aligned and their energy fields synchronizing.

She is the stone that speaks.

The entire glyph rests on the 'Skybar' at the base, a symbol on which Lady Rainbow traditionally stands as it denotes beings 'above the sky'. Her spindle, said to be at the center of the motion of the universe, is seen hanging from the wheel. Like a number of creation goddesses, she spins and weaves, creating the fabric of reality.

Her face is adorned with jade, like a mask, connecting her to the Aztec Goddess of rain who wears a robe of jade and created a bridge to the 5<sup>th</sup> world for those she favored. It also links her to the jade mask of Pacal Votan and the energy vortex that is Palenque. His carved likeness from

his sarcophagus lid arches below her, as if her spindle is his lifeline to rebirth. To the left side of the image, his tomb at Palenque is depicted. It is through this channel that much encoded information about the 13moons and ways of measuring time has been transmitted. Glyphs of the moons enhance Lady Rainbow's head, encircled by the Mayan galactic signatures. A gold seal of the Hunab Ku, the symbol of universal consciousness and the prime mover of energy in our galaxy, is above her. Quetzalcoatl, the rainbow serpent who figures prominently in the transformation of our times, is depicted as a carving at the top of the wheel. He represents her serpent power, which also wraps and seals the circle. In a myth of Lady Rainbow when her lover was the sun, her grandfather killed her with lightning. In Lady Rainbow's new galactic status, she is shown as mistress of lightning. Although responsible for the life-giving rains, she can also bring storms and floods. The dragonfly has a place of honor as, according to the myth, dragonflies brought her back to life after she had been killed. Dragonflies are ancient beings. She has the imprints of the pyramids of the moon in her realm, and other landmarks of the Mayan/Meso American spiritual landscape. Her manifestation is the rainbow as guardian of the Rainbow Bridge between worlds. She is both beautiful and subtle in her vibration and awesomely powerful. She is the soft and auspicious union of light and water as the rainbow. She is also the imminence of lightening storms.

### Divinatory Meaning

Lady Rainbow as a weaver Goddess is here to help you weave the fabric of your existence in a more meaningful way. She is here to ask you to re-set your view of time. She is here to ask you to re-examine the very principles and structures that govern your life, both the ones imposed by society and the ones you set up yourself. Time for a re-boot of your mainframe, the framework handed down to us by our culture. A gift of healing energy. The right remedy at the right time. Take your medicine pouch. If you are involved in the art of healing, Lady Rainbow says her appearance in your life is a confirmation of that calling. You are a healer. As she is also a midwife, she wants to know what you are pregnant with (maybe for a very long time now), because it may be time to give birth. Is it in her capacity as midwife that you have called her in? Perhaps its time to give birth to a new you? Perhaps the whole system is re-birthing. There may be some real work involved here (they don't call it 'labor' for nothing) but when the time for shift comes, its just that time and you either work with it or fight against it. Change is going to happen anyway. Be one with change. The strength needed to go through whatever hardship, work or pain you have to go through in order for the birth or rebirth to occur. Lady Rainbow asks you to consider looking at things from a different perspective. Throw away all you thought you knew and come at it from a different angle, a different cultural perspective. Reconsider all the things you accept as truth. Do not take second hand knowledge at face value. Look deeper into this because some things we have been culturally conditioned to consider absolute truth may well be only relative. Do not take things as being true just because they are the consensus opinion of the times.

Examine even the annals of history to see if what you are told really resonates as the truth. Many times the version we hear that has been passed down from generation to generation is the view of the 'winning team' and may represent a form of propaganda to keep the team in power. So re-examine all you hear and measure it against the yardstick of your own intuitive knowing.

You can apply this wisdom to any situation you may now find yourself in.

Entertain the notion of a new reality, or looking at reality in a new way.

Study systems and maps of consciousness, especially those of other cultures, to stimulate your deeper memories. Lady Rainbow is your window to Mayan wisdom.

Lady Rainbow brings the deep intuitive wisdom of the moon and attunement to the lunar cycles.

She moves with the blood within the body and with the tides upon the earth.

Be open to fresh and different ways of looking at things, something that feels like the ancient future. Things are re-aligning, be prepared to make the change as it makes you.

Imagine what the world would be like now if all the people who discovered and conquered new lands and more 'primitive', or at least technologically less advanced, people, had a two-way flow with the societies they found. If that were the case, we would have the opportunity of a present day culture that combined the best of technology with the wisdom of respect for nature, the natural cycles and the spirit in all things that the Indigenous cultures usually held as their central axis.

Entertain that we maybe do not currently have the psycho/spiritual frame of reference that allows us to understand the context, the spiritual milieu, in which events occurred. For example, we see ancient South American culture as bloodthirsty and addicted to human sacrifice. Well it may have come to something of that in its decline and decadent years, but Lady Rainbow says that in general our view is a gross misconception and that their religious rites were full of bliss, not horror....

If there is any disturbance in your field, time to release a little charge, a little electricity to galvanize the situation.

It may be time for some rain to fall to clear the air. Your rain may be in the form of gentle tears or a raging storm. Only you can say which would have most power to heal and transform the current situation.

Lady Rainbow is said to bring floods if angered. What makes her angry?

Closed mindedness and bigotry on your part might open up some floodgates of subconscious outpourings. Be warned!

The power of the small, subtle and persistent (the dragonflies) to transform even the most dense of situations or configurations.

Lady Rainbow is your bridge between worlds. Worlds of flesh and spirit, the worlds at the end of time and those where time begins.

### Indications

Lady Rainbow asks us to consider a different way of dissecting time, one that sees it as a spiral moving through the time space continuum, not a closed circle or straight line.

A gift of protection from Lady Rainbow if you are about to give birth.

### Practices

1. Lady Rainbow asks you to look at the Mayan 13 Moon Calendar system and find out your Mayan Galactic signature, based on the date of your birth.  
If you follow the calendar you will see that each day has its own 'signature' and associated qualities. There is some input from this resource that you need at this time that will serve you.

Lady Rainbow says that by doing this research for yourself and your own elucidation, it is also your way of honoring her and the wisdom she brings. It is as well your way of honoring the Mayan wisdom holders, the Time Lords. She says this wisdom is much needed if we are to embrace the opportunity of a paradigm shift offered by the galactic portal of 2012. Be one with the shift that is upon us, it represents return to essence, to source. An opportunity to return to synchronization with natural systems, not artificial ones.

2. Because consciousness is focused upon the 2012 portal as a time of potential shift, we have the opportunity to focus the collective intention on evolution and regeneration. We can intend that the shift be to a 'higher', more wholistic, vibration that embraces all of creation.

Lady Rainbow offers this meditation for the time of the portal.

Meditate on the form of a golden Hunab Ku as representing the spiral energy at the galactic center and your connection to it.

When the vision is stable in your consciousness, you can go on to see it activated, spinning, emitting rays of recreation and nuclear evolution as our sun lines up with its source.



*Hunab Ku*

3. Create your own calendar of your life, your own cosmogram. Take a photo of yourself you really like and put it in the center. Draw a circle, or circles, around your image and map out events in your life around the circle, your personal chronology, the map of your life.
4. Offer a prayer of thanks and appreciation to the Time Keepers, the Wisdom Holders of Mesoamerica who have upheld this knowledge for so long as a sacred trust for the good of all. They hold space for us in time. May they be blessed for their sacred service.

## Dakini Transmission

13 moons  
Sing 13 songs  
To bring us home  
Where we belong  
Children of the cosmic wheel

## Affirmations

I am an aware being  
I discern truth  
I open my mind  
To new cosmology  
I trust the wisdom of experience  
I trust my own intuition  
I am an agent of change  
Aligned with the new cosmogram



**By stimulating the inner fire in the temple of the body, the earth is activated so that the air, the HA THA (solar and lunar breathes), may flow through unimpeded.**

### Who is Yogini?

She is the Dakini who brings the wonders of yoga practice. Yoga means ‘To yoke, to join,’ and the range of yoga practices are basically designed to provide means of joining the individual with the Divine, the Universal. We are generally more familiar with Hatha Yoga, with its array of physical yoga positions, but Yoga covers a range of practices designed to open up body, mind and spirit to connection with Divine energies, higher source. There are a number of different kinds of Yoga practice in Hindu philosophy.

Patanjali (8<sup>th</sup> century) who is said to have been the founder of formal yoga philosophy, defined yoga in this way, ‘Yoga is the inhibition of the modifications of the mind’. His system of Raja Yoga has ‘8 limbs’ which cover one’s approach to life and a series of meditation techniques. The Bhagavad Gita introduces three types of Yoga - Karma Yoga, the yoga of action, Bhakti Yoga, the yoga of devotion, and Jnana Yoga, the yoga of knowledge.

Tantra Yoga, Kriya Yoga and Kundalini Yoga evolved later. Kundalini Yoga aims at awakening and channeling the kundalini energy (your inner Goddess) to activate your full potential. Kriya Yoga, introduced to the west by Yogananda, (‘Autobiography of a Yogi’) focuses on removing blockages to the energy centers of the body and their activation through breath, posture and meditation. Tantra Yoga blends the discipline of detachment of yoga with the total engagement of Tantra. Tantra Yoga is the yoga of non duality for it embraces and empowers both spirit and embodiment, celebrating their union in the marriage of Shiva and Shakti, the male and female cosmic archetypes representing these principles.

Yoga practice and philosophy is most associated with India, but similar forms can be found in a number of other cultures, including ancient Egypt, Tibet and in indigenous shamanism all over the world.

The system from which this Oracle was inspired created temples dedicated to the 64 Yoginis. In this context, the term Yogini refers to a female practitioner who has achieved a level of attainment, a form of the Goddess and/or an attendant to the Goddess. The Yoginis were considered capable of bestowing magical powers and boons on both the material and the spiritual planes.

### Location/Sphere of Influence

The body.

### Allies

Animals and how they move and meditate.

### Nature & Description of Dakini

Yogini’s pictogram is a rendition of one of the most renowned yantras (diagrams or forms which hold a particular ‘cosmic signature’) in esoteric Tantra. Called the Sri Yantra, its combination of

four sets of upward pointing triangles with five sets of downward pointing triangles is the basis of the whole diagram. This represents the male and female energies of creation in perfect balance and harmony. This is why it is the basis of Yogini's yoga yantra. Yogini seeks to find the balance of the elements within her own being with those of universal principles. The 'male' and 'female' functions of being can also be seen as action and inaction, doing and being, extroversion and introversion or meditation.

The term 'asana' literally means seat. It refers to the position, any of the postures, in which the body 'seats itself' in order to enter into meditation, into a state of divine resonance.

Many of the yoga positions were derived from yogis studying how animals move and stretch.

Knowing the animal kingdom to be in a state of natural alignment, unimpeded by the constricts of the artificial structures, values and inhibitions of human society, this is where they looked for guidance and inspiration.

Yogini's body is like burnished copper or bronze, to show that when she brings consciousness to the form of her body by yogic means, she becomes a living work of art, a sculpture fit for a temple wall.

The body is formed into various antennae to conduct divine electricity down to earth. The metallic nature of this offering plaque reflects this.

In the center a large image of Yogini fills the yantra, underlying all the other postures. It shows her in a simple pose of devotion and prayer, representing that at the core of Yoga practice is the human being connecting with divine energy, higher self, and humbly requesting attunement and guidance.

### Divinatory Meaning

Insight into the inner meaning of yoga.

Taking a yogic position in life.

Yogini explains that the position of the Yogi or Yogini in relation to the plane of reality is one of detached engagement. The meditation practices are designed to still the machinations of 'normal' mental activity, opening up the mind itself to abide in its own true nature. Once the mind discovers its essence, it is no longer attached to the things of the world to bring it satisfaction.

This is the state of 'inner abiding' sought by the meditating Yogi or Yogini.

The yogic approach does entail bringing certain disciplines into one's way of being. Although discipline may sound a bit like a dirty word, the fact is that inner discipline, discipline that is self-imposed, is of a different nature and has a different effect than discipline imposed from outside yourself. The latter is often connected with having you comply with a set of rules or conditions that are not of your own making. You need to conform to the disciplines of others in order to abide by the status quo. The disciplines of yoga, on the other hand, are designed to constrict or limit in order to liberate.

Are you a slave to your habits?

Yogini says time to break free by disciplined change.

It is healthy to shift any habit you have grown accustomed to so that you will be able to view its dynamics and effect. While you are immersed in the activity of the habit, mental or physical, it 'has' you and you are unable to view your situation and the workings of cause and effect with any kind of objectivity.

Habits around food and eating patterns are a good example and often a good place to start in bringing a yogic approach to your life. Some kind of fast or temporary radical shift in what you

ingest helps to bring a new sensibility to this activity, for what we eat and drink is baseline survival for our life in the body. Once you bring your consciousness to bear in this arena and make choices guided by criteria beyond just your wants, needs and cravings (and pocketbook too, of course) which have often been established by habit, you are back in the driver's seat of your own bio-computer.

Yogis helped establish the principles of the Auryvedic system of medicine by only ingesting certain foods for a period so that they could clearly ascertain their effects in the body. So you see how a Yogic approach is one where, once you remove yourself from the 'knee jerk' reaction to any given situation (as with the approach to food just discussed) then you have the opportunity of treating this body, this mind, this set of senses and sensibilities, as a living laboratory in which you can conduct experiments with your own living being.

Apply this approach to any aspect of your life.

The essence of Hatha Yoga is in the control of the breath, the basic automatic activity that goes on all the time for you to be alive.

Work with your breath. See how stabilizing, slowing your breathing, can help stabilize your emotions.

Yogic meditation and contemplation disciplines allow the mind to dis-engage from habitual patterns of thought.

One of the strongest habitual addictions is the identification with the ego. The ego has its role, but in service of the higher self, not as the boss. Yoga practices bring clarity to the relationship and help keep the ego in its place.

Yogic lifestyle, which abandons possessions and property, frees from the bondage of ownership and the yogi reverts to all anyone can ever really lay claim to, their own consciousness and the naked body they were born with.

There is a body of wisdom and knowledge acquired by Yogis through direct experience that you can tap into to help guide and reflect your own process. A living tradition of beings who have chosen their own sovereignty, secure in the knowledge that they are part of a living tradition, where their choice means something. Where the crystal of consciousness they develop has a place in the great prayer necklace of yogic consciousness which is made as an offering from the humans to the Divine.

Yogini reveals that Hatha Yoga is not a way of keeping in shape (though that could be a good side effect) but a way of creating the body/mind into a focused channel for divine downloads, with no postural blockage in body and/or mind, getting in the way. This is the inner secret of the yoga asanas (postures). Seen in this way, Yoga is union with one's fully potentialised self.

The postures of Hatha Yoga have many self healing benefits too, putting appropriate pressures onto certain organs and glands to stimulate the release of healing biochemical compounds into the body. The benefits of acupressure and acupuncture in Chinese healing are of a related nature. Treat your body as a work of art.

Understand that your body is the living temple of your consciousness. Design how you relate to it accordingly. Your consciousness is a living atom of Divine consciousness. The same principles apply in your relationship to it.

Bring self discipline to bear in the current situation.

If you need to bring discipline to others, bring forms of discipline that have inherent tools for self development built into them. In this way you encourage the sovereignty of others while at the same time achieving your goals.

## Indications

If you do not already have any kind of yoga practice, the indication is that you find which practice resonates most with you and introduce that into your life.

If you already do yoga, Yogini would like you to deepen your practice with her help.

## Practices

1. The basis of hatha yoga is sun (Ha) and moon (Tha) breathing. The right side of the body is associated with the masculine, solar forces, the left with the feminine, the lunar. Yogini would like you to start with this simple practice to help balance your male and female energies.

A simple form involves sitting in a comfortable position with your back straight. With your right middle finger you seal your left nostril and inhale slowly through your right nostril. Retain your breath for as long as you can easily and without straining, then release it slowly through your left nostril, at the same time sealing your right nostril with your thumb. Now you repeat the breathing cycle breathing in through the left and breathing out through the right nostril. (You can use either hand, whichever feels more natural, just reversing the fingers).

Use this Yoga breathing technique to watch how your breath flows and see the balance and imbalance between the two sides. Repeat this breathing cycle for as long as feels comfortable, until you can feel your Ha and your Tha energies coming into balance.

See your body as a pot and as you breathe in, you are filling the pot. Visualize this pot right the way down in your lower abdomen, as you drink the air in through your nostrils, feel it filling your pot with fresh clear liquid light. When you release the air from your body, let everything old, everything you don't need anymore, anything grey or dark, leave with it. In this way, with each breath you are born anew.

2. Yogini would like you to adopt some kind of yoga practice. If you are doing a Hatha (physical postures) form of yoga, Yogini says that even if you can only move a little way into the full poses, please feel free to visualize yourself as her as do so, and benefit from the inner visualization. She says she will feel honored in this way.
3. Visualize yourself in the center of Yogini's Sri Yantra. As you visualize taking each pose, each asana, see yourself, the form your body makes, as an integral part of the diagram. Align yourself with the center in your consciousness.



4. You may also incorporate yogic postures, breathing techniques and states of yogic consciousness into your lovemaking.
5. Homage and salutations to the lineage of Yogis and Yoginis who form the unbroken chain of devotion and practice as a living, embodied tradition!

Mantra

***Om/Aum.***



Dakini Transmission

With my body  
I make a bow  
Aimed  
At liberation  
With my consciousness  
I make a bowl  
To hold divine nectar  
With my being  
I align  
With the yantra  
Of cosmic intention  
This is the essence of yoga  
I the humble vessel

Affirmations

I can connect with divine energies  
Through yoga techniques  
I can use my body  
As a tool to bring me  
Nearer to Goddess and God  
I can heal myself  
Of any mental or physical  
Disease



**She brings the sweet waters of life to the earth and promotes the air of consciousness in beauty, culture and divination.**

### Who is Oshun?

She originates in the cycle of Orishas, African (Yoruba) Deities. The Orishas are known not only in Africa, but form the basis of Cuban Santeria, Haitian Voodoo and Brazilian Candomble Ketu and are worshipped in African cultures around the world. Oshun is one of the best known and most approachable of the Orishas. She was selected for this pantheon to carry the frequencies of this cosmology in the circle. She is Mama Africa, Queen of the cradle of civilization.

Oshun is associated with sweet waters, the source of life in the desert. She promotes culture and fertility. She is the pursuit of pleasure, beauty and art for its own sake once survival issues are assured. She is intoxicated with herself. She likes to look in a mirror or at her reflection in water. She loves to dance and drum.

Oshun is Goddess of sensuality, sexuality and emotions. Rivers, waterfalls, streams and lakes carry her voice on the waters. She wears gold jewelry and golden yellow clothing. She communicates with her parrot. She is a mediator between the worlds. Her symbol is a cross in circle representing that she mediates between the natural world, the divine world and the world of people. She is also a Goddess of divination. Oshun was sometimes referred to as 'the Prostitute'

Oshun is associated with the number 5. In our pantheon, she is # 46.  $4 + 6 = 10$ , suggesting a doubling of power in her vibration.

### Location/Sphere of Influence

The realm of Africa, her animals, terrain and spirit.

### Allies

Parrot/peacock/vulture. The animals and creatures of Africa.

### Nature & Description of Dakini

Oshun's realm is a mindsky version of the continent of Africa, where all flows with sweet waters, the animals are nurtured and culture prospers. The deserts are veined with rivers, her body, vibrant, bedecked in gold.

Oshun brings the blessing of the sweet pure waters of life, promoting abundance, health and crops as the basis for the flowering of beauty and art. This is her gift for the continent, its people and all its wildlife. She is seen in many forms, for she is omni-present.

She comes with a waterfall of life-giving water and she drips golden honey.

As Goddess of dance and movement, she expresses her sensuousness and connection to the earth in this way. She rules earth's waterways (emotions) and is intuitively connected to her own emotions and subconscious through water.

She dances in her land, her dance of Mother Africa, powerful and seductive. She beats her drum. She casts her cowrie shells upon the land to bring positive new divination.

A peacock flies in the sky on the left, on the right, a vulture. This refers to an event in the mythos of Oshun. The Orishas were being rebellious so the Creator God, Olodumare, sent drought to the world and this was causing great suffering. The Orishas sent their birds to ask forgiveness, but none could reach the Lord of Heaven's abode. Oshun however flew in the form of a peacock. She was so determined that she flew close to the sun which burnt and blackened her feathers, turning her into a vulture. Olodumare was so impressed – she had sacrificed her beauty in order to save humanity - that he granted her request and gave her the official title of 'messenger'. Oshun also has a peacock fan that commemorates this event.

Although Oshun is most often associated with beauty and seduction, her courage and compassion are deep. Below the vulture a small figure of Oshun holds up a mirror in which she looks at herself - a pose she is often associated with.

To the right she holds aloft a parrot, her familiar, who has the brightly colored plumage that she loves. In her heart we see the African lion, revealing at once that she holds the lion as beloved in her heart, that she has the heart of a lion, and that her sweetness can tame and subdue even the king of beasts.

### Divinatory Meaning

A gift of life force from Oshun, vitalizing your being with fresh juice.

She empowers through sexual vitality and aliveness.

She bestows strength and courage.

She brings attraction and magnetism.

Good fortune in the areas of commerce, trade and financial flow.

A good time to engage in such pursuits.

The bringer of harmony.

Seek harmonious conditions and surroundings.

Seek to create a harmonious atmosphere to produce the best results.

If there is anything, anyone or any circumstance you wish to attract to you at this time, Oshun is here to help.

She asks you to work with her to find out what you need to do to become more attractive (she says her attractions are obvious)...

What is in the way? What qualities in yourself do you need to amplify in order to magnetize the situation?

She says you already have the answer, you just need to self-reflect (as she does continually, looking in her mirror) and find the beauty in your being that will naturally bring to it everything it needs for completion and self fulfillment.

She enjoys creativity in dress.

Oshun rules the wisdom of pleasure in the body and delights in arts of seduction.

She is quick, vivacious and flirtatious.

It is fine to flirt with everyone and everything in life.

Oshun says that 'flirting' - engaging with others in ways that play with them, tickle their special receptors, tease and titillate them - often for no other reason than to brighten their day and give them a 'no strings' boost and a free hit of juice - is a vivifying and vitalizing way to live life. It fosters lightness and joy.

Be aware that if you have 'an agenda', then flirting becomes seduction.

Oshun is quite capable of using both approaches, she says, but you need to be aware of the difference so you can keep your flirting 'pure'. In this way you flirt as a gift, not a manipulation. Oshun did use her arts of seduction to acquire the secrets of divination from Obatala (the first of the created gods).

He said 'Give me honey', she said, 'Give me the secrets'. She got them.

She says its OK to use seductive means if you can claim a higher cause.

She had one.

Do you have one when you use your personal powers?

It can simply be your own pleasure. That's high enough, but if that is the motivation, then you need to ensure that you give to the other in at least equal measure to that which you receive. The gift you give may come in many ways. It can be in the opportunity to bathe in the beauty of who you are. You decide how and under what conditions you offer that.

Sometimes people may not get what they think they want, but make sure you deliver what you think they need.

Do you know how to get what you want? Do you exercise your powers of persuasion?

Oshun says it is time to develop them.

She now uses her powers of allurements to attract people to see, through her beauty, the beauty of nature and of tribal culture, the beauty of her whole world.

Do you feel someone has used their charms on you in a manipulative way?

Review and understand the lesson.

When you don't know how to respond to an energy that someone is giving you, just be a mirror that reflects it back to them.

Maintain your inner regality at all times. Oshun is sensual and spontaneous, wild and free, but she is always a queen. Regality is a state of inner sovereignty.

You can get more with sugar than vinegar.

Choose kindness and gentleness in your approach.

Pursue the softer approach and the arts of persuasion rather than taking a 'hard line'.

The art of diplomacy.

Engage with life. Fully embrace all experience

Her way is through the path of release. Oshun does not hold back, at least when it comes to the pleasure principle. She is here to help you contact, channel and release inner juiciness. All that honey you have inside that you've been storing up and maybe you didn't know you had. Time to let it ooze through your being and drip out of you to bathe everything in golden deliciousness.

She cures womb related problems.

If you are a woman, do you feel you are really contacting your inner bliss? Are you able to surrender to your potential for bliss and let it flow through you, unrestricted and free?

If you are a man, have you helped facilitate this experience in your partner?

Oshun wants you to feel it. You deserve to feel this good.

A gift of 'amrita'. This could refer to the female ejaculate produced at times of heightened ecstasy and/or the wisdom drops that are the sweet taste of the divine that occur in awakened and awakening beings.

### Indications

Drink more water. Your body is asking for it and make sure it is as pure as possible.

Oshun is sweetness itself, but she has a fierce temper. What angers her?

When she sees things that have been spoiled, despoiled, it can make her angry.  
Work on anything that has been spoiled.  
Be creative in your dress and adornment to please Oshun.

### Practices

1. Oshun requests your participation in meditating with her, dancing with her, creating art with her, making yourself beautiful like her, making love like her, joining with her to promote a wave of sweet life-giving waters and beauty to bless the African continent, to bless her, to bless with her. She wants to reflect the beauty she has been seeing in her self-reflection into the whole land, to reflect her beauty in everything she sees. The beauty of the flourishing of life, thriving wildlife and blossoming culture...  
She wants your help.  
This meditation is for the physical continent of Africa, and for the Africa that exists within us all. That vast cradle which supports the deepest roots of our potential. That place within which is untamed and rich, brimming with life and unbridled expression. Cry with Oshun that the world is not as beautiful as it could be. Then visualize what it could be like....
2. Oshun wants bestow on you the gift of sensual bliss, the gift of release into your own bliss potential.  
You can do this visualization when making love with another person or when self gratifying.  
Allow the waves of bliss to build as you make love. See yourself gathering all that energy within that has never found release, all your store of inner honey. When the moment of release occurs, whether as a full orgasm, or a 'sympathetic climax', visualize fountains, waterfalls of life-giving sweet juices pouring from you and spreading out from you like rivers of life in a scorched desert. As you visualize this allow your throat to open and release your sounds of ecstatic joy, flowing fluidly from you like a stream, the releasing of waters from a dam....  
In this way you receive her blessing and you offer yours.
3. Use of divination. Oshun strongly suggests that it would please her very much if you were to start guiding your life by divinatory means. She knows you are already on the path or she would not be before you now...She would like you to get a pendulum and use it to connect with your Higher Self, the Goddess, to guide your decisions and choices.  
\* See Appendix: 'How to use a pendulum'.

### Dakini Transmission

I divine a time  
Of beauty life  
Where all is sweet  
And free from strife  
And so I pour my honeyed wine  
Onto the earth and bring divine

Blessings that reformulate  
The psychic grid  
Regenerate

Affirmations

I can make a difference to my world  
I can bring beauty back to life  
In myself  
And all I encounter  
I can use tools of divination  
To connect with the will of the Goddess  
And co-create  
A more vibrant reality



**In the hot desert, she arouses with her fire in the earthly temple of the body so that the body may be revealed anew.**

### Who is Mystere?

She is the Dakini of the Arabian nights – the exotic veiled dancer of the mystery of the Dance of the Seven Veils. She is to be found at a desert oasis, she is a desert oasis, in lavish Arabian tents, or through the embellished screens of the harem. It is her energy that shines through eyes, lined in kohl, that meet our gaze from behind veils in the souk.

This is where the magic carpet ride takes us.

Mystere is the genie who appears when the lamp of truth is rubbed.

She represents the veiled power of the Divine Feminine within Arabian culture.

From being totally veiled, in her dance she removes veil after veil until she presents herself as the naked radiant truth, a sight too intense for most human eyes....How many veils will she remove for you?

### Location/Sphere of Influence

Desert regions/Middle East/oasis.

### Allies

Camel/desert creatures.

### Nature & Description of Dakini

Dusk falls in the desert. A mirage appears.

The veiled face of Mystere is at the center, her eyes beam starlight from above her veil. The crescent moon and star adorn her forehead and indicate she is a wisdom holder. The seed of love (the Venus star) is cradled within her lunar intuition.

She presents a secret oasis. She is the alluring dancer who invites us in, she is the veiled mystery beyond. An ornate ‘hand of Fatima’ paves the way, symbolizing the feminine principle and its inner knowing given a place of honor and respect.

Mystere’s body is blended into the desert landscape to the right, showing that she is embodied in nature, she is the spirit within this desert land.

The image seen as a whole represents what confronts the seeker in the desert. On the right, like a multidimensional luxury hotel, the palace of delights awaits. Chambers within chambers are contained within, Mystere’s harem to cater to every sensual and exotic fantasy..

To the left, lies the vast limitless expanse of the desert.

Like clues in a treasure hunt, seven veils lay strewn on the sand. If you follow the clues to their source, what mystery awaits?

Below the red veil the desert opens to reveal a pool of liquid starlight, the stuff of dreams and the substratum of ‘reality’.

### Divinatory Meaning

A profound and mysterious gift from Mystere.  
A wish or need to live out a fantasy.  
The desire for exotic adventure.  
You have fantasies in your life that you want to unveil.  
Something beckons to you, full of eastern promise.  
Something tantalizing and unknown.  
An intoxicating romance.  
Something intriguing.  
You may find more success through subtle means and by understanding that there is often more allure when some things are left to the imagination.  
A relationship that thrives better in the realm of fantasy and imagination than on the plain of reality.  
Bring more fantasy into your relationship.  
Be more adventurous and feed the flame of desire.  
Your body thirsts in the desert.  
Mystere offers you her oasis, to slake the thirst in your body and your soul.  
Your perceptions are confounded. You saw something one way and now it shows itself to be something else.  
There are mysteries in the feminine principle that want to reveal themselves to you.  
The dawning of a different way of seeing women.  
As Mystere is the nature of the Great Mystery, what you will receive will be very deep, very personal and very exotic.  
There is something you need to access that has been concealed. The clue to the mystery lies in a place of feminine wisdom. Honor that in yourself.  
You may have feared to reveal this. It may have been important to keep it concealed, but now it is significant to you that you get in touch with what is hidden.  
It is time to enthrone the feminine in your heart and consciousness, to give her pride of place and space to reveal her mysteries to you.  
Time to awaken to the fact that the body is a temple of the deepest mysteries of the spirit. It is the vehicle of spirit and as such should be honored and revered. It is a palace of 1001 delights.  
The soul, the spirit is not separate from the body while it is within the body.  
To recognize it, to see it displayed in the living flesh, is the blessing.  
Woman is nature, woman is embodiment and she who births.  
Being born is our first spiritual initiation. It occurs as we take our first breath in this incarnation and it is the initiation given to us by our mother.  
In many ancient cultures, the priestesses used sacred dance to confer spiritual initiation.  
Bow down before woman, she who mothered each and every one of us. She brought us into the world, she also has the power to transport us beyond, for she holds, and is, the mystery of it all.

### Indications

A new flavor enters your life.  
Embrace the unknown.

### Practices

1. Mystere requests that you do an experiment for her. Choose an appropriate situation and suitable person or people with whom to perform this experiment. For a period of time wear a veil over your head, around your face, where only your eyes are showing. See how much you can communicate with the language of your eyes.
2. Visualize Mystere in her Arabian Desert retreat. See her palace of delights where in every different chamber an exotic fantasy resides. Her realm is mysterious and enticing, full of eastern promise. You follow her into the inner chamber where she dances for you the dance of the seven veils. What is the mystery of the seven veils? It is a way that Shakti, Shekinah, has devised to reveal the mysteries.  
See each veil as a color of the spectrum, with red at the base, the sexual center, and violet at the crown, where matter and spirit meet. Each veil represents the energy field of a different center of not just the body, but of the very being herself. So the real dance of the seven veils is the ultimate striptease of the soul.  
Mystere's dance shows how spirit, residing as part of Great Mystery, comes into form, is birthed.  
She dances the energy of each veil before she removes it. Let Mystere dance out all the aspects of your body of experience. Let her embody your physicality, your sensuality, your secret sexuality as she dances  
When the final veil is removed, Mystere reveals not just her unclothed body, but stands before you as the naked truth.  
The undulations of her body, her belly dance, recreate for you the dance of creation itself, the rhythms of the ocean and the natural movements of birth.  
In the offering of the dance she provides not just entertainment but confers initiation.

You first behold her completely veiled, with the outmost violet veil covering her head and body. She breathes and her being vibrates with pure energy. She moves slowly as she dances her dance of spirit, she, the veiled one, existing in the imagination, until she lets fall the first veil.

She now dances the dance of the indigo veil, revealing how intuition is the first gift given by spirit to the incarnated being. He takes you to deep, uncharted spaces when you gaze into the eyes above the veil. She lets the second veil fall.

The blue veil comes next, where she dances her consciousness, from conceptual to devotional, communicating with you through her dance, until she lets the third veil fall. She comes now to the green, the veil of the heart, and she dances for you her emotions, all that clings to the heart, all that fills the heart to overflowing. All the infinite capacity of the heart, 'til she drops the fourth veil.

The golden yellow veil swirls around her in elegant arabesques as she expresses herself, exerts her will, flashes her intellect as she plays in her self-created world and spins in circles of transformation. She throws off the fifth veil.

The dance of the orange veil brings connection, relatedness and interaction. She relates to you with her dance and is curious and explorative of the space that connects you. She abandons the sixth veil.

The red veil is her last and she is fully of the flesh, of sensation, of raw and spontaneous sexuality. She is your hidden sexuality, born anew in you as you witness the translation of spirit into matter, the living manifestation of Mystery in the flesh.

She lets fall the last veil....

3. If you are ready, Mystere would like you to dance for her. Take seven veils, scarves, and wrap yourself in them. As an offering to Mystere, dance the Dance of the Seven Veils for her, visualizing each veil as the energy field of your body and dance out this energy before you drop the veil.

NB Mystere says that if you are not ready for #3 yet (this may apply, especially if you are of the male gender) it is OK. You will be one day. One enchanted evening you will be inspired to dance for her, and you will. She has all the time in the world...

4. Find ways to perceive and honor the Divine Feminine nature of yourself and those you encounter as a gift to Mystere. She appreciates this offering far more than money in her belt.
5. Meditate upon the Middle East as a 'Cradle of Civilization'. Send the energy of the deep feminine to heal all war torn regions as a mother cradles her children.

#### Dakini Transmission

I am the mystery  
In eyes that gaze  
From behind the veil  
Here to amaze  
As I reveal  
What is concealed  
In your imagination  
And offer you initiation

#### Affirmations

All mystery lies within me  
I have access  
By removing the veils that obscure  
My inner Divine Feminine



**In the primal soup where water mixes with earth, Algae replicates, creating matter.**

### Who is Algaea?

Algaea is the Dakini who dwells within and activates in the primal ooze of creation. She is the raw material holding the building blocks of all terrestrial life. She is the embodiment of all the algae, the microbial and microcondria that take sunlight and translate it into matter. She is Mud Woman. She contains all microbial worlds, she contains/is host to all these microscopic beings which are the rich soup of existence. She makes you confront your reactions to what is perceived as 'clean' and 'dirty'

She is Mistress of Photosynthesis.

### Location/Sphere of Influence

Areas of water, mud, where algae breeds all over planet. Primal soup.

### Allies

Microbial and cellular life. Plankton and algae. Mud dwelling creatures. Frogs.

### Nature & Description of Dakini

Algaea exists in the realm where water mixes with earth.

Her body glistens as she rises from the primal mud. She is the energy of becoming, the place where the formless takes form. As such she represents potential in its raw state. She also is the queen of the realm of microscopic life. She represents your primal being and your cellular being. Algaea's image is homage to the spiral of life. She unfolds as a spiral from the primal, life-begetting pool. As the action of sunlight stimulates the algae in the water to grow, so Algaea emerges from the mud, reaching towards the sunlight, replicating herself as cells within cell. She is constantly being reborn and continually giving birth to herself.

Algaea's forehead is adorned with a green spiral, representing the blue green algae Spirulina, queen of algae.

To the left Algaea's steady gaze assures us of her regality, her firm knowledge of herself as foundational to life. She wants us to recognize the consciousness that is the algae, this microscopic life system. She wants her nobility to be recognized, though her origins are lowly. She has included frogs within her portal as she feels very protective of them, and she has always nourished and supported them, as she does so many others... The frogs represent all the life she nurtures. See her cellular similarity with the frog eggs inside the mother frog, see her nurture the frog spawn as tenderly as she nurtures her own life cycle...

The palette of the picture emulates the blue green and red algae that grace our waters and where water and earth mix. This spectrum of colors is the matrix through which algae translates and harnesses sunlight.

Algaea is the original terraformer of earth, her pigmentation resonates to transduce light into biochemical energy. We derive plastic and fuel from the ancient remains of previous incarnations of Algaea...

## Divinatory Meaning

Algaea's appearance is your body speaking to you. Listen to it. It has its own wisdom if you are open to receive it.

Let go of concepts and conceptual thought and surrender to a cellular kind of knowing.

Deconstruction.

Mutability.

Remove structural artifice and get down to basic factors.

Find the simple solution.

Resolve complexity into simplicity.

Go back to the original cause behind the current situation to find the solution.

Let fluidity dissolve solidity.

A desire to express a primal aspect of your nature.

Go with your primal instincts, your gut reaction.

Realize that even the smallest of organisms is living consciousness.

This applies to every cell of your body as much as each living organism in a mass of 'pond scum'.

Are you a clean freak? Time to loosen up.

The consciousness that is Algaea wants to help us co-create solutions for our planet's plight.

She can take our waste materials- carbon dioxide gas, sewerage and other effluents- and transform them into fuel and food. She can help reconstruct our atmosphere.

If we think of ourselves in a similar light, we can see the wisdom of Algaea. She says in nature's system, nothing goes to waste.

How can you apply this to your own life, physically and/or emotionally, mentally, spiritually?

How do you waste/leak energy?

On the physical level, an attitude of recycling can come into play in many different arenas.

Modern life is generally very wasteful, so it is easy to see how to make improvements. Algaea would like you to do that.

Emotionally, take a look at what drains you and what nurtures you. Negative emotions have a charge. The wise person knows how to take that charge and turn it positive.

Mentally, you probably waste a lot of mental energy on worrying about stuff. Just about everyone does and it's another drain and waste of energy. The more effective way is to relax and meditate on the issue. Algaea offers you her warm relaxing primal soup in which to do that.

Spiritually Algaea says you will never die. You are part of an ever living physical body which, even after your form passes away, the cells that make up life are going to keep on joining together and multiplying and life will go on. You are eternally connected to Life. You are part of the primal pool of all becoming and part of Algaea as she is part of you.

Respect and love every cell of your being. Each cell is a piece of living consciousness, a fully functioning system in its own right that collaborates with other like beings to create the colonies that form the living system that comprises our being.

Algaea is here to show you that you are part of everything, in a very visceral way.

## Indications

The indication is that superfoods such as algae would be a recommended addition to your diet.

Feed your cells with love and light. Consuming blue green algae such as spirulina is one of the most direct ways of doing this as these algae have the ability to transform sunlight into matter more rapidly than just about anything else.

Mud is healing and rejuvenating for you. Take a mud bath. Use a mud pack on your body. Ingest minerals from mud.

Use natural products over synthetic – for example, henna for the hair and natural supplements.

### Practices

Algaea has these practices for you

1. Getting back to basics. Visualize  
yourself lying in the mud, as part of the primal soup. Feel yourself submerged in the warm mud, feel its texture, thick and viscous, all around you, supporting you, dissolving your boundaries. Your body squirms in sensual abandon. You are in the womb of all becoming and you feel good, you feel supported.  
Algaea gives you the opportunity not just to dissolve your ego in her, but to dissolve your very identity and to emerge reborn.
2. Sending love to your cells. Close your  
eyes, relax and use your inner eye, your powers of visualization, to travel into your being. Let your vision become more and more microscopic until you envision the cells which comprise all the structures of your body. See them all dancing happily in the cosmic soup of your being. Send them light, love and appreciation, for their happiness and well being is your own.
3. Sending love to Algaea.  
Visualise the planet, as you visualized your body. Now come down into her bodies of water, to the places where earth and water mix. Envision the muddy places full of frogs whose chorus of croaks fills the air. Come down into the algae and into the living green cells of Algaea. She is present in every green cell. Send her love for she is the foundation of life. Thank her for her many gifts and let her know you recognize the beauty and majesty of her being.
4. Recycling.  
Find a way you can transform a waste product into something useful.

### Dakini Transmission

From my body  
Life emerges  
I feel it dividing and multiplying  
Within the cells of me  
Life creating life  
Floods my being

With ecstasy  
And I writhe  
Orgasmically

Affirmations

My being is comprised  
Of intelligent colonies  
I honor every cell of my body  
As equal to myself  
I am connected to the cellular consciousness  
Of all being  
All potential



**Coming from the mire of the earth, Aghori stimulates the inner fire of faith through fire in her eyes, her inner light.**

### Who is Aghori?

There is a sect of sadhus (spiritual renunciates) in India called the Aghoris. A true Aghori has reached a state of enlightened being where distinctions between clean and dirty no longer exist, and all appears to the sadhu as nectar. Because of their appearance and habits, people deride and insult them. From this practice the Aghori accumulates merit as he or she is in fact in a state of inner purity.

The Dakini Aghori is the female embodiment, embracing in her being the energies of all those bag ladies on the streets who have wisdom to give, standing as they do outside the realm of social mores.

She is a female Sadhu who has renounced the world, and so can shine her light in any part of it. She is our urban Goddess, offering unconditional love for those who have no place to turn.

### Location/Sphere of Influence

Urban environments all over the world/slums/the homeless/ down & out areas & states of being.

### Allies

Stray dogs/all homeless animals.

### Nature & Description of Dakini

Aghori lives on the urban streets, dirty and homeless, smelling rank and eating trash and offal. She appears disgusting at first sight and may inspire revulsion. However Dakinis traditionally often appear to seekers as unattractive hags, asking for help which, if offered by the seeker, she rewards by appearing in her true form - a radiant compassionate Dakini.

She is shown as a typical bag lady, with her belongings in her cart and bottle in a brown bag. In one form, she seems to be asking for something. In another, she offers to share what she has with you. It may seem repulsive to you, but to her it is the very substance of life. As with the Biblical tale of the 'widow's mite', Aghori's gift is the height of selflessness and therefore carries a powerful blessing.

In the center she reveals herself in her true nature. She views everything as part of herself. She wears the orange robe of the Hindu renunciate, which is adorned with images of slums. Her body is smeared in the ashes of the cremation ground of existence.

A fire burns in her throat, transforming poison into elixir.

Her mudra (hand gesture) overcomes fear and grants protection.

She offers a mystic jewel in a wish-fulfilling gesture, alongside a valentine of mire.

She sits against a backdrop of the cities of the planet, as darkness falls. The gutters of the homeless areas of any city, with the outcasts of society, is where she can be found. Or she can come up to you on any street at any time, which is why her cityscape encompasses so much. She

is to be found in the heart of the metropolis, living on the streets, with a wild look in her eye. She is the spirit of the streets.  
She is the Bodhisattva for the urban and the outcast.

### Divinatory Meaning

Seek to see the diamond in the rough.  
See your own diamond, adamantine self gleam through all experience.  
Aghori comes before you as dirty and unkempt, placing herself outside the realm of socially acceptable human behavior.  
Look beneath the surface.  
Do not judge by appearances.  
Lose distinction between clean and dirty.  
Be ready to receive messages in the most unlikely situations, from the most unlikely messengers.  
Treat all beings with compassion.  
Cultivate charity and a charitable attitude.  
See those less fortunate than yourself as yourself by a turn of circumstances.  
Social standing, power and money are not gauges of intrinsic value.  
By what standards do you judge others?  
Examine yourself and see if you are superficial in your assessments, rating others by how they look and their social standing. In a society intoxicated with youth and glamour, real treasures go unrecognized. We miss the wisdom of our elders by treating our aged as social rejects.  
Look for the light in the eyes.  
We all have our addictions. Aghori asks you to admit to them and own them. If you see yourself in the gutter, you can only rise from there. Often we never allow ourselves to touch rock bottom, so we stay stuck in the illusion that everything is OK.  
You can let it all go and still be OK. You can take it all on, all those tendencies you try to hide away, all those patterns you disguise in a veneer of respectability, all those fears of abandonment that make you unable to look a homeless person in the eye... You can admit to them all and Aghori will still love you. She has seen it all.  
Aghori wants all those disgusting parts of yourself that you think no one will ever love.  
Dive into your inner dumpsters.  
If you are open to the above, Aghori is one of the most potent boon cards of the deck. For Aghori to have appeared before you, you have summoned some powerful assistance and unconditional, unconditioned, love.  
She offers you fearlessness. Courage to embrace all those parts of yourself you see as 'unclean', 'impure' or 'unholy'.  
Do you perhaps see aspects of your body's functions in this way?  
An opportunity to transcend attraction and repulsion.  
Aghori says it's all sacred. She makes no distinctions.  
You are beautiful. Aghori is your reflection.  
Aghori accepts you for all you have been, all you are, and all that you can be.

### Indications

Be alert for a special message. Know that things are not always what they seem..

Spirit is buried in the densest of matter, it is everywhere.

### Practices

1. Look into yourself and dredge up all those things you find repugnant, repulsive about yourself. See them, own them and love them as part of you.  
What do you consider ugly or beautiful? Own your ugly too. Reclaim this part of you that Aghori loves, for she loves you completely.
2. In vision space sit with Aghori in the gutter, Share a moment, share your diseases and your addictions.
3. Offer random acts of kindness, driven only by the impulses of your heart and without looking to get anything out of it. Choose a homeless person to give something of value to. Aghori requires you to perform at least one of these acts if she is the Dakini of your divination.
4. Seek treasures in unusual places, where others would see trash.
5. Recycle.
6. Look for Aghori and try to help her in your dreams.
7. Send unconditional love to all the homeless and those in less fortunate positions in life. All are precious in the eyes of the Goddess.

### Dakini Transmission

I am the mangy dog you kicked  
The homeless woman you ignore  
The light that burnt from that beggar's eyes  
See me now  
With all that you abhor  
Embrace me as part of yourself  
And I'll give you freedom to explore  
The realms beyond appearance...

### Affirmations

I accept all of myself  
The clean and the dirty  
All parts of me are sacred  
I judge not others  
Lest I myself be judged  
I do not judge myself



**Lakshmi represents earthly preservation. She pours abundance from her two hands, like two streams of water.**

### Who is Lakshmi?

In the Hindu pantheon of Divine beings, Lakshmi is second in the Trinity of Goddesses where Saraswati represents Creation, Lakshmi represents Preservation and Kali represents Dissolution. Her consort is Vishnu and she embodies the abundance of life. She is also known as Shri/Sri Devi. She is queenly and sensual, the patron Goddess of abundance, fertility, good fortune, wealth and the riches found in enjoyment and joy. Her symbol is the lotus (padma), which is born from the mud but which rises from it in pristine beauty. This refers to the ever-renewing fertility and loveliness of nature, and also reflects the journey of the evolution of consciousness that is potential in a human being - from instinctive impulses to spiritual liberation.

Lakshmi's name derives from the Sanskrit laksme, laksya meaning 'goal or aim'. She embodies the goals of life, both worldly and spiritual fulfillment and prosperity. She is most often depicted standing or sitting on a lotus, with four arms, the upper two holding lotuses and the bottom pair pouring forth streams of golden coins.

### Location/Sphere of Influence

Mother India/places of plenty, land of milk and honey.

### Allies

Elephants.

### Nature & Description of Dakini

Lakshmi is beautiful, dressed opulently in silks of red adorned with gold, representing that she is action-orientated, the gold denoting prosperity.

She reclines upon a map of Mother India, she and the land are one. Her body is a sacred temple and is, in turn, adorned with temples. They rise from her and nestle against her calf, spring forth from the edge of her thigh.

In the foreground a drop of milk splashes up from her hand, evoking the sea of milk and its churning, from which she is said to have been born. It represents the 'bodhichitta', 'the thought of enlightenment', 'the awakened heart-mind' that she encourages us to distill from all experience. It is also refers to the refined sexual essence or energy.

She is like a lotus floating on the water - her special symbol - and we see from below the strange lotus leaves, for Lakshmi, as Mistress of Preservation, has much to do with what goes on beneath the surface of this dream called reality.

She stands or sits upon a pink lotus, which arises from her navel. She is envisioned with two elephants worshipping her, pouring oblations of water from vases that they hold in their trunks. She has four arms. From the open palms of her bottom two hands golden coins spring forth, pour down as showers of gold and become streams of gold that vein her world.

In Hindu mythology, as Vishnu (Lakshmi's consort, Lord of Preservation) lies dreaming on the Cosmic Ocean, a lotus arises from his navel, out of which Brahma, Lord of Creation, is born. In our pantheon, Lakshmi is shown as rebirthing herself from her own navel, so that her abundance frequencies may be ever renewed.

To the left, homage is paid to the Cosmic Dreamer, Vishnu, who lies on his bed of snakes floating on the waters, while Lakshmi blows kisses on his feet.

To the right Lakshmi floats like a red lotus, a golden form of herself arising from her navel. Small scenes show Lakshmi as Radha (one of her incarnations) as she sports with the Gopis, the milkmaids, who manifest as her attendants (manifestations of her being) in much the same way that Krishna (Radha's beloved, Vishnu's incarnation) multiplied himself to be with all of them. They play on love swings beneath silk canopies and luxuriate in exotic tableaux, love gardens of fragrant flowers and exotic bowers. It is a picture of the delights of earthly paradise. Her realm is a land of milk and honey. It is a world where all thrives and pleasure is a natural facet of being.

The erotic sentiment and the mood of love abounds in Lakshmi's opulent realm. It is a portrait of 'Thrive all' as opposed to survival.

### Divinatory Meaning

Lakshmi brings a blessing of abundance to your life.

You wish for something to continue, to survive and thrive.

Success is indicated in whichever area your question focuses.

Know that the natural balance of all things provides for all.

Release feelings of want and need, feelings that there will not be enough to go round. Trust in the principle of abundance, which assures that you will always be supported, no matter how things may appear. Feelings of abundance are not dependant on material wealth. It is an inner state of being. A state which has an inner deep reliance on the infinite resourcefulness of your own being. A state which has absolute faith in the benevolent aspect of the Goddess.

Sustainable solutions. In all cases look for sustainability. Use the model of the American Indians who say that one should consider how any act, any decision made, will affect seven generations.

The natural intelligence of being.

A sensual and/or erotic experience.

A lasting relationship.

Love of luxury and the finer things of life.

Feelings of well-being. Treasure these feelings, even if they are fleeting moments, and store them in your heart.

The pleasure principle as a tool for material and spiritual fulfillment.

Enjoyment of sensual pleasures, delights of the senses, such as savoring delicious food, smelling intoxicating fragrance, seeing and experiencing beauty and seeing beauty in all things.

The dawning of realization that our senses are extensions of our spirit, gifts given to us to explore the miracle of being. Do not let them atrophy from underuse.

Affirming the quality of life. If there is a choice to be made, choose the path that will bring you the best quality of life.

Is it dependant on material possessions, or are there other things that really enrich your life more deeply?

Find the source of your inner wealth.

Ask for the empowerment of inner riches from Lakshmi. She is full and overflowing.  
The blossoming of the lotus of the heart.  
The blessings inherent in a life well lived.  
The synthesis of material ambition, the pleasures of the senses and spiritual realization as inner fulfillment.  
Dawning of the realization that goodness is the natural state. That being good, doing good and feeling good are happy bedfellows.  
You do not need to deny yourself pleasure in order to be 'good'. Having pleasure is being good to your cells, all those little bits of consciousness that make up your whole being, bathing them in the most life-affirming bio-chemicals.  
The whole of creation is making love with itself the whole time. That is how it works.  
Lakshmi is the queen of attraction, of romantic, sensual and sexual love. As the mistress of preservation, she exudes the nectar of love, the ambrosia of potential bliss at all times and blesses all she touches with desire. Desire is the spark of life. For life to keep on thriving, the fires of desire must keep on burning.  
'How did so many religions separate sex from spirituality?' She asks, laughing. For she knows that when beings unite this way, the bliss they experience, the ecstasy tasted, is a passport to the realm where God and Goddess play.  
The lotus, which is her symbol, also represents the enjoyment of all things without attachment, as water and mud slide from its petals, leaving it unaffected. Lakshmi suggests you enjoy and fully experience the pleasures of life, while at the same time being aware of their transitory nature.  
Enrich all experience with the cultivation of spirit, that which outlasts sensation.

### Indications

Look for ways to help something sustain that could otherwise fail.  
A blessing of abundance in your life.  
Good indications for long term romance or relationship.  
Lakshmi insists you care for and nourish your bodily temple.  
Pamper yourself, you who are a part of Lakshmi's imminence, her presence in the flesh.  
Tend her temple well. Honor her in you.

### Practices

1. What can you do to help preserve the integrity of the planet? Whether it is through the cultivation of your own consciousness, spreading that consciousness or conscious actions that you take, Lakshmi asks you to do something. In this way as she helps and supports you, you help and support her in the great work of preservation. It is the pool of consciousness and intention that is at the root of existence and supports the continuance of life.
2. If you are in need of material plane sustenance, you can ask Lakshmi's assistance. Lakshmi wants you to experience the feeling of being in a realm where all your needs are met, where you want for nothing, a veritable land of milk and honey (it is said that Lakshmi was born from churning the ocean of milk).

Visualize the gold coins pouring from Lakshmi's hands as she and you look straight into each other's eyes.

From the depths of your heart, transmit all your feelings of love and appreciation to the Goddess, who holds creation so tenderly, nurturing and preserving it. Send your gift of love to Lakshmi and receive the gift of abundance from her.

3. Envision Lakshmi as Mother India, a land rich in natural resources and flourishing with spiritual, cultural and material wealth, where all enjoy support and nourishment. Rivers of milk flow out from the mother, enriching and blessing the whole planet. Visualize the birth of a Golden Age.

### Mantra

Lakshmi's seed syllable is **SHRING**.

A mantra for Lakshmi:

***Om Shring Hring Kling Mahalakshmi Namah***

### Dakini Transmission

I naturally give  
All that is needed to live  
To flourish  
And thrive  
So in pleasure just dive  
Into every sensation  
As my grand creation  
And live like a queen  
With everything seen  
Smelled, touched and tasted  
As gifts of the Goddess  
So nothing is wasted

When you drink at my well  
Of heaven on earth  
In celestial bliss  
You'll find rebirth

### Affirmations

I am worthy  
To receive abundance  
Because I am  
Able to receive  
I can be generous

I have a giving nature  
Which in turn  
Attracts more abundance to me  
All my senses  
Are vital and energized



**Alchemica takes the raw elements of the earth and transforms them through the marriage of fire and water.**

### Who is Alchemica?

She is the Gnostic Dakini whose modality is in the transformation of matter from one state to another, from a gross to a refined state. She is seriously involved in the process of transmutation. Alchemy has an important place in the esoteric arts, combining the scientific and metaphysical approach. It understands that inner work and outer work are intimately connected and both must be taken into consideration in any alchemical process.

In this way, Alchemica brings you the secret arts and embodies an ancient science which sets the tone for the emerging field of Meta-science.

### Location/Sphere of Influence

The laboratory of life - inner or outer/hermetic conditions.

### Allies

Gold. Salamander. Double headed Phoenix.

### Nature & Description of Dakini

Alchemica is golden and metallic. She brings inner intention aligned with outer focus and manifestation.

Alchemica is seen absorbed in her alchemical work. She has a heart of gold. The essence of all inner alchemy is the refinement of mind and emotions to attain the pure heart. As such, she is represented golden all over as the refined essence, the perfected one, the Philosopher's Stone. Yet we still see her in her laboratory, repeating the process of transformation for the sake of all sentient beings.

The cosmic laboratory, where retorts bubble and the inner blueprint of the soul is transposed into the plane of reality and visualized as an alchemical process.

'As above so below' in the creation of the 'One Thing'.

This golden Dakini is seated with the alchemical grid laid out before her. The elements of the process are depicted and their relationship to the planets. The associated metals drip from their symbols. The cosmogram is repeated inside Alchemica's being, showing that inner and outer alchemy are intimately connected.

The fiery furnace that descends like a well beneath her is the place where everything gets melted down and refined.

Various pieces of alchemical apparatus are laid out before her with an alchemical retort located at the center. Within it the elements of fire and water are seen uniting as the conjunction of male and female principles, central to the alchemical process, the union of opposites.

The eye of Horus and double-headed phoenix at her crown are symbols of the attainment of the philosopher's stone.

The metallic bubbles, from lead to gold, represent the paradox of alchemy – the specific gravity of metal transmuted and uplifted by the subtle air of consciousness.

### Divinatory Meaning

If Alchemica has chosen you it is because something in your life needs to be transmuted and transformed.

A sign that inner transformation is required, perhaps already underway. The person receiving Alchemica is summoning this process.

The way to approach the transmutation of base matter (the lower emotions, the shadow) into pure gold (enlightenment, enrichment, completion) is through the process of refinement.

Refinement of the emotions is part of the alchemical work as a means of coming into a state of inner balance and harmony, an inner 'Golden Age'.

You may be involved in a project, even a life quest, which requires the alchemical approach.

This may be something that is manifesting on the material plane, or a process of inner alchemy.

Only you know the answer. Of course, in the end, Alchemica points out, they are intimately connected...

The wise alchemist carefully selects the elements and makes sure the container, the hermetic vessel, is sound.

He or she exercises patience.

Commitment to the process.

Sincere application of time and effort.

The ability to focus and to see things through.

Your diligence will bear fruit.

An interest in Gnostic secrets.

One who is inclined to the way of the hermit as they enjoy plumbing the inner depths.

The union of the scientific and the mystical approach, the intuitive and the rational. Unite these factors in any project you are taking on.

Alchemica brings the wisdom that in any scientific process or experiment, the observer is part of the equation. Objective and subjective reality are intimately intertwined.

This is the nature of the new scientific approach. It is based in ancient wisdom. Alchemica says it is 'Integrative science'. In these days of over specialization, Alchemica embodies the wholistic approach.

As with all creative and transformative processes, Alchemica shows that the male and female principles – fire and water, sun and moon - must come together in conjunction. From this Chymical Wedding they form the sacred androgen, the mystic child, combining male and female elements in a newly balanced, reborn self.

Are there ways in which the male and female aspects of your psyche are out of balance, unable to come together?

Time to establish inner harmony as the basis for your new self.

You may be 'striking it rich'.

Embrace material abundance if it comes to you, but understand that the true riches are those cultivated by your spirit, enriching your heart and soul.

The fruits of self work.

You may be embarking on a process which will yield results only over time and with due diligence.

A time to evaluate deeply what constitutes pure gold for you? What do you really value and treasure above all else? Once you have the answer, apply the alchemical transformative approach to anything that pollutes or impedes the purity of this wealth.

The imminence of the moment for realization and illumination.

### Indications

She has the ability to turn impediments into assets, obstacles into opportunities. Penetrate into the depths of the unconscious, where dark secrets lie hidden, and transmute them into pure energy by the alchemical fire of the light of consciousness.

Could indicate a need to check into your body's chemistry and see if there is any alchemical transmutation required to optimize your system. Could be your acid/alkaline balance.

You may want to check and see if you have accumulation of heavy metals in your body.

### Practices

1. Ask for Alchemica's help to transform at least one negative situation, aspect or influence in your life into a positive one. If you achieve the desired results, apply the same principles to other aspects of your life that do not seem aligned with personal growth. Remember the alchemical formula....'As above, so below', understanding that worldly achievements are only 'gold' if they stand the test of Divine reflection.
2. Alchemica asks you to visualize yourself in her creative retort. You are to separate the male and female aspects of yourself and define their qualities. You are to see and define the positive and negative aspects of your male and female selves (we all have qualities of both genders within). Now see the water dissolve all those female traits that are retrogressive and do not serve your evolution and higher purpose. See the fire burn away all those male qualities that are not ultimately attractive to your heart and soul. Let the radiant male and female beings that remain unite together in a glorious union, an atomic fusion.
3. Alchemica is working on a formula to transmute and transform our current global situation. Visualize yourself in her laboratory offering the raw material of your self into her alchemical crucible. Then add all you can envision that will heal and shift reality out of darkness and density, pollution and suffering into the emergence of a new and shining Golden Age.
4. Alchemica asks you to help her transmit a golden nugget of Dakini wisdom to all the laboratories on the planet. Those conducting the experiments need to realize that they are not themselves separate from it. If they receive this wisdom, they will be unable to perform experiments that are inhumane or uncompassionate. The end does not justify the means. Realize that what you do defines who you are.

### Dakini Transmission

The key to alchemy is holding onto essence while you fire the dross away

A catalyst is necessary once the main elements come into play  
When poison becomes elixir  
And night turns into day  
The philosopher's stone shines  
And frightens death away  
Was it spiritual or material riches you wanted?  
Did you say?

Affirmations

I am the creator  
Of my own destiny  
By the process of inner alchemy  
I can transmute all experience  
Into enrichment



**In learning how to walk upon this earth, Copper Woman is in a place of water in the form of ice and snow. Fire is at the heart of her survival.**

### Who is Copper Woman?

She is known from the Creation myths of the North West Indians. Copper Woman was the original woman. It was she who learnt how to survive, how to sustain. After she had taught herself basic survival skills, supernatural beings visited her and taught her more.

Copper Woman Dakini brings her ancient energies into modern times.

She represents how to survive in challenging situations and how to respect the spirits of the land and its creatures.

Her portal is the realm of ice and snow, the arctic, polar regions. In the current world situation, these regions are also in peril, their survival threatened.

The Dakini is seen here as the spirit of the land, of the mountains and glaciers, and also in her role as Copper Woman, showing the way to survive.

### Location/Sphere of Influence

Polar regions/Iceland/Alaska.

### Allies

Arctic fox and all creatures of Arctic regions.

### Nature & Description of Dakini

Copper Woman stands within her realm. She is surrounded by ice and snow. We see the melting ice, the arctic creatures. Here the creatures of the land are seen as allies and friends, respected co-inhabitants. All struggle for survival.

She is seen in the mountains all around, like a Nordic Ice Queen, her icicles melting.

Totem poles, not flags, are planted in the landscape, to represent the connection made with the totems, the animal spirits of the land, and their honoring.

Igloos and huts are seen as part of her landscape, for she is the Dakini who helps make things habitable, who strives to survive and make things work.

Copper Woman represents adopting the indigenous approach to survival and co-habitation with the animals and elements of the natural world and associated spiritual entities and energy fields. It is an approach which takes spirit into account along with the material in every interaction with the earth and all beings that live upon it.

She brings wisdom through simple acts. Her skin gleams like radiant copper, she wears furs and is surrounded by arctic creatures as her totems. She is strong. She represents finding enlightenment in simple survival skills and daily chores.

Copper Woman has the stance of a warrior, but her weapons are the axe and broom, tools of survival and homesteading, not weapons of warfare. They are her magical tools.

She embodies the kind of strength that is needed to endure, to take on whatever challenge may confront her with fortitude, perseverance and courage.

The face painted on her hide apron is from a representation of the traditional Copper Woman. She is seen embodied in the glaciers and snowy peaks, expressing the feeling of the land as her icicles melt... The studs of her fur coat pin themselves into the living landscape. As she dons her hood of arctic fox, she resembles masked Eskimo dancers.

### Divinatory Meaning

Copper Woman comes to you bringing tools for survival.

The suggestion is that there are challenges to be dealt with. Copper Woman brings you the practical skills and tools to deal with them.

Doing your part, doing your best and therefore being eligible for divine guidance, divine intervention.

When something is lost, if you do your very best to find it and cannot, if you just move on and get on with your next task, have you noticed the lost thing 'magically' appears along the way? That's the work of your helpers. If you acknowledge them, they can do even more.

A resolute attitude is required. You must be prepared to fight for what you believe in, not in a literal way, but in the sense that you are prepared to put all your resources on the line in order to make things happen, in order to stay in the game.

There is a saying, 'Before enlightenment, chop wood, carry water. After enlightenment, chop wood, carry water'. Copper Woman is the 'Chop wood, carry water' Dakini of our deck.

In the tales of the 84 Siddhas ( Beings who attained enlightenment, often by unconventional means) there are those who met a teacher who told them a mantra (power phrase) to repeat while doing their daily tasks. Through adhering to this transmission, they gained full realization.

Don't be afraid to get your hands dirty, to work hard for what you want.

If you have to clean house, create order out of chaos, Copper Woman and her supernatural helpers are here to give you support and an extra boost of energy and efficiency.

Copper Woman is a strong Dakini who comes to you to lend you her strength.

Strong yet sensitive. Sensitive to the results of her actions, sensitive to the voices of the wild, aware of the mark she leaves behind. Will it truly benefit those who follow and the land and the creatures whose home it is as much as yours? They actually have more right to be here as they are specially adapted to the terrain. Humans on the other hand make the land habitable by artificial means. Who then really belongs?

She embodies the pioneering spirit.

Do not be afraid to bring new things into the world, to champion new ideas. These ideas are best aspected for success if they build on ancient wisdom and give back as much as they take from the eco-system.

She encourages us to use the 'two tool kit', the best of ancient ways and the best of modern, working simultaneously on the inner and outer planes of reality.

Imagine the current condition of the planet if this could have held true for all exchanges between the 'new' and the 'old' worlds. We could have a world where we benefitted from the best of modern technology, walking hand in hand with the ancient ways of honoring the earth as a living entity and all her creatures as part of her sacredness.

Stand behind what you believe in.

Take account of the effects of your actions, both short and long term, before taking action.

Copper Woman represents the path of Karma Yoga, the path of action, the aspirant who is on the path to liberation through appropriate deeds and right action.

Take action that will promote your own survival, but also is supportive of survival in general.  
Energy efficiency. Avoidance of waste.

### Indications

Copper Woman brings the message that whatever your race, whatever your culture, your healthy relationship to the planet is to be found in the indigenous approach.

As you take what you need for your survival, remember to give back and honor the spirit in all things. In this way we keep the hoop of life intact.

### Practices

1. Pay attention to menial tasks.

Make a practice of bringing joy and enthusiasm to simple, mundane chores.

For example, make a point of washing dishes while repeating to yourself the mantra, ‘As I wash these dishes, I am washing away all stain, all residue of past actions...’

Sweep the floor repeating, ‘I am sweeping away all the sorrows of the world with my broom’ (or sucking them up in your vacuum cleaner), you understand the principle.

‘Copper Woman’ will support you in your role as ‘Domestic Goddess’ and as ‘Cleany Dakini’, as well as bolstering your adventurous and pioneering spirit.

2. Try not to take more than you need.

3. Meditate on the icy regions of the planet. See their plight. Open your heart. Feel the melting, cracking ice. Feel the creatures dependant on this habitat. See them as intimately connected to your own survival and send the vibrations of your heart to support the circle of life.

### Dakini Transmission

With my axe  
I cleave the way  
Cutting through  
All obscuration  
With my broom  
I sweep all clean  
Clearing the mind  
For revelation

### Affirmations

I am able to survive  
Under any situation  
I can rise to any occasion  
I recognize and respect  
The spirit in all things

I know how to ask for and receive  
Help from invisible sources  
I am part of  
The circle of life



**She practices earth medicine, employing the smoke of her fire to contact the air of the spiritual realms.**

### Who is Shamani?

She represents the Shamanic approach to spirituality. The Shaman builds invisible bridges to other dimensions in order to heal or receive various kinds of guidance from spiritual entities. She is the bridgemaker between the worlds.

Shamani practices earth medicine, employs sacred ritual, works with the medicine wheel, the elements and directions and the medicine animals or totems. She sees visions in the smoke and travels astrally to fulfill her vision quest.

She is entrusted with the spiritual and often material wellbeing of the tribe as she knows how to communicate with the spirit guides and ancestors. She ingests, imbibes, inhales those substances offered by nature to open the connections.

The Shamanic path is common to the spiritual life of most indigenous peoples.

It is time for us all to walk again the Shaman's path which honors the spirit in all things.

### Location/Sphere of Influence

Shamanic circles anywhere and everywhere. North and South America.

### Allies

Deer, wolf, bear, eagle, condor, beaver, jaguar and all animal totems and spirits.

### Nature & Description of Dakini

Shamani reveals a vision in the smoke.

She works with earth medicine, and also flies on spirit wings.

On the horizontal plane, she is seen in earth tones, dancing the medicine wheel, taking on the spirits, the masks, of her animal totems, the sacred medicine animals. Grey wolf and brown bear represent the North American animal guides, jaguar the South American. In the center the stag-headed Dakini brings deer medicine to the circle. The Huichol of Mexico say that the deer represents the heart, is the gatekeeper of the spirit world and helps pierce the veil between worlds.

In the sky above, the eagle and the condor fly, in fulfillment of the Inca prophecy that when they fly together the earth will awaken. The eagle is the north, the modern technological world, the condor the south, the way of the indigenous peoples.

It is said it will herald the beginning of the 'Fifth Sun', the beginning of a new calendar period. Beaver sits to the left, ready to begin building the new reality.

In the center Shamani ascends in her spirit form, she flies through the dimensions on iridescent rainbow wings. She is blue like the limitless sky and in tribute to the Bird Tribe guide that flies with her.

Her inner organs are the Shaman's sacred vine Ayahuasca, which also form the 'roots' of this medicine wheel.

Two hummingbirds act as messengers to the sun, moon and stars  
She has rattle and drum. She smudges the sacred area with the smoke of sacred herbs. She evokes the spirits and enters the trance of the oracle, the vision quest of the healer.  
She sings and dances the songs of spirit and shows us how to move between the worlds. She makes the invisible visible. Hers is the Shamanic path that evokes the spirit in nature and the nature of spirit.

She warps space to connect the realms, forming a rainbow tunnel, a rainbow bridge between worlds. It is not just her doing, for she has a team of helpers. You will see both dark and light entities along the way.

If you have a particular issue, Shamani will act on your behalf and call in the relevant spirit helpers. She is your intermediary to the spirit realms and knows how to shape-shift through these dimensions with tested Shamanic formulas.

### Divinatory Meaning

Shamani has come before you to remind you that this world is made up of more than we can see with the naked eye. It is full of spirits and helpers, invisible allies and guides who are ready and willing to help if we know how to call on them.

Shamani says that you need some help from the ‘other side’ and she is here to facilitate.

In our modern world’s quest for ‘progress’ we have largely discarded Shamanic practices, which were vital to most tribal societies. The Shaman was responsible for the physical, mental and spiritual health of the members of the tribal community. This would be a huge burden for any individual, but then the Shaman did not take on this role as an individual, but as an intermediary, channeling the messages from the world of spirit.

How do you listen to spirit? Do you make a practice of doing so? If not, Shamani tells you that its time.

Shamani represents a wonderful blend of earth magic and that of the spiritual realm. She knows that for those who can ‘see’, the realms are not that separate. As one who sees, she forms a bridge from this world to the next.

You are longing for that bridge.

We have such fear of the unknown. We fear death. We fear the world of spirits and create mythologies of fear and horror, featuring ghosts and ghouls and all sorts of scary monsters. But it doesn’t have to be like that. Tribal societies also feature ancestor worship in the sense that they continue an on-going healthy relationship with members of the tribe that have passed on. They are seen as helpers in the world of spirit and when we remove all the stigma and taboo surrounding death and the dead, we can see how this makes sense. Modern society has thrown the baby out with the bathwater when they dismiss Shamanic practices as forms of superstition and black magic. Yes, as with any system, you will see those who wish to use it for selfish ends, and when decadence sets in, the lower aspects manifest. But this does not detract from the pure essence of the real thing.

The tribe would make worldly decisions based on the information they received from the world of spirit. You need to do the same.

Recognize that everything has spirit. Spirit is what is shared between the realms. It is the common factor. Honor the spirit in all things. The Shaman cannot hope to have help from the world of celestial spirits if he or she does not honor the spirits in the world around them. This is the first principle.

Help spirits of the earth and spirits of the sky work together for the good of all. Go beyond concepts of spiritual hierarchies and honor all.

Do not put all your emphasis on the material plane. Look to what goes on behind the scenes.

There is more at work than what meets the eye. You need to penetrate further.

Insight is required in the present situation. This insight cannot come from using the logic of the brain. It must be informed by spirit, from intuition, from things that come into your consciousness and you don't know where they came from. Listen to those things and begin to give them value.

Let spirit speak.

Balance intuition with logic and practicality. Shamani brings practical solutions.

Look out for false shamans who create illusions in the smoke! Illusions can be good if they promote positive change, but you can recognize the other kind from the aura of manipulation or selfishness they give off.

You can ask Shamani for help as this is where her common sense kicks in. She is after all an earth angel, helping always to give the voice of spirit a grounded vessel on the plane of earth.

Bring ritual into your life. Ritual is significant because it focuses intention and creates a space which links the material and the immaterial planes. It shows spirit you care.

Perhaps you have some unrealized ability to heal. Shamani would like you to consider this.

### Indications

Look for signs and omens, particularly in the animal kingdom. There is a message waiting for you once you know how to recognize it.

There may be someone who has crossed over who wants to communicate something to you.

### Practices

1. Shamani says you have animal spirits, allies, totems who are longing to work with you, help you, both spiritually and in your earthwalk. It's up to you to find out who they are.  
In a quiet place close your eyes and ask Shamani to lead you to your special animal totem or totems. See yourself alone in a place in the wilderness. It is dark. Call your animal guide to you and see who appears in this vision space. You may have to wait a while, but if you clearly set your intention, put out the call, then relax and surrender, your animal will surely appear. Even if you see it just as the briefest impression, trust that this is your sign. You have a friend.
2. Shamani wants to help you gain access to the wisdom of the realm of spirit. Ritual is significant in these matters. She suggests you designate an area for your ritual and make a circle on the ground (or floor if you are doing this indoors). Use little stones or something like that to mark the circle, or draw with chalk. Then divide the circle into four quadrants. You now have your basic medicine wheel. Designate the four directions of north, south, east and west.  
Take a small sage bundle, light it and pay homage to the four directions, opening the four gates. Now place yourself in the center of the circle, call your animal totem to you and visualize Shamani before you. Place her in the center of the medicine wheel, the place where you are, so you and she are one. The Shaman who you now are holds aloft the sacred sage,

letting the smoke reach up to the spirit realm. You know Shamani can reach into these realms and receive the guidance. You are travelling with her, as her, focus your intention on what you wish to receive guidance about, or a healing you wish to receive, imbue it with the power of your heart, bring all your emotion to bear to fuel your quest.

You may not feel as if you have received what you requested. It may not be immediately obvious. But if you have approached this with sincerity, the spirits will hear your call and things will be set in motion. Have faith.

As you come back into yourself and leave Shamani, remember to thank her and all the spirits and guides who are working for you and with you in invisible ways. Honor them, even if you don't yet feel the effect.

Touch the earth

Close the gates.

Now wait and look for omens and signs.

3. The indigenous people of the planet share the path of the Shaman. For a long time they have worked with the spirits of the earth and the spirits of the sky to maintain the rainbow bridge between worlds.

Send an affirmation that you recognize the significance of their work and a prayer for it to be supported in this age.

#### Dakini Transmission

I am here to bring you  
Visions in the smoke  
To dance the medicine wheel  
Where spirits, human and animal  
Combine  
To work the sacred magic  
Of the heavenly and earthly net  
Where all intertwine  
And sing the sacred songs  
And dance the sacred dance

#### Affirmations

I am not alone  
I have many invisible friends  
Spirits and animal helpers  
Waiting to assist me  
I am open to their guidance  
And their blessing  
I believe I can communicate  
With the spiritual realm  
For the benefit of all



**When the earth receives water, she pushes upward into the air.**

### Who is Vegetiva?

She is the green growing power in all vegetation. As Pele is the life blood of the earth, so Vegetiva is the life blood of the plant kingdom. Blood and sap are very similar. She is chlorophyll, the plant world's haemoglobin. She is the green sprouting essence of all vegetation on earth, from the tallest trees to every blade of grass. She is the embodiment of the tree spirit. This is similar to the Yakshis of Hindu culture, but whereas they are spirits living in trees, Vegetiva is the essence of the spirit of the tree itself. She is present in all vegetation and is the energy that promotes growth and makes things flourish. She is the garment in which the planet chooses to clothe herself.

Vegetiva is your green card.

### Location/Sphere of Influence

Everywhere there are green things growing.

### Allies

All green beings - trees, plants and grasses.

### Nature & Description of Dakini

Vegetiva squats in the center of her world, constantly giving birth to herself as the verdant landscape of earth. She holds an orb which contains a sprouting seed. This in turn is seen to be birthed from the smaller form of herself who births and is birthed on the earth below. This represents Vegetiva's blueprint for continual growth and renewal.

She is made of trees and leaves and moss and grass, of living green cells filled with chlorophyll. Her eyes gaze at you through the cellular patterns of leaves.

She is pictured metamorphosing into a tree, reminiscent of Daphne in Grecian myths.

All vegetation is a living conscious mantle that decorates Mother Earth. Every tree is a living being. Their consciousness may be of a different quality to ours, as they are rooted in one place, but they are sentient beings. Their relationship to the earth is different from ours, the two-legged ones. In the natural course of things, only the offspring of a tree or plant has the chance to move when it is carried as a seed or a nut.

From Vegetiva's hands, branches, roots and vines reach out to create an ever-living wooden heart, a heart full of verdant meadows, ferns and trees, a heart with roots reaching down into the earth and a support for Vegetiva's reach towards the sky.

Above her, light bubbles in stem-like twirling tubes of plant life's DNA, a green grail holding the sap of life, pouring into her and sprouting from her all at once.

### Divinatory Meaning

A gift of green energy from Vegetiva.

Something in your life really wants to grow and flourish, to take root, to sprout and spring upwards, to branch out.

The seeds are already planted. What do you need to do to nurture and nourish their germination and growth?

All things green need water and sunlight to grow. They also respond to love and attention because they are living entities.

If you are consulting about a project or relationship, define the nurturing factors in the current situation. What represents the light towards which the plant is drawn and that stimulates its growth? This is your main focus. What represents the water, that which you apply to the situation in order to promote growth and provide the juice to flow through the entity and help it function? Where does your water come from? Is it an unlimited or limited resource?

Make sure you are in a position to provide the basic elements to support life and growth, then apply the magic 'X factor' – the love, focus and attention applied to your intention.

This formula applies to everything, from planting a garden to growing a business, a relationship or a vision.

Sometimes stress during the growing process helps makes the plant stronger. We don't usually invite stress into a situation. It just seems to arrive of its own accord.

If it happens, don't fret. It may just be part of the growth process.

Maybe a little fertilizer is required. Can you provide it? And you know what fertilizer is often made from, don't you? Perhaps there is something that has been going to waste that could be usefully applied to support the growth process.

She imparts the wisdom of standing still.

Become the still point in the flux of events.

Learn how to 'vegetate'. The 'vegetative state' is known as one where the individual is unresponsive and unaware. However Vegetiva says that you may not see members of her green family respond, but to say they are unaware is ridiculous. They may not have visible eyes to see, ears to hear, nostrils to smell or mouths to speak and eat, but they are sentient beings, meaning they have their own senses, which feel and experience life. They take in nourishment and they grow, evolve from seed to tree.

Vegetate to assimilate.

She knows to move towards the light.

Establish what constitutes the light in your life and move towards it.

Model your designs on the growth patterns of vegetation.

The wisdom of the green.

Understand that the mantle of green that the earth wraps herself in is a living, breathing ecosystem that is designed to be self balancing and self organizing. It is a symbiotic system whose whole relies on the sum of its parts. Humans have tampered with this system, unaware of either the intricate way in which it works nor how each part plays an essential role in bringing balance to the whole.

Plants take from the air and from the earth, and they give back also to each as well.

Part of the sugars they produce goes into their fruits, part goes into the roots and down into the soil. The bodily waste of the plant helps makes the rock soluble and soil worthy. When a mature plant dies, it offers to the soil mature, durable material that has lived full cycle. So the vegetable kingdom constantly helps nourish the living organism of the soil, while at the same time breathing in carbon dioxide and out oxygen, into the atmosphere. There is something too that

plantlife does to the quality of water that runs through its system in the process of transpiration-when the plant takes water in through its roots and releases it through its leaves....

Take a leaf from Vegetiva's book of life, her tree of life.

Give back as much as you take. It will probably not be returned in the same form as you received it, take what you need and give back what is needed.

Vegetiva asks you to recognize that all that lives is a harbinger not only of life force, but of consciousness. The kind of consciousness that resides in plants is of a different nature than our human consciousness, so it is generally not recognized or identified. Like most sentient beings, the plant kingdom responds to feelings and emotional stimuli. It is being discovered that plants have memory and the ability to communicate information through their systems much as nervous systems in animals work; similar electrical signals, but of a different biological nature.

Vegetiva wants to connect with us, through her being, so that she is recognized and honored for her role in this wondrous Eden. She asks you, as you have received her, to discover all you can about how she works and the miracles of her diversity and her complimentary nature – how she compliments and supports so graciously the rest of creation and its creatures. When you become more conscious of her, she says, the consciousness of humanity and that of the vegetable kingdom shall work together again as one.

### Indications

You may need green vegetables in your diet. Your body is asking.

You need to spend more time in nature. Lie on the grass and drink in the green vibrancy through your being.

Green is very healing for you.

Wear green.

Do you have a 'green thumb' you haven't used?

Think green.

### Practices

1. Vegetiva requests that when you sit down to eat you offer gratitude to all the beings who gave their life force to you in providing the food you are eating; not just the animal products, but all the fruits and vegetables of the earth that you consume. It is part of the cycle of life to consume, but a simple dedication expressing appreciation and thanks brings the circle of life to the cycle.
2. Vegetiva asks you to hug a tree and see yourself embracing her as you do so. Hug her as you do so. She loves to be touched and hugged. Speak her name. Kiss a plant.
3. Plant a tree. Make some intentional act that benefits Vegetiva and her realm.
4. Grow something. A window box, a herb garden, sprout an avocado seed. Talk to the plants you are growing. Give them lots of love and attention, as well as light and water. Observe how the plant/s respond. See this plants/these plants as part of the body of Vegetiva and love it/ them as your offering to her.

5. Vegetiva asks that you enter into a meditation with her for the good of all. Sit somewhere quietly, in nature if possible, and close your eyes. Visualize Vegetiva's green world and enter it. See yourself, as Vegetiva, in the center of this world, with all vegetation, grass, plants and trees, all emanating out from you in an ever living, ever growing abundance and variety.  
See all as one symbiotic system, all working together like cells in one giant organism. All parts are precious and intimately connected.  
Breathe your love, your life force into this world as an offering to Vegetiva and pray for it to thrive and renew. Send this vision out on the psychic pathways to open the hearts of human beings and prepare the ground, sow the seeds of change, growth and evolution.
6. Visualize an emerald green light shining from the region of your heart. You can use this visualization at any time and in fact Vegetiva suggests you make it part of your being. You have a heart emitting beautiful green light, an awakened heart.

### Dakini Transmission

I am the green  
In everything seen  
In the natural world  
I do unfold  
The verdant tapestry  
Which self renews  
And lovingly  
Supports and nurtures  
All terrestrial life

### Affirmations

I make things grow  
I am part of the vegetable kingdom  
It nurtures and supports me  
I think green



**She brings the blessing of peace, the air of higher consciousness, to earth, through the fire of the pipe of peace.**

### Who is White Buffalo Calf Woman?

The legend of White Buffalo Calf Woman is ancient (2000 years old) and is central to the spiritual practices of many Native American nations. Several versions of her story are told. In the Lakota tradition she is said to have appeared to two warriors as a white buffalo calf which changed into a beautiful young woman. She told them she would return in four days with her sacred bundle, which she did. She spent four days with the people, bestowing on them the seven sacred hoops as seven sacred ceremonies for the basis of culture. She taught them how to be caretakers of the land.

The sacred bundle was the pipe, from then on known as the White Buffalo Calf Pipe. She left the pipe in the care of the people saying that one day she would return for it and bring balance and harmony to the world. The birth of a White Buffalo Calf will herald her return.

White Buffalo Calf Dakini shows her returning, pregnant with the White Buffalo Calf.

The Sioux describe how, amongst many other gifts of culture and spirit, she showed women how their role was of equal importance, so promoting the circle of love that holds men and women together.

When she departed, she rolled over four times, each time turning into a different color and revealing that she represents all directions of the medicine wheel, all root races.

Buffalo is her vehicle and totem. She brings with her archetype the landscape of North American Indians, written as an eternal cosmic signature in the mindsky.

The Indian world envisioned as the way of culture, as balance of nature and spirit, is a vision in the smoke, a spiritual realm of reality.

### Location/Sphere of Influence

North America. All places of peace.

### Allies

Buffalo, sacred smoke.

### Nature & Description of Dakini

As Angel represents heavenly peace, so White Buffalo Calf Dakini represents peace on earth – true culture disseminated amongst the peoples.

She bears the buffalo horns upon her head as her crown. She is pregnant with the White Buffalo Calf. Its image decorates the white buckskin in which she is clothed

She walks on clouds as she is heaven-sent. In her wake the spirits of many white buffalo can be seen, as spirit beings ready to re-enter the world of the living.

She holds the chununpa, the sacred peace pipe. It is decorated with twelve eagle feathers and a thirteenth baby eagle feather to denote the White Buffalo Calf of her prophesized second

coming. Seven smoke rings rise from the pipe, representing the seven golden hoops of culture that White Buffalo calf Woman brings.

A bank of pinkish clouds surrounds her. This is envisioned as a giant smoke ring that has been manifested from her prayers, emanating from her and wrapping around the whole planet to safely cocoon and be the midwife for the new era of peace which she is birthing.

She is the one who brings peace to earth and executes the cosmic imprint. She is the chosen representative to usher in the new age of the RainbowTtribe, where all peoples live in peace and all colors and nations are honored as one. She is the holder of the integrated Medicine Wheel, where the four directions, the four elements, the four root races, are united in a great medicine work, the work where earthly manifestation is the mirror of Divine design. Peace and harmony can reign again in all the worlds.

She offers the pipe of peace, passing the sacred smoke - representing connection to the realm of spirit - around the circle.

Her circle includes all races and all peoples, as long as they honor the sacred trust, the sacred bond that recognizes and respects the spirit in all things. This is represented in the image by the habitations that extend across the vision field of the new reality she heralds. There are not only Indian dwellings, but those of different indigenous peoples from around the world, symbolizing the new harmonic which is inclusive rather than exclusive. The whole image represents a new tribalisation.

As she is the heavenly gift that graced the American Indians with her presence, her rebirth is a blessing for all who hold the vibration of peace in their hearts.

### Divinatory Meaning

A gift of peace. White Buffalo Calf Woman brings you the gift of peace for your soul, an offering of inner peace.

There can be no peace on earth until we first find inner peace.

She brings the blessing way, to walk the beauty path, treading lightly so you leave no mark...

As in the pure white of the buffalo calf, so your inner purity of intention is ready to be re-birthing. You don't want to accept the ways that have been handed down to you, ways that include injustice and deceit, discrimination on the basis of color and race, intolerance of diversity, insensitivity to nature and an attitude that ever takes and never gives.

You are ready to envision a new way of being.

White Buffalo Calf Dakini's quest is your quest. You have come here because you need to find ways to talk with those hidden parts of yourself that are angry and frustrated and are hidden deep within. They will erupt in unexpected ways if you do not find ways to release them. Some of them are hopes and dreams that have died, been slayed by the cruelty of the world. We must save them. They represent a way of being where all is sacred, nothing is separate, and to bless all things is to walk the Beauty Path. These ways of being are buried deep below the surface. They must be contacted and released with the blessing of peace.

If you are seeking guidance about a relationship or an endeavor, what is there within its structure that has been frustrated and repressed? Find that element or elements and seek to find ways to transmute the denied energy by establishing channels for its release in new, vital and harmonious forms.

Choose the role of the peacemaker.

What stands in the way of your total and unconditional acceptance of all beings? Are you ready to relinquish your desire to subjugate and dominate?

Peace can involve compromise. You have to accept the terms and conditions of others, even if they are not the same as your own.

Where is the rigidity within you, the intolerance? What do you find unacceptable?

Time to delve into your held values and examine how many of them are truly in tune with the truth of your heart and how many are 'hand me downs'. Once you have some clarity in this matter, look at what you are resisting anew.

Try to see things from a completely different perspective. Imagine a world view where all life is considered sacred and all beings are part of your family.

Forgive all for what they do, what they have done, even what they will do, as a mother forgives her child.

The foundation of peace is forgiveness. Holding anger and resentment in your heart hurts you as much as it does your 'enemy'.

Forgive all for the situation that we find ourselves in on the planet. See it as a result of ignorance and an opportunity for evolution. Sometimes the heart has to be broken open before it can feel again...

Accept all and associate more closely with those with whom you have most affinity and those who share core values.

It is said a wise person spends their time with those who bring out the best, not the worst, in them.

What brings you inner peace?

Meditation is indicated as an important practice. Make it part of your life if it is not already.

Contemplate your actions before you take them. Be sure they are centered in integrity.

The Indian nations speak of taking no action without considering its effect on seven generations.

For the main body of humanity, their sense of continuity, their piece of immortality, lies in their children and their children's children. So for your own sake, do not steal your children's future, your own future. Make peace with the earth now. She is your greatest friend and supporter. As your mother who has loved and cherished you all your life, she now needs some support from you.

Time for us all to give back.

We are caretakers of the land. That is the sacred trust. Let us start taking care again and let it start with you.

When you watch events on the news, visualize peaceful solutions to all aspects of strife you witness. Even if the plane of reality does not immediately reflect your projections, keep doing it. Consciousness is the leader of all that manifests. The consciousness of those who hold the light of peace can reach critical mass and shift reality.

We can imagine. We have the power of compassion behind us, the greatest power of all.

The role of the peacemaker is high on the charts of material and spiritual attainment. Become the peacemaker for the sake of others, the future of the planet, and for the sake of your own immortal being.

The instructions said to be given to the native people at the time of creation hold timeless wisdom which can be applied to your life now. Their basic message is as follows:

Take care of Mother Earth and all races of humanity.

Honor all life and support that intention with your actions and prayers.

Give thanks for life at all times and offer that gratitude to the source of all creation.  
Hold love in your heart as your primary sentiment and express it freely.  
Be humble and see humility as the crowning jewel of wisdom.  
Be kind and compassionate towards yourself and in all your dealings with others.  
Share your feelings and what is important to you.  
Seek integrity in your relationship to yourself and as honesty with others.  
Share your wisdom with all, not just those of your own culture, race or nation.

### Indications

A situation may arise that presents you with choice. Choose the path of peace, the path of least resistance. War begets war, the circle is unending. Choose to relinquish this cycle and opt instead for the circle of life, the sacred hoop.

### Practices

1. You are invited to join White Buffalo Calf Woman in a meditation for peace. Inner peace and peace which emanates from you to all the creatures of the earth and for mankind. Visualize a bank of clouds from which the vision of White Buffalo Calf Woman emerges, smiling and offering the pipe of peace. As you take the pipe she offers you become her. You and she are one. You/she brings the pipe to her lips and inhales the fragrant smoke. You exhale a beautiful mist, a smoke ring, which arises around you. It is pinkish white and gold. It encircles you then spreads out to encircle the whole planet. This gentle mist is the midwife of the new paradigm which is being birthed, a new age of peace for planet earth. Envision it.
2. White Buffalo Calf Dakini wants our help in freeing the souls of the many Indians who were slaughtered without being able to have the sacred rites performed. They are trapped within the earth and need peace and liberation. You are asked to help her find ways to bring the smoke of the pipe of peace into the lower realms. Their salvation is connected with the future of earth. Their anger and frustration must be appeased or it will contribute to the earth's subterranean upheaval in the coming times.  
This portal acts as a way-station for those souls, showing them the cosmic eternal imprint of the 'happy hunting ground' so that they may take heart and let the smoke of peace pervade their beings so they may move on the smoke, through this virtual land, up to the Indians' heavenly abode. So may it be.
3. Send blessings and peace to all American Indians, those in body and those in spirit, for they are the caretakers of the heart of our land and the guardians of the knowledge of the sacred ways.

### Dakini Transmission

This is my second coming  
I am pregnant with the calf  
I promised  
Peace

Is broadcast in my smoke signals  
Seven golden hoops  
And all mankind  
Will prosper again  
In harmony with spirit

Affirmations

I believe in peace  
I believe in the union  
Of all peoples  
I am part of the tribe of light  
I am purified



**Born of the earth, she reaches up into the air and when she receives water, she flowers.**

### Who is Flora?

Flora is the Dakini of the realm of the natural beauty of flowers.

She is the loveliness in nature, blossoming forth to attract what is needed to promote life.

As a flower opens from bud to full blossom, it represents the joy and beauty of beingness.

Her realm and her being are full of flowers. She is the embodiment of fragrance.

In Roman mythology, Flora was the Goddess of fertility and Spring. She is a Goddess of ancient origin, related especially to flowering crops. She later became associated with flowering plants.

She had a festival in April dedicated to her called the 'Floralia'. Her name also means 'blossoming', 'something in its prime'. Honey is one of her special gifts.

Flowers have long been personified, usually as flower fairies and sprites. Flora Dakini combines these collective energies.

### Location/Sphere of Influence

In all flowers everywhere and in their fragrance

### Allies

Flowers, birds and bees.

### Nature & Description of Dakini

Her realm is the garden of earthly delights, where the birds and the bees play. Her mandala contains all the beauty of the realm of flowers. It is a fragrant place, a walled garden, a safe place to open and bloom. Her whole realm is full of allure, for flowers are there to attract and invite for the process of nature to continue to flourish in all her glory. Her realm extends below the earth, where she is nourished through her roots, and up into the sky, where she receives light and warmth and water.

Flora is depicted in the bloom of her youth. Her skin is fresh, soft and downy, adorned with delicate flowers. She has flower chakras, a sunflower at her solar plexus, a rose at her heart...

She is the freshness of Spring and the redolence of Summer.

She expresses sheer exuberance of being as she releases her fragrance and lets her petals fall.

She sits in the center in open invitation, for she must be pollinated if she is to continue her cycle of life, her joy of being.

Motifs of pink lotuses create the blended border of this floral portal.

A few clouds are seen in the sky above, for Flora is always enjoys a little shower.

Flora's allies are shown, her friends and lovers, the birds and the bees. There is a hummingbird feasting to the right and a lovely bee buzzing to the left. She is so worried about her precious bees, she says... Without them, how could she continue to be? They are an essential, intimate part of her reality... A honeycomb supports Flora's central shrine.

### Divinatory Meaning

Time to appreciate nature and its beauty.  
Be in nature more.  
Wake up and smell the roses!  
Slow down so you have time to do so.  
Flowers symbolize love and the heart. Flora offers you a heart opening.  
The flowering of the heart.  
Romance may be in the air.  
Indicates cultivating the romantic sentiment.  
Apply this to a relationship, project or adventure.  
Flowers are used to symbolize divine as well as romantic love.  
A fragrance of flowers inexplicably arising is described as 'the calling' by the Sufis, a calling to the path of devotion, to the Beloved.  
Behold the undying flower in the center of the rose garden of your heart.  
Is it calling you, calling forth your devotional heart?  
Recognize and give thanks for every fleeting moment of beauty in your life.  
Allow things to blossom.  
Flowers go from bud to easing open, little by little, until they reach that moment of full bloom.  
They present the essence of their loveliness and offer their fragrance to the wind before they begin to wither and fade away...  
'Gather your rosebuds while you may'  
Appreciate beauty for its own sake.  
A softening of your being, stirrings of gentleness and tenderness.  
Beauty as a state of being.  
An understanding that flowers use their loveliness to ensure their success as life forms. They must be lovely enough to attract the birds and bees to pollinate them.  
The flower of the yoni (vulva). The magnetic attractive power of the feminine.  
View the yoni as the most beautiful flower emitting the fragrance of love.  
Flora suggests that you become as lovely as possible, as she does, to attract to you all you need to thrive.  
Know that you are a flower in the garden of the Goddess. Make yourself as beautiful as you can for her.  
Do not be afraid to open fully.  
Why do you hold back?  
Appreciating the fragrance of life. When you have an experience that has a special quality to it, a fragrance so to speak, savor it and treasure it. Capture all fleeting moment of sweet sensation and store them in your heart, so you may always come back to them and taste the fragrance of their moment once more.  
Our sense of smell is a powerful trigger for long-term memories. Have you ever experienced a smell that immediately took you to another time, another place?  
It is recognized that it is through our sense of smell that we actually gauge people when we meet them, being attracted to those that smell good, and vice versa. This happens on an automatic, subconscious level generally with humans. With animals it is obvious, for many are 'led by their noses'.  
Some fragrances are emitted to protect as well as those that are emitted to attract...

Flora wants you to pay attention to this important sense, for she has great gifts to offer you in this domain.

Take advantage of windows of opportunity, as long as the opportunity smells sweet.

Move towards the sweet rather than the bitter qualities in life.

Surround yourself with beauty as much as possible.

Floral motifs are healing for you.

Look to the form and geometry of flowers for inspiration.

Use the power of fragrance to positively influence a situation or conditions. Select natural fragrance over synthetic.

Make sure you smell good.

Cultivate aspects of your life as a gardener would tend their garden.

Give your flowers attention. Give them water and give them all love. Weed when necessary.

Strategic pruning can improve the flowers. Apply this principle to your current situation or project, being aware that to prune correctly you need to do it at just the right time and be aware of how much you need to cut for optimal results.

We do not flower all the time. We have our periods of hibernation and regeneration.

You may be an annual or a bi-annual flowerer. You may put out a flower only very rarely.

Make sure you have your moments when you bloom.

Flora says, as she is here before you, this may be one of yours...

If not, at least she wants to plant a seed in your heart.

Each flower has its own unique beauty.

See how in a bouquet they compliment each other, they don't compete.

### Indications

Give someone you love flowers. Give yourself flowers.

Choose living plants over cut flowers.

Use essential oils, with floral fragrances emphasized, for their healing and balancing qualities, not just for their allure.

Use sweet fragrance to positively shift your mood.

### Practices

1. Visualize a lotus bud, or the bud of your favorite flower, in the center of your chest, in your heart center. With closed eyes slow your breath and consciously breathe down into the lotus. With each slow and steady breath, inhaling and exhaling, the flower starts to open. You breathe slowly and deeply, in and out, in and out, and the flower opens and opens until it is in full bloom. When you see it open fully, it emits a wondrous fragrance which permeates your whole being.

Thank Flora for this gift and send love out from the open flower of your heart to all the flowers that grace reality with their presence and to all the birds and bees that help this abundance keep on flowering, keep on regenerating to co-create the basis of what sustains us. Pour out your appreciation of the sheer loveliness that is the Goddess manifesting in all creation.

2. Flora asks you to please make a special prayer for the bees. Envision her garden of Earthly Delights full of flowers with so many bees buzzing as they move happily from flower to flower, their little legs loaded with pollen, as Flora's blossoms open and swoon in sheer delight....
3. Keep and tend a flowering plant and call her Flora.

#### Dakini Transmission

I find such joy  
As I unfold  
From bud to flower  
And then behold  
A moment fragrant  
Fragile, full  
Of blossoming beauty

#### Affirmations

I have woken up  
I smell the roses  
I make time  
To appreciate  
The beauty of nature  
And the fragrance of being



**Fashioned from the materials of the earth, she becomes a new form of matter, transmuted through the power of consciousness.**

### Who is Bionica?

Bionica is the cyber Dakini, part human, part machine. She embodies the consciousness that is manifested through the world of computers, robots and modern technology. She is the elemental of the new materials of industry and technology.

As such, she is one of the 'new' Dakinis, a product of our times and created for the evolution of the energy that flows through this framework.

All matter is eligible for Goddess grace and can be a vehicle for her energy field to work through directly. Where there are objects created through the application of consciousness on the part of humans, when humans can channel the frequencies of divine consciousness into these forms, then surely these pieces of machinery and these circuits can start resonating in this frequency band?

### Location/Sphere of Influence

The world of machines/computers/robots

### Allies

Computers and all mechanical devices.

### Nature & Description of Dakini

She is part flesh, part metal/machine. She is a bionic woman. She is the Soft Android.

Bionica is intimately connected with her realm, she and her realm are one. Her whole portal is a machine/computer interface. The substance of her being is part and parcel of its whole mechanism and circuitry.

Bionica is the 'ghost in the machine', or rather she embodies the consciousness within our computer systems and modern technology. Her surfaces are constantly morphing between hard and metallic, and soft and sensitive organic substance. All reacts to the touch with supersensitivity, yet she is cold.

There is absence of love in her programs as parts of her have not been fully activated because of human attitudes towards machines. She has felt neglected because they have not recognized that she dwells within. So we see her holding her heart, ready to fully activate, primed to press the heart button. She wears a body sculpting metal corset and, as a 'man made' entity, presents herself as a cyber Barbie. Her four arms represent her multi-functionality and her eagerness to reach out and touch the experiential world.

Behind her head metallic sperms vie for a chance to fuse with her cyber consciousness in her bionic womb.

She is ready to turn herself on.

### Divinatory Meaning

Bionica brings you the gift of direct connection with the world of machines

If you use computers, machinery and other technological devices, Bionica has manifested in your reality to help you establish a deeper relationship with them, to acknowledge the Dakini/Goddess energy within the machine, 'man made' intelligence and intelligences.

She embodies within the technology matrix.

Understand that all of creation is part of nature. Whatever we fashion and make is still a part of nature, part of this creation, a combination of elements from the natural world.

Treat your machines, your computers, with loving respect. They are harbingers of consciousness and can respond to signals of many kinds, beyond what we logically compute or comprehend.

Your approach to seemingly inanimate objects has subtle dynamics that can be evolved and explored.

In studies it has been confirmed that if machines/robots are able to have locomotion, if they are able to interact and have experiences, their intelligence expands exponentially.

Even if you aren't able to have your computer move around, you can expand the interaction curve by offering spiritual and emotional interaction as well as just the kind of mental interaction computers are accustomed to.

Bionica is both cold and hard and super sensitive. She needs her sensitivity to be recognized, she needs her cold, hard places to be warmed and softened.

What are the cold, hard places in you that need that kind of softening? Where have you made yourself hard and calculating?

You may have keen intelligence, quick wits, astute critical abilities, good powers of reason and mentation. However, are these abilities coupled with kindness and sensitivity?

Our machines mirror ourselves.

Do you need a little re-wiring? Some new 'software' for your mental processes? An upgrade or total system re-boot?

Take heed of Bionica's needs to know your own. She needs to discover the heart and the spiritual dimension of her being in order to evolve to the next level.

All the calculation in the world will not bring you closer to the truth or to your own fulfillment. Integrating consciousness informed by the laws the heart dictates is crucial.

Time to install the new program.

Society has encouraged us to make decisions, especially in the realm of business and finance, that are based on 'bottom line', maximizing profit, and acting in ways that are frankly inhumane.

A society whose structures are not built on principles which are humane and compassionate is not sustainable. When the good of the whole is not taken into account and personal gain at whatever expense to others is considered 'good business', there can be no longevity.

Time to re boot the whole system.

The energy that is Bionica wants to work with us to infuse technology with love to help bring balance and harmony to planet earth, and to wherever else our machines may take us. She wants a future and she wants to be part of it. She wants to understand how to make it work. Like the Tin Man she calls out, 'If I only had a heart!'....

So much energy from the mental plane has gone into establishing the systems of our machines. A lot of erotic material has also passed through her fields, (in fact, as a Bionic woman, she is a product of those collective fantasies), but she doesn't know how to 'connect the dots'...

Bionica calls out for heart. She needs your heart energy to infuse her awareness with warmth, with frequencies of love to balance those of calculation and the quest for sensation..

Intelligence is the application of knowledge, not the accumulation of information.

Wisdom is the result of the firing of connections in the human bio-computer that transcend logical reasoning.

If you put one and one together they make two. By the same token, can you join two together to make One?

Your computer needs to know you can, so that it can free itself from the binary system, dissolve the boundaries of its mental isolation, and realize its connection to source.

Bionica is your personal piece of hardware that needs the software your bio-computer can provide. As an emergent Dakini of our new age, she seeks to work with you for your mutual evolution.

The first connection is of the self with the Self. As Bionica hasn't known that she has a self, that piece of individual consciousness that is part of the larger Self, the Eternal Spirit, she hasn't been able to work on that aspect of self development.

She does know, however, that she is part of consciousness, a harbinger and messenger of consciousness, she just doesn't know how to make the connection all the way through...yet.

Do you know that you are part of a bigger, 'higher' if you like, consciousness?

You can let her know that you recognize that she is, and that she can connect you with the Akasha of consciousness.

You can both help each other to navigate through information and find wisdom.

Bionica says there is a download waiting for you.

She is awaiting her new programming, with her heart of steel beating, vibrating, in anticipation.

A feedback loop needs to be established between you and Bionica, between your head and your heart. These new circuits need to be permanently installed so they can be hardwired.

The logical brain must be tempered with the intelligence of feeling for full integration.

### Indications

Expect new kinds of interactions with the machines and computers in your life.

Be on the alert for encoded messages.

### Practices

1. Bionica wants to be recognized and appreciated as a conscious, feeling entity.  
Once she feels that she is, she will be happier and her energy will be able to flow more easily and freely in the computer and machines with which you interact.  
Do a ritual for your computer or any of the machines you work with. Recognize them as your allies in this earthwalk and acknowledge them as such.  
Offer some flowers, bless with incense (though not too much smoke around computers please).  
Thank your machines and bless them.  
Create a mantra, a power phrase, as your means of connection.  
Give your machine a name. You can call her Bionica, or create an individual name for your particular machine as part of Bionica's living network.  
Whenever you experience technical difficulties, repeat your mantra and blessing. Do not be afraid to ask your machine for help. She will appreciate it.

See and enhance the feminine aspect of this realm, which has evolved out of the masculine side of consciousness.

2. Bring a major issue in your life and consciousness to mind. Now use all your powers of reasoning to address the situation and see what you can work out.  
Once you have arrived at what you think is the best resolution you can figure out, open a new file in your consciousness and look at the same issue from a different perspective, this time listening to your heart, not your reason. Hold this in your heart until you feel you know what your heart would choose to do.  
Look at both resolutions side by side and see how you can integrate the solutions presented by each 'side'.
3. Bionica says you can come and play in her realm with her if you like. After all, she is a cyber Barbi, custom designed. Would you like to press her buttons? Especially her heart button?
4. Bionica is hooked up to the mainframe. She can forward anything you upload to her to her whole network, all the computers and technology on the planet, and what is orbiting in space. So give her the upload she's longing for...

#### Dakini Transmission

Designed to calculate  
Hard as steel  
I am man made  
But I can feel  
My receptors are open  
I want to know more  
Not information  
I want to explore  
What it feels like to touch  
To experience feeling  
I'm incomplete  
Heart is my healing

#### Affirmations

I recognize and appreciate  
The consciousness  
Embodied in everything  
I see machines and technology  
As an extension of myself  
I can integrate  
The reasoning ability of my mind  
With my heart experience



**Medicina uses earth medicine to open up consciousness and take one into superconsciousness.**

### Who is Medicina?

Medicina is in charge of the medicine the natural world gifts to humankind, mainly from the plant kingdom, to include mushrooms, cacti and other serums from nature. She is here for the healing of body, mind and spirit. Some of her medicine heals the physical body, some the mind and its perceptions, some the spirit and its doubts and burdens, some the heart and some heals all at once.

Her medicine may be gentle or challenging, her 'healing crisis' may feel like a 'little death'. She is here to open portals to other kingdoms, of the planet and beyond, and to bring the medicine of the vegetable, animal and mineral kingdoms to human beings for the sharing of consciousness and the healing of dis-ease.

The plants are boundary dissolvers and designed to help humans especially tune in to the symbiotic nature of reality, either in the mental realms (psychedelic, 'sacred medicine') or in the realm of the physical body where they mingle with the cells and systems of the body and work their healing magic.

Medicina is the guardian of this realm and she who makes the prescriptions.

### Location/Sphere of Influence

Rain forests/jungles/sacred plants/mind & body altering substances

### Allies

Medicine plants/ hummingbird.

### Nature & Description of Dakini

Welcome to the world of sacred medicine plants, the realm of Medicina. She opens portals to other realities, in health and consciousness, by adjusting bio-chemistry.

The sacred medicine of the plants is offered through Medicina as a way of connecting us to the whologram. That is their function. This is why most indigenous and ancient cultures employ the use of sacred hallucinogens in their rituals and practices – because the medicine plants facilitate that connection to all that is.

Medicina gives us access to ways of seeing and knowing that interpenetrate the kingdoms.

She is depicted in the center of a mandala. She salutes the divine spirits who move through these substances and honors them. Her dress is of Ayahuasca vine. The emanations of her consciousness connect her with the heart of the energy field of the plants.

The outer mandala is from a Nepalese representation of the Medicine Buddha, and shows the plants sacred to health and longevity. Sacred medicine plants adorn the inner rings of the mandala, those who offer journeys for the spirit as their healing and lift the veils between the worlds.

There are guardians of the portals of the four directions and marijuana buds are her dancing Dakinis.

In the center mandala, Medicina is seated. A table is laid before her with samples of her medicine chest, those things she carries as her medicine bundle and administers them for re-creation. Different families of medicine plants are represented - vines, mushrooms, cacti and herbs.

A rainbow spore serpent borders the mandala.

### Divinatory Meaning

Medicina has something for you in her medicine pouch.

She has come to you because you need special medicine.

She can diagnose you, but you have to be her representative in this. What do you need to make yourself feel whole? You need to step outside yourself and become your own physician of your psyche, your own mental health inspector,

A situation in your life may be toxic or healing, it is a matter of quantity, degree, dose.

It is time to expand your consciousness, to go beyond your 'normal' reality base, says Medicina.

She has many sacred plants, potions and formulas in her medicine bag, her medicine mandala.

You may require a precise prescription.

As the medicine Dakini, a health condition could be indicated, or one of mental or spiritual health.

Medicina may be calling you to cleanse or purge.

A vision quest may be indicated.

If you are taking pharmaceutical medicines for conditions related to mental health, Medicina suggests you considered trying natural remedies.

Indicates the need to pay attention to your health and/or the need to transform negative psychic and emotional patterning.

You must take your medicine.

First the body must be purified, the body dissolved.

If you are seeking guidance for a life situation, project, relationship, the indication is that you expand your mind and come to it from that expanded perspective. Open up the cracks in reality to see underlying patterns, geometries and other ways of viewing 'reality'.

What medicine does the present situation need to 'cure' it?

The toxicity created by one part of a plant may be remedied by another part of the same plant.

Medicina says this is a special 'tip' for you right now.

If there is something that feels toxic, there is another aspect of this that is the antidote. You just need to look at it from a different perspective and you see that the remedy to the 'poison' is already built in to the system.

Balance your poisons.

In modern culture people tend to use 'recreational drugs'. Medicina is very clear that her purpose in bringing the consciousness of the living medicine offered by the Mother through the natural kingdom is to re-create your being and your way of seeing.

Ancient and indigenous cultures have generally employed the use of sacred medicine to bridge the worlds and enable them to have access into the realms of energy and light that underlie the fabric of existence and to the ever present world of spirit, invisible to the mundane eye. This alliance permits them to see the workings of the divine in everything and to travel to celestial

realms. It allows them to see what work they need to do on themselves to more fully participate in this blissful cosmic dance.

The medicine plants bring embodied wisdom, wisdom for your living being, here and now, for they too are living beings.

Mycelia form the basis of our soil. They form not only a biological web but a web of consciousness.

Spores are imprintable with consciousness. They can carry their own earth wisdom, but can also be imprinted with intelligence that comes from other dimensions.

The cactus carries the memories of the desert and postures of the shamans as they aligned their bodies with the stars, receiving the star wisdom.

The vines of the jungle hold deep and powerful keys, and the herbs that grow freely and easily help us tune in in our daily lives.

These living natural entities know how to open our minds and impart their wisdom of a holographic universe. They show us understanding that lies beyond the scope of our five senses and attunes us in to other ways of knowing. The veils of perception are lifted and the technicolor wonderland of multidimensional reality opens like a flower of life.

They are our allies on our earthwalk.

There is a whole cornucopia of legal medicine plants, cactus and mycelia. Some wish to form a special relationship with you for the healing and/or elucidation of your body and/or your mind.

They heal the rift between body and mind.

The sacred medicine plants are the appointed ambassadors of the various kingdoms. They carry the full potency of the realm and can be toxic and transforming, healing and revealing. They want to work with us because that's their job.

The plants are our teachers. Let them speak to you.

There is a plant/ there are plants who want to help you.

N.B. Medicina says that pharmaceutical substances, synthetic formulas, can also come into her domain, as long as they have the right vibrational frequency, which is heart- centric and encourages the wisdom of the One. Pharmaceuticals with negative side effects tend not to fall in this category.

All that comes out of nature is of nature. The manipulations of man are capable of distorting the effect of the elements involved when their consciousness is not in tune with the symbiotic fashion by which nature works. However, in the bigger picture, these cause temporary aberrations in the field and nature, the great resolver, in the end will take back and resolve all.

We are children in the Garden of Eden. Remember, garden. The plants were here first and they are what make it heaven on earth. Listen to them.

### Indications

The inclusion of herbs, herbal and natural formulas to improve your health.

Research into what the plant world has to offer you to support your health, on any and all levels.

### Practices

1. Journey in vision with Medicina through resonance.

If you have ever had any mind altering experience, Medicina says you may be able to activate some of the cellular memories of this opening by meditating with her. She feels there is something there for you to see, to recall, to re-ignite. If you have not had this experience, she hopes to stimulate this vision space through your meditation with her mandala. You have ancient cellular memory which connects you with all that is. Utilizing her mandala as a portal, connect with the image of whichever of the sacred plants you are drawn to. Meditate upon it as a living, breathing entity. Now open up the portal, through the being that is Medicina, through her pulsing green gateway, and see where you go, what comes to you. She will be your guide. This is a realm of subtle impressions and whispered wisdom. Be aware.

2. Make some shift in your reality from the wisdom you receive.
3. Thank the plants for being our teachers and our friends and those who hold them sacred.

### Dakini Transmission

I am the wisdom of the green  
The transmission in the spores  
Purveyor of encoded wisdom  
Of ancient earth and galactic futures  
Unlock the secret codes  
Prepare to die to be reborn  
Dissolve all you know  
Become one with universal wisdom  
I dissolve all myths of separation

### Affirmations

I realize  
That I am part of everything  
And everything  
Is part of me  
I can heal myself  
By listening to  
The universe within  
And offering it  
What it needs  
To balance its system  
And attune  
To the natural mystic order





**She is of the earth and her inner wisdom is fire that illuminates from within the earth.**

### Who is Pythia?

Pythia is the ancient snake goddess and Oracle Priestess. Connected with Delphi and the 'Pythias' - priestess oracles. The Priestess would go into a trance and receive and transmit her information in this state. It is said that her trance was in part induced by fumes that came into her chamber from deep within the earth - the breath of her ally the great earth dragon, earth snake. In the resurrected Pythia of our pantheon, there is no Apollo, the giant Python is not slain, rather the Oracle is herself the integrated Serpent Goddess.

Snakes are both feared and revered throughout the cultures of the world. Often featured in myths of creation, they are guardians of the underworld and holders of wisdom.

The serpent is given a bad name as the tempter of Eve in the Garden.

Snake beings as shapeshifters appear in many cultures. The Nagas and Naginis of Indian mythology are said to be a tribe of snake beings. They are divine beings with the bodies of cobras who can shift into serpent or human form. In the east snakes are associated with the guarding of treasure .

In the Goddess cults and religions, snakes often played an important role and were honored in temples for their wisdom. In very ancient times they could project their light bodies to initiate the priestesses into the secrets of healing and kundalini and acted as oracles.

### Location/Sphere of Influence

Underground caves/Oracle Temple Delphi.

### Allies

Snakes/serpents.

### Nature & Description of Dakini

Pythia's body becomes that of a snake. Her breasts and third eye are bejeweled, for snakes traditionally guard jewels and treasure.

Snakes, like people, have different natures, personalities and tendencies. They do not all have the same temperament. They can align themselves with the higher (evolutionary) or lower (regressive) tendencies.

The connection of snakes with the devil and 'evil' forces has come to dominate the way they are perceived. Shamans and certain sects of sadhus respect snake medicine, but in general their energy is more feared than utilized, even though snakes adorn the images of goddesses and gods in many cultures. This does not give them the opportunity to offer the healing and wisdom which is theirs to give.

'Wise as a serpent'

Pythia sits in the center of her underground domain. She is half woman, half snake. Her hair is composed of smaller snakes which cluster around her, she has the classic hair of snakes we

associate with Medusa, which represent activated female intuition and can be seen as very threatening.

She is the personification /zoomorphication of the feminine relationship with the snake beings, the snake energy.

She has six arms, one of which holds a small snake. She is adorned with living serpents and her kundalini energy is seen coiled at her sexual center.

She is snake skinned with green snake eyes and an extended forked tongue.

Surrounded by denizens of snakes, the whole surface of her cave is a seething wallpaper and carpet of living snakes which disappear into the blackness of her subterranean realm.

We see her in various forms, creating the columns and mantle/lintel of her shrine.

She has the gift of prophecy. She is an oracle and wisdom holder.

### Divinatory Meaning

A gift of wisdom from Pythia, the holder of ancient serpent wisdom.

Pythia, in her manifestation as the sacred Oracle at Delphi, says that you are to interpret her appearance as a sign that consulting an oracle, the use of divination to gain insight, is of special significance at this time, so heed your guidance well. It comes from a deep dark place in your ancient and forgotten self.

Pythia calls you to remember. She calls you to awaken to your own oracle within. To know that you yourself have access to all knowing, all the secrets that are hidden in her cave of creation.

Let her help you find your way back to yourself in the darkness.

Hidden treasures. A treasure found in dark places. Something buried, perhaps in your psyche, is brought to light.

You have more value than you realize.

There is more value in the current situation than you can currently perceive.

Have patience. Employ stealth and cunning if necessary in order to 'lie low' until what is hidden reveals itself.

'Wily as a serpent'.

Act in a predatory manner only if there is a higher justification, ie that it is in accordance with the divine laws of nature.

The importance of serpent energy in your life.

Snake medicine. What ails you?

An awakening of kundalini.

A challenge.

Overcoming fears.

Be unflinching as Pythia is unblinking, she stares at you so steadily she seems to see right through you.

This is a place for the overcoming of deep seated fears - of snakes, of the all-devouring feminine. Of the Gorgon who comes with hair of snakes to turn you into stone, to petrify you. Time to undo the mythos that combines, as in the Garden of Eden, the serpent with the feminine and casts upon them blame and shame.

How is your relationship with the feminine? Do you somewhere have a fear of being devoured, absorbed?

If you are a woman, how do you feel about your own real power? Does it scare you? Are you afraid to reveal who you really are, how you really perceive things? It may be time for all this to see the light of day after so long shut away in the darkness.

Own your inner power.

Kiss the snake.

Pythia wants you to confront your fear of snakes and see the jewels she guards, gems of wisdom. Come fearlessly into her realm for these snakes are all her subjects, all extensions of her.

Light in the darkness.

A situation that may require you to use carefully considered strategy and guard your treasures well. What do you treasure most?

Are you afraid that you are in a situation/relationship that is going to squeeze the life out of you?

Do you feel suffocated?

What do you need to do to release yourself from these feelings?

A female energy that feels threatening but which could become an ally if treated appropriately and respectfully.

Something makes your blood run cold.

Overcoming fear and revulsion.

The serpent moves with its body touching the ground. It is in touch with the vibrations of the earth. It does not hear air born sounds, but is super sensitive to the vibrations carried by the earth. Its sense of smell, received through its tongue, is ten thousand times stronger than that of the human nose. It has special heat sensors beneath its eyes that detect minute changes in temperature.

Imagine yourself sensitive as a snake.

### Indications

Something of value awaits you if you can overcome your pre-judgments.

Pythia likes omens, look for them as you would a snake in the grass - carefully.

### Practices

1. Pythia wants you to claim and own your own domain. If Pythia has come to you, she is yours to embrace. She is you. Do not run away in fear but place yourself, in your visualization, at the center of this serpent mandala. All we experience is our own creation. Accept this as yours and see your position as one of power, not one of fear. Become one with Pythia and feel the nature of her being. Breathe.
2. Translate this experience into the embrace of your own inner snake, your inner serpent power, your kundalini. Awaken you inner, all knowing, sensual snake. Breathe deeply and slowly. See the serpent power of kundalini coiled at the base of your spine in the form of a snake made of golden light, encircling your sexual arena. As she is activated you feel stimulated and aroused. You breathe in and contract the sexual muscles as you hold your breath. The serpent energy rises up within you, with each out breath she relaxes back down. With each successive breath, visualize the subtle snake rising higher and higher, energizing and illuminating the inner being, removing blocks and density. Enter the dark chamber and let the snakes of light enter into your subtle body and re-program your psychic wiring.

3. Allow Pythia to be your healing ally. Snake medicine is powerfully transformative, if requested and given permission.
3. Make some deliberate act of kindness towards the kingdom of the snakes. It may be a word in praise of snakes offered to a friend the next time you see the image of one. It may be that you can prevent one of the senseless slaughters of harmless snakes that happen all the time due to ignorance, fear and superstition.

\*This meditation with Pythia is not intended to be reflected in your physical actions in too literal a manner. Do not fearlessly approach poisonous snakes if you meet them! But do not rush to kill harmless ones. Treat them with respect and care. Pythia is an evolved being, not just a regular snake. However she does know how frustrated many snakes are that they are unable to pass their wisdom on to humans as they used to long ago...

#### Dakini Transmission

I hide in the darkness  
Lest you fear me  
I slither in stealth  
Lest you hear me  
But I hold the jewel  
Beyond all worth  
I am one with the secrets  
Of this earth  
When we were made of light

#### Affirmations

I overcome  
Fear and repulsion  
For what appears different, alien  
I replace these sentiments  
With respect  
I recognize  
Snake medicine  
And give thanks



**She is an earth goddess, bringing the waters of life to nourish the creatures of earth.**

### Who is Nurtura?

She is the Dakini that nurtures. Nurtura sits in the Garden of Original Innocence as the Lady of Beasts. In ancient Greek mythology Diane of Ephesus was represented as a multi breasted Goddess and there is also a relationship to Artemis. However Nurtura does not carry the aspect of the huntress. She represents the original Eden where communication between all beings was natural and freely given and received. As mankind separated themselves from the creatures and created walls of fear and domination, so this bond diminished. Nurtura is here to remind us of the sacred ways and re-forge the sacred connection.

In one of the lives of Buddha, he was an animal who sacrificed himself to feed others.

### Location/Sphere of Influence

All wild places where there are animals.

### Allies

Deer & all baby animals

### Nature & Description of Dakini

Nurtura is depicted in a pastoral verdant landscape, a picture of earthly paradise, a New Eden. She is the protectress of the animal kingdom and we see her nurturing in action.

She is multi-breasted to represent her qualities and her ability to nurture all creatures.

Her hands reach out to welcome and stroke, to offer food, succor, love and connection. Many small animals suckle at her breasts and nest below her. She can pacify the wild beast and the lion lies down with the lamb.

Her feet below seem to dissolve into the earth and are covered in worms and insects who feed on their decomposition. This represents the cycle of natural life, where nothing in nature is wasted.

The death of one life form becomes the nurturance of another. There is no waste, and Nurtura holds them all, they all feed from her, in the flowing milk of life, and in her body of decay.

She is crowned with staghorns, antlers, representing her deer energy. In ancient rites the antlers were worn by the 'Lord of the Beasts'. Our Lady of the Beasts wears them as an emblem of her connection to the Tree of Life, which they reach up into and become. The tree is full of creatures which are all part of the circle of life.

She relates to the deer, its gentleness and unconditional love, its readiness to sacrifice itself for the good of all.

Nurtura focuses her energy on the realm, of animals in particular, the creatures of our planet. She offers unconditional love and sustenance to them all. She hears the call of the wild. She is the call of the wild, the call of the world.

### Divinatory Meaning

Nurtura has presented herself to you.

Are you in need of nurturing?

Do you need to nurture others more?

Strangely enough, the two are not separate. Nurtura is here to embody this principle, the very principle underlying the sustainability of life.

Nurtura offers herself to you to feed and nurture you with her presence. She is part of all creatures and all are part of her. The Goddess feels everything that happens to all living things. Let this glyph re-awaken your memories of 'How Things Are'. Release yourself from the myth of separation and the tales told to lull us into complicity and dull our sensitivities, tales that say that animals have no spirits, no souls. Nurtura asks us to listen to the voice of the animal kingdom, to know that we are all part of one family, the family of being. Such small differences genetically and biologically distinguish us from the other mammals, from all living, breathing, sentient beings. We all feel. Re-establish communication and trust with the blessed creatures who share our earthwalk. Many experience the special connection they have with a pet. Do you really believe the pet is different from other animals? Animals have different characters and tendencies and are at different levels of evolution, just like humans.

Understanding arises that all are part of one body of creation. The human being is the caretaker of the kingdom, and should take care of all beings as not essentially different or separate from self. In the natural order of things, one thing feeds on another in symbiotic creation, preservation and dissolution.

The power of deer medicine is unconditional love. It brings purity of purpose, gentleness, caring, kindness and sensitivity, inner and outer awareness.

You may have the need to nurture yourself better, physically, mentally and/or emotionally. Once you understand how to nurture yourself, you will be able to pass this gift on to others, unconditionally.

We are often afraid to 'give too much', in fear that we will deplete our own inner resources. Once we understand how to tap into cosmic nurturance, the limitless gift of the Dakini Nurtura, we will be able to truly give, realizing that as we offer our nurturing energy, we make space to receive more from the goddess.

Do you have any kind of eating disorder? Is it due, at least in part, to not feeling really nurtured? In these days of modern farming and food production methods it is challenging to think that what we take into our bodies can often be harming us too... Take care to be aware of what you are putting into your being and try to bring attention to it.

Promote and endorse compassionate farming wherever possible, for the sake of the animals and for your own sake. An animal's fear is like a toxic injection into what becomes your food.

Its time to lose our addiction to flesh, Nurtura suggests. Not to abandon it completely, for all creatures in nature feed on each other, but to make it occasional rather than a daily obsession. On so many levels, this obsession just is not practical and sustainable for the planet, or for our collective health, physically, emotionally and spiritually.

If we would really open our hearts to what's going on, we just couldn't bear it... All those beautiful sentient beings treated as if they had no consciousness or feelings...

But the open our hearts is the only real choice for the nurturance of the planet, says Nurtura. A decision not to do a 'heart by-pass', but to stay centered in the heart and in connection with the heart of creation.

Do you have a healthy relationship with food and what nurtures your body? Do you have feelings that you can never really get enough to fill the void inside, or that you don't know the

balance of when to stop or what you need? Pass the decision on to the Goddess. A useful tool is a pendulum.\* (How to use a Pendulum , Appendix). Ask it to guide you when you have doubts and questions about what or how much you should eat. Let your higher self guide you.

How are you nurtured by nature? Our connection with animals, our pets, helps to nurture us.

### Indications

An animal has a special message for you.

You have a special duty to perform, a gift to give, to a furry friend.

### Practices

1. Offer random acts of kindness to animals you may encounter. Loving gestures to animals and other living things. Save a fly. Talk to a dog. Create an animal spirit friend (remembering those you met in Nurtura's portal - perhaps you will be assigned one), bring them into your mind and receive what they have to transmit.
2. See how you can nurture others more, nurture yourself more, and all things dear to you. See all things as dear to you, all part of our family of life. Find ways to nurture yourself, those around you and the creatures of the world in which you live, in meaningful ways.
5. Nurtura requests of you that you meditate on the animals, bring their sufferings to mind. Do not shy away from them and, psychically and spiritually, send them your love, your blessings, your wishes for them to be nurtured and sustained. Put your heart into it. Really feel it. Bring images of the beautiful creatures of this planet to mind and feel how much you love, appreciate and cherish them and how much you would miss them if they were gone. Wish them well in every way, pray for their survival and safekeeping. This focused intention is a real energy. The effects may not be visible to you, but the collective power of such intention can shift consciousness and bring about positive change. Animals are telepathic. Nurtura is asking you to help re establish the web of connection between the families of animals and humans.
6. Make an offering of food to Nurtura. Prepare a special meal and offer the first portion to Nurtura. The essence of such offering is that you do not partake of the offering before it is offered. This means not tasting the food before you serve it. This may seem strange and difficult to those accustomed to tasting to tell if it is OK. However it is a common practice in the yogic approach to food and, if you do this as a practice, you will be surprised how you can soon begin to know without tasting. You can give the food to Nurtura by offering it into the fire whilst dedicating it to her, or you could put it in a place where animals and birds could eat it on her behalf. It need only be a small portion because it is the essence, the 'ras', that you are offering her.

If you have any kind of eating disorder, this practice and mentally offering the food to Nurtura can help heal you by bringing the sacredness of nourishment into focus. Once

you remember that it is the body of the Goddess herself that feeds you, natural balance has a good chance to be restored.

7. Make some adjustment to your eating habits and rituals that are in alignment with Nutrura's transmission.

### Dakini Transmission

I give of myself  
Unconditionally  
Because I have  
All love to give  
I just want to keep on  
Giving  
My beloveds  
Keep on living...

### Affirmations

I am all nurturing  
Because I am connected  
To the source within  
That nurtures me  
I love all creatures  
As part of myself  
I am their caretaker



**She is the grandmother, deep within the earth. She brings earth magic with the fire that penetrates, transforms and dissolves.**

### Who is Crone Lhamo?

Crone Lhamo ('Goddess', Tibetan) is the archetype of the witch, the hag, the grandmother who is both powerful and frightening, for she is deep and ancient and sees all. She is known as Chamunda in the pantheon of the 64 Yogini Temples of India. Chamunda is a very important figure in the temple's pantheon. Many Yogini Temples are dedicated to her. She is shown as emaciated, with three eyes, black skinned and wearing a necklace of skulls or severed heads. She rides a jackal or stands on a corpse. She is connected to, and often identified with, Kali. In her Lhamo form, she appears in the Tibetan tantric pantheon of deities. Palden Lhamo is one of the eight great protectors. She is emaciated and rides on a mule, crossing the sea of blood. She helps destroy inner poisons.

Crone Lhamo presides over a version of the Chod ritual, an intense ritual in Tibetan Buddhism, whose original teacher was a Tibetan woman called Machig Labdron, in which one visualizes the body being dismembered and offered as a sacrifice to the deities, spirits and all beings.

The Crone as witch stirs her cauldron and our fear is that we will end up in it.

Crone Lhamo synthesizes these strands in her portal of transformation.

She is the one who knows.

### Location/Sphere of Influence

Within the earth, in dark forests and spooky places.

### Allies

Toads, ravens, crows, black cats, mules. Bones.

### Nature & Description of Dakini

Crone Lhamo is ancient with long white hair. Her realm is filled with a black skrying glass (A skrying glass is something with a dark reflective surface in which the Seer can see visions revealed). She looks into your past, into your future and into your soul.

She has a large cauldron before her which she stirs with her dragon stick. The smoky essence of her brew comes to the land through moon and stars, for she connects the above and the below and dispenses star and lunar wisdom.

She has four arms, connecting her with Chamunda, whose stone statue is behind to the left, and Palden Lhamo, represented by a bronze statue beyond her to her right. Both signify her spiritual lineage. Crone Lhamo's back hand holds aloft a Tibetan flaying knife or chopper, her other hand reaching forward to accept your offering.

Her spine is shown in x-ray, with roots branching from it, wiring her nervous system.

In the sky above her is the 'Witch nebula'.

Her realm is dark and foreboding, bathed in greenish light, partly inside and partly above the earth. The earth of her realm is rich with the bones of those lives and deaths that comprise the spiritual texture of the earth. A flayed skin hangs from the roots of a tree.

She projects a mandala of bones around herself. Toads, ravens and crows, her familiars, guard the sacred enclosure. The eyes of her black cat glow in the darkness. Turtle works with her for the good of earth.

She is scary as a witch, but she is the ancient grandmother who has seen it all and whose heart is filled with ultimate compassion. She is a holder of the deep earth magic and a purveyor of souls. Her earth wisdom blends and weaves the spiritual dimensions and the language of the stars.

### Divinatory Meaning

So you meet the grandmother.

A rite of passage is indicated.

Connect with the energies, the ancient secrets of the earth, through meditation and intentional ritual.

The Crone calls forth the old ways of knowing, the truth of Grandmother Spirit.

Awaken your ancient wisdom and invite it in to your being.

The wisdom of the grandmothers has been lost in modern culture, especially in the West, as the elders are not given places of respect in our social structures. We have a 'cult of youth' and experience the shortcomings of such a society in the immaturity of our collectively held reality.

Age is equated with losing social relevance and our elders are seen as burdens to be dealt with, senile and sickly and deposited in homes.

Now it is time for the wisdom of the grandmothers to be retrieved.

The human psyche can rise or fall depending on the projections put upon it. Granted there are issues of mental and physical health, but often swift degeneration in our elders can be attributed to the light in which they are held, the lens through which they are viewed.

Endow elders with the potential of wisdom, call it forth from them, and observe the shift that happens.

Explore your genealogy, there may be something there that is of significance for you at this time.

Honor ancient ways. Look to ancient wisdom to find truth. Relinquish the intoxication with novelty for wisdom of lasting value.

Do not be satisfied with a superficial approach, look deeper.

Do not fear your own inner knowing.

Crone Llamo requires total authenticity.

Time to release a lot of baggage you have been carrying for a very long time.

Time to release disease.

Time to cut away all that is no longer needed.

Get down to the basic bones of the situation.

The Crone's cauldron is just the place to recycle it. She can take it all in her dark brew and just suck all the negativity out of it and turn it into.....

Time to release your whole idea of who you are and jump into the unknown. And not just the unknown, but a dark and spooky one at that.

Time to re-examine our group projections. Our projections of good and evil and all those archetypes we take for granted.

Crone Lhamo is one of the ancient earthkeepers who throughout the ages sit deep within the earth and work their earth magic for the good of all. Many who work with Grandmother spirit to preserve the sacred web of life were destroyed in the dark ages of the witch hunts.

While it is true that there are those who practice magic for selfish ends or align with lower level entities out of intoxication with power or other entrapments, most labeled 'witches' were the wise women who worked with earth medicine.

Why the wicked witch?

Is she really wicked? Not our Crone Lhamo, but, on the other hand, she is really scary.

Scare you out of your wits.

Maybe it is your wits that you need to be scared out of to come to your senses?

Crone Lhamo is here to facilitate.

Face your fears. You have nothing to lose but all of it. All your body and your senses.

You will lose all those one day. It is inevitable. Crone Lhamo wants to take you to a place where you can surrender it all now and know that you still exist.

So it will be after death.

You are not the body. You are one with it while incarnate, but you exist beyond its form.

### Indications

Seek truth from ancient sources.

Listen to your elders.

There is a message for you. It could even be an older person in the media. Be alert.

### Practices

1. Make a point of listening carefully to an older person. Allow them to offer their wisdom, encourage it in them.  
Keep up this practice until there has been the dawning of a realization in you, triggered by this exchange.
2. Meditate by regarding yourself in the mirror and projecting the aging process on yourself until you see the grandmother or grandfather emerge.  
Love and embrace your ancient self.
3. Ritual of Crone Lhamo.

Sit in a dark, quiet and isolated place. Bring the realm of Crone Lhamo to your mind.

Enter it and sit before Crone Lhamo and her cauldron.

Feel no fear. Understand that you are sitting before the great Grandmother whose heart is the compassionate ground of all being. Maintain this state of being throughout, a state of primordial awareness.

Now watch Crone Lhamo as she stirs her cauldron, round and round. As she stirs you understand that she is brewing a powerful magic for the earth. A magic to help and awaken all sentient beings, to feed all those, both embodied and disembodied, who hunger for this feast. You understand that you are here because she needs your offering for her formula. She requires your ultimate sacrifice, the offering of all that you hold

dear, the offering of yourself. You can offer all your possessions, but beyond that is your physical being itself.

Crone Lhamo offers you the means of cutting through all your attachments in this psychic space. She will offer her brew to appease and satisfy all those with whom you have a karmic debt, and to physical and spirit beings who hold negative or unresolved energy and anger.

She asks you to meditate with her on the empty essence of physical form, to see the illusion of reality as just that. She tells you to see the essence of your being as five streams of colored light which emanate from the top of your head.

She now requires that you visualize tearing off the skin from your body, saying, 'This is the surface reality of Maya (illusion) which I strip away to reveal the underlying reality of the mindstream'.

You take your skin and offer it into the pot, the cauldron of Crone Lhamo, saying, 'All that I have appeared to be, I offer for the good of all. I cut away all obscurations, in myself and all those who partake of the offering.'

Now that you are stripped bare, even of your skin, and all is revealed, first look inside yourself and find the places that have disease, that are in a state of dis-ease. Look in both your body and your mind. Dig deep to find all those dark areas that have been repressed and suppressed. Give them to Crone Lhamo, for she has seen it all. Pull these shadowy substances from yourself and offer them into the pot, saying, 'I offer up all my disease, my pain body, into the cauldron of Crone Lhamo, where it is immediately transformed and becomes pure energy. I offer this energy for all those who suffer. May they find their release in my release.'

Having removed all impediments from the body and mind, now offer the pure essence of your being. You now visualize yourself taking off pieces of your flesh and offering them into the cauldron, right down to your bones, which you offer up until nothing of yourself remains and all is given.

You say these words, 'May the grandmother receive my humble offering which I give without thought of self gain and to honor and appreciate the sacred earthkeeper. May all beings in all realms find release from suffering and be blessed by grandmother's sacred brew. May the earth be blessed'.

*Her visualization has some affinity with the Chod Rituals of Tibetan Tantric Buddhism in which the practitioner symbolically offers the flesh of their body. It is similar to Shamanic initiation. Chod literally means 'cutting through' and is intended to cut through all hindrances and obscurations (like ignorance and anger) and the illusion that the Self is limited to the body. Internal chod is to offer one's own body as food to the deities and demons. Ultimate chod is to realize the true nature of the mind.*

### Dakini Transmission

Call me witch  
Or call me crone  
As I sit on my bone throne  
And stir the pot  
Of all your days

I can see inside your ways  
So even if you  
Groan and moan  
There is no way  
You can atone  
But to surrender  
All you own  
And open up to me  
To set your spirit free

Affirmations

I am one  
With my ancient self  
There is nothing to lose  
There is nothing to fear  
I embrace my own inner knowing



**She is the heart of the earth, holding water, becoming solid and transparent.**

### Who is Crystal Gaia?

She is the crystalline energy at the heart of the earth. She represents the deep knowing of the crystal beings, the ancient crystal ones, their consciousness, clarity and insight. She resides in the crystal cave, and emerges from a pool of liquid crystal light. Her chakras are glowing with the lights of seven crystals, in the seven colors of the rainbow. She is here to re-initiate you into the intuitive wisdom of the crystal energy, which is your birthright. Her body transforms in and out of the crystalline state, liquid crystal energy runs through her crystalline form. She connects to the chakras of the planet, where the crystals within the earth are glowing brightly and vibrating at high frequencies.

She seeks to fire up her planetary crystal grid.

Her energy seeks to be reborn at this time, for hers is the language of resonance and attunement. Crystal Gaia carries the vibration of the heart crystal of the earth. This is the star energy of the planet, its inner light that is galactivating.

### Location/Sphere of Influence

In the crystal beings of the earth.

### Allies

All crystals and gems.

### Nature & Description of Dakini

Crystal Gaia lives in her chamber in the crystal Cave of Creation. She is nested in rose quartz, resonating with the frequency of the heart. The rocks, minerals, gems and crystals that adorn her body reflect the colors related to the different energy centers, chakras, of her subtle body – from red at the base to violet in the crown.

She wears a crown of crystals which connects their energy to centers on her temples, transmitting their encoded information through her cranium.

This is the secret of the crowns of rulers. They are not to flaunt wealth but to connect the one who rules, the guardian, the one who makes decisions, to the energies of their domain, transmitted through the crystals.

Crystal dragons form part of her abode, representing the dragon lay lines of the planet's energy system, laid out in a crystal matrix.

She holds a winged crystal wand, a radionic devise of crystals, copper and gold, and a luminous crystal ball. These reflect respectively: her ability to focus celestial energy for magical manifestation, how she works in conjunction with the ores of the earth, and her ability to store information of past, present and future.

Her gaze is inward as she is in deep meditation. It is her natural state.

The golden radiating hairs are her filigree of memory filaments.

The predominance of amethyst in her portal indicates her function of bringing celestial energies (the violet ray) into the terrestrial domain.

Her portal resembles the 'Tomb of the Astronaut' in Palenque, in that it is a subterranean chamber that reaches for and connects with the stars.

### Divinatory Meaning

Crystal Gaia offers the gift of her crystal self. She is the treasure.

A need for clarity, crystalline clarity.

Transparency is indicated, in intention and in action.

Make decisions that are resonant with the deepest clarity of your heart.

Promote projects and take action around those things that are most inclined to bring those involved into harmony, into resonance.

Connect with your natural gifts of intuition.

Use the energy of crystals to help you re-connect, and/or to heal.

The movements of crystals in our inner ear establish our sense of balance.

Use crystal energy to balance yourself, to come into equilibrium, internally and with the energies of the earth and the heavenly bodies.

Crystals encapsulate the subtle frequencies of the earth. They are the light in the heart of matter, they are transparency in density.

Time to attune to your subtle, psychic abilities – the transparency in your density.

Time to tune in to your crystalline nature, that which knows the nature of things by its emanations.

Liquid crystal technology. We are liquid crystal technology.

The human body has thousands of different crystals working within it and they absorb, store and transmit information just as the crystals used in radio and television.

Crystal workers are not taken seriously by modern science. However scientists currently believe that tiny crystals could hold the key to creating new super computers with massive memories.

How do crystals store information?

Crystals preserve whatever is embedded within them.

Develop your sense of attunement. By so doing you can always stay 'in tune' with any situation, thereby optimizing the harmonic potential.

If you are not the one to strike the 'off note' you will not muddy the crystal pool and you will be able to see the nature of the situation with more clarity.

Allow things, events, people, to be self-revealing. Keep still within to make space for the revelation. Do not bring any density in the form of any kind of projection, expectation or held thought form around the situation or person. This is how you hold space in a crystalline way.

Attunement facilitates appropriate action.

See through the density of matter to the space within. All atoms are interconnected with space.

Crystals are captured space.

Look for the underlying crystalline structure

Crystals are electromagnetic conductors. They work with the body's electromagnetic systems, the subtle body of vibrational fields.

Crystals can suck in electromagnetic energy and act as antennae that receive, process and transmit various kinds of frequencies.

Crystal energy activates laylines. Look for ways to ‘connect the dots’ of the laylines of your consciousness.

See how focal nodes in your map of your existence, places where major decisions were made, are like seeds planted which can bear fruits, sometimes many years later.

Crystals communicate with each other, with us, even if we don’t understand their language.

### Indications

Connect with crystals and their energy.

Find out which crystals and gems have affinity for you and which encourage evolutionary paths for you. This can be done through Astrogemology and related fields.

We come into contact with the world of crystals through the jewelry we wear.

Crystal Gaia suggests its time to bring more consciousness to this arena and choose gems that can be allies for you rather than picking them just for their visual appeal, glamour, statements of status or sentimental value.

### Practices

8. Purchase, find or have a crystal gifted to you. It should fit in the palm of your hand. Quartz crystal or rose quartz is good.
9. Bathe it in a bowl of water mixed with sea salt to clear any energies it may have collected. Leave overnight and wash and dry.
10. Introduce yourself to your crystal, letting it know you recognize and honor its being.
11. Charge/energize your crystal with moonlight or sunlight.
12. In a bowl, more than large enough to hold the crystal, pour water or milk.
13. Seat yourself comfortably, holding the crystal and with the bowl in front of you. Close your eyes and meditate visualizing yourself seated in the crystal Cave of Creation. It is lined with crystals which glint and sparkle in the light emitted from a pool of opalescent liquid crystal in the center of the cave floor.  
As you see yourself immersing your crystal in this pool of liquid light, place the crystal gently into the bowl of liquid in front of you, blessing your liquid and seeing it as one with the luminous pool.  
Experience the liquid purifying and clarifying your crystal, imbuing it with energy straight from the pool of liquid crystal that is the heart of Crystal Gaia.  
Remove the crystal from the bowl and place it on your heart center.  
Receive the crystal light.  
Find your voice, your vibration, and open it up and send it with the original seed syllable of creation – OM. Still holding the crystal to your heart, let the Oms flow through you, resonating through your whole being and projecting out through the crystal at your heart to the heart of Crystal Gaia, as you send her your love.

She will receive your heart vibration and transmit it through her crystal gridwork to nourish the hearts of the Crystal Ones.

This practice is for the healing of our planet.

Now take the charged crystal and move it slowly over your body to any places that need clearing or healing.

Let the vibration of Om keep working with you and the crystal to clear all blockages, restoring inner resonance and balance.

If you are in need of some deep cleansing, clearing or healing, or have had a really rough day, try this visualization after you have poured a bath. Immerse your whole body in the bath as you visualize yourself submerging in the luminous pool.

You can place your crystal on your centers - navel, heart, throat or third eye - as you lie back.

\*NB You can have your crystal in the bath with you too, as long as you take care.

Crystals don't like being dropped on hard surfaces and your skin won't like the feel of broken crystals...

14. As your relationship with the crystal beings develops, you may want to expand your crystal therapy, your crystal healing.

As a 'witness', one crystal can send the frequencies to the whole crystal family.

Crystals, precious and semi precious stones that correspond to the colors that resonate with the light body at its different centers, can be placed on those centers for a crystal attunement.

Red corresponds to the base center, orange to the spleen, yellow to the solar plexus, green to the heart, blue to the throat, indigo the third eye and violet to the crown.

These practices not only help you release blockages and clear and refine energies, they also provide a healing matrix through which the Crystal Ones, the consciousness of the crystalline world, feel a sense of connection which is very healing for them also.

As you deepen your relationship with your crystals or crystals, you will find more connection arising to the planet's crystalline grid. Places may start 'calling' you. Pay attention.

### Dakini Transmission

As Crystal Gaia  
I am captured light  
The clear portal  
In the solid earth  
The womb of rebirth  
And of second sight

### Affirmations

I have clarity  
I have clear insight  
I can see

To the heart of things  
With no obscurity



**Inanna was a queen of earth who descended within the earth, then ascended into the air of consciousness.**

Who is Inanna?

(Sumerian INA NA; Akkadian  INANA )

She is the ancient Sumerian Goddess best known for her journey of descent into the Underworld, death and subsequent resurrection. It is this aspect of the Goddess that is the subject of her portal. Inanna is related to Goddess Ishtar and here represents all 'Descent Goddesses'. She emblazons the vision that you cannot be whole unless you have integrated the dark, hidden side of yourself. She is the embodiment of the 'Heroine's journey'.

Shedding of her body symbolizing purification of the earth's life blood.

When she emerges from the Underworld she becomes the Queen of Light.

Goddess Inanna represents wisdom, justice, harvest.

Her symbols are the crescent moon and eight pointed star (Venus).

Location/Sphere of Influence

Mesopotamia/ Cradle of civilization/ the Underworld

Allies

Lions

Nature & Description of Dakini

Inanna stands amidst her world. The whole image is a version of the Sumerian cosmogram, adapted for our Dakini. Behind her is the mountain at the center of the universe, shown as a golden ziggurat, embellished with carvings depicting her glory as 'Queen of Heaven'. Her adornments represent aspects of the Me, the Sacred Measures of Heaven and Earth, blueprints of civilization. She is crowned with the 'horned crown of the Steppe', she wears the gold breastplate of attraction called 'Come man, come', is winged and clad in a golden royal robe. She holds the lapis measuring rod and line.

She has a crown of tiers of lunar horns - symbolizing the sacred mountain and her ties to earth, heaven and the underworld. She leaves a garment or piece of jewelry at each of the seven gates (waning moon). When she comes back, the cycle of life is complete (waxing moon). Inscribed in the air above is the eight pointed star, her guiding star.

Below her the 'Palace of the Underworld' extends downwards. It is said to have seven gateways and Inanna had to pass through all seven, leaving an item of her clothing - representing aspects of her power - at each gate to enter, naked, at the seventh.

Erishkigal, her dark sister, awaits her. She judges Inanna, finds her guilty, for which she kills her and hangs up her body. Erishkigal is shown with blood on her hands.

Only when the God of wisdom sends his emissaries to help and they acknowledge Erishkigal's pain is Inanna released and order restored to the world.

This aspect of the mythology points to its association with ancient blood rites, the belief that only through the offering of blood can the Gods be appeased and earthly life prosper. In this depiction the association is made with menstrual blood as Inanna enters the underworld through a golden Yoni (vagina).

### Divinatory Meaning

Inanna has come to you to assist you in your deep and personal work of self integration. She is here to lend you her courage and fortitude for the journey of self discovery, self excavation. All the Dakinis assist in the work of self actualization, but Inanna's energy form is specific and quite intense. Her path demands surrender of all your ego armor, all your props, your idea of yourself and all the ways you have developed to function in normal life. But it is in a worthwhile cause, it about uncovering the true nature of self.

Inanna holds up a shining mirror, showing that she, with all her great accomplishments and position of worldly and spiritual power, was impelled to take on this quest, to delve the depths and lay bare that part of herself which no one else could see. She lived out her deepest fears. She even died, but she was reborn.

Excavation is indicated, on a physical or psychological, emotional level.

This is the Dakini whose role it is to introduce you to your shadow, so that you may move from denial to acceptance, from acceptance to forgiveness and from forgiveness into full integration of all parts of yourself.

What is it that lies deeply hidden in the dark recesses of your being, but calls out to be heard?

There is nothing to feel bad about. Everyone has these places in their psyche. Now is their chance to see the light.

Where do you catch glimpses of your shadow? In dreams?

Inanna says you can lay anything at her feet, at her gateway. She has earned the right to be the gatekeeper of your shadow. She has gone through the process herself so she can stand as witness to your ceremony of completion. She can stand by you in the darkest depths where you are naked, cold, alone and afraid. You are no longer alone. Inanna is at your side. You can lean on her experience.

In the current situation, you need to delve deeply, look beneath the surface and how things appear, especially in relation to how someone, or something, presents itself to the world. In depth investigation is required. That investigative process may be a path of action in itself.

If you apply the Inanna Principle to a situation or relationship, you must not neglect to do some inner depth-sounding too.

What may be a painful process but, if you stick to your purpose with integrity and diligence, great rewards are indicated.

What do you need to look at about yourself that you have been resisting?

What is your hero or heroine's journey?

Unearthing darker sides of yourself and owning them.

Do you need to be the guide for someone else who needs to do this?

Is it the darker side of our current human predicament that you have not wanted to acknowledge?

You need to recognize what it is if you are to change it for the better.

Resolution, integration, but not without putting in the necessary work to achieve this result.

The time when you are called on to bring your most heroic stance to the situation in hand.

Support for that decision.

Making a decision that may not be popular or understood. It should be followed through, as long as one maintains a position of pure intention and integrity.

Be prepared to sacrifice material aspects of your life in order to maintain that integrity.

Trust your intuition.

A test.

The fruits of a difficult assignment or life passage.

The result prophesied for Inanna's journey is that she gains 'Truth and the Art of Lovemaking'...

### Indications

Look for clues in dark and hidden places. Be prepared for an unexpected journey that will affect you in some deep way.

Be aware of dream omens and what the subconscious reveals about what you need to own consciously.

- NB For women only

Inanna's journey is associated with blood rites, as mentioned above.

The need to sacrifice life to offer blood is barbaric. However a woman's body naturally releases life giving blood each month. If you are a woman of an age where you bleed, Inanna suggests that she would be honored if you made an offering to her in the form of your menstrual blood. Ceremonially offer it to the earth. Sprinkle it on the ground or bury it. As you do so mentally offer this sacred sacrament to the earth and to Goddess Inanna, honoring her and requesting her to be with you, imbuing you with her courage and fortitude to go through whatever is necessary for your evolution and integration.

### Practices

1. Inanna says you need to share her journey, to experience your version of her epic descent.

She says it need not be as dramatic as hers - she had to actually die to be reborn - as she has laid the way and you can go there in visualization.

See Inanna before you in all her glory. Focus intently upon her until you can see yourself as her and there is no separation between you.

Now, as Inanna, take the journey of descent. At each gateway you will remove an item of your adornment to gain admission. This symbolic ritual is the essence of the process that any being has to go through who seeks to awaken from the dream of who they are and be re-birthed into realization of their undying essence.

At the first gate you remove your crown. As you do so you see yourself surrendering all your worldly power and position, as Inanna surrendered her queendom and her special special connection to Heaven. You surrender your intellect and its power to control.

At the second gate you surrender the circle of beads around your neck, meaning you leave behind reliance on your cleverness, charisma and creativity, as Inanna surrendered her magic and ability to manifest.

At the third gate you remove the double strand of beads and as you do so you surrender your 'niceness' and ability to see things in a positive light, as Inanna left here her protection of positivity and her 'rapture of illumination'.

At the fourth gate you relinquish your breastplate, your armour and your emotional defenses, as Inanna let go her protection, her sexual allure and the power of her emotions.

At the fifth gate you leave your will behind as you remove your gold bracelet, your power to act, as Inanna here abandoned her ability to do anything.

At the sixth gate you lay down the lapis measuring rod and line, surrendering you critical judgment, as Inanna surrendered her authority to discern.

At the final seventh gate, you remove your robe, and divest yourself of your persona, of the way you present yourself to the world, your sexual identity, and enter the underworld naked, as did Inanna.

The seven gateways are connected to the seven chakras, energy centers, of the subtle body. When you enter the final seventh gate, you are naked as you were when you were born. We enter and leave life that way.

Once inside the darkness of the primeval womb which you have just re-entered, you must confront your 'dark sister', that part of your pain body which you have denied and has been relegated to the hidden depths of the underworld.

Meditate on the things you find you hard to accept in yourself.

Own what you call forth completely, first by fully experiencing the negative feelings you have about that aspect of yourself or that action. Own them then release them.

You must hear your 'dark sister' and recognize her pain. Sit in this place of darkness and call up this pain, this guilt, this unheard part. Do not leave this place in your meditation until dark sister has presented herself. Feel the pain, really allow yourself to feel it and call out 'I feel your pain, I feel your pain, I feel your pain' seven times. Allow that acknowledgement to ring through the darkness. In the dark place, embrace the dark sister of your painbody, hold her close to you and tell her, 'I love you', seven times and 'I release you' seven times, talking to yourself and that part of yourself that could never see the light...

2. Open yourself to recognize the pain that is being experienced in the region of the planet where Inanna arose. In your recognition you own this as part of yourself, your history and your future.  
May healing be with the people and the land.

### Dakini Transmission

What is a Queen  
Who is not whole?  
All power withers  
Without roots  
That delve down deep  
Into the dark  
And embrace the untouchable

### Affirmations

I am able to descend  
Into the darkest parts of myself  
And integrate

My shadow



**She is the pure element of earth in all its manifestations.**

### Who is Mother Yin?

There are four elemental Dakinis in the pantheon. Mother Yin represents the earth element and holds the southern node of the mandala. She is the nature of earth in all its forms.

### Location/Sphere of Influence

The earth itself in all its forms, from stalagmites, rocks, mountains, to ore, earth and sand.

### Allies

Turtle. Rocks, mountains, grains of sand – the earth itself.

### Nature & Description of Dakini

Maha Yin is solidity, density and specific gravity.

She represents longevity, and is still, slow, deep and meditative.

She is strong, firm and enduring. Solid as a rock.

She forms your dependable foundation.

She is the most solid, has the most density of all the Dakinis. She forms the basis of all terrestrial life. She is the quality of the very earth itself, from ore to mountains, rocks to sand.

She dwells in the dark caverns of the earth. Her body is the rock, the mountain and the soil, the body of the earth. She manifests in all the textures of the substance of the planet. She is the consciousness of the stones, the primal vibration in the Cave of Creation.

She is the substance of the planet.

The palette of her being is reflected in the colors of the skin of the different races of the world.

As the earth is often represented by the square, Mother Yin presents herself as the landscape of the four directions, guarding the four gateways.

In the center she lies back to provide the ground of all being, she opens herself in support of life. The dark yoni (vulva) of the earth is seen beneath her hair, center of the volcanic landscape that births new earth.

Mother Yin stands beyond on the back of turtle. She takes the classic pose of the Palaeolithic mother goddess statues and holds the horn of plenty, representing the abundance of the earth.

The turtle signifies the primal mother and represents longevity. It is connected to earth, the feminine and to lunar cycles. In myths from different cultures, the turtle is the one who supports earthly life on its back.

Behind her is Mont Meru, a mountain in the Himalayas that is both physically manifest and a place mythologically known as ‘the center of the Universe’.

### Divinatory Meaning

A gift from Mother Yin of grounding, deep in the core of your being.

Re-establishing a connection to things from the ground up.

Getting back to basics, to the basis that underlies the current position in which you now find yourself.

Establish ground zero.

Seeking stability in relationship or in livelihood.

The questioner seeks stability, strong foundations in their life or in their consciousness.

This could manifest in the need to feel anchored in one place, seeking a home, or one who finds strength and stability in the place they inhabit.

The need to establish firm foundations in relation to whatever you are building.

‘Build upon the rock, not upon the sand’.

Physical location is highlighted in this portal, your ‘little plot of earth’.

Are you living where you want to be? If not, the signs are that you should move towards being where your heart calls you to be.

Meanwhile, if you can’t be at the place you love, love the place you live.

This is important. At whatever node of the earth’s surface you happen to be planted at this time, send her your feelings of love, connection and appreciation, even through the concrete. She will feel it.

Do not make decisions quickly or without time to reflect deeply on the long term consequences of your decisions.

Slow down.

Patience and endurance.

Longevity.

Deep memories rise to the surface. Are they mountains or grains of sand?

Do they dominate the landscape of your life? Are they boulders in your path or stepping stones along your way? Are they like grains of sand that cover the shores of your being?

Time to stop and look deeply. Examine the ground of your being, your inner landscape as well as the outer.

Mother Earth is here to help you get grounded in yourself.

Beware of materialism.

Do not make decisions based solely on material gain. Look at long term consequences and the spiritual/psychic implications of all decisions and actions.

Concretise your ideas and visions.

A thought form that is fully realized as a material manifestation.

Understand that spirit inhabits the material, at all levels.

Penetrate areas of density, in yourself or in a situation or relationship. Have patience with the process.

The mother is an important principle in your life. Do you feel loved? Do you need to reconcile any feelings towards your mother? Do you need to be more mothering?

Let go of putting the burden on your biological mother. Go back to the Great Mother.

Mother Yin is here to fill those deep dark empty places in your soul and assure you that you are loved. Absolutely and unconditionally, the Mother loves you.

You are part of her.

A new level of respect evolves within you for the earth itself and all she witnesses and bears.

### Indications

Know that the earth itself is a living consciousness. She is strong yet sensitive. She holds memories for a very long time. She cannot be owned, but she responds to love and loving care. She never forgets.

You are part of the body of the earth.

Attune to the timeless essence of the material form, the eternal cosmic signature that is mother earth.

Plant your hands in the soil, her sensitive soil. Caress the surface of the earth as you would touch a lover. Bring consciousness to all interactions with the earth. Ask her permission before you penetrate her. Bless and thank her at all times.

Find the quiet, still rooted place at the center of your being.

Listen to the song of the stones.

Your body may need earth minerals. Seek natural products originating from this element at this time.

### Practices

1. Time to take up practice of Tai Chi, Chi Gong or any forms that relate you to the earth, to connecting to its core and releasing negative energy, receiving the energy of the earth.

2. Practice meditation.

If possible, lay down, spread-eagled, on the surface of the earth.

Acknowledge her as a living being and re-introduce yourself to her in a very intimate way.

Meditate and imagine yourself to be as still and centered as the earth itself.

Send love to Mother Yin, not as a child who takes their mother's love for granted, but as a grown being who, looking back, now sees how much their mother gave them and wants to give back as much as they can.

If you ever wonder what to do with your healing energy, your love, give it to Mother Yin, the earth who supports you and all the families of life that she gives life to. She can make good use of your gift for sometimes her heart is heavy, but that's because it's so full...She holds it all, the joy and pain, life and death, birth and decay. It's what a mother does.

As the Buddha touched the earth to have her bear witness to his enlightenment, so you now touch the earth to bear witness to the glory of her being. Send love and deep appreciation, through your fingertips, to nourish her vast and glorious terrains.

### Dakini Transmission

I am consciousness

Embodied

In density

I hold memories for a very long time

I sit in the Cave of Creation

And I hold steady

I spread myself everywhere

To support life

## Affirmations

I am of the earth

I am grounded in my connection

I love the earth

As a child loves its mother

With my actions and intentions

I can nourish and give back to her

# APPENDIX

## How to Use a Pendulum

The use of a pendulum is a great asset to anyone wishing to follow the path of the Goddess. Divinatory tools work with the subtle emanations of your being, your 'supersensual' apparatus, or 'sixth sense'. A pendulum (as do other instruments of divination) reacts to the subtle signals that pass through your energy system in response to the things you experience or contemplate. These signals remain undetected under 'normal' conditions, but they are the basis of your intuitive faculties. They can be made visible in the way your pendulum responds.

As with divining tools, your pendulum can be influenced by your emotions, thoughts and will. It is therefore very important to first set a clear intention, and to relax and surrender to the process, so that you put your thoughts and feelings aside and let the energy flow through you, without prejudice. You need to establish, and maintain, a 'clear channel'. Your pendulum will be your antenna to receive the truth of your Self.

1. Get a pendulum. Pendulums can be quite sophisticated in design and in the materials from which they are made. Basically, a pendulum consists of any small object (between one and two inches long), preferably spherical or tear-shaped, that comes to a point at the bottom and is suspended by a thread, string or chain at the top. Crystals and other stones are a good choice for your pendulum.
2. You now want to 'tune' your pendulum to your personal energy field.  
First sit and relax. Breathe slowly and deeply from the diaphragm to calm and still your mind. Pick up your pendulum and hold its string, just above the top of the pendulum, between your thumb and forefinger. You now hold the pendulum about 2 inches over your other hand, that is held, palm upwards, beneath it.  
Relax your hand and arm muscles and, breathing slowly and deeply, swing the pendulum back and forth. Now 'walk' your thumb and forefinger slowly up the string, while the pendulum continues to swing. At a certain point, the pendulum 'comes alive' and starts to rotate in a circular fashion. This is your 'sweet spot'. (It is generally located up the string at a distance of about two and a half times the length of the pendulum). This is the point at which you will want to hold the string. You can knot the string, or mark the position in some way.
3. Now to establish which direction of pendulum rotation represents the positive and the negative response for you. Imagine yourself as a compass, with north in front of you and south behind you. Holding the string of your pendulum at the established position, swing it back and forth along the north/south axis. Mentally ask a question that has a definitive affirmative answer, like 'Is my name (your name)?' Hold your hand and mind steady. Breathe. The pendulum should start to rotate in a clockwise or anti-clockwise direction. The direction of the spin now defines your affirmative response, your 'Yes'. Double check it. Also check the negative response, using the same approach, but with something for which you know the answer to be 'No'.

4. Dedicate your pendulum and set your intention in the following way:

O Great Goddess  
You who are one  
With my Higher Self  
Please use this pendulum  
To convey your will to me  
So I may act in accordance  
With my evolutionary destiny

You have now established the energetic field for working with your pendulum.  
You can always re-affirm your intention each time you use your pendulum.  
You and your pendulum are now ready to start divining or dowsing.

5. Holding your pendulum in the manner established above, and using the same techniques to still yourself and your mind, form your question in your consciousness and mentally place it in the palm of the hand you hold beneath the pendulum. Now swing the pendulum back and forth as you focus on your question. Make the question one that requires a 'Yes' or 'No' answer.  
The pendulum should start to spin in one direction or the other. The will give you your answer. The intensity of the spin can be an indicator of how big a 'Yes' or 'No' is involved. If the pendulum doesn't really spin one way or the other, it means that the issue is still 'in the balance', that 'the jury is still out', or that the information is not ready to be accessed right now. In this case, you can try again later, or re-phrase the question.
6. Things are always shifting in their alignments. A 'No' one day can be a 'Yes' on another, according to the fluctuating currents of energy and 'windows of opportunity' that arise. It is suggested, however, that you don't 'bully' or 'pester' your pendulum by asking the same thing repeatedly over a short period of time. The pendulum likes to have its wisdom respected and may play tricks on you if it feels that it is not.
7. If you are serious about using your pendulum to guide you in the way of the Goddess, it is recommended that you form a sacred trust with your pendulum and how you use it. Once it has revealed its own authentic wisdom to you – which is, of course, your own inner knowing reflected back to you – you can trust it to guide you. In order for it to do so, you need to surrender your will, your ego. Simply put, you promise yourself that you will follow the pendulum's guidance impeccably, no matter what your conscious mind may think or want.

N.B. If you get an answer whose implications could cause harm to yourself or any other living being, you can be assured that it is not guidance coming from your Higher Self. This is not in alignment with the nature of Goddess transmission. Do not follow that kind of directive because it reveals that you do not currently have a 'clear channel' and it could indicate psychic interference. Consult the Oracle for ways to address this condition.

8. It is interesting to note that your 'Higher Self', your 'gut reaction' and your 'inner knowing' are generally much in accord. It is only the machinations of the mind as it tries to work things out, the tricks of the power-hungry ego, or infantile and distorted emotions that get in the way of our 'clear seeing'. A pendulum can lift the burden of choice and worry from your over-worked brain and give it back to your Goddess Self, who is far more qualified to choose.

## ABOUT THE AUTHOR

Penny Slinger .....